

138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

BOARD OF DIRECTORS REGULAR BOARD MEETING

WEDNESDAY MARCH 14, 2018

6:00 PM

AT

FPUD FALLBROOK PUBLIC UTILITY DISTRICT 990 EAST MISSION ROAD FALLBROOK, CA 92028



AGENDA

REGULAR BOARD MEETING Wednesday, March 14, 2018, 6:00 p.m.

Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE

B. ADDITIONS TO AGENDA

Pursuant to the Brown Act, additions to the Agenda as posted are exceptional, and expressly limited to three specific situations, as set forth in Government Code 54954.2(b): (1) an "emergency" as determined by majority vote of the board; (2) a 2/3 vote of the board finding that an item requires immediate action – and the need for this action arose in time after the agenda was posted or (3) the item was continued from an earlier meeting (no more than 5 days earlier), at which time the item was validly posted on the agenda of the earlier meeting.

C. BOARD MEMBER AND PUBLIC COMMENTS

Opportunity for board members and citizens to speak on items of interest within subject matter jurisdiction of the District. For the record, please state your name. "Request to speak" cards should be filled out in advance and presented to the Board President or the recording secretary. The Board has a policy limiting any speaker to not more than five minutes

D. CONSENT ITEMS

- D1. Approval of January 2018 Financial Statements
- D2. Minutes of February 6, 2018 Finance Committee Meeting
- D3. Minutes of February 14, 2018 Regular Board Meeting
- D4. Ratification of February 15, 2018 A Plus Urgent Care Amendment to MOU (4 month extension)

E. REPORTS

- E1. Finance Committee Committee of the Whole, Chair: Director Mroz
- E2. Gov't/Public Relation/Community Relations Committee Directors Salmon and Tinker
- E3. Facilities/Strategic Planning Committee Directors Abbott and Salmon
- E4. Chief Executive Officer Bobbi Palmer, MBA, MSW
- E5. General Counsel Blaise Jackson

F. DISCUSSION/ACTION ITEMS

F1. Consideration and Adoption of Resolution No. 421 – To Initiate Discussion with LYFT to Secure Non-Emergency Medical Appointment Transportation Services

G. ITEMS FOR SUBSEQUENT MEETINGS

- G1. Other Director/Staff discussion items
 - G1a. Item(s) for future board agendas
 - G1b. Announcements of upcoming events:
 - SHPN Summit VIII Best Practices 2018: Leadership, Mindset and Compassion Thursday, March 15, Stanford.
 - Community Collaborative for Health & Wellness Committee (CCH&W) meeting – Monday, March 19, 9:00-10:30am, Fallbrook Public Utility District Board Room
 - NCCCHI meeting 1st Wednesday, April 4, 2:00-3:00pm

- **Finance Committee** meeting 1st Wednesday, April 4, 5:00pm Fallbrook Regional Health District Board Room, 138 S. Brandon Rd.
- Woman of Wellness Thursday, April 5, 6pm Fallbrook Library
- ACHD Legislative Day April 16-17, Sacramento.
- Special Districts Legislative Days Tuesday, May 22nd-23rd Sacramento. <u>Register with CSDA.</u>
- ACHD 2018 Wellness Summit July 26, Sacramento.
- ACHD 66th Annual Meeting September 12th-14th Pismo Beach.
- 2018 CSDA Annual Conference & Exhibitor Showcase Monday, September 24th-27th Indian Wells.
- G2. Next Regular Board meeting Wednesday, April 11, 2018, Fallbrook Public Utility District Board Room

H. ADJOURNMENT

NOTE: This agenda posted at the Fallbrook Regional Health District Administration Office on Friday, March 9, 2018. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

ahnaman

Board Secretary/Clerk

CONSENT ITEMS



AGENDA FALLBROOK REGIONAL HEALTH DISTRICT FINANCE COMMITTEE OF THE WHOLE Wednesday, March 7, 2018 at 5:00 P.M. Board Conference Room, 138 South Brandon Road, Fallbrook CA 92028

Committee Members: Finance Committee of the Whole, Barbara Mroz, Chair, & Bill Leach, Co-chair Staff Members: Chief Executive Officer Bobbi Palmer & Board Secretary/Clerk Linda Bannerman Accountant: Kathy Bogle Bookkeeper: Wendy Lyon

- 1. Call to Order/Roll Call
- 2. Public Comments
- 3. Review of Financial Statements for January 2018
 - 1) Balance Sheet Comparison of January 2018 to December 2017
 - 2) Income Statement for the Month Ended January 31, 2018 & Fiscal Year to Date
 - 3) Profit & Loss Actual vs Budget July through January 2018
 - 4) Profit & Loss Budget Overview July 2017 through June 2018
 - 5) Local Agency Investment Fund (LAIF) Statement January 2018
 - 6) CalTRUST Statement January 2018
 - 7) Property Tax Revenue Fiscal Year to Date
 - 8) Check Detail Report January 2018
- 4. Discussion Items
 - 1) Budget Adjustment for District Initiatives
 - 2) Petty Cash Policy
- 5. Adjournment

I certify that on March 2, 2018, I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting of the Finance Committee.

hanna

Board Secretary/Clerk

FALLBROOK REGIONAL HEALTH DISTRICT BALANCE SHEET COMPARISON

Comparison of January 2018 to December 2017

	Jan 31, 18	Dec 31, 17	\$ Change
ASSETS Current Assets			
Checking/Savings 102.2 · Cash in Bank - Operating 102.6 · Cash in Bank -LAIF 102.9 · Cal Trust Investment Account	1,223,622.39 1,460,172.20 8,498,111.70	1,346,497.20 1,455,752.59 8,519,961.90	(122,874.81) 4,419.61 (21,850.20)
Total Checking/Savings	11,181,906.29	11,322,211.69	(140,305.40)
Other Current Assets 104 · Prepaid Insurance 107 · Tax apportion receivable	6,320.89 47,576.56	7,543.65 0.00	(1,222.76) 47,576.56
Total Other Current Assets	53,897.45	7,543.65	46,353.80
Total Current Assets	11,235,803.74	11,329,755.34	(93,951.60)
Fixed Assets 121 · Equipment 121.2 · Equipment Depreciation 122.0 · ASSETS HELD FOR RESALE 122.01 · ALVARADO STREET 122.02 · ADMINISTRATION BUILDING	28,254.76 (20,146.74) 291,240.00 291,240.00	28,254.76 (20,037.53) 291,240.00 291,240.00	0.00 (109.21) 0.00 0.00
Total 122.0 · ASSETS HELD FOR RESA	582,480.00	582,480.00	0.00
Total Fixed Assets	590,588.02	590,697.23	(109.21)
TOTAL ASSETS	11,826,391.76	11,920,452.57	(94,060.81)
LIABILITIES & EQUITY Liabilities Current Liabilities Accounts Payable 140 · Accounts Payable	15,921.28	14,407.64	1,513.64
Total Accounts Payable	15,921.28	14,407.64	1,513.64
Credit Cards 150. · American Express 150.2 - American Express 42005 150.1 · American Express 41007	1,793.28 1,375.25	1,430.48 1,375.25	362.80 0.00
Total 150. · American Express	3,168.53	2,805.73	362.80
Total Credit Cards	3,168.53	2,805.73	362.80
Other Current Liabilities 204 · Accrued Vacation & Sick Le 215 · District Wellness Initiatives	18,293.57 23,694.68	18,293.57 24,001.81	0.00 (307.13)
Total Other Current Liabilities	41,988.25	42,295.38	(307.13)
Total Current Liabilities	61,078.06	59,508.75	1,569.31
Total Liabilities	61,078.06	59,508.75	1,569.31
Equity 300 · Unrestricted Operations Fund 302.2 · Community Investment Fund Net Income	1,904,473.14 9,823,462.82 37,377.74	1,904,473.14 9,823,462.82 133,007.86	0.00 0.00 (95,630.12)

FALLBROOK REGIONAL HEALTH DISTRICT BALANCE SHEET COMPARISON Comparison of January 2018 to December 2017

	Jan 31, 18	Dec 31, 17	\$ Change
Total Equity	11,765,313.70	11,860,943.82	(95,630.12)
TOTAL LIABILITIES & EQUITY	11,826,391.76	11,920,452.57	(94,060.81)

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	Jan 18	Jul '17 - Ja
Ordinary Income/Expense		
Income		
400. · District		
402 · Property tax revenue	47,577	1,212,608
403 · Interest / Dividends	16,718	62,145
406 · Unearned Inc(Loss) - Cal Trust	(34,148)	(72,463)
Total 400. · District	30,146	1,202,290
450. · Properties		
450.001 · Elder Street Building Sale		4,500,000
450.01 · Elder Str. Property Cost Basis		(4,427,825)
450.02 · Cost of Elder Str Property Sale	(7,545)	(240,387)
Total 450. · Properties	(7,545)	(168,211)
460 · Lease Income		
460.01 · A+ Urgent Care	4,800	33,600
Total 460 · Lease Income	4,800	33,600
Total Income	27,401	1,067,679
Gross Profit	27,401	1,067,679
_		
Expense		
500 · Administrative Expenses	40 707	
500.10 · Salaries	43,737	150,957
500.12 · Payroll Taxes 500.14 · W/C Insurance	3,499	12,010
500.15 · Employee Health & Welfare	152 698	1,064 6,823
500.16 · Board Stipends	2,000	12,200
500.17 · Education & Conferences	1,702	7,100
500.18 · Dues & Subscriptions	120	13,342
500.19 · Insurance - General	1,071	18,196
500.20 · Independent Accounting Services	850	5,950
500.21 · Annual Independent Audit		8,834
500.23 · General Counsel	5,478	68,308
500.25 · Office Expense		
01 · Communications	344	1,908
02 · I.T. and Website services	2,476	5,166
03 · Refreshments	158	1,537
04 · Office Expenses	689	4,719
05 · Admin fees	38	1,047
06 · Independent Contract Services	3,653	23,491
Total 500.25 · Office Expense	7,357	37,868
500.27 · Depreciation	109	421
500.29 · Dist Promotions & Publications	1,749	26,040
500.32 · Consultant Fees	36,962	76,027
500.33 · Copier Lease	1,745	6,912
500.36 · Accrued Vacation & Sick Leave		(2,393)
Total 500 · Administrative Expenses	107,228	449,659
Report 2		

FALLBROOK REGIONAL HEALTH DISTRICT Income Statement For the Month Ended January 31, 2018 & Fiscal Year to Date

