



138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

**BOARD OF DIRECTORS
REGULAR BOARD MEETING**

**WEDNESDAY
JULY 13, 2016**

6:00 PM

AT

**FPUD
FALLBROOK PUBLIC UTILITY DISTRICT
990 EAST MISSION ROAD
FALLBROOK, CA 92028**



AGENDA
FALLBROOK HEALTHCARE DISTRICT
REGULAR BOARD MEETING

Wednesday, July 13, 2016, 6:00 p.m.
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE

B. ADDITIONS TO AGENDA

Pursuant to the Brown Act, additions to the Agenda as posted are exceptional, and expressly limited to three specific situations, as set forth in Government Code 54954.2(b): (1) an "emergency" as determined by majority vote of the board; (2) a 2/3 vote of the board finding that an item requires immediate action – and the need for this action arose in time after the agenda was posted or (3) the item was continued from an earlier meeting (no more than 5 days earlier), at which time the item was validly posted on the agenda of the earlier meeting.

C. BOARD MEMBER AND PUBLIC COMMENTS

Opportunity for board members and citizens to speak on items of interest within subject matter jurisdiction of the District. For the record, please state your name. "Request to speak" cards should be filled out in advance and presented to the Board President or the recording secretary. The Board has a policy limiting any speaker to not more than five minutes.

D. PRESENTATION

D1. 2016-2017 Community Health Contracts

E. CONSENT ITEMS

E1. Minutes of June 8, 2016 Regular Board Meeting
E2. Approval of May 2016 Financial Statements

F. REPORTS

F1. Finance Committee – Director Salmon and Mroz
F2. Community Healthcare Programs Committee – Directors Mroz and Abbott
F3. Gov't and Community Relations Committee – Directors Tinker and Salmon
F4. Facilities Committee – Director Tinker and Winton
F5. Long Range Planning Committee – Directors Salmon and Winton
F6. Executive Director – Bobbi Palmer
F7. General Counsel – Blaise Jackson

G. DISCUSSION/ACTION ITEMS

G1. Review of Independent Auditor
G2. Review of Community Engagement Services
G3. Review of Draft Budget FY 2016-2017
G4. CSDA Board Election
G5. Extension of Real Estate Listing Agreement – Cushman/Wakefield – Travis Ives

H. ITEMS FOR SUBSEQUENT MEETINGS

H1. Other Director/Staff discussion items
H1a. Item(s) for future board agendas
H1b. Announcements of upcoming events:

- Community Health Field Trips/NCCCHI
- NCCCHI meeting – Wednesday, July 18, 2:00-3:00pm Fallbrook Healthcare District Board Room, 138 S. Brandon Rd.
- CCC/CATCH meeting – Monday, July 18, 2016, 9:00-10:30am, Fallbrook Public Utility District Board Room
- Woman of Wellness – Thursday, August 4, 2016, 6pm – Fallbrook Public Library

H2. Next Regular Board meeting – Wednesday, August 10, 2016, Fallbrook Public Utility District Board Room

I. CLOSED SESSION

11. CONFERENCE WITH REAL ESTATE NEGOTIATOR REGARDING SALE OF REAL PROPERTY PER GOVT CODE 54956.8 -Conference shall include Price and Terms.
District Negotiator: Travis Ives
APN #s 105-811-01 and 103-246-51. (Former Hospital Property – 624 Elder Street/138 Brandon Road)"
12. CONFERENCE WITH LEGAL COUNSEL CONCERNING POTENTIAL LITIGATION PER GOVT CODE 54956.9(d)(2) – one case.

J. RETURN TO OPEN SESSION

K. ADJOURNMENT

NOTE: This agenda posted at the Fallbrook Healthcare District Administration Office on Friday, July 8, 2016. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.



