



MINUTES
BOARD OF DIRECTORS MEETING
 February 8, 2023, 6:00 p.m.
 Hybrid meeting held at Administrative Office,
 1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Director Bill Leach called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance. In attendance: Directors Bill Leach, Barbara Mroz, Terry Brown, and Mike Stanicek. CEO Rachel Mason, Accountant Susan Woodward, Legal Counsel Jeffrey Scott, and Property Manager Roy Moosa. Staff members and associates: Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano. Tomedes translator, Amber Berkey from Michelle’s Place and members of the public. Absent: Jennifer Jeffries

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Brown seconded by Director Mroz to approve the agenda as presented.

Motion carried

Director Mroz.....	Aye
Director Jeffries.....	Absent
Director Brown.....	Aye
Director Stanicek.....	Aye
Director Leach.....	Aye

C. PUBLIC COMMENTS – ANNOUNCEMENT

Diana Bamford shared about her appreciation of the Community Health & Wellness Center. Ellen Fusco is thankful for all the programs at Community Health & Wellness Center. Irene from the Parkinson’s Support Group is also appreciative of the CH&WC she shared that with the space at no cost it has afforded them to bring in more people to help. Jeff Egkan gave a political statement of support for Ross Pike as he is running for a seat on the LAFCO Board.

D. GRANTEE PRESENTATION – MICHELLE’S PLACE CANCER RESOURCE CENTER- Amber Berkey

Initially Family, friends, and the community came together and created a mission to serve the local community when faced with a cancer diagnosis. Since Michelle needed a cancer resource center where she could go or help in coping with her challenges, her parents, family, and friends started one in her memory so others will have an opportunity to get the help they need it is called Michelle’s Place Cancer Resource Center.

Michelle always shared her knowledge and experience of battling cancer in a positive, uplifting way. Although her journey on earth was cut short at the age of 26, her vision of helping others with cancer has been the inspiration to open Michelle’s Place and assist those walking a similar path. No clinical assistance is provided. They provide wrap around services for the whole family.

E. CONSENT ITEMS

- E1. Minutes of January 4, 2023, Finance Committee Meeting
- E2. Minutes of January 11, 2023, Board of Directors Meeting
- E3. Minutes of January 18, 2023, Facilities Committee
- E4. Minutes of January 18,2023, Strategic Planning Committee
- E5. Minutes of January 21, 2023, Board Training & Workshop
- E6. Minutes of January 25, 2023, Facilities Committee
- E7. Minutes of January 25, 2023, Governmental & Public Engagement Committee
- E8. Consideration of Resolution 459 – Re-Ratifying the State of Emergency and Re-Authorizing Remote Teleconference Meetings

Action: It was moved by Director Mroz seconded by Director Brown to approve the Consent Items as presented.

Motion carried by the following roll call vote (4-0)

Director Mroz	Aye
Director Jeffries.....	Absent
Director Leach.....	Aye
Director Brown.....	Aye
Director Stanicek.....	Aye

F. REPORTS/POSSIBLE ACTION

F1. Finance Committee – Directors Brown and Jeffries

The investments of the District are following the District’s 2022-23 Investment Policy. The balances in the District’s investment accounts give the District the ability to meet its expenditure requirements for the next eighteen (18) months. This report shows utilized funds invested in the Community Health & Wellness, specifically for The development of the property. Including maintenance, repairs, permits, and consultants. CEO Mason informed the Board that there was a glitch in the Finance report that was presented at the Feb. 1 Finance committee, and it has been amended and is presented by Treasurer Brown this evening. The auditors were able to submit the Financial Transaction Report by the deadline. Discussion ensued about the audit status.

Action: It was moved by Director Brown seconded by Director Stanicek for the LAIF transfer of \$30,000.00.

Motion carried by the following roll call vote (4-0)

Director Mroz	Aye
Director Leach	Aye
Director Brown	Aye
Director Stanicek.....	Aye
Director Jeffries	Absent.

F2. Facilities Committee – Directors Jeffries and Mroz

Facilities recommends that the Board have further discussion on the needs of the CH&WC As a result of the special meeting a list of needs is being created and the committee is going to discuss the list of needs at the next meeting. Bids for the parking lot are priority.

