



138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

**BOARD OF DIRECTORS  
REGULAR BOARD MEETING**

**WEDNESDAY  
JANUARY 11, 2017**

**6:00 PM**

**AT**

**FPUD  
FALLBROOK PUBLIC UTILITY DISTRICT  
990 EAST MISSION ROAD  
FALLBROOK, CA 92028**



**AGENDA**  
**FALLBROOK HEALTHCARE DISTRICT**  
**REGULAR BOARD MEETING**

Wednesday, January 11, 2017, 6:00 p.m.  
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

**B. ADDITIONS TO AGENDA**

Pursuant to the Brown Act, additions to the Agenda as posted are exceptional, and expressly limited to three specific situations, as set forth in Government Code 54954.2(b): (1) an "emergency" as determined by majority vote of the board; (2) a 2/3 vote of the board finding that an item requires immediate action – and the need for this action arose in time after the agenda was posted or (3) the item was continued from an earlier meeting (no more than 5 days earlier), at which time the item was validly posted on the agenda of the earlier meeting.

**C. BOARD MEMBER AND PUBLIC COMMENTS**

Opportunity for board members and citizens to speak on items of interest within subject matter jurisdiction of the District. For the record, please state your name. "Request to speak" cards should be filled out in advance and presented to the Board President or the recording secretary. The Board has a policy limiting any speaker to not more than five minutes

**D. CONSENT ITEMS**

- D1. Minutes of December 14, 2016 Regular Board Meeting
- D2. Approval of November 2016 Financial Statements
- D3. Minutes of January 4, 2017 Finance Committee Meeting

**E. REPORTS**

- E1. Finance Committee – Committee of the Whole, Chair: Director Mroz
- E2. Gov't/Public Relation/Community Relations Committee – Directors Salmon and Tinker
- E3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon
- E4. Executive Director – Bobbi Palmer
- E5. General Counsel – Blaise Jackson

**F. DISCUSSION/ACTION ITEMS**

- F1. RFP for Investment Broker Services
- F2. Draft for Electronic Mail Policy

**G. ITEMS FOR SUBSEQUENT MEETINGS**

- G1. Other Director/Staff discussion items
  - G1a. Item(s) for future board agendas
  - G1b. Announcements of upcoming events:
    - Fallbrook Chamber of Commerce "Chamber Member Expo" – January 18, 2017
    - Community Collaborative for Health & Wellness Committee (CCHW) meeting – Tuesday, January 17, 2017, 9:00am Olivewood Community Gardens
    - NCCCHI meeting – 1<sup>st</sup> Wednesday, February 1 2:00-3:00pm Fallbrook Healthcare District Board Room, 138 S. Brandon Rd.
    - Walk For Good Health at Live Oak Park – February 1, 9-10am, Live Oak Park, Fallbrook, Sponsored by the District
    - Woman of Wellness – Thursday, February 2, 2017, 6pm – Fallbrook Library
    - ACHD Leadership Conference – February 2-3, 2017, Sacramento
    - CSDA Special District Leadership – February 26 to March 1, 2017, La Jolla
- G2. Next Regular Board meeting – Wednesday, February 8, 2017, Fallbrook Public Utility District Board Room


**H. CLOSED SESSION**

- H1. CONFERENCE WITH REAL ESTATE NEGOTIATOR REGARDING SALE OF REAL PROPERTY PER GOVT CODE 54956.8 -Conference shall include Price and Terms.  
District Negotiator: Travis Ives  
APN #s 105-811-01 and 103-246-51. (Former Hospital Property – 624 Elder Street/138 Brandon Road)”

**I. RETURN TO OPEN SESSION**

**J. ADJOURNMENT**

**NOTE:** This agenda posted at the Fallbrook Healthcare District Administration Office on day, month date, 2017. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

  
\_\_\_\_\_

## **CONSENT ITEMS**

**FALLBROOK HEALTHCARE DISTRICT**  
**BALANCE SHEET COMPARISON**  
Comparison of November 30, 2016 to October 31, 2016

	Nov 30, 16	Oct 31, 16	\$ Change
<b>ASSETS</b>			
<b>Current Assets</b>			
<b>Checking/Savings</b>			
102.9 · Cal Trust Investment Account	4,218,249.73	4,231,368.85	(13,119.12)
102.2 · Cash in Bank - New Operating	178,492.16	143,589.76	34,902.40
102.6 · Cash in Bank -LAIF	1,443,179.17	1,668,179.17	(225,000.00)
<b>Total Checking/Savings</b>	<b>5,839,921.06</b>	<b>6,043,137.78</b>	<b>(203,216.72)</b>
<b>Other Current Assets</b>			
104 · Prepaid Insurance	29,476.88	33,032.93	(3,556.05)
114 · Interest Receivable	3,699.49	3,686.65	12.84
<b>Total Other Current Assets</b>	<b>33,176.37</b>	<b>36,719.58</b>	<b>(3,543.21)</b>
<b>Total Current Assets</b>	<b>5,873,097.43</b>	<b>6,079,857.36</b>	<b>(206,759.93)</b>
<b>Fixed Assets</b>			
120.01 · ALVARADO BLDG	291,240.00	291,240.00	0.00
121 · Equipment	19,521.65	19,521.65	0.00
121.2 · Equipment Depreciation	(19,378.91)	(19,359.11)	(19.80)
122.0 · ASSETS HELD FOR RESALE			
122.01 · FALLBROOK HOSPITAL	4,417,521.00	4,417,521.00	0.00
122.02 · WELLNESS CENTER	291,240.00	291,240.00	0.00
<b>Total 122.0 · ASSETS HELD FOR RESALE</b>	<b>4,708,761.00</b>	<b>4,708,761.00</b>	<b>0.00</b>
<b>Total Fixed Assets</b>	<b>5,000,143.74</b>	<b>5,000,163.54</b>	<b>(19.80)</b>
<b>TOTAL ASSETS</b>	<b>10,873,241.17</b>	<b>11,080,020.90</b>	<b>(206,779.73)</b>
<b>LIABILITIES &amp; EQUITY</b>			
<b>Liabilities</b>			
<b>Current Liabilities</b>			
<b>Accounts Payable</b>			
140 · Accounts Payable	23,963.82	33,114.97	(9,151.15)
<b>Total Accounts Payable</b>	<b>23,963.82</b>	<b>33,114.97</b>	<b>(9,151.15)</b>
<b>Credit Cards</b>			
150.1 · American Express 41007	0.00	87.75	(87.75)
<b>Total Credit Cards</b>	<b>0.00</b>	<b>87.75</b>	<b>(87.75)</b>
<b>Other Current Liabilities</b>			
202 · Accrued expenses	1,600.00	0.00	1,600.00
204 · Accrued Vacation & Sick Leave	4,456.53	4,456.53	0.00
211 · P/R Taxes Payable	5,376.51	5,541.52	(165.01)
215 · Comm Healthcare Programs Pble			
215.24 · District Sponsored Programs	28,052.73	28,228.42	(175.69)
<b>Total 215 · Comm Healthcare Programs ...</b>	<b>28,052.73</b>	<b>28,228.42</b>	<b>(175.69)</b>
<b>Total Other Current Liabilities</b>	<b>39,485.77</b>	<b>38,226.47</b>	<b>1,259.30</b>
<b>Total Current Liabilities</b>	<b>63,449.59</b>	<b>71,429.19</b>	<b>(7,979.60)</b>
<b>Total Liabilities</b>	<b>63,449.59</b>	<b>71,429.19</b>	<b>(7,979.60)</b>
<b>Equity</b>			
300 · Unrestricted Fund Balance	11,468,334.03	11,468,334.03	0.00
Net Income	(658,542.45)	(459,742.32)	(198,800.13)
<b>Total Equity</b>	<b>10,809,791.58</b>	<b>11,008,591.71</b>	<b>(198,800.13)</b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>10,873,241.17</b>	<b>11,080,020.90</b>	<b>(206,779.73)</b>

**FALLBROOK HEALTHCARE DISTRICT**  
**Income Statement**  
For the Month Ended November 30, 2016 and Year to Date

	Nov 16	Jul - No...
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
400. · District		
402 · Property tax revenue	50,132	124,733
403 · Interest / Dividends	3,699	20,404
406 · Unearned Inc(Loss) - Cal Trust	(16,806)	(37,770)
<b>Total 400. · District</b>	<b>37,026</b>	<b>107,367</b>
450. · Properties		
460 · Lease Income		
460.01 · A+ Urgent Care		19,200
<b>Total 460 · Lease Income</b>		<b>19,200</b>
<b>Total 450. · Properties</b>		<b>19,200</b>
<b>Total Income</b>	<b>37,026</b>	<b>126,567</b>
<b>Gross Profit</b>	<b>37,026</b>	<b>126,567</b>
<b>Expense</b>		
500 · Administrative Expenses		
500.10 · Salaries	17,053	85,527
500.12 · Payroll Taxes	1,381	6,971
500.14 · W/C Insurance		680
500.15 · Employee Health & Welfare	773	4,776
500.16 · Board Stipends	1,000	5,600
500.17 · Education & Conferences	1,564	5,231
500.18 · Dues & Subscriptions	5,272	14,365
500.19 · Insurance - General	3,556	18,783
500.20 · Independent Accounting Services	850	3,950
500.21 · Annual Independent Audit		8,600
500.23 · General Counsel	8,645	46,988
500.25 · Office Expense		
01 · Communications	102	1,555
02 · I.T. and Website services	253	2,665
03 · Refreshments	143	3,108
04 · Office supplies	477	2,531
05 · Admin fees	116	749
06 · Independent Contract Services	2,931	13,845
<b>Total 500.25 · Office Expense</b>	<b>4,021</b>	<b>24,453</b>
500.27 · Depreciation	20	218
500.29 · Dist Promotions & Publications	769	7,931
500.32 · Consultant Fees	933	20,316
500.33 · Copier Lease	750	3,916
<b>Total 500 · Administrative Expenses</b>	<b>46,588</b>	<b>258,305</b>