PRESENTATION

FALLBROOK HEALTHCARE DISTRICT

BOARD OF DIRECTORS PRESENTATION OF COMMUNITY HEALTHCARE CONTRACTS

FISCAL YEAR 2016 - 2017

| ORGANIZATION | PROGRAM | AMOUNT |
|---|---|----------|
| BOYS & GIRLS CLUB OF NORTH COUNTY | SUMMER WATER SAFETY PROGRAM | \$7,200 |
| BOYS & GIRLS CLUB OF NORTH COUNTY | TRIPLE PLAY | \$30,000 |
| FALLBROOK CITIZENS CRIME PREVENTION COMMITTEE (FCCPC) | GANAS MENTORING PROGRAM | \$8,000 |
| FALLBROOK FAMILY HEALTH CENTER | BEHAVIORAL HEALTH | \$50,000 |
| FALLBROOK FAMILY HEALTH CENTER | UNCOMPENSATED CARE | \$35,000 |
| FALLBROOK FOOD PANTRY | NUTRITIOUS FOOD FOR THE HUNGRY | \$60,000 |
| FALLBROOK SENIOR CENTER | NUTRITION-HOME DELIVERED MEAL | \$55,000 |
| FALLBROOK SENIOR CENTER | MOBILITY/EXERCISE PROGRAM | \$7,138 |
| FALLBROOK SMILES PROJECT | CELEBRATE HEALTH | \$70,000 |
| FALLBROOK UNION HIGH SCHOOL | ASPERGER'S AUTISM SUPPORT LEARNING CENTER | \$6,500 |
| FOUNDATION FOR SENIOR CARE | ADULT DAY CARE CENTER | \$25,683 |
| FOUNDATION FOR SENIOR CARE | CARE ADVOCACY PROGRAM | \$50,000 |
| FOUNDATION FOR SENIOR CARE | CARE VAN & EXPANDED RIDES PROGRAM | \$54,406 |
| HEALTHY ADVENTURES | FALLBROOK COMMUNITY CENTER WELLNESS PROJECT | \$9,000 |
| JEREMIAH'S RANCH | JEREMIAH'S RANCH SUPPORT GROUP | \$12,000 |
| MENTAL HEALTH SYSTEMS - NORTH INLAND COMMUNITY PREVENTION PROGRAM | FALLBROOK YOUTH ADVOCACY COALITION (FYAC) | \$9,620 |
| MICHELLE'S PLACE | BREAST HEALTH ASSISTANCE PROGRAM | \$15,000 |
| NORTH COUNTY FIRE PROTECTION DISTRICT | RAINBOW/BONSALL ADVANCED LIFE SUPPORT EXPANSION PROJECT | \$29,839 |
| PALOMAR FAMILY COUNSELING | HEALTHY BODIES, HEALTHY MINDS | \$74,000 |
| PALOMAR HEALTH FOUNDATION | THE SENIOR CARE GRANT PROGRAM (SCGP) | \$10,000 |
| REINS | CONSULTING THERAPY PROGRAM | \$40,800 |
| REINS | CPR, FIRST AID & EMERGENCY PREPAREDNESS PROGRAM | \$5,500 |
| TRAUMA INTERVENTION PROGRAM OF SAN DIEGO (TIP) | TRAUMA INTERVENTION PROGRAM | \$8,000 |
| UCSD EYE MOBILE FOR CHILDREN | UCSD EYE MOBILE FOR CHILDREN | \$8,500 |

TOTAL AWARDED: \$681,186.00

CONSENT ITEMS



**MINUTES
FALLBROOK HEALTHCARE DISTRICT
REGULAR BOARD MEETING**

**Wednesday, June 8, 2016, 6:00 p.m.
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook**

A. CALL MEETING TO ORDER

The meeting was called to order by President Tinker at 6:02 p.m.

Board members present: Barbara Mroz, Gordon Tinker, Stephen Abbott, Howard Salmon and Frank Winton

Board members absent: None

Others present: General Counsel Blaise Jackson and Executive Director Bobbi Palmer
President Tinker led in the Pledge of Allegiance.

B. ADDITIONS TO AGENDA

There were no additions to the agenda.

C. BOARD MEMBER AND PUBLIC COMMENTS

There was no public comment.

