

Fallbrook Regional HEALTH DISTRICT

To: Board of Directors
Fallbrook Regional Health district

From: Bobbi Palmer, MBA, MSW
Chief Executive Officer

Date: July 10, 2018

Re: Status Report Based on Phase 1 Outcomes

Collective Impact: Sustain Action and Impact, requires that stakeholders pursue prioritized areas for action in a coordinated way, systematically collect data, and put in place sustainable processes that enable active learning as we track progress toward a common goal.

Phase 1: Month 6

With the physical presence of a Wellness Center, we have begun to create prevention and treatment activities utilizing a brick and mortar. The County of San Diego is offering 6 sessions which kicked off “Managing Chronic Pain” to our residents. Sessions are scheduled from 9:30 am to 12:00 noon with a light lunch served afterwards and will occur every Thursday.

The 2018-2019 cycle for offering Community Health Contracts, CHC, as the District Board of Directors approved \$910,416 prevention and health specific services. The integration of service delivery at the Wellness Center along with the alignment of the Blue Zones Project “well-being improvement designed to help make healthier choices easier by encouraging changes to communities that lead to healthier options.”

Creating an effective infrastructure that allows organizations to work together is under way. A community health calendar is being developed which will streamline existing collaborations, community health contracts with the concept “Health Under One Roof”. A kick-off Ribbon Cutting event is being planned for September 5th.