**FALLBROOK HEALTHCARE DISTRICT**  
**Income Statement**  
For the Month Ended November 30, 2016 and Year to Date

	<u>Nov 16</u>	<u>Jul - No...</u>
<b>590 · Management &amp; Maintenance</b>		
590.01 · Building Engineer	9,889	37,563
590.02 · Gas & Electric	4,651	28,157
590.03 · Water	2,780	12,763
590.04 · Waste Management	93	603
590.05 · Security	1,100	5,500
590.06 · Landscape - Grounds Environment	1,600	9,150
590.07 · Custodial Services	300	1,650
590.08 · Elevator	173	857
590.09 · Vehicle Expenses	20	132
590.10 · Maintenance Services & Repairs		355
590.11 · Medical Records Store & Service	1,506	7,372
590.12 · Fire Alarm System		660
590.13 · CHS Residual Transition Expense		2,500
<b>Total 590 · Management &amp; Maintenance</b>	<b>22,111</b>	<b>107,261</b>
<b>600 · Community Healthcare Programs</b>		
600.02 · Fibk Citizens Crime Prevention	2,500	5,000
600.59 · Palomar Health Foundation	2,500	5,000
600.58 · Michelle's Place	5,000	10,000
600.54 · Healthy Adventures Foundation		3,000
600.53 · Jeremiah's Ranch	6,000	12,000
600.04 · Boys & Girls Club	7,500	22,200
600.07 · Senior Citizens Center	15,525	30,800
600.08 · Smiles Project	17,500	35,000
600.11 · Palomar Family Coun.Serv.	18,500	37,000
600.14 · Fibk Family Health Center	21,250	42,500
600.17 · Foundation for Senior Care	39,196	78,642
600.18 · Fibk Comm Project - Food Pantry	15,000	30,000
600.33 · REINS Therapy	10,200	25,900
600.37 · Trauma Intervention Programs		4,000
600.46 · North Inland Comm Prev Program	3,206	6,412
600.47 · FUHS - Asperger's Support Ctr	3,250	3,250
600.57 · North County Fire Protect Distr		29,839
<b>Total 600 · Community Healthcare Programs</b>	<b>167,127</b>	<b>380,543</b>
<b>800 · District Direct Care Services</b>		
800.02 · A+ Urgent Care		39,000
<b>Total 800 · District Direct Care Services</b>		<b>39,000</b>
<b>Total Expense</b>	<b>235,826</b>	<b>785,110</b>
<b>Net Ordinary Income</b>	<b>(198,800)</b>	<b>(658,542)</b>
<b>Net Income</b>	<b>(198,800)</b>	<b>(658,542)</b>

# FALLBROOK HEALTHCARE DISTRICT

## Profit & Loss Actual vs Budget

July 1 thru November 30, 2016

	Jul - No...	Budget	\$ Over ...
<b>Ordinary Income/Expense</b>			
<b>Income</b>			
400. · District			
402 · Property tax revenue	124,733	129,170	(4,437)
403 · Interest / Dividends	20,404	15,573	4,831
406 · Unearned Inc(Loss) - Cal Trust	(37,770)	0	(37,770)
<b>Total 400. · District</b>	<b>107,367</b>	<b>144,743</b>	<b>(37,376)</b>
450. · Properties			
460 · Lease Income			
460.01 · A+ Urgent Care	19,200	24,000	(4,800)
<b>Total 460 · Lease Income</b>	<b>19,200</b>	<b>24,000</b>	<b>(4,800)</b>
<b>Total 450. · Properties</b>	<b>19,200</b>	<b>24,000</b>	<b>(4,800)</b>
<b>Total Income</b>	<b>126,567</b>	<b>168,743</b>	<b>(42,176)</b>
<b>Gross Profit</b>	<b>126,567</b>	<b>168,743</b>	<b>(42,176)</b>
<b>Expense</b>			
500 · Administrative Expenses			
500.10 · Salaries	85,527	92,665	(7,138)
500.12 · Payroll Taxes	6,971	10,500	(3,529)
500.14 · W/C Insurance	680	479	201
500.15 · Employee Health & Welfare	4,776	7,650	(2,874)
500.16 · Board Stipends	5,600	11,000	(5,400)
500.17 · Education & Conferences	5,231	6,250	(1,019)
500.18 · Dues & Subscriptions	14,365	9,864	4,501
500.19 · Insurance - General	18,783	18,750	33
500.20 · Independent Accounting Servi...	3,950	4,250	(300)
500.21 · Annual Independent Audit	8,600	8,500	100
500.23 · General Counsel	46,988	52,083	(5,096)
500.25 · Office Expense			
01 · Communications	1,555	2,250	(695)
02 · I.T. and Website services	2,665	1,683	982
03 · Refreshments	3,108	1,833	1,275
04 · Office supplies	2,531	6,667	(4,136)
05 · Admin fees	749		
06 · Independent Contract Services	13,845	17,660	(3,815)
<b>Total 500.25 · Office Expense</b>	<b>24,453</b>	<b>30,093</b>	<b>(5,640)</b>
500.27 · Depreciation	218	692	(474)
500.29 · Dist Promotions & Publications	7,931	4,850	3,081
500.32 · Consultant Fees	20,316	10,600	9,716
500.33 · Copier Lease	3,916	2,500	1,416
500.85 · Calif Mandated Reimbursement	0	(4,167)	4,167
580.01 · General Election	0	40,000	(40,000)
<b>Total 500 · Administrative Expenses</b>	<b>258,305</b>	<b>306,560</b>	<b>(48,254)</b>
590 · Management & Maintenance			
590.01 · Building Engineer	37,563	35,208	2,355
590.02 · Gas & Electric	28,157	39,250	(11,093)
590.03 · Water	12,763	10,000	2,763
590.04 · Waste Management	603	625	(23)
590.05 · Security	5,500	5,625	(125)
590.06 · Landscape - Grounds Environ...	9,150	13,542	(4,392)
590.07 · Custodial Services	1,650	625	1,025
590.08 · Elevator	857	833	24
590.09 · Vehicle Expenses	132	625	(493)
590.10 · Maintenance Services & Repairs	355	8,813	(8,457)
590.11 · Medical Records Store & Servi...	7,372	0	7,372



**FALLBROOK HEALTHCARE DISTRICT**  
**Profit & Loss Actual vs Budget**

July 1 thru November 30, 2016

	<u>Jul - No...</u>	<u>Budget</u>	<u>\$ Over ...</u>
590.12 · Fire Alarm System	660		
590.13 · CHS Residual Transition Expe...	2,500		
<b>Total 590 · Management &amp; Maintenance</b>	<b>107,261</b>	<b>115,146</b>	<b>(7,884)</b>
<b>600 · Community Healthcare Programs</b>			
600.02 · Fibk Citizens Crime Prevention	5,000	5,000	0
600.59 · Palomar Health Foundation	5,000	5,000	0
600.58 · Michelle's Place	10,000	10,000	0
600.54 · Healthy Adventures Foundation	3,000	3,000	0
600.53 · Jeremiah's Ranch	12,000	12,000	0
600.04 · Boys & Girls Club	22,200	22,200	0
600.07 · Senior Citizens Center	30,800	30,800	0
600.08 · Smiles Project	35,000	35,000	0
600.11 · Palomar Family Coun.Serv.	37,000	37,000	0
600.14 · Fibk Family Health Center	42,500	42,500	0
600.17 · Foundation for Senior Care	78,642	78,642	0
600.18 · Fibk Comm Project - Food Pan...	30,000	30,000	0
600.33 · REINS Therapy	25,900	25,900	0
600.37 · Trauma Intervention Programs	4,000	4,000	0
600.46 · North Inland Comm Prev Progr...	6,412	6,412	0
600.47 · FUHS - Asperger's Support Ctr	3,250	3,250	0
600.57 · North County Fire Protect Distr	29,839	29,839	0
<b>Total 600 · Community Healthcare Progra...</b>	<b>380,543</b>	<b>380,543</b>	<b>0</b>
<b>800 · District Direct Care Services</b>			
800.02 · A+ Urgent Care	39,000	0	39,000
<b>Total 800 · District Direct Care Services</b>	<b>39,000</b>	<b>0</b>	<b>39,000</b>
<b>Total Expense</b>	<b>785,110</b>	<b>802,249</b>	<b>(17,139)</b>
<b>Net Ordinary Income</b>	<b>(658,542)</b>	<b>(633,505)</b>	<b>(25,037)</b>
<b>Net Income</b>	<b>(658,542)</b>	<b>(633,505)</b>	<b>(25,037)</b>