D. CONSENT ITEMS

D1. Minutes of May 11, 2016 Regular Board Meeting

D2. Minutes of May 24, 2016 Special Board Meeting

D3. Minutes of June 1, 2016 Special Board Meeting

D4. Approval of April 2016 Financial Statements

Discussion: There was no request by any Director to pull an item for discussion.

Action: Director Abbott moved, Director Howard seconded to approve the consent items as presented. Motion carried 5-0.

E. REPORTS

E1. Finance Committee: Director Salmon

Director Salmon said in response to the RFP for financial auditors, the Board received two responses. The Finance Committee will interview the applicants and make a recommendation to the full board for action. He discussed the 2016-2017 budget process and the financial statements.

E2. Community Healthcare Programs: Director Mroz

Barbara Mroz said the Woman of Wellness event took place on June 2. "How to set Wellness Goals and Achieve Them" was presented by Erica Williams, owner of Fallbrook Village Fitness. The next event will take place on July 7 and will cover diagnosis of varicose veins and effective treatment options.

E3. Gov't and Community Relations: President Tinker

Gordon Tinker said two responses were received in response to the RFP for a community outreach consultant. The Governmental and Public/Community Relations Committee will interview the applicants and make a recommendation to the full board for action at the July meeting. Howard Salmon commented that the Association of California Healthcare District has an Advocacy Committee meeting next week which he will be attending.

E4. Facilities: Director Tinker.

Director Tinker said one of the final matters regarding the hospital for which Community Health Systems (CHS) is responsible is roof repair. A contractor recently contacted the District about completing that work.

- E5. Executive Director: Bobbi Palmer
 Bobbi Palmer reported that nine nursing students from Cal State San Marcos will be meeting at FHD and assisting us with our community engagement/outreach efforts. In addition, six high school students will serve as “interns” for the summer. They will be working with the nursing students. She said she was asked to serve on the Chamber of Commerce “Fallbrook’s Future” Committee. Mrs. Palmer reviewed the assessment of the 2016 Health & Wellness Fair noting that some positive changes are planned for next year. She reviewed her legislative advocacy efforts and the Call to Activity – Wellness – One Step at a Time campaign. (See attached report)
- E6. General Counsel: Blaise Jackson
- E6a. Hospital License Fees
 Legal counsel reviewed the recent history of the hospital license. He said last July when the hospital closed and everything was reverted back to the District, the District received a bill for renewal of the hospital license. At that time the beds were being placed in “suspense” in anticipation that the facility might be acquired or operated by another entity. Legal counsel said regulations state that hospital districts are exempt from the licensure fee. Legal counsel contacted California DPH, and they concluded that the exemption for hospital districts was for a specific period of time and is no longer in effect. Following further research into the matter, legal counsel recommended payment of the bill.
- E6b. Update on FHC/FHD residual matters – HFS invoice
 Legal counsel referred to a communication from HFS Consultants (see attachment) in which it was explained why they had been hired and the work they had accomplished in shepherding the application process for obtaining specific reimbursement funds under Assembly Bill 97, as part of the settlement arrangement with CHS. Also explained was the serious delay due to factors beyond their control. With the passage of Assembly Bill ABX2-1 in March of this year, the need to apply for reimbursement funds was obviated. HFS Consultants requested reimbursement for expenses in the amount of approximately \$4,500 which legal counsel believes is a fair amount and therefore recommended payment.

F. DISCUSSION/ACTION ITEMS

- F1. Consideration of Proposals for District Support of extended Hours Urgent Care Services (Evening, Weekend, Holidays) – Administrator/Legal Counsel
- F1a. Consideration of Additional Extension of existing Memorandum of Understanding with A+ Urgent Care
Discussion: Legal counsel said two responses to the RFP for Urgent Care Services had been received and reviewed. He said additional information is needed from both parties and, therefore follow up interviews will be scheduled. President Tinker said since this process could take up to three months, he entertained a motion to extend the A+ Urgent Care (current provider) contract for another three months to assure urgent care coverage. Director Salmon asked that the requested motion be amended to “up to three months” and it was agreed.
Action: It was moved by Director Abbott, seconded by Director Salmon to extend the A+ Urgent Care contract for up to three months beginning June 1, 2016.
Motion carried 4-1 – Director Winton voting “no”.
- F2. Consideration of Adoption of Investment Policy - Resolution #416
Discussion: This resolution was presented in draft form last month and has been reviewed with requested changes made. (See attached Resolution)
Action: Director Salmon moved approval, seconded by director Mroz. Resolution #416 was approved unanimously by the Board.
- F3. Review of Applicants and Determination of Community Health Grant Applications 2016-2017
Discussion: President Tinker said at a Special Meeting of the Board of Directors on June 1, 2016, all applications were reviewed and discussed. A suggested dollar amount was recommended for