	Jan 18	Jul '17 - Ja
590 · Management & Maintenance		8
590.02 · Gas & Electric	204	15,487
590.03 · Water	84	7,195
590.04 · Waste Management		495
590.05 · Security		9,570
590.06 · Landscape - Grounds Environment	400	8,050
590.07 · Custodial Services	360	2,250
590.08 · Elevator		1,933
590.09 · Vehicle Expenses	44	88
590.10 · Maintenance Services & Repairs	250	2,635
590.11 · Medical Records Store & Service	2,361	16,438
590.12 · Fire Alarm System		495
590.13 · Renovations / Improvements	3,650	3,650
590.14 · Appraisal Services	8,450	8,450
Total 590 · Management & Maintenance	15,803	76,736
600 · Community Health Contracts		1 1
600.02 · Fbk Citizens Crime Prevention		5,000
600.04 · Boys & Girls Club		30,000
600.07 · Fbk Senior Citizens Srvc Club		50,100
600.08 · Fallbrook Smiles Project		35,750
600.11 · Palomar Family Counseling Srvc		39,500
600.14 · Fbk Family Health Center		50,000
600.17 · Foundation for Senior Care		104,557
600.18 · Fallbrook Food Pantry		36,000
600.19 · Live Oak Park Coalition		20,000
600.33 · REINS Therapeutic Prgm		32,500
600.37 · Trauma Intervention Prgm of SD		4,500
600.46 · Mental Health Systems, Inc.		4,625
600.48 · UCSD Eye Mobile for Children		2,500
600.53 · Jeremiah's Ranch		7,375
600.54 · Healthy Adventures Foundation		4,500
600.58 · Michelle's Place		12,000
600.59 · Palomar Health Foundation		(5,000)
Total 600 · Community Health Contracts		433,907
800 · District Direct Care Services		
800.02 · A+ Urgent Care		70,000
Total 800 · District Direct Care Services		70,000
Total Expense	123,031	1,030,301
Net Ordinary Income	(95,630)	37,378
Net Income	(95,630)	37,378

Report 2

FALLBROOK REGIONAL HEALTH DISTRICT Profit & Loss Actual vs Budget

July through January 2018

	Jul '17 - J	Budget	\$ Over B
	Jul 17 - J	Buuget	\$ Over Б
Ordinary Income/Expense Income			
400. · District			
402 · Property tax revenue	1,212,608	1,027,848	184,760
403 · Interest / Dividends	62,145	35,000	27,145
406 · Unearned Inc(Loss) - Cal Trust	(72,463)	0	(72,463)
Total 400. · District	1,202,290	1,062,848	139,442
	.,,	1,002,010	100,112
450. · Properties	4 500 000		
450.001 · Elder Street Building Sale 450.01 · Elder Str. Property Cost Basis	4,500,000 (4,427,825)	0	(4 437 935)
450.02 · Cost of Elder Str Property Sale	(240,387)	0	(4,427,825)
	(240,007)		
Total 450. · Properties	(168,211)	0	(168,211)
460 · Lease Income			
460.01 · A+ Urgent Care	33,600	33,600	0
Total 460 · Lease Income	33,600	33,600	0
Total Income	1,067,679	1,096,448	(28,769)
Gross Profit	1,067,679	1,096,448	(28,769)
_	1,007,070	1,000,440	(20,700)
Expense 500 · Administrative Expenses			
500.10 · Salaries	150,957	148,890	2,067
500.12 · Payroll Taxes	12,010	11,202	2,007
500.14 · W/C Insurance	1,064	1,065	(1)
500.15 · Employee Health & Welfare	6,823	7,292	
500.16 · Board Stipends	12,200	10,500	(469) 1,700
500.17 · Education & Conferences	7,100	10,300	(3,109)
500.18 · Dues & Subscriptions	13,342	15,400	(2,058)
500.19 · Insurance - General	18,196	18,196	(2,038)
500.20 · Independent Accounting Servi	5,950	5,950	0 0
500.21 · Annual Independent Audit	8,834	8,600	234
500.23 · General Counsel	68,308	52,500	15,808
500.25 · Office Expense	00,000	02,000	15,000
01 · Communications	1,908	2,333	(426)
02 · I.T. and Website services	5,166	3,500	1,666
03 · Refreshments	1,537	3,792	(2,254)
04 · Office Expenses	4,719	7,583	(2,864)
05 · Admin fees	1,047	0	1,047
06 · Independent Contract Services	23,491	35,000	(11,509)
Total 500.25 · Office Expense	37,868	52,208	(14,341)
500.27 · Depreciation	421	700	(279)
500.29 · Dist Promotions & Publications	26,040	12,833	13,207
500.32 · Consultant Fees	76,027	77,438	(1,411)
500.33 · Copier Lease	6,912	5,833	1,079
500.36 · Accrued Vacation & Sick Leave	(2,393)	0	(2,393)
500.45 · Community Garden	0	5,000	(5,000)
Total 500 · Administrative Expenses	449,659	443,815	5,844
590 · Management & Maintenance			
590.02 · Gas & Electric	15,487	4,375	11,112
590.03 · Water	7,195	3,500	3,695
590.04 · Waste Management	495	284	211
Report 3			

FALLBROOK REGIONAL HEALTH DISTRICT Profit & Loss Actual vs Budget

July through January 2018

	Jul '17 - J	Budget	\$ Over B
EQ0.05 · Security	0.570	0.000	(250)
590.05 · Security 590.06 · Landscape - Grounds Environ	9,570	9,920	(350)
590.07 · Custodial Services	8,050	7,000	1,050
	2,250	4,085	(1,835)
590.08 · Elevator	1,933	1,170	763
590.09 · Vehicle Expenses	88	175	(87)
590.10 · Maintenance Services & Repairs	2,635	2,100	535
590.11 · Medical Records Store & Servi	16,438	23,917	(7,479)
590.12 · Fire Alarm System	495	1,283	(788)
590.13 · Renovations / Improvements	3,650	50,000	(46,350)
590.14 · Appraisal Services	8,450	0	8,450
Total 590 · Management & Maintenance	76,736	107,809	(31,074)
600 · Community Health Contracts			
600.02 · Fbk Citizens Crime Prevention	5,000	5,000	0
600.04 · Boys & Girls Club	30,000	30,000	0
600.07 · Fbk Senior Citizens Srvc Club	50,100	50,100	0
600.08 · Fallbrook Smiles Project	35,750	35,750	0
600.11 · Palomar Family Counseling Srvc	39,500	39,500	0
600.14 · Fbk Family Health Center	50,000	50,000	0
600.17 · Foundation for Senior Care	104,557	104,557	0
600.18 · Fallbrook Food Pantry	36,000	36,000	0
600.19 · Live Oak Park Coalition	20,000	20,000	0
600.33 · REINS Therapeutic Prgm	32,500	32,500	0
600.37 · Trauma Intervention Prgm of SD	4,500	4,500	0
600.46 · Mental Health Systems, Inc.	4,625	4,625	0
600.48 · UCSD Eye Mobile for Children	2,500	2,500	0
600.53 · Jeremiah's Ranch	7,375	7,375	0
600.54 · Healthy Adventures Foundation	4,500	4,500	0
600.58 · Michelle's Place	12,000	12,000	0
600.59 · Palomar Health Foundation	(5,000)	0	(5,000)
Total 600 · Community Health Contracts	433,907	438,907	(5,000)
800 · District Direct Care Services			
800.02 · A+ Urgent Care	70,000	0	70,000
Total 800 · District Direct Care Services	70,000	0	70,000
Total Expense	1,030,301	990,531	39,770
Net Ordinary Income	37,378	105,917	(68,540)
Net Income	37,378	105,917	(68,540)

FALLBROOK REGIONAL HEALTH DISTRICT Profit & Loss Budget Overview 2017 - 2018 July 2017 through June 2018

Ordinary Income/Expense Income 400. · District 400. · District 402 · Property tax revenue 15,065 29,617 9,576 25,343 50,132 600,620 297,496 63,789 458,124 214,331 14,470 21,437 1 403 · Interest / Dividends 5,000	- Jun 18
400. · District 402 · Property tax revenue 15,065 29,617 9,576 25,343 50,132 600,620 297,496 63,789 458,124 214,331 14,470 21,437 1 403 · Interest / Dividends 5,000 5,0	
403 · Interest / Dividends 5,000 <th< th=""><th></th></th<>	
450. · Properties 460 · Lease Income	00,000 60,000
460 Lease Income	,860,000
	7,600
Total 460 · Lease Income 4,800 4	57,600
Total 450. · Properties 4,800 4,	57,600
Total Income 24,865 39,417 19,376 35,143 59,932 610,420 307,296 73,589 467,924 224,131 24,270 31,237	,917,600
Gross Profit 24,865 39,417 19,376 35,143 59,932 610,420 307,296 73,589 467,924 224,131 24,270 31,237	,917,600
Expense	
500 · Administrative Expenses 500.36 · Accrued Vacation & Sick Leave 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	
FOO 40 Selection 40,400 00,005 40,000 00,000	20,700 60,000
500.12 · Payroll Taxes 1,327 1,455 1,381 1,760 1,760 1,760 1,760 1,760 1,760 1,760 1,760 1,760 1,760 1,760	20,000
500.14 W/C Insurance 152 152 152 152 152 152 152 152 152 152	1,825
500.15 · Employee Health & Welfare 1,042	12,500
	18,000
500.17 Education & Conferences 1,458 1,4	17,500 15,500
500.19 · Insurance - General 3,746 3,746 3,746 3,746 1,071 1,071 1,071 1,071 1,071 1,071 1,071 1,071 1,071 1,071	23,550
500.20 Independent Accounting Services 850 850 850 850 850 850 850 850 850 850	10,200
500.21 · Annual Independent Audit 0 8,600 0 0 0 0	8,600
500.23 · General Counsel 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500 7,500	90,000
	000
	,000 ,000
03 · Refreshments 542 542 542 542 542 542 542 542 542 542	,500
04 · Office Expenses 1,083	,000
06 · Independent Contract Services 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 5,000 6	,000
Total 500.25 · Office Expense 7,458 <t< th=""><th>9,500</th></t<>	9,500
500.27 · Depreciation 100 100 100 100 100 100 100 100 100 10	1,200
	2,000
E00 22 Content sees	2,750 0,000
	0,000
Total 500 · Administrative Expenses 66,542 69,123 59,845 62,517 65,114 59,952 60,722 59,842 59,842 59,942 59,842 80,542	763,825
590 · Management & Maintenance	
590.02 · Gas & Electric 625 625 625 625 625 625 625 625 625 625	7,500
590.03 · Water 500 500 500 500 500 500 500 500 500 50	6,000
	425
	7,000
590.07 · Custodial Services 587 583 583 583 583 583 583 583 583 583 583	2,000 7,000
590.08 · Elevator 174 166 166 166 166 166 166 166 166 166 16	2,000
590.09 · Vehicle Expenses 25 25 25 25 25 25 25 25 25 25 25 25 25	300
590.10 Maintenance Services & Repairs 300 300 300 300 300 300 300 300 300 30	3,600
500 42 Eira Alarm Custom 402 402 402 402 402 402 402 402 402	1,000
	2,200 0,000
Total 590 · Management & Maintenance 8,306 8,215 8,286 20,715 20,786 20,786 8,215 8,286 8,284 8,215	49,025

FALLBROOK REGIONAL HEALTH DISTRICT Profit & Loss Budget Overview 2017 - 2018 July 2017 through June 2018