**FALLBROOK HEALTHCARE DISTRICT  
Profit & Loss Budget Overview  
July 2016 through June 2017**

	Jul 16	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	TOTAL Jul '16 - Ju...
<b>Ordinary Income/Expense</b>													
<b>Income</b>													
400 · District													
402 · Property tax revenue	13,065	12,100	15,100	13,506	75,399	633,527	253,274	42,453	45,983	388,488	184,194	22,910	1,700,000
403 · Interest / Dividends	3,841	3,925	2,044	3,100	2,663	5,116	5,230	2,693	3,815	2,690	2,731	2,151	40,000
<b>Total 400 · District</b>	<b>16,906</b>	<b>16,025</b>	<b>17,144</b>	<b>16,606</b>	<b>78,062</b>	<b>638,643</b>	<b>258,505</b>	<b>45,146</b>	<b>49,798</b>	<b>391,178</b>	<b>186,926</b>	<b>25,061</b>	<b>1,740,000</b>
450 · Properties													
460 · Lease Income													
460.01 · A+ Urgent Care	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	57,600
<b>Total 460 · Lease Income</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>57,600</b>
<b>Total 450 · Properties</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>57,600</b>
<b>Total Income</b>	<b>21,706</b>	<b>20,825</b>	<b>21,944</b>	<b>21,406</b>	<b>82,862</b>	<b>643,443</b>	<b>263,305</b>	<b>49,946</b>	<b>54,598</b>	<b>395,978</b>	<b>191,726</b>	<b>29,861</b>	<b>1,797,600</b>
<b>Gross Profit</b>	<b>21,706</b>	<b>20,825</b>	<b>21,944</b>	<b>21,406</b>	<b>82,862</b>	<b>643,443</b>	<b>263,305</b>	<b>49,946</b>	<b>54,598</b>	<b>395,978</b>	<b>191,726</b>	<b>29,861</b>	<b>1,797,600</b>
<b>Expense</b>													
500 · Administrative Expenses													
500.10 · Salaries	16,533	18,533	18,533	18,533	20,533	20,533	20,533	20,533	20,910	20,910	20,910	21,006	238,000
500.12 · Payroll Taxes	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	25,200
500.14 · W/C Insurance	96	96	96	96	96	96	96	96	96	96	96	96	1,150
500.15 · Employee Health & Welfare	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	18,360
500.16 · Board Stipends	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	26,400
500.17 · Education & Conferences	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	15,000
500.18 · Dues & Subscriptions	7,500	591	591	591	591	591	591	590	591	591	591	591	14,000
500.19 · Insurance - General	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	45,000
500.20 · Independent Accounting Services	850	850	850	850	850	850	850	850	850	850	850	850	10,200
500.21 · Annual Independent Audit	0	0	0	8,500	0	0	0	0	0	0	0	0	8,500
500.23 · General Counsel	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	125,000
500.25 · Office Expense													
01 · Communications	450	450	450	450	450	450	450	450	450	450	450	450	5,400
02 · I.T. and Website services	933	250	250	0	250	217	0	0	250	0	250	0	2,400
03 · Refreshments	367	367	367	367	367	367	367	367	367	367	367	367	4,400
04 · Office supplies	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	16,000
06 · Independent Contract Services	2,176	2,176	2,176	5,576	5,556	5,506	5,506	5,506	5,406	5,404	5,506	5,506	56,000
<b>Total 500.25 · Office Expense</b>	<b>5,259</b>	<b>4,576</b>	<b>4,576</b>	<b>7,726</b>	<b>7,956</b>	<b>7,873</b>	<b>7,656</b>	<b>7,656</b>	<b>7,806</b>	<b>7,554</b>	<b>7,906</b>	<b>7,656</b>	<b>84,200</b>
500.27 · Depreciation	138	138	138	138	138	138	138	138	138	138	138	138	1,661
500.29 · Dist Promotions & Publications	4,000	250	250	250	100	100	100	100	200	250	250	150	6,000
500.32 · Consultant Fees	8,000	650	650	650	650	650	650	650	650	600	600	600	15,000
500.33 · Copier Lease	500	500	500	500	500	500	500	500	500	500	500	500	6,000
500.85 · Calif Mandated Reimbursement	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(10,000)
580.01 · General Election	0	0	0	40,000	0	0	0	0	0	0	0	0	40,000
<b>Total 500 · Administrative Expenses</b>	<b>63,290</b>	<b>46,598</b>	<b>46,598</b>	<b>98,248</b>	<b>51,828</b>	<b>51,745</b>	<b>51,528</b>	<b>51,527</b>	<b>52,155</b>	<b>51,903</b>	<b>52,255</b>	<b>52,001</b>	<b>669,671</b>
590 · Management & Maintenance													
590.01 · Building Engineer	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	84,500
590.02 · Gas & Electric	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	94,200
590.03 · Water	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	24,000
590.04 · Waste Management	125	125	125	125	125	125	125	125	125	125	125	125	1,500
590.05 · Security	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	13,500
590.06 · Landscape - Grounds Environment	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	32,500
590.07 · Custodial Services	125	125	125	125	125	125	125	125	125	125	125	125	1,500
590.08 · Elevator	167	167	167	167	167	167	167	167	167	167	167	167	2,000
590.09 · Vehicle Expenses	125	125	125	125	125	125	125	125	125	125	125	125	1,500
590.10 · Maintenance Services & Repairs	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	21,150
<b>Total 590 · Management &amp; Maintenance</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>276,350</b>
600 · Community Healthcare Programs													
600.02 · Fibk Citizens Crime Prevention	2,500	0	0	0	2,500	0	0	3,000	0	0	0	0	8,000
600.59 · Palomar Health Foundation	2,500	0	0	0	2,500	0	0	2,500	0	0	2,500	0	10,000
600.58 · Michelle's Place	5,000	0	0	0	5,000	0	0	2,500	0	0	2,500	0	15,000
600.54 · Healthy Adventures Foundation	3,000	0	0	0	0	0	0	3,000	0	0	3,000	0	9,000
600.53 · Jeremiah's Ranch	6,000	0	0	0	6,000	0	0	0	0	0	0	0	12,000
600.04 · Boys & Girls Club	14,700	0	0	0	7,500	0	0	7,500	0	0	7,500	0	37,200
600.07 · Senior Citizens Center	15,275	0	0	0	15,525	0	0	15,525	0	0	15,538	0	61,863
600.08 · Smiles Project	17,500	0	0	0	17,500	0	0	17,500	0	0	17,500	0	70,000
600.11 · Palomar Family Coun.Serv.	18,500	0	0	0	18,500	0	0	18,500	0	0	18,500	0	74,000
600.14 · Fibk Family Health Center	21,250	0	0	0	21,250	0	0	21,250	0	0	21,250	0	85,000
600.17 · Foundation for Senior Care	39,446	0	0	0	39,196	0	0	39,197	0	0	12,250	0	130,089
600.18 · Fibk Comm Project - FOOD PANTRY	15,000	0	0	0	15,000	0	0	15,000	0	0	15,000	0	60,000
600.33 · REINS Therapy	15,700	0	0	0	10,200	0	0	10,200	0	0	10,200	0	46,300
600.37 · Trauma Intervention Programs	4,000	0	0	0	0	0	0	4,000	0	0	0	0	8,000
600.46 · North Inland Comm Prev Program	3,206	0	0	0	3,206	0	0	3,208	0	0	0	0	9,620
600.47 · FUHS - Asperger's Support Ctr	0	0	0	0	3,250	0	0	3,250	0	0	0	0	6,500
600.48 · UCSD Eye Mobile for Children	0	0	0	0	0	0	0	8,500	0	0	0	0	8,500
600.57 · North County Fire Protect Distr	29,839	0	0	0	0	0	0	0	0	0	0	0	29,839
<b>Total 600 · Community Healthcare Programs</b>	<b>213,416</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>167,127</b>	<b>0</b>	<b>0</b>	<b>174,630</b>	<b>0</b>	<b>0</b>	<b>125,738</b>	<b>0</b>	<b>680,911</b>
<b>Total Expense</b>	<b>299,735</b>	<b>69,627</b>	<b>69,627</b>	<b>121,277</b>	<b>241,984</b>	<b>74,774</b>	<b>74,557</b>	<b>249,186</b>	<b>75,184</b>	<b>74,932</b>	<b>201,022</b>	<b>75,030</b>	<b>1,626,932</b>
<b>Net Ordinary Income</b>	<b>(278,028)</b>	<b>(48,801)</b>	<b>(47,682)</b>	<b>(99,871)</b>	<b>(159,122)</b>	<b>568,669</b>	<b>188,748</b>	<b>(199,240)</b>	<b>(20,586)</b>	<b>321,046</b>	<b>(9,296)</b>	<b>(45,168)</b>	<b>170,668</b>
<b>Net Income</b>	<b>(278,028)</b>	<b>(48,801)</b>	<b>(47,682)</b>	<b>(99,871)</b>	<b>(159,122)</b>	<b>568,669</b>	<b>188,748</b>	<b>(199,240)</b>	<b>(20,586)</b>	<b>321,046</b>	<b>(9,296)</b>	<b>(45,168)</b>	<b>170,668</b>

Local Agency Investment Fund  
P.O. Box 942809  
Sacramento, CA 94209-0001  
(916) 653-3001

[www.treasurer.ca.gov/pmia-laif/laif.asp](http://www.treasurer.ca.gov/pmia-laif/laif.asp)  
December 28,  
2016

FALLBROOK HEALTHCARE DISTRICT

ADMINISTRATOR  
P.O. BOX 2587  
FALLBROOK, CA 92088

[PMIA Average Monthly Yields](#)

Account Number:

[Tran Type Definitions](#)

November 2016 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Authorized Caller	Amount
11/4/2016	11/3/2016	RW	1520035	BOBBI PALMER	-225,000.00

**Account Summary**

Total Deposit:	0.00	Beginning Balance:	1,668,179.17
Total Withdrawal:	-225,000.00	Ending Balance:	1,443,179.17



FALLBROOK HEALTHCARE DISTRICT  
STATEMENT FOR PERIOD  
November 01, 2016 - November 30, 2016

CalTrust Medium Term Fund - FALLBROOK HEALTHCARE DIST

Date	Transaction	Shares	Price Per Share	Amount	Average Cost NAV	Average Cost Amount	Realized Gain/Loss*
10/31/2016	BALANCE FORWARD	419,778.656	10.08	4,231,368.85	10.05201043	4,219,619.43	
11/01/2016	INCOME DISTRIBUTION - OCTOBER	365.739	10.08	3,686.65	10.05203480	3,686.65	0.00
11/30/2016	UNREALIZED GAIN (LOSS)	0.000		-16,805.77		0.00	
11/30/2016	ENDING BALANCE	<u>420,144.395</u>	10.04	<u>4,218,249.73</u>		<u>4,223,306.08</u>	
	INCOME DISTRIBUTION PAID - OCTOBER			0.00			
	INCOME ACCRUAL - NOVEMBER			3,699.49			
	CUMULATIVE UNREALIZED GAIN (LOSS)			-5,056.35			

\* Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

**For Inquiries About Your Account, Contact:**

Nottingham Investment Administration  
116 South Franklin Street  
Rocky Mount, NC 27804  
Attention: CalTRUST Shareholder Services  
Phone: 800.773.3863  
Fax: 252-972-1908  
Email: caltrustsupport@ncfunds.com

FALLBROOK HEALTHCARE DISTRICT  
FALLBROOK HEALTHCARE DIST  
ATTN: BOBBI A PALMER  
138 SOUTH BRANDON ROAD  
FALLBROOK CA 92028

12/27/16

FALLBROOK HEALTHCARE DISTRICT  
Transaction Detail by Account - 402 Property Tax Revenue  
July 1, 2016 to November 30, 2016

Type	Date	Name	Amount	Balance
<b>400. · District</b>				
<b>402 · Property tax revenue</b>				
Deposit	07/20/16	San Diego County-pro...	13,064.78	13,064.78
Deposit	08/10/16	San Diego County-pro...	28,616.73	41,681.51
Deposit	09/07/16	San Diego County-pro...	9,576.71	51,258.22
Deposit	10/04/16	San Diego County-pro...	23,342.78	74,601.00
Deposit	11/02/16	San Diego County-pro...	50,132.27	124,733.27
Total 402 · Property tax revenue			<u>124,733.27</u>	<u>124,733.27</u>
Total 400. · District			<u>124,733.27</u>	<u>124,733.27</u>
<b>TOTAL</b>			<u><b>124,733.27</b></u>	<u><b>124,733.27</b></u>





**MINUTES**  
**FALLBROOK HEALTHCARE DISTRICT**  
**REGULAR BOARD MEETING**  
Wednesday, December 14, 2016, 6:00 p.m.  
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

President Gordon Tinker called the meeting to order at 6:00 p.m.