each following discussion. He noted that “Grants” will now be referred to as “Community Healthcare Contracts.” The following list of Community Healthcare Contracts was considered.

Boys & Girls Club of North County: Summer Water Safety Program
Action: It was moved by Director Tinker and seconded by Director Salmon to approve \$7,200 for the Summer Water Safety Program. Motion carried 5-0

Boys & Girls Club of North County: Triple Play
Action: It was moved by Director Tinker and seconded by Director Mroz to approve \$30,000 for the Triple Play program. Motion carried 5-0

Fallbrook Citizens Crime Prevention Committee: GANAS Mentoring Program
Action: Director Tinker moved and Director Mroz seconded to approve \$8,000 for the GANAS Mentoring Program. Motion carried 5-0.

Fallbrook Family Health Center: Behavioral Health
Action: Director Winton moved and Director Salmon seconded to approve \$50,000 for the Behavioral Health program. Motion carried 4-0-0-1 Director Tinker abstained.

Fallbrook Family Health Center: Uncompensated Care
Action: Director Winton moved and Howard Salmon seconded to approve \$35,000 for the Uncompensated Care program. Motion carried 4-0-0-1 Director Tinker abstained.

Fallbrook Food Pantry: Nutritious Food for the Hungry
Action: It was moved by Director Abbott and seconded by Director Salmon to approve \$60,000 for the Nutritious Food for the Hungry program. Motion carried 5-0.

Fallbrook Senior Center: Mobility/Exercise Program
Action: It was moved by Director Winton and seconded by Director Salmon to approve \$7,138 for the Mobility/Exercise Program. Motion carried 5-0.

Fallbrook Senior Center: Nutrition – Home Delivered Meal
Action: Director Mroz moved and Director Abbott seconded to approve \$55,000 for the Nutrition – Home Delivered Meal program. Motion carried 5-0.

Fallbrook Smiles Project: Celebrate Health (combined with dental)
Action: Director Winton moved and Director Salmon seconded to approve \$70,000 for the Celebrate Health (combined with dental) program. Motion carried 5-0.

Fallbrook Union High School: Asperger’s Autism Support Learning Center
Action: It was moved by Director Winton and seconded by Director Salmon to approve \$6,500 for the Asperger’s Autism Support Learning Center. Motion carried 5-0.

Foundation for Senior Care: Adult Day Care Center
Action: It was moved by Director Salmon and seconded by Director Winton to approve \$25,683 for the Adult Day Care Center. Motion carried 5-0.

Foundation for Senior Care: Care Advocacy Program
Action: On motion duly made by Director Salmon, seconded by Director Winton, the Board approved \$50,000 for the Care Advocacy Program. Motion carried 5-0.

Foundation for Senior Care: Care Van & Extended Rides Program (combined programs)
Action: On motion duly made by Director Salmon, seconded by Director Winton, the Board approved \$54,406 for the Care Van & Expanded Rides combined program. Motion carried 5-0.

Healthy Adventures: Fallbrook Community Center Wellness Project
Action: Director Abbott moved and Director Salmon seconded to approve \$9,000 for the Fallbrook Community Center Wellness Project. Motion carried 5-0.

Jeremiah’s Ranch – Jeremiah’s Ranch Support Group
Action: Director Mroz moved and Director Abbott seconded to approve \$12,000 for the Jeremiah’s Ranch Support Group. Motion carried 5-0.