													7074
	Jul 17	Aug 17	Sep 17	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	Jun 18	TOTAL Jul '17 - Jun 18
600 · Community Health Contracts													
600.02 · Fbk Citizens Crime Prevention	2,500	0	0	0	2,500	0	0	2,500	0	0	2,500	0	10,000
600.58 · Michelle's Place	6,000	0	0	0	6,000	0	Ő	6,000	0	0	6,000	0	24,000
600.54 · Healthy Adventures Foundation	2,250	0	0	0	2,250	0	Ő	2,250	Ő	0	2,250	0	9,000
600.53 Jeremiah's Ranch	3,688	0	0	0	3,688	0	Ő	3,688	0	0	3,688	0	9,000 14,750
600.04 · Boys & Girls Club	20,000	0	0	0	10,000	0	Ő	10,000	õ	0	10,000	0	50,000
600.07 · Fbk Senior Citizens Srvc Club	31,350	0	0	0	18,750	0	0	18,750	Ő	0	18,750	0	87,600
600.08 · Fallbrook Smiles Project	17,875	0	0	0	17,875	0	Ő	17,875	Ő	0	17,875	0	71,500
600.11 · Palomar Family Counseling Srvc	19,750	0	0	0	19,750	0	0	19,750	Ő	0	19,750	0	79,000
600.14 · Fbk Family Health Center	25,000	0	0	0	25,000	0	0	25,000	õ	0	25,000	0	100,000
600.17 · Foundation for Senior Care	52,279	0	0	0	52,278	0	0	52,278	Ő	0	52,278	0	209,113
600.18 · Fallbrook Food Pantry	18,000	0	0	0	18,000	0	Ő	18,000	Ő	0	18,000	0	72,000
600.19 · Live Oak Park Coalition	10,000	0	0	0	10,000	0	0	10,000	0	0	10,000	0	40,000
600.33 · REINS Therapeutic Prgm	16,250	0	0	0	16,250	0	Ő	16,250	0	0	16,250	0	
600.37 · Trauma Intervention Prgm of SD	2,250	0	0	0	2,250	0	Ő	2,250	0	0	2,250	0	65,000 9,000
600.46 · Mental Health Systems, Inc.	2,312	0	0	0	2,312	0	Ő	2,312	0	0	2,230	0	9,249
600.48 · UCSD Eye Mobile for Children	0	0	0	0	2,500	Ő	Ő	3,000	0	0	3,000	0	9,249 8,500
											3,000	0	0,000
Total 600 · Community Health Contracts	229,504	0	0	0	209,403	0	0	209,903	0	0	209,903	0	858,712
Total Expense	304,352	77,338	68,131	83,232	295,303	80,667	81,508	277,960	68,128	68,157	278,029	88,757	1,771,562
Net Ordinary Income	(279,488)	(37,921)	(48,755)	(48,089)	(235,370)	529,753	225,788	(204,371)	399,796	155,974	(253,759)	(57,520)	146,038
Net Income	(279,488)	(37,921)	(48,755)	(48,089)	(235,370)	529,753	225,788	(204,371)	399,796	155,974	(253,759)	(57,520)	146,038

Local Agency Investment Fund P.O. Box 942809 Sacramento, CA 94209-0001 (916) 653-3001

FALLBROOK HEALTHCARE DISTRICT

ADMINISTRATOR P.O. BOX 2587 FALLBROOK, CA 92088

17

PMIA Average Monthly Yields

Account Number:

/ Tran Type Definitions

January 2018 Statement

Effective Date	Transaction Date		Confirm Number	A	Authorized Caller	Amount	
1/12/2018	1/11/2018	QRD	1559706	SYSTE	EM	4,419.61	
Account S	ummary						
Total Depo	sit:		4,4	419.61	Beginning Balance:	1,455,752.59	
Total Withd	lrawal:			0.00	Ending Balance:	1,460,172.20	

www.treasurer.ca.gov/pmialaif/laif.asp February 05, 2018



CalTRUST c/o Gemini Fund Services LLC PO Box 541150 Omaha, NE 68154-9150 www.caltrust.org Email: CaITRUSTSupport@thegeminicompanies.com Fax: 402-963-9094 Phone: 833-CALTRUST (225-8787)

Investment Account Summary 01/01/2018 through 01/31/2018

SUMMARY OF INVESTMENTS

Fund	Account Number	Total Shares Owned	Net Asset Value per Share on Jan 31 (\$)	Value on Jan 31 (\$)	Average Cost Amount (\$)	Cumulative Unrealized Gain/(Loss) (\$)
FALLBROOK REGIONAL HEALTH DISTRICT				17		
CaITRUST Medium Term Fund		854,940.815	9.94	8,498,111.70	8,575,635.10	(77,523.40)
	Portfolios Total va	alue as of 01/3	1/2018	8,498,111.70		

DETAIL OF TRANSACTION ACTIVITY

Activity Description	Activity Date	Amount (\$)	Amount in Shares	Balance F in Shares S	Price per Share (\$)	Balance (\$)	Average Cost Amt (\$)	Realized Gain/(Loss) (\$)
CalTRUST Medium Term Fund		FALL	BROOK REGION	AL HEALTH DISTR	ICT	Ac	count Number:	1
Beginning Balance Accrual Income Div Reinvestment	01/01/2018 01/31/2018	12,297.95	1,237.218	853,703.597 854,940.815	9.98 9.94	8,519,961.90 8,498,111.70	0.00	0.00
Closing Balance as of	Jan 31			854,940.815	9.94	8,498,111.70		

Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

FALLBROOK REGIONAL HEALTH DISTRICT Property Tax Revenue - Fiscal Year to Date July 2017 through June 2018

Туре	Date	Name	Amount	Balance
400. · District				
402 · Property tax reve	enue			
General Jou	07/31/17	County of SD-pro	29,432.21	29,432.21
General Jou	08/31/17	County of SD-pro	14,327.35	43,759.56
General Jou	09/30/17	County of SD-pro	22,989.72	66,749.28
General Jou	10/31/17	County of SD-pro	89,729.00	156,478.28
General Jou	11/30/17	County of SD-pro	605,700.68	762,178.96
General Jou	12/29/17	County of SD-pro	402,852.64	1,165,031.60
General Jou	01/31/18	County of SD-pro	47,576.56	1,212,608.16
Total 402 · Property tax	revenue		1,212,608.16	1,212,608.16
Total 400. · District			1,212,608.16	1,212,608.16
DTAL			1,212,608.16	1,212,608.16

FALLBROOK REGIONAL HEALTH DISTRICT Check Detail Report - January 2018

Туре	Date	Num	Name	Memo	Amount
102.2	· Cash in Ba	ink - Oper	ating		
Bill P	01/03/18	9497	Apple One Staffing	00102494-0000	-339.19
Bill P	01/03/18	9498	Aztec Cleaning & Maintena	Office cleaning - Inv. 033717	-180.00
Bill P	01/03/18	9499	CalPERS	1559595490	-698.27
Bill P	01/03/18	9500	Centraforce, LLC	Invoice 10392; 50% of Population	-30,000.00
Bill P	01/03/18	9501	FPUD - FHD 1 007721	007721-000	-84.22
Bill P	01/03/18	9502	FPUD - FHD 2 007720-001	007720-001	-117.85
Bill P	01/03/18	9503	Galvanized strategies form	Retainer - Community engagement	-4,000.00
Bill P	01/03/18	9504	Konica Minolta Leasing - qds	061-0116888-000	-887.18
Bill P	01/03/18	9505	L & M Enterprises, Inc.	December bookkeeping services	-2,010.00
Bill P	01/03/18	9506	SDG&E- Hospital - 8171 /	Billing period ending 12/19/17 - Ac	-14.56
Bill P	01/03/18	9507	Touchbase	344664	-56.38
Bill P	01/05/18	9508	Aztec Cleaning & Maintena	Office cleaning - Inv. 033720	-180.00
Bill P	01/08/18	9509	AT&T U-Verse - computer	146524365	-70.00
Bill P	01/08/18	9510	County of San Diego	Deposit for Grading Application on	-5,796.00
Bill P	01/08/18	9511	Glennie's Office Products,	6493	-455.42
Bill P	01/08/18	9512	Iron Mountain-153	CHSRM	-1,242.94
Bill P	01/08/18	9513	Iron Mountain SX-302	SX302/Fallbrook Hosp.	-913.00
Bill P	01/08/18	9514	Kathleen Bogle	December accounting services	-850.00
Bill P	01/08/18	9515	Palomar Mountain Premiu	45919	-25.35
Bill P	01/08/18	9516	Termin-8 Pest Control		-250.00
Bill P	01/10/18	9517	Mozy Inc.	lnv. 1084832978; 1/8/18 - 1/7/19	-529.80
Bill P	01/10/18	9518	Scott & Jackson Esq.	Professional services 2017 Decem	-5,897.50
Bill P	01/10/18	9519	Vanguard Realty Advisors	Appraisal fees for 1636 East Missi	-3,200.00
Bill P	01/17/18	9520	Ahrend Studios	Board Group Portrait (on location)	-134.68
Bill P	01/17/18	9521	Citrus Plaza Self Storage	Storage Unit #322 rental fee 2/1-2/	-214.00
Bill P	01/17/18	9522	Ramirez Landscaping & Tr	Landscape maintenance Decembe	-650.00
Bill P	01/17/18	9523	Streamline	Website monthly fee January 2018	-200.00
Check	01/17/18	9524	American Express - Credit	12/29/2017 stmt.; Acct. ending in	-1,402.35
Bill P	01/17/18	9525	Village News	1641	-1,280.00
Bill P	01/22/18	9526	Aztec Cleaning & Maintena	Office cleaning - Inv. 033723	-180.00
Bill P	01/22/18	9527	Brooktown Fusion Kitchen	Training on AB1661 and AB1234	-52.00
Bill P	01/22/18	9528	CalPERS	1559595490	-698.27
Bill P	01/22/18	9529	COSTCO	Membership #111805482591 - 2018	-120.00
Bill P	01/22/18	9530	Holloway Computers	IT Services - Removed Mozy Pro s	-200.00
Bill P	01/25/18	9531	AT&T - phone lines	7607318344-481 5	-207.83
Bill P	01/25/18	9532	Jim's Sign Shop	24" x 92" single sided banner; Inv	-120.68
Bill P	01/25/18	9533	Scott Harvey	Sidewalk project done re: Elder Str	-1,748.83
Bill P	01/25/18	9534	Touchbase	344664	-57.35
Bill P	01/26/18	9535	Employment Screening Se	Inv. 39102640925; CHC hire scree	-98.50
Bill P	01/26/18	9536	Fallbrook Awards	2 Name Badges; Inv. 26100	-18.32
Bill P	01/26/18	9537	SDG&E- Hospital - 8171 /	Billing period ending 1/21/18 - Acct	-15.78
Bill P	01/26/18	9538	Sun Realty	Property strategies meetings 12/6	-1,725.00
Bill P	01/26/18	9539	Trupiano's	1/26/18 Board Workshop Lunch	-86.20
Bill P	01/26/18	9540	SDG&E FHD - 6994	40605976994	-188.10
Bill P	01/26/18	9541	Konica Minolta Leasing - qds	061-0116888-000	-878.78
Bill P	01/26/18	9542	Vanguard Realty Advisors	Appraisal fees for 617 E. Alvarado	-2,800.00
Check	01/29/18	9543	Pamela Knox	REIMBURSEMENTS	-71.48
Check	01/31/18	9544	Pamela Knox	REIMBURSEMENTS - WOW on 2/	-307.13
Bill P	01/31/18	9545	Carbonite	3-year term for server backup; Inv	-1,439.98
Bill P	01/31/18	9546	FPUD - FHD 1 007721	007721-000	-84.22
Bill P	01/31/18	9547	National Due Diligence Ser	Property Condition Assessment for	-2,450.00
Bill P	01/31/18	9548	SECC	Install conduit for FRHD phone line	-3,650.00

Total 102.2 · Cash in Bank - Operating

-78,877.14

Type TOTAL	Date	Num	Name	Memo	 	Amount
ΓΟΤΑL						
						-78,877.14
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FINANCE COMMITTEE Tuesday, February 6, 2018 at 5:00 P.M. Board Conference Room, 138 South Brandon Road, Fallbrook CA 92028

AGENDA

1. Call to Order/Roll Call Chairperson Barbara Mroz called the meeting to order at 5:05 p.m.

Members present: Director Barbara Mroz, Director Bill Leach, Director Stephen Abbott and Howard Salmon attending via teleconference. Others present: Bobbi Palmer, CEO; Kathy Bogle, Accountant; Wendy Lyon, Bookkeeper; and Mireya Banuelos, Community Health Coordinator.