Board members present: Gordon Tinker, Barbara Mroz, Stephen Abbott, Howard Salmon and incoming member William (Bill) Leach.

Also present: Executive Director Bobbi Palmer, Legal Counsel Blaise Jackson and Accountant Kathy Bogle.

President Tinker led the Pledge of Allegiance.

**B. ELECTION OF OFFICERS OF THE BOARD**

**B1. Swearing In of New Board Member: William Leach**

Legal Counsel Blaise Jackson administered the Oath of Office to new board member William Leach and reappointed board member Barbara Mroz. He provided a brief history of the Oath of Office which is similar to that administered to the President of the United States and all members of Congress. He noted that both board members were appointed to the Board since each had run unopposed.

**B2. Nomination and Election by the Board**

President Tinker directed Legal Counsel to begin the election of officer's process. Blaise Jackson said he would facilitate the nomination(s) and election process.

**Office of President**

Legal Counsel called for nominations for President.

**Action:** It was moved by Director Salmon, seconded by Director Mroz to nominate Gordon Tinker for President for the ensuing year. Director Tinker accepted the nomination, there were no other nominations and the nominations were closed.

Roll Call Vote:

Ayes: Director Leach, Director Salmon, Director Abbott, Director Mroz and Director Tinker.

Noes: None

Motion carried. Unanimously

Director Tinker was elected President and received the gavel from Legal Counsel.

**Vice President**

Legal Counsel called for nominations for Vice President.

**Action:** It was moved by Director Abbott, seconded by Director Tinker to nominate Howard Salmon for Vice-President. Director Salmon accepted the nomination, there were no other nominations and the nominations were closed.

Roll Call Vote:

Ayes: Director Tinker, Director Mroz, Director Abbott, Director Leach and Director Salmon

Noes: None

Motion carried. Unanimously  
Director Salmon was elected Vice President

### **Office of Secretary**

Legal Counsel called for nominations for Secretary

**Action:** It was moved by Director Tinker, seconded by Director Salmon to nominate Stephen Abbott for Secretary. Director Abbott accepted the nomination, there were no further nominations and the nominations were closed.

#### Roll Call Vote

Ayes: Director Salmon, Director Tinker, Director Mroz, Director Abbott and Director Leach.

Noes: None

Motion carried. Unanimously

### **Office of Treasurer**

Legal Counsel noted the Treasurer is appointed by the President of the Board.

**Action:** President Tinker appointed Barbara Mroz Treasurer of the Board of Directors. The appointment was seconded by Director Abbott.

#### Roll Call Vote

Ayes: Director Abbott, Director Tinker, Director Salmon, Director Leach and Director Mroz.

Noes: None

Director Mroz will serve as Treasurer.

- B3. **Committee Assignment(s): Standing and Ad Hoc**  
President Tinker said the committee structure for Fallbrook Healthcare District had been discussed at the recent workshop and following discussion, it was agreed that the following committees will remain active: Finance Committee (now a committee of the whole) meeting once monthly; Facilities/Strategic Planning, an ad hoc committee meeting possible twice a year or quarterly; and Government/Public Relations/Community Relations, an ad hoc committee. Appointments to these committees are as follows:

Finance Committee (Committee of the Whole-all members)

Barbara Mroz, Chair

William Leach, Member

Facilities/Strategic Planning, ad hoc

Stephen Abbott, Chair

Howard Salmon, Member

Government/Public Relations/Community Relations, ad hoc

Howard Salmon, Chair

Gordon Tinker, Member

### **C. ADDITIONS TO AGENDA**

There were no additions to the Agenda

### **D. BOARD MEMBER AND PUBLIC COMMENTS**

President Tinker said Myriam Padilla had filled out a card for public comment and called on her. Ms. Padilla said she works for Mental Health Systems and they recently surveyed Escondido and would like to do a perception survey in the Fallbrook area. She said it would be a Safety & Health



survey and they are asking the District to help them to develop questions for this area. The surveys would go out in English and Spanish. She provided a sample survey for the members of the Board to review.

President Tinker said the Board would consider her request and provide a response.

#### **E. PRESENTATION**

- E1. Dr. Winton and Service on FHD Board  
Dr. Winton served on the Board of Directors in 2015 & 2016. His service was recognized with a plaque and token of appreciation. A reception was held honoring Dr. Winton just prior to the meeting.
- E2. ACHD District Certification: Sheila Johnston, Member Services Specialist/Legislative Advocate  
President Tinker said a representative from the Association of California Health Districts (ACHD), Sheila Johnston, was in attendance for a presentation. Ms. Johnston said ACHD awarded Fallbrook Healthcare District a certificate for Best Practices in Governance. Executive Director Bobbi Palmer said specific requirements had to be met to achieve this recognition which is the result of approximately one year of effort.
- E3. North County Fire Protection District/Fallbrook Healthcare District Recognition from Legislators  
Senator Joel Anderson and Assemblywoman Marie Waldron sent certificates of recognition to North County Fire Protection and Fallbrook Healthcare District in acknowledgement of their joint efforts to purchase a new ambulance to help meet the emergency medical needs in our communities.
- E4. Staff Recognition  
Executive Director Bobbi Palmer recognized her staff, Linda Bannerman and Pamela Knox, for having attended the California Special Districts Association Board Clerk/Secretary training and receiving their certificates.

#### **F. CONSENT ITEMS**

- F1. Minutes of October 29, 2016 Board Workshop
- F2. Minutes of November 9, 2016 Regular Board Meeting
- F3. Approval of October 2016 Financial Statements  
**Discussion:** There was no request by any Director to pull an item for discussion.  
**Action:** Howard Salmon moved and Stephen seconded to approve the consent items as presented. Motion carried (5-0).

#### **G. REPORTS**

- G1. Finance Committee – Director Salmon and Mroz  
Committee Chair Howard Salmon recognized Director Mroz and Accountant Kathy Bogle for all of their assistance and support while he served as chair of the Finance Committee. He reported that income for October was \$23,433 with expenses being \$68,713 resulting in a loss of \$45,279. He noted that this is to be expected at this time of year since most income is from property taxes. He reviewed income and expenses year-to-date, noting that the bulk of the District's expenses are monies provided to Community Health Contract recipients. LAIF and Cal-Trust accounts were reviewed as well.
- G2. Community Healthcare Programs Committee – Directors Mroz and Abbott  
Director Mroz said Woman of Wellness (WOW) events are held monthly, except for December. The next event is scheduled for January 5<sup>th</sup>, 2017.
- G3. Gov't and Community Relations Committee – Directors Tinker and Salmon  
Committee Chair Tinker reported that FHD had participated in the Fallbrook Christmas Parade with three directors riding in a 1971 Plymouth Barracuda owned by Ron Minton; the Executive Director in the new ambulance and the FHD truck with two staff members.

He said FHD was well represented.

Director Salmon, who serves on the ACHD Board of Directors, reported that the Little Hoover Commission remains at the top of the list of focus at ACHD. He said Bobbi Palmer has been instrumental in helping ACHD to demonstrate to the Little Hoover Commission that Healthcare Districts are relevant and have a role and provide value in the communities they serve.

G4. Facilities Committee – Director Tinker and Winton

No report.

G5. Long Range Planning Committee – Directors Salmon and Winton

No report

G6. Executive Director – Bobbi Palmer

Bobbi Palmer reviewed multiple health screenings provided through the seven member organizations of the NCCCHI collaborative. Community engagement activities included an Age Well listening forum sponsored by San Diego County. Senior adults provided input regarding the needs of seniors in our community.

Discussions regarding an EMS Health Navigations System pilot program are taking place between NCFPD and FHD. Its goals are to decrease non-emergency calls and increase coordination of care. The design is a “First Responder” model that has been tested in other communities.

Regarding the Little Hoover Commission, she reiterated the importance of health and wellness in our community, especially with the closure of the hospital. When asked by the Commission what it would look like if the money funding the District would go to the County, she responded that it has been our experience that we fought for County health services for the approximately 57,000 residents of our communities in this unincorporated area of North County. She told the Commission that the District has elected representatives that know the community and can better serve the health & wellness needs in a cost-effective way. It would be a considerable disservice to our communities to give District funding to the County.

G7. General Counsel – Blaise Jackson

Legal Counsel said he anticipates bringing to the next meeting a policy for Discussion/Action regarding the use of District related e-mails by members of the Board. He had previously suggested that all board members use the fallbrookhealth.org address provided to them earlier in the year. He said the remainder of his comments would be confined to Discussion/Action items and Closed Session.

## H. DISCUSSION/ACTION ITEMS

H1. FY 2015-2016 Independent Auditor’s Report – Fechter & Company Certified Public Accountants

A teleconference was then initiated with Craig Fechter of Fechter & Company Certified Public Accounts to review the results of the audit they had completed for FHD.

Discussion: Mr. Fechter reviewed the audited financial statements for year-ended June 30, 2016. There were several questions from members of the Board which were answered to their satisfaction.

**Action:** On motion duly made by Director Salmon, seconded by Director Mroz, the Audited Financial Statements through year-ended June 30, 2016 were recommended for approval as presented. Motion carried (5-0).

