

Mental Health First Aid USA



MENTAL
HEALTH
FIRST AID

Certificate

JUDITH OSWALD

has completed the 8-hour course and is now certified in

Mental Health First Aid USA

And has been trained to provide initial help to people experiencing mental health problems such as depression, anxiety disorders, psychosis and substance use disorders.

This certification became effective on: **MARCH 18, 2022**
Date

This certification expires on: **MARCH 18, 2025**
Date

Racquel Morrison-Guassac, M.A.

Instructor

Instructor



**NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH**
MENTAL HEALTH FIRST AID

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.