2. Public Comments None

- 3. Review of Financial Statements for December 2017
 - 1) Balance Sheet Comparison of December 2017 to November 2017
 - 2) Income Statement for the Month Ended December 31, 2017 & Fiscal Year to Date
 - 3) Profit & Loss Actual vs Budget July through December 2017
 - 4) Profit & Loss Budget Overview July 2017 through June 2018

The above listed financial statements were reviewed through December of 2017. A positive variance of \$535,000 was due to significant property tax revenue received in both November and December. A refund was received from a trust account with the County of San Diego which had been needed for the Elder Street property sale. There was a loss of \$20,000 in the CaITRUST Fund representing a .002% loss. The District received a refund of more than \$10,000 from San Diego Gas & Electric due to the sale of the Elder Street property.

- 5) Local Agency Investment Fund (LAIF) Statement December 2017 The balance in the LAIF account was \$1,455,753.
- 6) CalTRUST Statement December 2017 The balance in the Cal-Trust Account was \$8,519,962.
- Property Tax Revenue Fiscal Year to Date As previously stated, property tax revenue for December was significant at over \$400,000.

- Check Detail Report December 2017 It was noted that this report is reviewed each month.
- 4. Adjournment There being no further business, the meeting was adjourned at 5:25 p.m.

Barbara Mroz, Finance Committee Chair



REGULAR BOARD MEETING Wednesday, February 14, 2018, 6:00 p.m. Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

MINUTES

A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE

President Gordon Tinker called the meeting to order at 6:12 p.m. and led the Pledge of Allegiance.

Present: Directors Stephen Abbott, William Leach, Howard Salmon and Gordon Tinker. Absent: Director Barbara Mroz Also present: CEO Bobbi Palmer and Legal Counsel Blaise Jackson.

B. ADDITIONS TO AGENDA

None

C. BOARD MEMBER AND PUBLIC COMMENTS

Timothy Coen, M.D., said he had been following the urgent care discussions of the District and he had responded to the RFP issued for those services. He said he will continue to provide the services he currently provides. He said the offer made by A+ Urgent Care to purchase the building at 617 E. Alvarado was very low and he encouraged a bidding process for any sale of the property. Lastly, he commended the proposal by Community Health Systems, Inc. which he believes could serve all payers and he stated his support for their proposal.

Director Salmon said that Director Leach provided a presentation at last week's meeting of the Association of California Healthcare Districts to approximately 100 attendees. He presented the Door through Door program, a joint effort of The Foundation for Senior Care, North County Fire Protection District and Fallbrook Regional Health District. Director Salmon said Director Leach did an excellent job.

Lastly, Director Salmon commented on the mass shooting of high school students in a Florida high school today. He said these tragedies involve healthcare and other concerns and it is necessary for everyone to come together to stop future events such as this.

D. CONSENT ITEMS

- D1. Approval of December 2017 Financial Statements
- D2. Minutes of December 1, 2017 Special Board Meeting
- D2. Minutes of January 3, 2018 Finance Committee Meeting
- D3. Minutes of January 10, 2018 Regular Board Meeting
- D4. Minutes of January 27, 2018 Board Workshop There was no request by any Director to pull minutes for discussion.
 Action: On motion duly made by Howard Salmon, seconded by Stephen Abbott to approve the Consent Calendar items as presented. Motion carried. 4-0 (1 absent)

E. REPORTS

E1. Finance Committee – Committee of the Whole, Chair: Director Mroz In the absence of the Finance Committee Chair, Co-Chair Bill Leach provided the report for the meeting of February 6, 2018. Director Leach noted that property tax revenue received in November and December totaled approximately \$535,000. The District also received a refund from San Diego County related to a trust account that had been set up for the Elder Street property sale.

The balance in the LAIF account was \$1,455,753 and the balance in the CaITRUST account was \$8,519,962.

- E2. Gov't/Public Relation/Community Relations Committee Directors Salmon and Tinker Director Salmon said the state legislature is in its second year of this session, preparing bills for consideration, including those in healthcare. A key point being discussed is universal health coverage.
- E3. Facilities/Strategic Planning Committee Directors Abbott and Salmon Director Abbott said a meeting had taken place just prior to this meeting with members of the public having been invited to share their thoughts and ideas regarding our upcoming wellness center. Approximately 50 people attended and were very positive and enthusiastically shared their ideas.

E4. Executive Director – Bobbi Palmer

CEO Bobbi Palmer said in regard to the development of the wellness center, we will utilize a tool *A Guide to Practical Public Engagement for Local Government*. It covers seven points including the following:

- To better identify the public's value, ideas and recommendations
- For residents to be better informed about what is done with public money
- To improve decision making and actions with better impact & outcomes
- To get a buy-in to the community and support
- To ensure that this process is more efficient and moves faster
- For our residents to trust us as a local government
- For higher rates of community participation.

E5. General Counsel – Blaise Jackson

Legal counsel Blaise Jackson said that LAFCO is moving forward with the action to annex a portion of the Fallbrook Regional Health District to the Tri-City Hospital District as recommended by LAFCO and approved by the FRHD Board in November. A hearing is scheduled for March 5th. Counsel Jackson said the fiscal change would not be in effect until July of 2019. Due to the change in property tax revenue being higher than previously estimated, Counsel Jackson said he has been in touch with Tri-City's legal counsel to discuss this further, and consider an MOU that would phase in the change over at least 2 years due to the amount of revenue (\$181,000) involved. Lastly, Mr. Jackson said if any board member would like run for a seat on the LAFCO board, the deadline to submit is 5:00 p.m. tomorrow.

F. DISCUSSION/ACTION ITEMS

F1. Urgent Care Services Proposals Received

President Tinker reiterated that proposals had been requested and received for urgent care services. The agreement with A+ Urgent Care for said services expires in March and includes a first right of refusal for purchase of the building. An appraisal of the property and building will be needed to assure it is sold at current market value. Director Salmon said since an appraisal is necessary, he recommended extending the current lease and urgent care services agreement to July 31, 2018. **Action**: It was moved by Director Salmon, seconded by Director Abbott to extend the current lease, urgent care services agreement and support with A+ Urgent Care to July

- 31, 2018. Motion carried 4-0 (1 absent)
- F2. Review Vision Statement

Director Salmon said he is impressed with the number of people familiar with Blue Zones. At the recent Board Workshop there was discussion regarding including the Blue Zone in our Vision. He reviewed the current Vision Statement and said the Board determined it would be a good idea to revise the Vision Statement to include the Blue Zone. He then read the proposed revised Vision. "Be it resolved that the Vision of Fallbrook Regional Health District, effective this 14th day of February, 2018, will be that the Fallbrook Regional Health District will work with its residents and organizations to become a designated Blue Zone by the year 2022." This is also reflected in the Resolution No. 420.

Action: Dr. Salmon moved and Director Leach seconded to approve the revised Vision of the Fallbrook Regional Health District. Motion carried 4-0 (1 absent)

F3. Consideration and Adoption of Resolution No. 420 – Ratification/Approval to Initiate Creation of a District-Wide Blue Zone by 2022

Legal Counsel advised approval of Resolution No 420 in addition to the motion just approved.

Action: It was moved by Director Abbott, seconded by Director Salmon to approve Resolution No. 420 to Initiate Creation of a District-Wide Blue Zone by 2022.

AYES: Directors Leach, Salmon, Abbott and Tinker NOES: None ABSENT: Director Mroz ABSTAIN: None

F4. Consideration of Opening Discussion with LYFT Regarding Non-Emergency Medical Transport

G. ITEMS FOR SUBSEQUENT MEETINGS

- G1. Other Director/Staff discussion items
 - G1a. Item(s) for future board agendas

Director Salmon proposed a discussion and possible resolution regarding opening discussion with LYFT regarding non-emergency medical transport. Note: This item had been on the original agenda for discussion and was inadvertently left off the agenda in the packet that was distributed.

- G1b. Announcements of upcoming events:
 - Community Planning Meeting for a Fallbrook Regional Wellness Center February 14th 5:00-6:00pm, Fallbrook Public Utility District's Board Room
 - Tour and Lunch Tri-City Wellness Center, February 20, 11:00 am 1:00pm, 6250 El Camino Real, Carlsbad, CA 92009
 - Woman of Wellness Thursday, March 1st 6pm, Fallbrook Library
 - NCCCHI meeting 1st Wednesday, March 7th 2:00-3:30pm, Fallbrook Regional Health District Board Room, 138 S. Brandon Rd.
 - Finance Committee meeting 1st Wednesday, March 7th 5:00pm, Fallbrook Regional Health District Board Room, 138 S. Brandon Rd.
 - ACHD Legislative Day April 16-17, Sacramento
 - Special Districts Legislative Days Tuesday, May 22nd-23rd Sacramento. <u>Register with CSDA.</u>
 - ACHD 2018 Wellness Summit July 26, Sacramento
 - 2018 CSDA Annual Conference & Exhibitor Showcase Monday, September 24th-27th Indian Wells
- G2. Next Regular Board meeting Wednesday, March 14th 6:00pm Fallbrook Public Utility District's Board Room

The Board adjourned into Closed Session at 6:35 p.m.

H. CLOSED SESSION

- H1. Conference with Real Estate Negotiator Concerning Real Property Sale Negotiations per Govt. Code 54956.8
 617 E. Alvarado St. District Negotiator: Roy Moosa of Sun Realty
- H2. Conference with Real Estate Negotiator Concerning Appraisal of Real Property per Govt. Code 54956.8
 1636 E. Mission Rd.
 District Negotiator: Roy Moosa of Sun Realty
- H3 Report Involving District Trade Secret per Health & Safety Code Section 32106concerning potential new service or program (anticipated disclosure date July, 2018)

I. RETURN TO OPEN SESSION

The Board reconvened into Open Session at 7:18 p.m. The CEO was directed to take appropriate action on Items H1 and H2. No action on Item H3.

J. ADJOURNMENT

There being no further business, the meeting was adjourned at 7:19 p.m.

Gordon Tinker, President

Stephen Abbott, Secretary

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AMENDMENT TO MEMORANDUM OF UNDERSTANDING BETWEEN FALLBROOK REGIONAL HEALTH DISTRICT AND A+ URGENT CARE, INC.