F3. Strategic Planning Committee – Directors Leach and Mroz

CEO Mason shared with the committee a proposed partnership from the Gary and Mary West PACE program (GMWP), which has a small cohort of participants residing in Fallbrook. Due to the remote nature of the Fallbrook Community, GMWP recognizes the need to mobilize services and resources to bring more accessibility to health and wellness services, for our participants. Additionally, the Fallbrook Regional Health District has identified a dearth of care providers as a significant challenge for area seniors. Thus, this proposal benefits both entities in bringing health services to an underserved and vulnerable population. To address these needs GMWP would like to propose the following: In partnership with the Fallbrook Regional Health District (FRHD), GMWP will build a Senior Health and Wellness Satellite Clinic.

Chair Leach stated that the Strategic Planning workshop was beneficial to the Board as they gained more insight on the plan development.

Committee would like to do a revision of the mission statement and will bring it to the Board.

F4. Governmental & Public Engagement – Directors Stanicek and Leach

Director Stanicek would like to bring the focus back to local instead of national. Nice to see the Grantees present at the meeting. Wants to gain momentum on the public outreach efforts and figure out a way to systematize the way we communicate to the public to eliminate the miscommunication that we are experiencing. Frequency of the meeting is being looked at and Chair Stanicek believes the monthly meetings are good for now.

Community Health & Wellness Center Administrator Theresa Geracitano

The year had a strong start in January with a total of 72 events on the schedule. This number includes both closed and open to the public events.

New this month are Good Dog Service Canine training and graduation which was open to the public, Rx Ballroom Dance, and a fourth Encore card group.

This month's Wellness Wednesday event will expand to include education on heart health, blood sugar, and support to quit smoking, as well as health screenings. The workshop this month and the remainder of the year will focus on lifestyle change topics and introduction to our Lifestyle Change program. So far 4 people are interested in the Skinny Genes Program. Mary Murphy with North County Fire is planning on CPR classes and Naloxone awareness. December is the first month we have seen more than a few unsubscribes, this is a low amount at 32 and is to be expected. Open and click rates continue to be above the industry average. Barbara Mroz suggests that we create a History of the Hospital perhaps a timeline method. GC-Jeff Scott gave an update from the previous meeting regarding the Medical Provider number Director Brown inquired about and gave a brief history of the sale of the Hospital. The Medical Provider number lapsed.

F5. Chief Executive Officer – Rachel Mason

CEO Mason gave an update about the Grant window being open. Wishing them all the best of luck.

F6. General Counsel – Jeffrey Scott

AB 2449 (Rubio)

As a reminder, the Governor's State of Emergency Order related to the COVID pandemic is set to expire on February 28, 2023. Consequently, effective March 1, 2023 AB 2449 will kick in and governs the use of remote meetings.

Pursuant to AB 2449 public agencies will have the flexibility to conduct remote meetings under the requirements of AB 2449 or utilize the traditional Brown Act teleconference rules. Under the provisions of AB 2449, agencies are not obligated to post agendas at all teleconference locations, are not obligated to identify all teleconference locations on the agenda, and are not obligated to make each teleconference location open to the public.

AB 2449 does require that at least a quorum of the members of the Board must participate in-person from a single location open to the public, identified on the agenda, and within the District boundaries.

Remote participation for “just cause” reasons shall not be utilized by a Board member for more than two meetings per year. Remote participation for “emergency circumstances” shall not be utilized by a Board member for more than three consecutive meetings or 20% of the regular meetings for the agency within a calendar year.

G. DISCUSSION/POSSIBLE ACTION ITEMS

None

H. COMMENTS BY MEMBERS OF THE PUBLIC ON ITEMS NOT ON THE AGENDA

Barry Willis gave a political speech asking for the support of the Board as he is running for a seat on the LAFCO Board.

I. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS

Director Stanicek asked that the Board follow up on the Special Meeting.

Director Brown is asking Theresa if there is enough space at the CH&WC for our current programming demands. Setting the priorities for the project. Director Mroz suggested that a golf cart be purchased for the property.

Facilities Committee - 3rd Wednesday, **February 15, 2023**, at 2:00 pm.

Strategic Planning Committee - 3rd Wednesday, **February 15, 2023**, at 5:30 pm.

Governmental and Public Engagement Committee – 4th Wed., **February 22, 2023**, at 5:30pm

Next Board of Directors Meeting – 2nd Wednesday, **March 8, 2023**, 6:00pm

J. ADJOURNMENT

There being no further business, the meeting was adjourned at 7:33 p.m.



Executive Assistant / Board Clerk