- H2. Extension of Real Estate Listing Agreement – Cushman & Wakefield – Travis Ives  
**Discussion:** President Tinker said the District had entered into an agreement with Cushman & Wakefield, a nation-wide real estate company for a broker to locate a buyer for the hospital building. Since that business has not been concluded, a letter extending the agreement for an exclusive listing and commission agreement through June 30, 2017 was before the Board for consideration.
- Action:** Director Abbott moved and Director Mroz seconded approval to extend the agreement with Cushman & Wakefield for an exclusive listing and commission agreement through June 30, 2017. Motion carried (5-0).
- H3. Resolution No. 415 to Change Name of District to (Attachment)
1. Fallbrook Regional Health District
  2. Fallbrook Township Health District
  - 3.
- Discussion:** Executive Director Bobbi Palmer said she had met with the Board of Directors in a workshop to consider the direction for Fallbrook Healthcare District. There was discussion regarding changing the name of the District to better reflect the services provided and who is served by the District (not just Fallbrook). Two possible names were proposed and were brought for the Board's consideration at this meeting. There was further discussion. The resolution was drafted by Legal Counsel and he said an effective date is also required.
- Action:** It was moved by Director Abbott, seconded by Director Salmon to approve Resolution #415 changing the name of Fallbrook Healthcare District to Fallbrook Regional Health District effective February 1, 2017. Motion carried (5-0).  
Roll call vote:  
Ayes: Directors Abbott, Leach, Mroz, Salmon and Tinker  
Noes: None  
Absent: None  
Abstain: None
- H4. Mission/Vision  
**Discussion:** President Tinker said there had been discussion at the workshop regarding the Mission and Vision Statement. Directors proposed changes and developed a revised Mission & Vision Statement which was brought to the Board for approval. President Tinker read the revised statement. There were no changes proposed to the revised document.
- Action:** On motion duly made by Director Salmon, seconded by Director Abbott to approve and adopt revised Mission & Vision Statement. Motion carried (5-0).
- H5. A+ Urgent Care Extended Hours Contract Services  
**Discussion:** President Tinker said a new Memorandum of Understanding with A+ Urgent Care was presented to the Board for consideration. President Tinker called on Dr. Timothy Coen as he had submitted a request under Public Comment to speak regarding this matter.  
Dr. Coen reiterated his previous comments opposing this action. He said he did not agree with the District's action to support this urgent care service to Fallbrook as several other providers existed in the community.

**Action:** Director Abbott moved and Director Mroz seconded to approve the six-month Memorandum of Understanding with A+ Urgent Care. Motion carried (5-0).

**I. ITEMS FOR SUBSEQUENT MEETINGS**

- I1. Other Director/Staff discussion items
- I1a. Item(s) for future board agendas  
No recommendations
- I1b. Announcements of upcoming events:
- NCCCHI meeting – 1<sup>st</sup> Wednesday, January 4<sup>th</sup>
  - Woman of Wellness – Thursday, January 5<sup>th</sup> 6pm, Fallbrook Library
  - Fallbrook Chamber of Commerce “Chamber Member Expo” – Wednesday, January 18<sup>th</sup> 4:30-7:30pm, Pala Mesa Resort, 2001 Old Highway 395
- I2. Next Regular Board meeting – Wednesday, January 11, 2017, Fallbrook Public Utility District Board Room

**J. CLOSED SESSION**

- J1. CONFERENCE WITH REAL ESTATE NEGOTIATOR REGARDING SALE OF REAL PROPERTY PER GOVT CODE 54956.8 -Conference shall include Price and Terms.  
District Negotiator: Travis Ives  
APN #s 105-811-01 and 103-246-51. (Former Hospital Property – 624 Elder Street/138 Brandon Road)”

The Board adjourned to Closed Session at 7:35 p.m.

**K. RETURN TO OPEN SESSION**

The Board reconvened into Open Session at 8:16 p.m.

**L. ADJOURNMENT**

There being no further business, the meeting was adjourned at 8:16 p.m.

---

Gordon Tinker, President

---

Stephen Abbott, Secretary





**MINUTES  
FALLBROOK HEALTHCARE DISTRICT  
FINANCE COMMITTEE**

**Wednesday, December 7, 2016 at 5:00 P.M.  
Board Conference Room, 138 S. Brandon Rd., Fallbrook CA 92028**

Present: Chairman Howard Salmon and Committee member Barbara Mroz.  
Staff Members: Present: Bobbi Palmer, Executive Director  
Independent Contractor: Present: Kathy Bogle, Accountant

1. Call to Order/Roll Call

The meeting was called to order by Committee Chair Howard Salmon at 5:05 p.m.

2. Public Comments

There was no public comment.

3. Review of Financial Statements for October 2016

1) Balance Sheet as of October

2) Income Statement

3) Budget vs. Actual

4) Review of Profit & Loss Statement

5) Profit & Loss Budget Overview

6) LAIF Report

7) CalTrust

The Committee reviewed all of the above financial documents and accounts. There was discussion regarding each item.

4. Review of Annual Audit Draft

The Committee reviewed the draft of the annual audit and noted it will be reviewed by the entire board at the regular meeting in December.

The Committee will recommend to the Board to issue an RFP for a financial advisor.

5. Adjournment

There being no further business, the meeting was adjourned at 5:45 p.m.

## **REPORTS**

# **REPORTS**

Executive Director – Bobbi Palmer



To: Board of Directors  
Fallbrook Healthcare District  
From: Bobbi, MBA, MSW  
Executive Director  
Date: January 6, 2017  
Re: Monthly Report

### Community Health

Fallbrook District's upcoming focus on integrating the message of "ExeRXcise is Medicine and Food is Medicine".

In an effort to pursue establishing a Community Garden in the District area, a field trip is scheduled for January 17<sup>th</sup>. **Olivewood Gardens and Learning Center** is located in National City and is nationally recognized. They were invited to give a presentation in November at the Community Collaborative for Health and Wellness (CCH&W) meeting. The story goes that when Christy and John Walton one of the Walton heirs' son who was 2 years old in 1980 was diagnosed with cancer, they made a desperate search to find treatment and eventually turned to their organic fruit and vegetable garden. Today, Luckas is a healthy adult and cancer free. Lukas has founded his own business called Education Agriculture and Technology, or E.A.T. In 2010 the 6.85 acres was donated and now is a hands-on gardening and cooking class for local elementary students and families. Their mission is "to serve the community in terms of improving their health and knowledge of the environment and making the connection between healthy body and environment."

## **February 1 – Fallbrook Regional Health District: New Name, New Strategy, and New Direction**

### **Message:**

Walking – the first steps in cardiovascular disease prevention. Prevent the Preventable

On February 1<sup>st</sup> from **9-10 am** Fallbrook Regional Health District will sponsor, **“Walk for Good Health” at Live Oak Park:** As a kick off to our Call to Activity...Wellness...One Step at a Time initiative. The community, businesses and legislators are invited.

Recent findings based on U.S Department of health and Human Services Physical Activity Guidelines for Americans [www.health.gov/paguidelines/pdf/paguide.pdf](http://www.health.gov/paguidelines/pdf/paguide.pdf) concluded that physicians and health professionals are in a key position to recommend that there is evidence to support daily walking and greater increases confer larger cardiovascular health benefits. The article further supports the use of **pedometers** as affordable and easy to use. The recommended 10,000 steps per day appear to be effective in a wide range of populations.

# **REPORTS**

Legislative Communication



## This Week in Sacramento

Week of January 2, 2017

Hurst Brooks Espinosa, ACHD's contract lobbying firm, has provided a summary of legislative and budget news for your review. Read the [weekly summary here](#).

### Highlights from the Summary

- **Legislative Session Begins In Earnest:**  
The Legislature returned to Sacramento on January 4 for a two-day work week.
- **Governmental Musical Chairs:** With the swearing of former Attorney General Kamala Harris to the U.S. Senate this Tuesday, Governor Brown formally appointed Congressman Xavier Becerra to the top law enforcement post in the state.
- **Budget Watch:** In anticipation of the release of Governor Jerry Brown's 2017-18 proposed state budget, an article in the Los Angeles Times looks at the potential for a particularly austere proposal.
- **No Shortage of Housing Issues for 2017:** The staff at the California Department of Housing and Community Development (HCD) has had a busy holiday season.
- **Affordable Care Act Update:** Affordable Care Act (ACA) politics heated up this week with both President Obama and Vice President-elect Mike Pence making visits to the Capitol Hill on Wednesday.

We encourage you to share the [weekly summary](#) with your District.



HURST+BROOKS+ESPINOSA

**JEAN HURST**  
916-272-0010  
[jkh@hbeadvocacy.com](mailto:jkh@hbeadvocacy.com)

**KELLY BROOKS**  
916-272-0011  
[kbl@hbeadvocacy.com](mailto:kbl@hbeadvocacy.com)

**ELIZABETH ESPINOSA**  
916-272-0012  
[ehe@hbeadvocacy.com](mailto:ehe@hbeadvocacy.com)



[www.achd.org](http://www.achd.org)

Copyright © 2016 All Rights Reserved.

ACHD, 1215 K Street, Suite 2005, Sacramento, CA 95814

[SafeUnsubscribe™ bpalmer@fallbrookhealth.org](mailto:SafeUnsubscribe™_bpalmer@fallbrookhealth.org)

[sheila.johnston@achd.org](mailto:sheila.johnston@achd.org) | [Update Profile](#) | [About our service provider](#)

Sent by [sheila.johnston@achd.org](mailto:sheila.johnston@achd.org) in collaboration with

**Constant Contact** 

Try it free today

**REPORTS**  
Communication Only



## What Happened in 2016?

Executive Director Bobbi Palmer joined Fallbrook Healthcare District (FHD) in January of 2016. She had previously served as Executive Director at Los Medanos Community Healthcare District in Pittsburg, California and continues to remain active with the Association of California Healthcare Districts (ACHD) and California Special Districts Association (CSDA). She serves on the board for ACHD, Legislative Committee member for CSDA and key informant for the Little Hoover Commission's Advisory.

CentraForce had previously been contracted to provide healthcare data to FHD and four (4) health disparities were identified to be prevalent within the communities of the District (Bonsall, De Luz, Fallbrook & Rainbow). These include 1) pre-diabetes, diabetes, 2) hypertension, heart disease, 3) behavioral health and 4) 0-3 prevention health.

There was a redesign of the community grant program and name change to Community Health Contracts. A bidder's conference was conducted which included new focus for contracts and emphasis for funding. Proposed redirection of nearly \$700,000 of tax appropriated funding to multiple non-profit organizations to help meet needs specific to health disparities.

The North County Communities Collaborative Health Initiative (NCCCHI) was created as an effective approach in an effort to address the alarming prevalence of health disparities in North County. While Fallbrook Healthcare District is the backbone organization, the following organizations participate equally: Fallbrook Smiles Project; Foundation for Senior Care; Cal State University San Marcos (School of Nursing); Community Health Systems, Inc.CA (Fallbrook Family Health Center) Fallbrook Senior Center and Fallbrook Food Pantry. NCCCHI seeks ongoing outside funding at the state, private and federal level and is supported by Senator Joel Anderson of the Thirty-Eighth Senate District.

The Community Collaborative for Health & Wellness was created by combining two separate groups and school districts' representatives with a common goal to identify and fill health gaps for children and families.