THIS AMENDMENT TO MEMORANDUM OF UNDERSTANDING ("MOU") is entered into effective 8:00 a.m., February 15, 2018 (hereafter, the "Effective Date"), by and between FALLBROOK REGIONAL HEALTH DISTRICT, formerly known as FALLBROOK HEALTHCARE DISTRICT ("District"), a Health Care District formed under California Health and Safety Code Sections 32000, et seq., and A+ URGENT CARE INC., a corporation ("A+"), which agree as follows:

A. District owns that real property formerly known as Fallbrook Hospital, which operated as a general acute care hospital located at 624 E. Elder Street, Fallbrook, California, and two other buildings on the hospital campus, the Wellness Center and the Outpatient Clinics ("Clinic Building"), the latter located at 617 Alvarado Street, in Fallbrook, California.

B. District and A+ previously entered into an MOU in February 2015 to provide start up support to A+ with respect to the latter opening an extended hours urgent care clinic in the vicinity of the former hospital, as a means of mitigating the loss of the Emergency Department of the hospital and to restore some of the service lost by the closure of the hospital ("MOU as Amended").

E. District is authorized by the Health and Safety Code to provide assistance in the operation of one or more health facilities or health services, including but not limited to outpatient programs, services and facilities for the benefit of the district and the people served by the District. District desires to utilize this authority to assist in the operation of an urgent care service to ensure that such service will remain available to the residents of the District on an extended hours basis.

F. District entered into a second MOU with A+ Urgent Care on or about December 15, 2016, in order to continue to provide support for the provision of urgent care services to the District communities on an extended hours basis, and voted to extend that MOU through December 2017.

NOW, THEREFORE, the parties agree as follows:

SECTION 1: CONTINUOUS OPERATION OF URGENT CARE CLINIC BY A+

A+ will continue to operate an Urgent Care Clinic within the Fallbrook Community (the "new UCC") and will do so at its sole expense and risk, including any and all licensing and certification, staffing, facilities, and operational fees and expenses. A+ will continue this effort on an ongoing basis, as time is of the essence to establish such service in the Fallbrook Community.

SECTION 2: DISTRICT PARTICIPATION AND SUPPORT

2.1 <u>**District Participation**</u>. In consideration for the ongoing operation of the new UCC by A+, the District will provide temporary financial support to A+ to support the extended operating hours of the new UCC ("Support"). The Support provided shall be in an amount not to exceed the sum of Sixty Thousand and 00/100ths Dollars (\$60,000.00), which sum shall be provided to A+ for the UCC in six (6) equal monthly installments of \$10,000 each, beginning with the month of February, 2018.

2.2 <u>A+ Agreement to Provide Extended Hours UCC Services.</u> In consideration of the temporary financial support outlined in 2.1 above, A+ agrees that it will continue provide extended hours of service at the new UCC, which will include continuous urgent care services of not less than the following schedule: 9 a.m. to 7 p.m., Monday through Friday; and at least 5 hours per day on Saturday and Sunday ("the extended hours UCC services"). A+ agrees that it will provide these extended hours UCC services for not less than the term of this Amendment to MOU. A+ acknowledges that the Support is an accurate approximate of the majority of the costs it will incur in providing Urgent Care Services for the extended hours (up to 7 p.m. on weekdays and the identified weekend hours).

A+ agrees that it will provide documentation to support such expenses and utilization statistics, upon request of the District, on at least a quarterly basis. A list of the documentation to be provided by A+ for District review is appended as "Exhibit A," and attached hereto. A+ understands and agrees that any documentation provided to the District may become public record within the meaning of Cal. Gov't Code Section 6250 ff. A+ agrees that it will keep the District reasonably and timely apprised as to its marketing plans relative to publicizing the Urgent Care Clinic, and in particular its availability to serve patients on an extended hours basis.

(a) The Parties acknowledge that "Extended Hours UCC Services" shall mean five (5) hours of urgent care services only for all of the following major holidays:

- 1. New Year's Day;
- 2. Memorial Day;
- 3. Independence Day;
- 4. Labor Day;
- 5. Thanksgiving Day;
- 6. Christmas Day.

SECTION 3: INDEPENDENT CONTRACTOR

In the performance of all services, duties, and other obligations under this MOU, A+ shall be and at all times is, acting and performing as an independent contractor, and A+ shall not be considered an employee, joint venture, or partner of the District for any purpose whatsoever. Except as required by law, the District shall neither have nor exercise any control or direction over the methods by which A+ shall perform Urgent Care Clinic services required under this Amendment to MOU. Except as otherwise provided in Section 2 above, A+ shall not have a claim under this Amendment to MOU or otherwise against the District for compensation or financial support of any kind.

SECTION 4: COMPLIANCE WITH LAW

4.1 Laws and Regulations. District and A+ shall comply with all applicable provisions of law and other valid rules, regulations, and standards of all governmental agencies having jurisdiction over: (i) the licensing of health care practitioners and (ii) the delivery of services to patients of governmentally-regulated, third party payors whose members/beneficiaries receive care from the new UCC. This shall specifically include compliance with any applicable provisions of the Health & Safety Code as well as Title 22 of the California Code of Regulations. A+ shall also comply with all applicable standards and regulations imposed by any and all governmental third party payors, including all Medicare conditions of participation, all patient privacy and confidentiality laws, and any and all state and federal laws prohibiting the furnishing of anything of value in exchange for referrals of patients for medical treatment and care, including without limitation the anti-kickback statutes, and the laws and regulations commonly referred to as the "Stark law," to the extent applicable.

SECTION 5: TERM AND TERMINATION

5.1 <u>Term</u>. The Term of this Amendment (the "Term") shall commence on the Effective Date and shall continue for six (6) months thereafter, to July 31, 2018 (the "Termination Date"), unless terminated earlier pursuant to this Section.

5.2 <u>Termination for Cause</u>.

(a) District shall be allowed to immediately terminate this MOU as Amended at any time that A+ shall cease to operate the new UCC or cease to provide the extended hours UCC services prior to the expiration of the Term of this Amendment to MOU. The District shall be entitled to prorate the support described above in the event of any temporary suspension of the extended hours UCC services lasting longer than two (2) days in duration.

(b) A+ shall be allowed to immediately terminate this MOU as Amended and cease providing the extended hours UCC Services at any time that the District should fail to timely provide the monthly support outlined in Section 2.1 above. For purposes of this section, "timely provide" shall mean to provide the support amount called for by the tenth (10th) of the month in which the monthly support payment is due.

(c) "Cause" shall also include, without limitation, all of the following:

(1) Loss of A+ certification and/or licensure to practice medicine or provide services of the type contemplated by this MOU as Amended;

(2) The failure of A+ to abide by any state or federal laws or regulations applicable to the operation of an Urgent Care Service or outpatient medical clinic;

(3) Failure to abide by the terms and conditions of this Agreement;

5.3 <u>Termination Upon Mutual Agreement</u>. This MOU as Amended may be terminated at any time upon the written concurrence of both parties.

SECTION 6: DISPUTE RESOLUTION

In the event that any dispute relating to this MOU as Amended arises between District and A+ arising out of or related to the validity, interpretation, enforcement or performance of this MOU, or otherwise arising out of the relationship between the parties or the termination of that relationship, either party may by written notice call a meeting regarding such dispute to be attended by an executive officer of each party who has the authority to negotiate and bind that party to a resolution. At the meeting, such officers shall attempt in good faith to resolve the dispute. If the dispute cannot be resolved within thirty (30) days from the date of the initial notice, and if any party wishes to pursue the dispute, the dispute shall be submitted to binding arbitration in accordance with the rules of the California Arbitration Act (Cal. Code of Civil Proc., § 1280 ff), with an arbitrator mutually agreed upon by the parties. If the parties cannot agree on an arbitrator within thirty (30) days after either party has demanded arbitration, either party may petition the Superior Court for the County of San Diego to appoint an arbitrator. The decision of the arbitrator(s) shall be a final and binding determination of the dispute (including injunctive relief) and shall be fully enforceable as an arbitration decision in any court having jurisdiction and venue over the parties. The arbitrator(s) shall have no power to award any punitive damages or exemplary damages or to ignore or vary the terms of this MOU as Amended and shall be bound by controlling law. The arbitrator's decision shall be provided to the parties in writing and shall succinctly set forth the arbitrator's findings of fact, conclusions of law, and remedy, if any. The costs of such arbitration shall be shared equally by both District and A+, and each party shall pay its own legal expenses incident to such arbitration.

SECTION 7: NOTICES

7.1 <u>Notices</u>. Any notices or other communications permitted or required by this MOU as Amended shall be deemed made on the day personally delivered in writing or three days after mailed by certified mail or first-class mail, postage prepaid, to the other party at the address set forth below or to such other persons and addresses as either party may designate in writing:

If to District:	Fallbrook Regional Health District 138 S. Brandon Road Fallbrook, CA 92028 Attention: Chief Executive Officer
If to A+:	A+ Urgent Care, Inc.

Attention: Donald Kimes, D.O.

SECTION 8: INDEMNIFICATION

A+ agrees that it will defend, indemnify, and hold harmless the District and its directors, officers, employees, and staff from and against any claims, demands, causes of action, or any other demands for compensation or payment arising out of or related to the operation of the new UCC by A+.

SECTION 9: MISCELLANEOUS PROVISIONS.

9.1 <u>Governing Law</u>. This MOU shall be construed and enforced in accordance with the laws of California.

9.2 <u>Waiver</u>. No delay or omission by either party to exercise any right or remedy under this Agreement shall be construed to be either acquiescence or the waiver of the ability to exercise any right or remedy in the future.

9.3 <u>Force Majeure</u>. Neither party shall be liable or be deemed in default of this MOU as Amended for any delay nor failure to perform caused by Acts of God, war, disasters, strikes, or any similar cause beyond the control of either party.

9.4 <u>Severability</u>. In the event that any part or parts of this MOU as Amended are held to be unenforceable, the remainder of this MOU shall still remain in effect.

9.5 <u>Assignment</u>. Subject to the prohibition contained in this paragraph, this Amendment to MOU shall be binding upon and inure to the benefit of the successors and assigns of the parties hereto. A+ shall not assign or delegate any of its rights or obligations under this MOU except to a successor in interest to A+. For purposes of this MOU as Amended, "successor in interest" shall mean corporation, LLC, or other entity in which any member or owner of A+ holds more than 50% of the outstanding voting capital stock or other means of control. Any other assignment or delegation is expressly prohibited.

9.6 Entire Agreement. This MOU supersedes any previous contracts between the parties and constitutes the entire agreement between the parties. Both parties acknowledge that any statements or documents not specifically referenced and made a part of this MOU shall not have any effectiveness.

9.7 <u>No Third-Party Rights</u>. The parties do not intend the benefits of this Amendment to MOU to inure to any third person not a signatory to this MOU as Amended. Notwithstanding anything contained herein, or any conduct or course of conduct by any party to this Amendment to MOU before or after signing this Amendment MOU shall not be construed as creating any right, claim, or cause of action against either party by any person or entity not a party to this MOU as Amendment.

9.8 <u>Counterparts</u>. This Amendment to MOU may be executed in any number of counterparts, each of which shall be deemed an original and all of which together shall constitute one and the same instrument.

