



AGENDA BOARD OF DIRECTORS MEETING

Wednesday, October 11, 2023, 6:00 pm
1st floor Community Room, Administrative office
138 S. Brandon Road., Fallbrook, CA 92028

**All meetings are hybrid unless otherwise noted.*

*Please contact the Board clerk for language translation services 48 hours in advance of the meeting.

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link:

<https://us02web.zoom.us/j/85092529608?pwd=Y2lJN1lvVUc2T3pnditjS3pQNHkxZz09>

Meeting ID: 850 9252 9608. Passcode: 336866 Participants will need to download the Zoom app on their mobile device. Members of the public will also be able to participate by telephone using the following number: +1-669-900-6833 Meeting ID: 850 9252 9608. Passcode: 336866

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

B. APPROVAL OF THE AGENDA

C. PUBLIC COMMENTS - ANNOUNCEMENT

Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public may also speak on any item not listed on the Agenda which falls within the subject matter jurisdiction of the District immediately prior to Board Comments & Items for Subsequent Meetings section below. Members of the public attending in-person need to fill-out a “Request to Speak” card and those attending by webinar need to raise their hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.

D. PRESENTATION-

- D1. Lifestyle Change Program - Diabetes Prevention Program- Programs Coordinator, Bianca Heyming
- D2. Youth Fitness Grants BIG CHECK Presentation

E. CONSENT ITEMS -

- E1. Minutes of August 2, 2023, Finance Meeting
- E2. Minutes of August 9, 2023, Board of Directors Meeting
- E3. Finance Committee Report – Directors Brown and Jeffries
- E4. Facilities Committee Report– Directors Jeffries and Mroz
- E5. Strategic Planning Committee Report– Directors Leach and Mroz
- E6. Governmental & Public Engagement Report– Directors Stanicek and Leach
- E7. Chief Executive Officer Report – Rachel Mason
- E8. General Counsel Report– Jeffrey Scott
- E9. Approval of 2023 CEO Contract Amendment
- E10. J. Moss Foundation/Skinny Gene DPP Lifestyle Change Program Contract and MOU

F. DISCUSSION/POSSIBLE ACTION ITEMS –

- F1. Review of 2023 Audit
- F2. Recommendation from Finance to transfer funds from CalTrust to CA CLASS
- F3. Review of Site LogIQ Summary Proforma

G. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS -

Other Director/Staff discussion item. Item(s) for future board agendas

Announcements of upcoming events:

See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>

Facilities Committee - 3rd Wednesday, October 18, 2023, at 10:00 am.

Strategic Planning Committee - 3rd Wednesday, October 18, 2023, at 5:30 pm.

Governmental and Public Engagement Committee – 4th Wednesday, October 25, 2023, at 5:30 pm.

Finance Committee – 1st Wednesday, November 1, 2023, at 10:00 am.

Next Board of Directors Meeting – 2nd Wednesday, November 8, 2023, at 6:00 pm.

H. ADJOURNMENT-

NOTE: I certify that on Friday, October 6, 2023 I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

***Please contact the Board clerk for language translation services 48 hours before the meeting.**

A handwritten signature in blue ink, reading "Raquel Wilbi". The signature is written in a cursive style and is positioned above a horizontal line.

Executive Assistant / Board Clerk