Created a unique collaborative which includes Cal State San Marcos School of Nursing and Bonsall High School to provide preventative health screenings, nutritional education, diabetes self-management education, address food insecurity at the local food pantry (Food Pharmacy - food as medicine) including grocery shopping education with a registered dietician.

Developed an innovative campaign “Call to Activity –Wellness – One Step at a Time” framed around wellness and prevention. This connects businesses, Chamber of Commerce, and individuals with an emphasis to increase physical activity. This year, seven (7) businesses or individuals were selected as “Health Champions” serving as ambassadors of health for a particular month.

Monthly Woman of Wellness (WOW) events continued at our Fallbrook Library Community Room. Presentations were offered to meet its purpose of educating women in matters of physical, mental, and emotional health and well-being. Senator Joel Anderson recognized the work of this program and began honoring each of the Health Champions with a Certificate of Recognition at this event.

Entered into a 3-year MOU with Palomar College (1 intern per semester), Cal State San Marcos School of Nursing (20 nursing students per semester) and Bonsall High School to create partnerships within the framework of delivering community health services.

FHD began discussion to develop a pilot program, EMS Community Health Navigations System, in collaboration with North County Fire Department and the Foundation for Senior Care recognizing significant gaps in the current delivery system. The two goals include: 1) decrease non-emergency calls and 2) increase coordination of care. This design is a “First Responder” model that has been tested in other communities.

Workforce career pathways were developed through the use of “Community Health Workers” in collaboration with NCCCHI.

An Agricultural Worker Pilot Program was developed in collaboration with Hines Growers, Inc. (in Rainbow) and NCCCHI which was supported by Supervisor Bill Horn. There were 133 health screenings conducted during the summer semester with follow-up and referrals in the fall semester through Cal State University San Marcos, School of Nursing.

Community Health education and screenings were held at Mae Ellis, Fallbrook Street, William Frazier Elementary schools and others.

Our Website was redesigned and launched using [www.fallbrookhealth.org](http://www.fallbrookhealth.org).

The following Requests for Proposals (RFPs) were published:

- Independent Auditor Firm
- Community Engagement Services Firm
- Bookkeeper
- Medical Equipment Liquidator



The Fallbrook Chamber of Commerce generously let the North County Public Health Nurses and FHD join them at the Autumn Harvest Faire to provide 160 vaccinations free of charge. Fallbrook Family Health Center joined us to provide several health screenings creating a health component to the event.

FHD co-financed the cost of a new ambulance with and for North County Fire Protection District which was celebrated in a ribbon cutting ceremony. FHD was then honored to include the ambulance in its Christmas Parade entry.

The Annual Prostate Cancer Screenings were provided at no cost to 75 men in our District. Dr. Philip Brodak, Urologist, generously donates his time each year and was a combined effort along with six other organizations. The screenings took place at the Jack E. Johns Fallbrook Family Health Center.

FHD received a clean audit report for fiscal year 2015/2016.

Regarding staff development, two staff members attended the CSDA Certified Board Secretary/Board Clerk training to increase infrastructure within FHD.

A new Advisory Committee was established to assist the Board of Directors and support community engagement efforts. Erica Holloway of Galvanized Strategies assists in facilitating the Advisory Committee meetings and provides ongoing health data to the District as it moves forward to meet its Mission of promoting health for the people of the District.

At the December 2016 meeting of the Board of Directors, Dr. Frank Winton retired from the board and was recognized for his service to the community. Barbara Mroz was reappointed and new member, William (Bill) Leach was appointed to the Board of Directors, both for 4 year terms. In addition, the Board of Directors voted to change the name from Fallbrook Healthcare District to Fallbrook Regional Health District, effective February 1, 2017.

*Wishing You Happy Holidays*





**Thursday, January 5, 2017**

**Fallbrook Library**

**124 S. Mission Rd.**

**6:00 p.m. – Social/ Refreshments**

**6:30 p.m.—7:30 p.m. Presentation/Door Prizes**

***Featured Presentation:***

***“Struggling with the After Holidays Let-Down?  
Let’s Talk about Recovery”***

***The holiday season can be very stressful.  
Learn about how you can feel better depending  
on your personality type.***

***Presented by:***

***Phyllis Sweeney, CGC, CPLC, CSA***

***The Encouragement Factor***

**Free Event including Light Refreshments • Door Prizes**

**Please Note: No need for Reservations at this time  
Please plan to attend and bring a friend!**

**Questions? Contact Pam Knox at [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org)  
Or call 760-731-9187**

**Please bring non-perishable food items for Fallbrook Food Pantry**



# Fallbrook Healthcare District Awards \$680K in Affordable Health Contracts

[b prunderground.com/fallbrook-healthcare-district-awards-680k-in-affordable-health-contracts/0083241/](http://prunderground.com/fallbrook-healthcare-district-awards-680k-in-affordable-health-contracts/0083241/)

More than \$680,000 in no-cost health services will benefit low and fixed income residents facing the area's top health concerns, including cancer, diabetes and hypertension, made possible with support from community health contracts awarded this year by the [Fallbrook Healthcare District](#).

The voter-approved special district collects roughly \$1.6 million annually to cover health care provider shortages, uninsured Californians, low-income patients and underserved populations. Since 2000, the district community health contracts have supported more than 270 health programs offering no-cost services for the North Inland San Diego County unincorporated communities of Fallbrook, Bonsall, Rainbow and De Luz. In the last five years, the District granted \$2,983,504.

*"This year, we fully assessed the health needs of our 57,000 residents in an effort to align our community health contracts with top wellness threats including heart disease, hypertension and diabetes," said Executive Director Bobbi Palmer of the Fallbrook Healthcare District. "Prostate, colorectal and female breast cancer deaths were highest in Fallbrook compared with the rest of San Diego County this year and so, we added [Michelle's Place](#) in nearby Temecula to our contracts."*

With a largely 55-plus population, several contracts support senior programs offering transportation, health screenings and education as well as nutritious food options, including those delivered to the home. Other health contracts support underserved families and youth by offering dental and eye exams, access to a local food pantry, disability support and mental health services.

In addition to contractual services, Fallbrook Healthcare District directly operates [health programs](#) including the Community Collaborative Health & Wellness Committee, Fallbrook Community Healthcare Resource Directory, Healthcare Hero, Woman of Wellness (WOW) and North County Community Collaborative Health Initiative.

For fiscal year 2016-2017, the Fallbrook Healthcare District awarded community health contracts to the following organizations: Boys & Girls Club of North County (\$37,200), Fallbrook Citizens Crime Prevention Committee (\$8,000), Fallbrook Family Health Center (\$85,000), Fallbrook Food Pantry (\$60,000), Fallbrook Senior Center (\$62,138), Fallbrook Smiles Project (\$70,000), Fallbrook Union High School (\$6,500), Foundation for Senior Care (\$130,089), Healthy Adventures (\$9,000), Jeremiah's Ranch (\$12,000), Mental Health Systems – North Inland Community Prevention Program (\$9,620), Michelle's Place (\$15,000), North County Fire Protection District (\$29,839), Palomar Family Counseling (\$74,000), Palomar Health Foundation (\$10,000), REINS (\$46,300), Trauma Intervention Program of San Diego



## Fallbrook Healthcare District

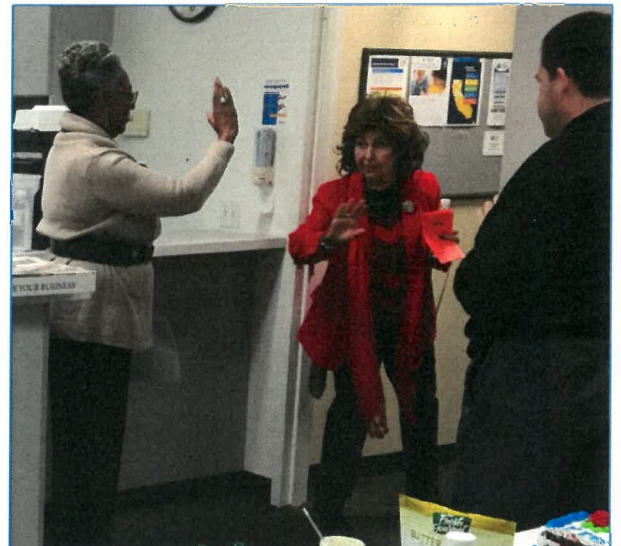
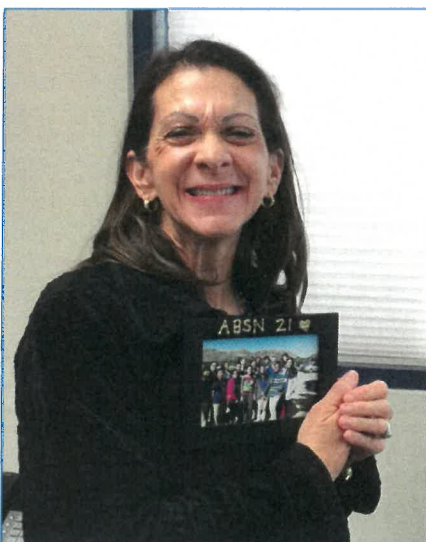
(\$8,000) and UCSD Eye Mobile for Children (\$8,500). The Fallbrook Healthcare District also has provided financial support for urgent care services over the last 2 years.

### **About Fallbrook Healthcare District**

Fallbrook Healthcare District is a special district covering affordable community health needs in the communities of Fallbrook, Bonsall, De Luz and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports nearly \$700,000 annually in full spectrum community health programs and services, including health screenings, preventative treatment and urgent care.



**Cal State San Marcos  
Nursing Students Last Day  
December 7<sup>th</sup> 2016**



## FHD awards \$680,000 in affordable health contracts

FALLBROOK – More than \$680,000 in no-cost health services will benefit low and fixed income residents facing the area's top health concerns, including cancer, diabetes and hypertension, made possible with support from community health contracts awarded this year by the Fallbrook Healthcare District (FHD).

The voter-approved special district collects roughly \$1.6 million annually to cover health care provider shortages, uninsured Californians, low-income patients and underserved populations.

Since 2000, the district community health contracts have supported more than 270 health programs offering no-cost services for the North Inland San Diego County unincorporated

communities of Fallbrook, Bonsall, Rainbow and De Luz. In the last five years, the District granted \$2,983,504.