9.9 <u>Amendments</u>. Any further amendments to this MOU shall be made only in writing duly executed by both parties hereto.

IN WITNESS WHEREOF, the parties have executed this Amendment MOU as of the date above first written.

A+ URGENT CARE, Inc. "A+"

FALLBROOK REGIONAL HEALTH DISTRICT California Healthcare District

Donald Kimes, D.O.

Gordon W. Tinker President of the Board

Graydon Skeoch, D.O.

EXHIBIT A

A + and the District agree that the documentation to be provided to the District, per Section 2.2 of this MOU shall include the following subject matter:

- Total visits to A+ <u>by month</u>
- Marketing and sales programs and periodic additions or changes
- Average number of visits Weekdays after hours Saturdays Sundays

by month since opening

In addition, A + agrees to present the District's designated representative with information concerning the following:

- Profit and loss statement for weekdays after hours, Saturdays, and Sunday per month;
- Monthly review of Fallbrook A+ Urgent Care monthly financials in the A+ offices.

REPORTS

REPORTS

Chief Executive Officer – Bobbi Palmer, MBA, MSW

CEO REPORT FORTHCOMING

REPORTS Legislative Communication

Fallbrook Regional HEALTH DISTRICT

2018 COMMITTEES

FINANCE/AUDIT/COMMUNITY HEALTH CONTRACTS/INVESTMENT COMMITTEE OF THE WHOLE MEETS MONTHLY

Barbara Mroz and Bill Leach

This committee shall be responsible for review of budgetary and financial matters related to the District including the annual audit and community health contracts program. This committee shall also be responsible for review of the District investments and appraisal of market conditions relating to prudent investment of District funds.

FACILITIES/STRATEGIC PLANNING AD HOC

Stephen Abbott and Howard Salmon

This committee shall be responsible for periodic inspection of buildings owned by the District and for review and consideration of real estate matters.

GOVERNMENTAL & PUBLIC ENGAGEMENT/COMMUNITY RELATIONS AD HOC

Howard Salmon and Gordon Tinker

This committee shall be responsible for monitoring of healthcare legislation and public policy and for advisement of the District Board of possible/probable impact on matters of the District as/when indicated and for the initiation of appropriate action as/when indicated. This committee shall be responsible for interface with other agencies, including other government levels, as well as the public; inclusive of speeches or public appearances, press releases, etc. for the purpose of edification of the District's position/action on matters within the jurisdiction of the District.



This Week in Sacramento

INFORMATION & INSIGHTS FROM HURST BROOKS ESPINOSA . WEEK OF FEBRUARY 26, 2018

BOE Rejects Gas Tax Adjustment

This week, the State Board of Equalization (BOE) – for the first time – rejected a recommendation to impose a 4-cent increase in the tax on gas. The 2-2 vote (BOE Member George Runner was absent) now results in a \$617 million reduction in gas tax revenue that will have to be accounted for in the Governor's 2018-19 budget. Typically, the BOE accepts or tweaks staff recommendations to adjust the fuel tax, an authority that the Legislature provided it in 2010. Recall that last year, the Legislature and Governor stripped the BOE of most of its authorities; in fact, the BOE will lose its authority to adjust the gas tax next year, as outlined in SB 1, last year's transportation funding package. Check out this Sacramento Bee article for more background on the BOE decision.

Study Predicts Big Economic Impact from 2017 Transportation Funding Package

Speaking of SB 1, a report released this week outlines the economic impact of the state's recently approved transportation funding package. Commissioned by the California Alliance for Jobs, the California Transit Association, and Transportation California, the <u>report</u>

Worth Noting: Continued Focus on Disaster Recovery

The Legislature remains engaged in the range of policy and budget issues stemming from last year's devastating fires and subsequent debris flow. Over the past week, several committees have held oversight hearings that have explored specific disaster response experiences, examined ways in which the state can better prepare for future events, and reviewed the budget impacts of the 2017 wildfires. Worth reviewing are two documents put out by the Legislative Analyst's Office (LAO): (1) a handout prepared for a hearing before the Senate Budget and Fiscal Review Committee this week and (2) a budget post on the Governor's current- and budget-year assumptions regarding fire recovery expenditures.

In related news, CalOES has organized a complete listing of state and federal wildfire assistance programs <u>online</u>.

concludes that SB 1 is anticipated to support \$182.6 billion in economic activity and benefits to California residents and businesses over the next ten years and 682,029 job-years over the same period.

News on Housing: Can't Stop, Won't Stop

No Place Like Home Delayed Due to Lawsuit. In case you missed it, an <u>article</u> this week in the *Los Angeles Times* outlined the litigation associated with a delay in the sale of \$2 billion in bonds for purposes of permanent supportive housing for the homeless mentally ill. The No Place Like Home program proposed \$2 billion in bond funding to be repaid with a portion of the revenues from the Mental Health Services Act (Proposition 63). The legal challenge comes from a Sacramento attorney who believes that the funding should not be diverted from mental health treatment programs to housing, even if the mentally ill benefit.

HCD Releases City and County Housing Data. The California Housing and Community Development (HCD) Department has released new data on local agencies' progress toward meeting their housing goals. Two documents are available to the public that compile information that cities and counties already provide to the Department.

- HCD's <u>Housing Element Implementation Tracker</u> shows detailed status of cities and counties' housing plans (housing elements). It also shows whether cities and counties have zoned enough land for housing, whether they have adequately planned for emergency shelters and housing with supportive services, and whether they have submitted their Annual Progress Reports.
- HCD's <u>5th Annual Progress Report Permit Summary</u> shows how well cities and counties are
 progressing toward meeting their housing goals. Every April, cities and counties must submit
 Annual Progress Reports for the prior year, showing whether they are on-track to meet their
 housing needs. Progress is measured by how many housing construction permits they have
 issued at various income levels.

Senator Weiner Amends Transit-Oriented Housing Bill. Senator Scott Weiner (D-San Francisco) blogged this week about amendments to his <u>SB 827</u>, a controversial measure that seeks to require more housing near transit. The amendments, for the most part, are focused on displacement and affordability. The bill was also the focus of a *Vox* <u>interview</u> with the founder of the new housing advocacy group California YIMBY, Brian Hanlon; the interview focuses on the genesis of SB 827 and discusses some of the issues that opponents have raised.

U.S. Supreme Court Hears Oral Arguments in Public Union Fees Case

Several press articles this week examine labor's concerns about and preparation for an adverse U.S. Supreme Court ruling in the *Janus v. American Federation of State, County and Municipal Employees* case. Oral arguments in the *Janus* case were held Monday before the Supreme Court, and labor unions are preparing for a legislative response in California should they lose.

Among the legislative ideas under consideration by labor unions are:

- Giving union members "release time" from their jobs so they can recruit other workers to join the union;
- Shielding union members' contact information from the public to make it harder for anti-union groups to reach them;
- Allowing unions to charge non-members who use services such as arbitration or a labor representative to help them through a disciplinary process.

Coverage by CalMatters and the Sacramento Bee offers more details and insights.

Mental Health Services Act (MHSA) Audit Calls Out Oversight Issues

The Bureau of State Audits released a report this week on the Mental Health Services Act (MHSA). The audit evaluated how the Department of Health Care Services (DHCS) and the Mental Health Services Oversight and Accountability Commission (MHSOAC) oversee MHSA funding. The audit also assessed how three local mental health agencies— Alameda, Riverside, and San Diego counties— monitor projects that they support with MHSA funding. Note that Table A on page 46 of the report includes a complete list of the MHSA fund balances in every county, which totals \$2.5 billion. The Legislature has expressed concerns that counties are not adequately spending their MHSA funds,

which is part of the reason for the audit. We will be tracking legislative activity in this area in the coming months; we have already flagged a number of MHSA spot bills and anticipate specific legislative proposals to address the audit findings. The Auditor's recommendations are as follows:

DHCS		Ensure that local mental health agencies spend MHSA funds in a timely manner by implementing policies and processes to reallocate any MHSA funds that are unspent within the statutory time frames, clarify that the interest earned on unspent MHSA funds is subject to reversion requirements, and establish an acceptable MHSA reserve level. Regularly analyze fund balances to identify excess fund balances and distribute those funds accordingly.
	3)	Implement fiscal and program oversight of local mental health agencies.
MHSOAC	1)	Continue discussions on innovative approaches to meeting requirements of the MHSA
	2)	Complete internal program review processes
	3)	Establish statewide outcome metrics.

The full audit report can be reviewed here; a related fact sheet can also be found at this link.

CSAC and League of California Cities Release Homelessness Task Force Report

CSAC and the League of California Cities established a Joint Homelessness Task Force last year to explore and promote ways for cities and counties to collaborate on addressing the complex and farreaching issues surrounding homelessness. This week, the associations released their report, which can serve as a resource guide for jurisdictions looking to replicate successful local solutions. The task force co-chairs – Yolo County Supervisor Oscar Villegas and Grass Valley Council Member Jan Arbuckle – will discuss the task force's undertaking and its report on a webinar scheduled for March 7 at 1 p.m. Information on the task force effort can be found <u>here</u>; registration for the webinar can be completed <u>here</u>.

Governor Signs Dam Safety and Inspections Legislation

In the wake of last year's Oroville Dam incident, Assembly Member James Gallagher (R-Yuba City) introduced <u>AB 1270</u>, which increases required inspection and reporting on the state's water infrastructure. Specifically, the bill requires the Department of Water Resources (DWR) to annually (on a fiscal year basis) inspect dams, reservoirs, and critical appurtenant structures except for those that are "low hazard," in which case the inspections shall be made, at a minimum, every two fiscal years. The bill also subjects dam inspection reports to the California Public Records act, but provides for exemptions associated with sensitive data, images, or other information. Other provisions of AB 1270 required DWR to propose amendments to its existing dam safety inspection and reevaluation protocols. The bill, signed by the Governor this week, contained an urgency clause, so it becomes effective immediately.

Trauma Recovery Center Grant Opportunity Announced

This week, the California Victim Compensation Board (CalVCB) released the 2018-19 California Trauma Recovery Center (TRC) grant Notice of Funds Available (<u>NOFA</u>). The grant program may award just over \$8 million: \$2 million from the Restitution Fund (pending appropriation through the state budget process) and an estimated \$6.4 million from the portion of Proposition 47 (2014) savings dedicated to provide mental health services and other trauma-informed services to victims of crime. (Final figures will not be available until later this year.) CalVCB's NOFA specifies that awardees must serve all victims of crime – irrespective of CalVCB's eligibility requirements – so long as the services provided are consistent with the NOFA.

Important dates associated with the application process include the following:

- Notice of Funds Available Release Date: Monday, February 26
- Final Date to Submit Questions: Friday, March 9 by 5:00 p.m.
- CalVCB's Response to Questions Posted: Friday, March 16
- Final Application Due Date: Friday, March 30 by 2:00 p.m.
- Tentative Board Award Approval Date: Thursday, May 17

All grant seekers are required to submit an application packet by both email and by mail. Emailed applications are due on Friday, March 30 by 2:00 p.m.; mailed applications must be postmarked on or before that same date. Interested parties are encouraged to review the NOFA as soon as is practical; it provides important details on topics including eligibility criteria and minimum qualifications, eligible and ineligible costs, reporting requirements, elements of CalVCB's grant oversight, as well as specifications regarding application submission.