Mental Health Systems-NICPP: Fallbrook Youth Advocacy Coalition (FYAC)
Action: It was moved by Director Mroz and seconded by Director Abbott to approve \$9,620 for the Fallbrook Youth Advocacy Coalition. Motion carried 5-0.

Michelle’s Place: Breast Health Assistance Program
Action: It was moved by Director Mroz and seconded by Director Abbott to approve \$15,000 for the breast health assistance program at Michelle’s Place. Motion carried 5-0.

North County Fire Protection District (NCFPD): Rainbow/Bonsall Advanced Life Support Expansion Project.

Director Abbott recused himself, citing his employment by NCFPD, and left the room. Action: Director Tinker moved and Director Salmon seconded to approve \$29,839 for NCFPD's Rainbow/Bonsall Advanced Life Support Expansion Project. Motion carried 4-0-0-1 Director Abbott recused.

(Director Abbott then returned to the room)

Palomar Family Counseling: Healthy Bodies Healthy Minds

Action: Director Mroz moved and Director Salmon seconded to approve \$74,000 for the Healthy Bodies Healthy Minds program. Motion carried 5-0.

Palomar Health Foundation: The Senior Care Grant Program (SCGP)

Action: On motion duly made by Director Tinker and seconded by Director Salmon, the Board approved \$10,000 for The Senior Care Grant Program (SCGP). Motion carried 5-0.

REINS: Consulting Therapy Program

Action: It was moved by Director Abbott and seconded by Director Salmon to approve \$40,800 for the REINS Consulting Therapy Program. Motion carried 5-0.

REINS: CPR, First Aid & Emergency Preparedness Program

Action: Director Abbott moved and Director Salmon seconded to approve \$5,500 for the REINS CPR, First Aid & Emergency Preparedness Program. Motion carried 5-0.

REINS: Healthy Volunteer Program – Denied

Trauma Intervention Program of San Diego: Trauma Intervention Program

Action: It was moved by Director Salmon and seconded by Director Abbott to approve \$8,000 for the Trauma Intervention Program. Motion carried 5-0.

UCSD Eye Mobile for Children: Same name

Action: On motion duly made by Director Salmon and seconded by Director Winton, the Board approved \$8,500 for the UCSD Eye Mobile for Children. Motion carried 5-0.

President Tinker said the Community Health Contracts approved total \$681,186. The total requested had been \$809,069.00. He thanked Executive Director Bobbi Palmer for her efforts. Director Abbott thanked the applicants for all of their efforts which help the District to fulfill its mission.

G. ITEMS FOR SUBSEQUENT MEETINGS

G1. Other Director/Staff discussion items

G1a. Item(s) for future board agendas

Consideration of the approval of the an outreach consultant.

G1b. Announcements of upcoming events:

- NCCCHI meetings - Wednesdays
Every Wednesday, 2:00 p.m.-3:00 p.m., FHD Board Room
- CCC/CATCH meeting – Monday, July 18, 2016, 9:00 a.m. – 10:30 a.m. at Fallbrook Public Utility District Board Room.
- Woman of Wellness – Thursday, July 7, 2016 – 6:00 p.m. at the Fallbrook Library

G2. Next Regular Board meeting – Wednesday, July 13, 2016 – 6:00 p.m. at the Fallbrook Public Utility District Board Room

President Tinker commented that the Community Health Contracts will be awarded at the July meeting of the Board of Directors. Executive Director Bobbi Palmer said that a celebration is planned at 5:00 p.m. for the recipients prior to the meeting. In addition, she noted that the Board is establishing a new Advisory Committee consisting of members of the public living within the District. They will also be invited to join in the celebration and meeting.

H. CLOSED SESSION

- H1. CONFERENCE WITH REAL ESTATE NEGOTIATOR REGARDING SALE OF REAL PROPERTY PER GOVT. CODE 54956.8 – Conference shall include Price and Terms. District Negotiator: Travis Ives.
APN #s 105-811-01 and 103-246-51/ (Former Hospital Property – 624 E. Elder Street/138 S. Brandon Road)

The Board adjourned into Closed Session at 7:03 p.m.