"This year, we fully assessed the health needs of our 57,000 residents in an effort to align our community health contracts with top wellness threats including heart disease, hypertension and diabetes," said Executive Director Bobbi Palmer of the Fallbrook Healthcare District. "Prostate, colorectal and female breast cancer deaths were highest in Fallbrook compared with the rest of San Diego County this year and so, we added Michelle's Place in nearby Temecula to our contracts."

With a largely 55-plus population, several contracts support senior programs offering transportation, health screenings

and education as well as nutritious food options, including those delivered to the home. Other health contracts support underserved families and youth by offering dental and eye exams, access to a local food pantry, disability support and mental health services.

In addition to contractual services, Fallbrook Healthcare District directly operates health programs including the Community Collaborative Health & Wellness Committee, Fallbrook Community Healthcare Resource Directory, Healthcare Hero, Woman of Wellness (WOW) and North County Community Collaborative Health Initiative.

For fiscal year 2016-2017, the Fallbrook Healthcare District awarded community health contracts to the following

organizations: Boys & Girls Club of North County (\$37,200), Fallbrook Citizens Crime Prevention Committee (\$8,000), Fallbrook Family Health Center (\$85,000), Fallbrook Food Pantry (\$60,000), Fallbrook Senior Center (\$62,138), Fallbrook Smiles Project (\$70,000), Fallbrook Union High School (\$6,500), Foundation for Senior Care (\$130,089), Healthy Adventures (\$9,000), Jeremiah's Ranch (\$12,000), Mental Health Systems – North Inland Community

Prevention Program (\$9,620), Michelle's Place (\$15,000), North County Fire Protection District (\$29,839), Palomar Family Counseling (\$74,000), Palomar Health Foundation (\$10,000), REINS (\$46,300), Trauma Intervention Program of San Diego (\$8,000) and UCSD Eye Mobile for Children (\$8,500). The Fallbrook Healthcare District also has provided financial support for urgent care services over the last 2 years.

## Fallbrook Citizens Crime Prevention Committee



Pat Braendel delivers Christmas wreath made by youths.

## HEALTH

# ACHD presents certification to Fallbrook Healthcare District



Dr. Frank Winton, left, receives a certificate of recognition from California Assemblywoman Marie Waldron for his time as a director for the Fallbrook Healthcare District. It was presented to him by 2017 board president Gordon Tinker and executive director Bobbi Palmer.



From left, Linda Bannerman and Pam Knox, Fallbrook Healthcare District employees, receive recognition for having taken Special District Risk Management Authority training in Monterey, from executive director Bobbi Palmer.

Andrea Verdin photos

FALLBROOK – The Association of California Healthcare Districts (ACHD) presented ACHD certification to Fallbrook Healthcare District (FHD) on Dec. 14.

As public entities, healthcare districts have well defined obligations for conducting business in a manner that is open and transparent. To assist ACHD members in demonstrating compliance with these obligations, the ACHD Governance Committee has developed a core set of standards referred to as Best Practices in Governance.

Healthcare districts that demonstrate compliance with these practices will receive the designation of ACHD Certified Healthcare District. Sheila Johnston, member services specialist/legislative advocate, attended the meeting of the FHD Board of Directors to present this award.

In addition to the ACHD recognition, Directors Barbara Mroz and William Leach were sworn in to serve for the next four years on the district's Board of Directors.

Director Leach now holds the seat vacated by Frank Winton, M.D., who retired from the Board of Directors and was recognized for his service to the community with a plaque and certificates of recognition from Senator Joel Anderson and Assemblywoman Marie Waldron.

Lastly, the Board of Directors voted to change the name of the District, effective Feb. 1, 2017. Fallbrook Healthcare District will then be known as Fallbrook Regional Health District, which more accurately reflects the role and relevance of the district in providing health and wellness service to Bonsall, De Luz, Fallbrook and Rainbow.



Association of California Healthcare Districts (ACHD) representative Sheila Johnston, center, stands with the 2017 Fallbrook Healthcare District (FHD) board and staff, from left, Stephen Abbott, Barbara Mroz, Gordon Tinker, Johnston, William Leach, Howard Salmon, Pam Knox, Linda Bannerman and Bobbi Palmer, after presenting their ACHD certification.



# Fallbrook Healthcare District to become Fallbrook Regional Health District

By *Tom Ferrall* on December 23, 2016

Fallbrook Healthcare District (FHD) is changing its name. Effective Feb. 1, FHD will be known as Fallbrook Regional Health District.

Bobbi Palmer, executive director of FHD, said the new name reflects that the district serves more than just the people of Fallbrook, and also the direction in which FHD is going in terms of health care. The FHD board approved the name change at its Dec. 14 meeting.

"We receive our tax revenue from Bonsall, De Luz, Rainbow and Fallbrook," said Palmer. "The board wanted to do make sure the 'regional' captured the fact that we are obligated, with the tax revenue, to support health services in each of those areas. So it will be 'Fallbrook Regional Health District,' and then underneath that name it will say, 'serving Bonsall, De Luz, Fallbrook and Rainbow.'"

"The other reason we changed the name is that Fallbrook Regional Health District is going into a direction of preventing the preventable, and health and wellness," continued Palmer. "And therein was the reason to take out the (word) care (from the name)."

FHD, which collects roughly \$1.6 million annually, awarded nearly \$700,000 in community health contracts for the fiscal year 2016-2017.

FHD was recognized at the December meeting by the Association of California Healthcare Districts (ACHD), which presented the district with ACHD certification. FHD is the 13th and most recent district to receive certification from ACHD, which requires a district to prove it has complied with the ACHD's "core set of standards referred to as Best Practices in Governance."

"It took us one year (to earn certification)," said Palmer. "It was important for us to do that. By receiving that award, we are able to say we are transparent, we are relevant and we abide by the highest level of government."

Dr. Frank Winton, who recently left the board, was recognized at the meeting for his 20 months of service as a director for FHD. Director Barbara Mroz was sworn in for a third four-year term on the board, and William Leach was sworn in to take over the seat on the board vacated by Winton.

The board also awarded a six-month contract, at \$10,000 a month, to A+ Urgent Care to provide extended hours service to the community. Extended hours are defined as hours open after 5 p.m. on weekdays and any hours open on weekends and holidays.

Prior to the board's vote on the new contract, Dr. Timothy J. Coen, owner of Fallbrook Urgent Care, once again asked the board to "level the playing field" by not awarding another contract to A+, one of his competitors in the urgent care business.

Coen, contacted the morning after the meeting, said he didn't understand the board's decision to approve the latest contract with A+.

"Why award A+ a contract when I am offering the same hours for nothing," said Coen. "It's disappointing, but not surprising. I was kind of expecting it. My view is basically that the district – with the closure of the hospital – is basically a little pet project district, and this is one of their pet projects."

Palmer said the board was justified in providing the financial support.

"In 2015, San Diego County Healthcare Services, through the MSR (municipal service review) and healthcare districts' sphere of its fullest review, did a report on Fallbrook Healthcare District and determined that, in the absence of the hospital and in the context of the affordable care act, they made a recommendation to the board to ensure that acute care services were provided to our residences," said Palmer.

Coen also stated at the meeting that "the district receives \$5,000 per month from A+ Urgent Care in the form of rent" and called it a "Sweetheart Deal."

"It's \$4,800 a month and that was a negotiated fee," said Palmer. "It's rent. We own the building where they reside and disperse their services."

# Looking back on 2016



Fallbrook VFW Post 1924 celebrates its 75th birthday.

**Lucette Moramarco**  
Staff Writer

Although not quite over, 2016 was a memorable year in many ways with residents involved in many issues and events through nonprofit organizations as well as groups formed to lobby against changes to the community landscape.

Among the dozens of news subjects, the biggest stories involved the fate of two properties which was resolved after much turmoil.

Starting in January, the sale of Fallbrook Golf Club was an ongoing tale involving several potential buyers and the possibility of a housing development replacing the course. With Gird Valley residents forming



Healthcare Hero Terry Silva

noteworthy milestones in 2016, two others that merged together and at least one that disbanded.

While Fallbrook VFW Post 1924 celebrated its 75th birthday in January, Fallbrook Village Rotary turned 70 in February as did the Fallbrook Branch of the American Association of University Women (AAUW) in June. Topping them all, Fallbrook Garden Club marked its 85th birthday in March. [The oldest nonprofit in town, the Fallbrook Woman's Club, will be turning 110 next year.]

The Reche Club and the Fallbrook Historical Society completed their merger in 2016 with the historical society taking over the upkeep of the historic Reche Schoolhouse. Faced with declining membership, the Soroptimist International of Fallbrook disbanded this year (handing over the Miss Fallbrook Scholarship Pageant to Fallbrook Village Rotary).

There were also several significant happenings in the area of education. Fallbrook Union High School District received approval from the United States Marine Corps to offer a Junior Reserve Officers' Training Corps Program (JROTC) in April. When the new school year began, the program had a full enrollment of 120 students.

In May, Fallbrook High senior Ashley Romo was named a Gates

Millennium Scholar, only the second time a local student has been so honored. (The first was Elizabeth David in 2005.) High achievers were also recognized at Sullivan Middle School in June when six eighth graders were announced as co-valedictorians.

In October, a teacher was honored as well when Amy Schwenke, a kindergarten teacher at Fallbrook Street School, was one of five San Diego County teachers at the 26th annual "Cox Presents: A Salute to Teachers" to be named as a Teacher of the Year.

In the field of sports, Fallbrook and Bonsall residents were able to see three local athletes compete in the Olympics in the same year for the first time. Bonsall resident Carli Lloyd competed on the USA volleyball team which won the bronze medal. Fallbrook resident Richelle Stephens was the youngest member of the women's rugby team playing in Rio while Bonsall resident John Nunn competed in the 50,000 meter race walking event.

Due to issues that race organizers had with county regulations, Fallbrook's own race, the Avocado Half Marathon, was first postponed from May to September

major use permit for an AT&T unmanned telecommunication site on Alta Vista Road, amidst the cheers and applause of residents from the Alta Vista neighborhood.

In August, the application for the cell phone tower which was planned for installation in the Winterwarm/Jackson neighborhood was withdrawn after the resident changed her mind about having the tower on her property.

In September, a Verizon Wireless Community Master Plan was presented to the Fallbrook Community Planning Group, with six sites proposed for cell towers and two being proposed for small cell towers. Strongly opposed by a group of citizens, the county dropped the plan in October.