LAO Budget Analyses

The Legislative Analyst's Office (LAO) released one report of interest this week.

Policy Area	Issues
Criminal Justice Proposals link	 Overview of criminal justice budget proposals
	 California Department of Corrections and Rehabilitation
	 Department of Justice
	 Judicial Branch
	State Penalty Fund

Upcoming Legislative and Budget Hearings

We identify below several policy and budget committee hearings of note taking place next week.

Date / Time	Committee	Торіс
Monday, March 5	Senate Budget and Fiscal Review (SBFR) Committee	AB 110 (Assembly Budget Committee) – IHSS Provider Wages
	Assembly Budget Committee	<u>SB 116</u> (SBFR Committee) – Budget Act of 2017 <u>SB 118</u> (SBFR Committee) – Cannabis licenses <u>SB 120</u> (SBFR Committee) – IHSS provider
		wages <u>SB 121</u> (SBFR Committee) – Education: child care Oversight Hearing – Current year budget adjustments

Date / Time	Committee	Торіс
	Assembly Budget Subcommittee No. 1 on Health and Human Services	Item 4150 – Department of Managed Health Care Item 4260 – Department of Health Care Services Medi-Cal Overview and Select Issues and Proposals
Tuesday, March 6	Joint Committee on Rules Subcommittee on Sexual Harassment Prevention and Response Assembly Revenue and Taxation	Informational Hearing – Investigation and Response to Sexual Harassment Allegations Educational Briefing on Federal Tax Reform
Wednesday, March 7	Joint Hearing of Senate Elections and Constitutional Amendments Committee and Assembly Elections and Redistricting Committee Joint Hearing of Senate Governance and Finance Committee, Assembly Local Government Committee, and Assembly Revenue and Taxation Committee	Informational Hearing – Cybersecurity and California Elections Informational Hearing – Uproar Over Upland: Assessing the California Supreme Court Decision
	Joint Hearing of the Joint Legislative Committee on Emergency Management and the Assembly Communications and Conveyance Committee Assembly Budget Subcommittee No.	Informational Hearing – Ready or Note: Emergency Communications Networks in the Face of Wildfires, Mudslides, and Public Safety Threats Item 5225 – Department of Corrections
	5 on Public Safety	 and Rehabilitation CDCR Population and Receivership Overview Division of Juvenile Justice
Thursday, March 8	Senate Budget and Fiscal Review Subcommittee No. 3 on Health and Human Services	Item 5180 – Department of Social Services IHSS SSI/SSP Community Care Licensing Adult Protective Services
	Senate Budget and Fiscal Review Subcommittee No. 5 on Corrections, Public Safety, and the Judiciary	Item 5225 – Department of Corrections and Rehabilitation
Friday, March 9	Assembly Housing and Community Development Committee	Informational Hearing – Addressing Housing Affordability and Homelessness: Challenges and Solutions in San Bernardino County

Please feel free to contact any one of us at Hurst Brooks Espinosa with questions ...

JEAN HURST	KELLY BROOKS	ELIZABETH ESPINOSA
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A message from Department of Finance and Governor's Office of Business and Economic Development:

We would like to inform you of the invitation for public comment on the Governor's proposed designation of Opportunity Zones in California.

HR 1, the federal tax bill passed at the end of December 2017, allows the Governor to designate eligible census tracts as Opportunity Zones. Under HR 1, individuals who invest in these zones will be allowed to defer or eliminate federal taxes on capital gains. The Governor may designate up to 25 percent of census tracts that either have poverty rates above 20 percent or median family incomes of no more than 80 percent of statewide or metropolitan area family income. There are 3,516 census tracts in 54 California counties that qualify under one or both of the mandatory criteria, allowing the Governor to designate up to 879 tracts. As census tracts are designed to capture geographic areas of around 4,000 people, more than 3 million Californians will potentially be located in one of these areas.

To provide you with additional information on the preliminary recommendations and the process to comment, representatives from the **Department of Finance and the Governor's Office of Business and Economic Development (GO-Biz) will be hosting a conference call at 12 noon today, March 2**:

Call-in number: 1-877-820-7831 Participant code #: 398582

Preliminary Recommended Tracts

The recommended tracts were selected as Opportunity Zones using the following criteria:

1. Focus on Poverty. Only those tracts that meet the federal poverty criteria were selected to focus efforts on those poorest areas of the state. In addition, within each county, focus was placed on the poorest areas (top 30 percent of eligible tracts).

2. Areas with Business Activity. Designating tracts with at least 30 business establishments helps distinguish primarily residential tracts from those that are zoned to encourage more business investment.

3. Geographic Diversity. To increase geographic diversity, the preliminary recommendation maintains a minimum of two tracts per county if possible.

These designation criteria identify tracts that significantly overlap with other statewide programs that the Legislature and Governor have previously targeted. For instance, 66 percent of the recommended tracts overlap with tracts identified as disadvantaged in Senate Bill 535 from 2012, and 98 percent overlap with tracts identified as disadvantaged in Assembly Bill 1550 from 2016. (Both of these bills help direct revenues from cap and trade programs.)

Public Input

The Administration received much helpful input in designing the criteria for these preliminary recommendations, and invites comments on the proposed designation of California Opportunity Zones. Provided below are links to the following resources:

- A Census address lookup that provides tract numbers.
- A large non-interactive map (28 inches x 40 inches) of the eligible census tracts for California. Click <u>here</u> to view or print.

• An interactive map displaying eligible tracts and the recommended tracts.

An excel workbook <u>OZ Eligibility</u> contains the 3,516 eligible California census tracts. It also indicates the tracts in the Governor's preliminary recommended option. Given the limited number of designations available, we strongly encourage commenters from local governments to suggest replacing tracts from within their jurisdictions rather than making additions. To comment, please identify the census tracts you have comments on from the provided resources, and use the excel workbook <u>OZ Input</u> to format your comments.

We have set up a new website that will be accessible today at 11am to provide information on qualified census tracts: <u>http://dof.ca.gov/Forecasting/Demographics/opportunity_zones/</u>. All of the information included in this email will be accessible from this website, including the instructions on how to submit comments. Please note that comments will only be accepted through **5pm on Thursday, March 15** through the email <u>OZcomments@dof.ca.gov</u>. If you would like information about business and economic development in general, please visit the <u>California Business Portal</u> or <u>contact GO-Biz</u>.

For any additional questions, please call the Department of Finance at 916-445-8610.

We look forward to receiving your feedback.

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REPORTS Communication Only

WOW program is about opioids Feb. 1

FALLBROOK – Fallbrook Regional Health District is holding its next Woman of Wellness event on Thursday, Feb. 1. The topic for the program is "Opioids: What they are and how they work". This is an important subject given the current epidemic of opioid misuse.

Don Weeks, Pharm.D., of CVS Pharmacy will provide the presentation and answer questions in this opportunity to learn about the problem of misuse of opioids and what can be done to prevent it. Men are welcome to attend the

Woman of Wellness events, so

ladies are encouraged to bring their husbands, brothers, sons, uncles or any other man who might have interest in attending.

The program is held at Fallbrook Library, 124 S. Mission Road with a social time and refreshments starting at 6 p.m. This free event includes door prizes. Attendees are asked to bring non-perishable food items for the Fallbrook Food Pantry.

For more information, contact Pam Knox at pknox@ fallbrookhealth.org or (760) 731-9187.



PREVENT THE PREVENTABLE

FOOD IS MEDICINE • EXERCISE IS MEDICINE

Fallbrook Regional Health District is beginning plans for a Fallbrook Regional Wellness Center.

If you live in our District (Bonsall, De Luz, Fallbrook and Rainbow) and have an interest in helping us to create YOUR wellness center, please join us.

WHEN: Wednesday, February 14, 2018 TIME: 5:00 p.m. – 6:00 p.m. WHERE: FPUD – 990 E. Mission Road, Fallbrook

Please bring your ideas, enthusiasm and perhaps a friend. Together we will create a wonderful center for our residents with services and activities that serve our health & wellness needs.

> 138 S. Brandon Rd, Fallbrook, CA 92028 www.fallbrookhealth.org

Love Your Heart Screening at the Fallbrook Library on February 14, 2018

Blood pressure screenings performed by County of San Diego Public Health Nurses and CSUSM Nursing Students.



HEALTH

Fitness fusion knows no age limit



Fitness Fusion seniors stand tall, from left, Margaret Curtis, Janice Enger, Gloria Thies and Leona Crump, with Sue Thorne seated.

FALLBROOK – When Leona Crump made a return visit to Fallbrook this month from her retirement home in Jamul and attended Ann Wade's earlymorning Fitness Fusion class, she joined a few friends at the class who proudly admit to being in their eighth decade. Five ladies at the class, which

is open to all ages, have been attending workout classes at the Fallbrook Community Center for more than 20 years. Gloria Thies is the most senior member at 89, Leona Crump is next at age 87, Janice Enger is 86 and Margaret Curtis is 82. Sue Thorne will be 80 this year. Collectively, the ladies have been exercising for more 100 Courtesy photo

years at the Community Center in fun classes that combine aerobics, dance, yoga and Pilates.



Thursday, March 1, 2018 Fallbrook Library 124 S. Mission Rd.

6:00 p.m. – Social & Refreshments

Sponsored by Fallbrook Regional HEALTH DISTRICT

Featured Presentation: **"Survey Results from the Community Safety Perception Surveys."** The results might surprise you. Learn not only the results; also meet this remarkable youth group and learn about all they do in our community.

Presenters: Fallbrook Youth Advocacy Coalition

Free Event including Refreshments • Door Prizes

Please Note: <u>No need for Reservations at this time</u> Please plan to attend and bring a friend!

Questions? Contact Pam Knox at pknox@fallbrookhealth.org Or call 760-731-9187

Please bring non-perishable food items for Fallbrook Food Pantry



March 1, 2018

www.VillageNews.com

Volume 22, Issue 9

Ideas sought for planned wellness center



FRHD executive director Bobbi Palmer, center and standing, talks to residents who came to the first community planning meeting on the proposed wellness center Feb. 14 at FPUD.

Lucette Moramarco

Imoramarco@reedermedia.com

Fallbrook Regional Health District held a community forum before its monthly board meeting Feb. 14 to collect input from residents on what they would like to see in a wellness center. As part of its mission to promote health for the people of its district, FRHD is in escrow on a 4.6-acre property (at 1636 East Mission Road) on which the district board and staff plan to create the Fallbrook Regional Wellness Center.

Executive director Bobbi Palmer started out by saying, "thank you for participating in the process; this is a conversation. Please continue to communicate with us."

Palmer hopes to be able to conduct tours of the property next month so residents can see that the property has sufficient space to accommodate a wellness center with a variety of features. The property has a parsonage building she said, with four bedrooms and two bathrooms; a large church building with a second level; another building which could be a satellite office and space for a garden.

"This space would be so valuable for the community," said Palmer, noting that a wellness center fits with the district's view that treatment is more costly than preventing disease. "We would love to see a healthier community, eating right, exercising, because food is medicine, exercise is medicine."

Close to 50 people attended the forum and contributed their ideas which ranged from physical features to a variety of services, from support groups to different kinds of exercise classes. A vegetable garden, cooking/ nutrition classes, a walking trail and a swimming pool were popular suggestions.

Among the ideas discussed were a commercial kitchen which would enable groups from children to seniors to learn how to make nutritious meals. Aquaponics, tilapia farming and growing lettuce in a garden were related concepts along with composting and an outdoor classroom.

It was suggested that the wellness center could also be a resource center which provides social services, food insecurity programs, low cost mental health services, emergency response services - Cert, and support groups for tobacco cessation, weight loss, stress management, disease management, etc. Proposed available services included having representatives of the Veterans Administration, Medi-Cal, and food and housing programs (through the county) available to help people.

Participants asked that certain

see CENTER, page A-8

CENTER from page A-1

groups of people not be forgotten in the planning, such as veterans, the mentally disabled, the poor, the elderly and Spanish speaking community members. A computer for people to use to find resources was thought to be helpful along with private consultation rooms. Wi-Fi and tech support in the evening and weekends besides during the weekdays was another idea.

Fitness classes could include yoga, Pilates and posture classes for all ages along with a lowcost gym facility. A fitness center could also include a warm water pool for elderly and disability aquatics classes. Meditation classes and a Zen garden were also requested as was access to psychiatric treatment, behavioral health services and drug addiction/ therapy.

It was also suggested that the wellness center partner with community organizations like the Fallbrook Senior Center, Foundation for Senior Care, Care-Rite, the Boys & Girls Clubs of North County and Jeremiah's Ranch. Transportation to and from the wellness center and other community agencies was also suggested as well as childcare for those accessing the services there.

Other suggestions included a large community meeting space, CPR classes, workshops on memory and Alzheimer's, cardiac rehab with a licensed supervisor, a diabetes center with classes and individual help,

eastern and western healing modalities for all ages and bodies, retreats and a rehab facility to help people following extended hospitalization or illness.

The wellness center could possibly contain a flotation tank, and offer a vaccination clinic, gang prevention program, therapy dog program and a workforce development program.

All residents of Fallbrook, Bonsall, De Luz and Rainbow are invited to submit their own ideas at the next community planning meeting which will be held on Wednesday, March 14, from 5 to 6 p.m. at Fallbrook Public Utility District board room, 990 E. Mission Rd., right before the district board meeting.

Health

Youth to present results of safety perception surveys at WOW

FALLBROOK – Fallbrook Regional Health District's Woman of Wellness event Thursday, March I will feature the Fallbrook Youth Advocacy Coalition presenting the results of the safety perception surveys they completed last summer.

The youth, ages 12 to 16, knocked on doors in Fallbrook and De Luz apartment communities to find out what residents think about safety, crime and related issues in

their neighborhoods.

Developed by The Center for Community Research organization, the survey is used in "crime-free, multi-housing" programs that help make various apartment communities around the county safer by reducing drug use, drug dealing and related crime.

Those women and men who attend the WOW event will not only learn the results but will also meet this remarkable youth group and learn about all they do.

Attendees are asked to bring non-perishable food items for the Fallbrook Food Pantry and receive an extra ticket for a door prize. WOW starts at 6 p.m. with time for socializing and refreshments. The program starts at 6:30 in the community room of Fallbrook Library, 124 S. Mission Ave.

For more information, contact Pam Knox at (760) 731-9187 or pknox@fallbrookhealth.org.

Members of the Fallbrook Youth Advocacy Coalition and supervising adults pose for a photo before knocking on doors in local apartment communities to find out what residents think about crime and safety in their neighborhoods June 2017.

Courtesy photo





PREVENT THE PREVENTABLE

FOOD IS MEDICINE • EXERCISE IS MEDICINE

Fallbrook Regional Wellness Center

The District held the 1st Wellness Center Community Forum on February 14, 2018

Thank you Bonsall, De Luz, Fallbrook & Rainbow Communities for your great ideas!

To the residents of our District (Bonsall, De Luz, Fallbrook and Rainbow): We thank you for your interest in the upcoming Fallbrook Regional Wellness Center that we are working to develop and create for you. We appreciate you sharing your thoughts and ideas as listed below.

Cardiac Rehab • Mindfulness • Program for Alzheimer's • "Making Things Better for All" • Health & Nutrition • Support Groups • Acupuncture • Yoga • Community Garden Composting • Continuous Education Videos Playing in Buildings and Health Education Classes • Senior Services • Community Pool • Continuous Engagement with Community & Stakeholders • Walking Path • CPR Classes • Commercial Kitchen • Social Services • Pilates • Light Colors • Classroom for Healthy Cooking Classes • Low Cost Mental Health Services • Childcare Center • Café with Healthy Food Choices • Diabetes Education • Food Insecurity Program • Aquaponics: Tilapia Farming & Growing Lettuce • Motivational Speakers • Wi-Fi & Tech Support • Walking Trails • Zen Garden • Support Groups for Tobacco Cessation • Weight Loss • Stress Management • Disease Management • Emergency Response Services • Meditation Room • A Computer to Research Resources • Veteran Services • Low Cost Gym Facility with Flexible Hours • Online Resource Library • Transportation Hub • Community Challenges / Service Clubs / Churches • Eastern and Western Healing Modalities • Pre-Diabetic Info • Warm Pool • Alternative Therapy Info • Activities for Kids & Family • Drug Addiction Therapy • Meeting Space • Wellenss • Program for Disabled & Elderly • Care-Rite Vocational Services • Silver Sneakers classes

> 138 S. Brandon Rd, Fallbrook, CA 92028 www.fallbrookhealth.org

FALLBROOK YOUTH INVITE COMMUNITY TO REVIEW NEIGHBORHOOD SURVEY RESULTS



Don't miss this opportunity to hear what the youth led survey shows about what makes Fallbrook Great. Please Come!

- 6:00 pm: Community Check-in, and Meet & Greet
- 6:15 pm: Welcome and Introductions
- 6:30 pm: Youth Presentation
- 6:45 pm: Fallbrook Sheriff Crime Free Multi-Housing Program
- 6:50 pm: Open Forum with Community Leaders
- 7:10 pm: Call to Action
- 7:15 pm: One-on-one discussion with Community Leaders
- 7:30 pm: Adjourn



See the Fallbrook Youth Advocacy Coalition in Action

Learn what the Fallbrook Youth Advocacy Coalition Neighborhood Survey revealed about your Community

An open forum with local leaders

Find out how you can make a difference in your neighborhood

Thursday, March 15th 6:00 p.m. – 7:30 p.m. Fallbrook High School 2400 S Stage Coach Ln, Fallbrook, CA 92028 Contact: (858) 391-9303

Funded by the County of San Diego, Health and Human Services Agency, Behavioral Health Services and the Fallbrook Regional Health District North Inland Community Prevention Program is a programation Program is a program of the function of

Annual Family HEALTH &

Free Screenings : Vision Dental Blood Pressure Diabetes

Saturday March 31, 2018 9am-2pm



Fallbrook Family Health Center

1328 South Mission Rd, Fallbrook, CA 92028

Snacks and refreshments

Games Face Painting Raffles And Much More!

Wellness

BRING THE WHOLE FAMILY!

Children will receive an Easter Basket after completing a *free* vision and dental screening

(Baskets available for first 100 children, 1-10 years olds)



For more information call or text: Marina Lopez (909) 222-9532



Thursday, April 5, 2018 Fallbrook Library 124 S. Mission Rd.

6:00 p.m. – Social & Refreshments 6:30 p.m. – 7:30 p.m. Presentation/Door Prizes

Sponsored by

Fallbrook Regional HEALTH DISTRICT

Featured Presentation:

"The Brain Changing Benefits of Exercise"

What's the most transformative thing that you can do for your brain today? Exercise! says neuroscientist Wendy Suzuki . Get Inspired as she discusses the science of how exercise boosts your mood and memory--and protects your brain against neurodegenerative diseases like Alzheimer's.

Presenter:

A TED Talks Presentation by Wendy Suzuki at TEDWomen 2017

Free Event including Refreshments • Door Prizes

Please Note: <u>No need for Reservations at this time</u> Please plan to attend and bring a friend!

Questions? Contact Pam Knox at pknox@fallbrookhealth.org Or call 760-731-9187

Please bring non-perishable food items for Fallbrook Food Pantry

Fallbrook Regional HEALTH DISTRICT

New Vision

Be it resolved that the Vision of the Fallbrook Regional Health District effective this 14th day of February 2018:

Fallbrook Regional Health District will work with its residents and organizations to become a designated Blue Zone by the year of 2022.



DISCUSSION/ACTION ITEMS

DISCUSSION/ACTION ITEMS

Consideration and Adoption of Resolution No. 421 Ratification/Approval To Initiate Discussion with LYFT to Secure Non-Emergency Medical Appointment Transportation Services

RESOLUTION NO. 421

RESOLUTION OF THE BOARD OF DIRECTORS OF THE FALLBROOK REGIONAL HEALTH DISTRICT TO INITIATE DISCUSSIONS WITH LYFT TO SECURE NON-EMERGENCY MEDICAL APPOINTMENT TRANSPORTATION SERVICES FOR RESIDENTS OF THE DISTRICT

WHEREAS, Fallbrook Regional Health District is a public entity, organized and existing under the California Healthcare District Law (Cal Health & Safety Code Sections 32000, ff;) and,

WHEREAS, the District Board of Directors ("the Board") is aware that the closure of Fallbrook Hospital in 2015 has increased the need for transportation services for District residents for medical purposes, particularly for non-emergency medical services; and,

WHEREAS, LogistiCare, a service for coordinating transportation to and from non-emergency medical appoints, has partnered with Lyft, corporation whose mission is ride-sharing for hire, to help patients access healthcare appointments in an easier and more timely manner; and,

WHEREAS, LogistiCare CEO Albert Corina has noted, "as the healthcare and social services industries continue to enhance their transportation benefit to encourage independent living and improve health outcomes, this ride-sharing solution (Lyft) can mirror what riders are already accessing for their own personal use; and,

WHEREAS, Lyft is aiming to be premier partner for underserved communities, including seniors; and,

WHEREAS, Lyft is partnering with other premier health organizations to increase health services access and satisfaction;

NOW, THEREFORE, THE BOARD OF DIRECTORS OF THE FALLBROOK REGIONAL HEALTH DISTRICT DOES HEREBY FIND, RESOLVE, ORDER AND DETERMINE AS FOLLOWS:

<u>Section 1</u>. The District shall, through its Chief Executive Officer and/or her designee, initiate discussions with Lyft with a view toward creating a partnership strategy to provide non-emergency transportation for District residents to enhance access to health services.

Resolution No. 421 March 7, 2018 Page 2

<u>Section 2</u>. Upon successful completion of discussions, any agreement in principle reached shall be reduced to writing, vetting through the District Board Finance Committee and brought before the full Board for final approval and execution

PASSED, APPROVED AND ADOPTED at a regular meeting of the Board of Directors of the Fallbrook Regional Health District held on the 14th day of March, 2018, by the following roll call vote:

AYES:	
NOES:	
ABSENT:	
ABSTAIN:	
	Gordon W. Tinker, President Board of Directors Fallbrook Regional Health District
(SEAL)	
Attest:	
Stephen Abbott, Secretary Board of Directors Fallbrook Regional Health District	