SR-76 improvements continued in 2016 with slope blasting early in the year to remove a layer of hard rock at the park 'n ride location at 76 and Old Highway 395. By August, the eastbound lanes between South Mission Road and Interstate 15 were opened and traffic in both directions was switched over to those lanes. Work is continuing on the old lanes to convert them to be the new westbound lanes.



Carli Lloyd makes Olympic volleyball team.

decrease from 2015-2016. In terms of property crime, which includes burglary, larceny and motor vehicle theft, Fallbrook saw a 17 percent decrease from 2012 to 2015, and stayed the same from 2015-2016.

On a lighter note, this year's Avocado Festival drew a record-breaking crowd for its 30th anniversary (more than 100,000 people). On the other hand, the Grand Tradition announced in October that it will no longer host its July 4th fireworks event due to safety concerns with fallout (shells from the fireworks drifting and falling onto neighboring properties) and noise complaints.

Residents came together in December as Homes for Our Troops (HFOT), a national nonprofit organization, broke ground for its fourth building project in Fallbrook, a home for Marine Private First Class Isaac Blunt. Local builder Youngren Construction is heading up the project as Fallbrook welcomes another veteran to the community.

Readers are welcome to add to this list of memorable events at [www.thevillagenews.com](http://www.thevillagenews.com).



State Route 76 opens new eastbound lanes for traffic both ways.

and then moved to Murrieta, where it will be run Feb. 25. Another controversial change was made in October when Fallbrook Union Elementary School District officials decided to no longer allow schools in the Bonsall Unified



Gregory Mountain is bought by the Pala Band of Mission Indians halting the Gregory Canyon Landfill project.

At the beginning of the year, five males were stabbed in a span of eight weeks starting with the fatal Jan. 22 attack on 33-year-old Hugh Pettigrew. Three suspects are still in custody awaiting trial for this case. The other victims all survived.

Despite that spike in violent crime, according to the SANDAG Criminal Justice report, Fallbrook saw an 18 percent decrease in annualized FBI index crime rates per 1,000 population from 2012 to 2016.

In terms of violent crimes, which includes homicide, rape, robbery and aggravated assault, Fallbrook saw a 21 percent decrease from 2012 to 2015, and a 12 percent



Richelle Stephens goes to the Olympics in rugby.



Sullivan Middle School valedictorians are, from left, Madison Prince, Kate Calhoun, Keely Powell, principal Joseph Clevenger, Erin Kennedy, Rebekah Tran, and Connor Newton.

SaveFallbrookGolfCourse.com to facilitate the search for a buyer, a sale finally went through Nov. 15 to local residents Jade and Julie Work. The Works are turning the 116-acre property into a winery and have also earmarked some of the real estate for a public park.

Two days later, another ongoing real estate saga finally ended on Nov. 17 when the Pala Band of Mission Indians purchased the land which was targeted for the planned Gregory Canyon Landfill, thereby protecting a Luiseno sacred site on Gregory Mountain as well as the surrounding environment.

There were at least three nonprofits which celebrated



Healthcare Hero Mary Ramsden

School District to send teams to the annual Dornon Games after 44 years of competition.

Several notable events involved the Fallbrook Healthcare District (FHD). Its new executive director, Bobbi Palmer, started working in January. She rolled out a plan for the community, "Call to Activity - Wellness - One Step at a Time."

This year's Healthcare Heroes Terry Silva and Mary Ramsden, DC were honored in March. Silva is the community manager of an affordable senior housing development while Ramsden is a local chiropractor.

FHD put Fallbrook Hospital up for sale in April (it is still unsold), and presented Community Health Contracts totaling \$681,186 to 18 nonprofit organizations in July. Then in December, the district changed its name to Fallbrook Regional Health District.

The Fallbrook Pregnancy Resource Center also made some changes in 2016, temporarily moving to LifePointe Church on Pico Avenue while its new building is being renovated. The fund drive for that expansion is ongoing.

In other concerns, cell phone towers were a hot topic, raising opposition from a large number of area residents. In February, the Fallbrook Community Planning Group (FCPG) moved to deny a



John Nunn competes in race walking in Rio.



Fallbrook Hospital sits waiting for a buyer.

## **DISCUSSION/ACTION ITEMS**

## **DISCUSSION/ACTION ITEMS**

Review of RFP Investment Broker Services

MEMO to Board of Directors

From: Executive Director

Bobbi Palmer, MBA, MSW

F1. Recommendation from Finance Committee to approve sending out a Request for Proposal (RFP) for Investment Broker Services

**DISCUSSION/ACTION ITEMS**  
Draft for Electronic Mail Policy

MEMO to Board of Directors

From: Executive Director

Bobbi Palmer, MBA, MSW

F2. Recommendation to approve the District Electronic Mail Communication Policy.



## DISTRICT ELECTRONIC MAIL COMMUNICATIONS POLICY

### Section 1. Statement of Policy.

The Board and District staff will take reasonable and appropriate steps to ensure that all forms of electronic communication, including electronic mail (“e-mail”) which are used in the performance of District business shall be legal, ethical, and in conformance with the standards presented below.

### Section 2. Implementation

#### 2.1 District provided e-mail addresses.

a. The Executive Director shall ensure that each member of the Board of directors and every member of the District staff is provided with an electronic mail address (“dedicated e-mail address”) which comports with the District’s domain name. The initial issuance shall take place no later than ten business days after the election or appointment of a new director, and not less than ten (10) business days after a new staff member is hired.

1. All recipients of a dedicated e-mail address shall keep the Executive Director apprised of any password for the account, and each recipient agrees to notify the Executive Director within ten (10) business days of any change made to the password for that individual’s dedicated e-mail address.
2. All recipients of dedicated e-mail addresses understand, recognize and agree that the e-mail account corresponding to each dedicated e-mail address shall have no reasonable expectation of privacy, as District staff may be required to access each e-mail account periodically for reasons which include, without limitation, responding to requests for records under the Public Records Act, to respond to validly issued subpoena or court order.
3. Use of electronic text messaging for the conduct of Board or District business shall be strongly discouraged, and staff and Board members shall use best efforts to avoid the use of electronic text messaging on personal devices for the conduct of District or Board business except in cases of significant urgency or public health or safety emergency where no other form of communication is readily available.

b. All electronic mail used for the conduct of District business, or business of the Board of Directors shall be conducted exclusively through the use

of sender's dedicated e-mail address. The use of dedicated e-mail addresses for personal reasons or for matters unrelated to District or Board business shall not be permitted.

1. All Board members and District staff are encouraged to keep and maintain a personal e-mail account, and to refrain from using his/her personal e-mail account for the conduct of any District or District Board business. Notwithstanding the preceding sentence, this provision does not encourage or authorize the conduct of personal business through personal e-mail by Staff during normal District working hours.

## 2.2 Enforcement

a. Members of the Board recognize that the use of electronic mail carries with it the danger of deliberating on matters of board business outside the construct of a Board meeting, contrary to the requirements of the Ralph M. Brown Act ("Brown Act"). Board members shall not use e-mail as a means to communicate the same or an identical message to more than one Board member at a time, in order to comply with the requirements of the Brown Act.

1. Each Board member agrees to promptly bring any deviation from the requirements of subsection (c) above to the attention of the Executive Director, or to the General Counsel for the District.
2. The Board shall have discretion to enforce this policy through the use of written reprimand or censure or any other reasonable and appropriate means consistent with bringing individual Director violations of this policy to an end.

b. The Executive director shall be authority to enforce this policy as to District staff through the use of the employee disciplinary process, and that repeated violations of this policy may be grounds for disciplinary action up to and including termination of employment.

## DISTRICT ELECTRONIC MAIL COMMUNICATIONS POLICY

### Section 1. Statement of Policy.

The Board and District staff will take reasonable and appropriate steps to ensure that all forms of electronic communication, including electronic mail (“e-mail”) which are used in the performance of District business shall be legal, ethical, and in conformance with the standards presented below.

### Section 2. Implementation

#### 2.1 District provided e-mail addresses.

a. The Executive Director shall ensure that each member of the Board of directors and every member of the District staff is provided with an electronic mail address (“dedicated e-mail address”) which comports with the District’s domain name. The initial issuance shall take place no later than ten business days after the election or appointment of a new director, and not less than ten (10) business days after a new staff member is hired.

1. All recipients of a dedicated e-mail address shall keep the Executive Director apprised of any password for the account, and each recipient agrees to notify the Executive Director within ten (10) business days of any change made to the password for that individual’s dedicated e-mail address.
2. All recipients of dedicated e-mail addresses understand, recognize and agree that the e-mail account corresponding to each dedicated e-mail address shall have no reasonable expectation of privacy, as District staff may be required to access each e-mail account periodically for reasons which include, without limitation, responding to requests for records under the Public Records Act, to respond to validly issued subpoena or court order.
3. Use of electronic text messaging for the conduct of Board or District business shall be strongly discouraged, and staff and Board members shall use best efforts to avoid the use of electronic text messaging on personal devices for the conduct of District or Board business except in cases of significant urgency or public health or safety emergency where no other form of communication is readily available.

b. All electronic mail used for the conduct of District business, or business of the Board of Directors shall be conducted exclusively through the use

of sender's dedicated e-mail address. The use of dedicated e-mail addresses for personal reasons or for matters unrelated to District or Board business shall not be permitted.

1. All Board members and District staff are encouraged to keep and maintain a personal e-mail account, and to refrain from using his/her personal e-mail account for the conduct of any District or District Board business. Notwithstanding the preceding sentence, this provision does not encourage or authorize the conduct of personal business through personal e-mail by Staff during normal District working hours.

## 2.2 Enforcement

a. Members of the Board recognize that the use of electronic mail carries with it the danger of deliberating on matters of board business outside the construct of a Board meeting, contrary to the requirements of the Ralph M. Brown Act ("Brown Act"). Board members shall not use e-mail as a means to communicate the same or an identical message to more than one Board member at a time, in order to comply with the requirements of the Brown Act.

1. Each Board member agrees to promptly bring any deviation from the requirements of subsection (c) above to the attention of the Executive Director, or to the General Counsel for the District.
2. The Board shall have discretion to enforce this policy through the use of written reprimand or censure or any other reasonable and appropriate means consistent with bringing individual Director violations of this policy to an end.

b. The Executive director shall be authority to enforce this policy as to District staff through the use of the employee disciplinary process, and that repeated violations of this policy may be grounds for disciplinary action up to and including termination of employment.