I. RETURN TO OPEN SESSION - ADJOURNMENT

The Board reconvened into Open Session. The Board directed its negotiator and counsel to take appropriate action relating to the Closed Session item. There being no further business, the meeting was adjourned by President Tinker at 7:30 p.m.

ATTESTATION:

Gordon Tinker, President

Stephen Abbott, Secretary

FALLBROOK HEALTHCARE DISTRICT
YTD Profit & Loss Actual vs Budget

May 2016

May 2016

2016 YEAR TO DATE

| | May 16 | Budget | \$ Over Budget | Jul 1, '15 - Jun 29, 16 | Budget | \$ Over Budget |
|--|---------|---------|----------------|-------------------------|-----------|----------------|
| Ordinary Income/Expense | | | | | | |
| Income | | | | | | |
| 400. · District | | | | | | |
| 402 · Property tax revenue | 200,766 | 184,164 | 16,602 | 1,664,136 | 1,599,236 | 64,900 |
| 403 · Interest / Dividends | 3,540 | 0 | 3,540 | 40,241 | 0 | 40,241 |
| 406 · Unearned Inc(Loss) - Cal Trust | (4,180) | 0 | (4,180) | 8,337 | 0 | 8,337 |
| 400. · District - Other | 0 | 0 | 0 | 0 | 0 | 0 |
| Total 400. · District | 200,126 | 184,164 | 15,962 | 1,712,714 | 1,599,236 | 113,478 |
| 404 · Prop 1A Suspended Tax Revenue | 0 | 0 | 0 | 0 | 0 | 0 |
| 405 · Accrued Int on Prop 1A Susp Tax | 0 | 0 | 0 | 0 | 0 | 0 |
| 450. · Properties | | | | | | |
| 450.01 · Disposition of Surplus Property | 0 | 0 | 0 | 0 | 178,447 | (178,447) |
| 460 · Lease Income | | | | | | |
| 460.01 · A+ Urgent Care | 4,800 | 4,800 | 0 | 57,600 | 57,440 | 160 |
| 460.02 · Utilities Credit | 0 | 0 | 0 | 14,247 | 0 | 14,247 |
| 460 · Lease Income - Other | 0 | 0 | 0 | 1,000 | 0 | 1,000 |
| Total 460 · Lease Income | 4,800 | 4,800 | 0 | 72,847 | 57,440 | 15,407 |
| 450. · Properties - Other | | | | | | |
| Total 450. · Properties | 4,800 | 4,800 | 0 | 72,847 | 235,887 | (163,040) |
| Total Income | 209,726 | 193,764 | 15,962 | 1,785,561 | 1,835,123 | (49,562) |
| Cost of Goods Sold | | | | | | |
| 50000 · Cost of Goods Sold | 0 | 0 | 0 | 0 | 0 | 0 |
| Total COGS | 0 | 0 | 0 | 0 | 0 | 0 |
| Gross Profit | 209,726 | 193,764 | 15,962 | 1,785,561 | 1,835,123 | (49,562) |
| Expense | | | | | | |

**FALLBROOK HEALTHCARE DISTRICT
YTD Profit & Loss Actual vs Budget**

May 2016

2016 YEAR TO DATE

| | May 16 | Budget | \$ Over Budget | Jul 1, '15 - Jun 29, 16 | Budget | \$ Over Budget |
|--|--------|--------|----------------|-------------------------|---------|----------------|
| 66900 · Reconciliation Discrepancies | 0 | 0 | 0 | (36) | 0 | (36) |
| 6999 · Uncategorized Expenses | 0 | 0 | 0 | 0 | 0 | 0 |
| 500 · Administrative Expenses | | | | | | |
| 500.36 · Accrued Vacation & Sick Leave | 0 | 0 | 0 | 10,406 | 0 | 10,406 |
| 500.10 · Salaries | 16,533 | 27,126 | (10,593) | 184,486 | 235,269 | (50,783) |
| 500.12 · Payroll Taxes | 1,410 | 2,102 | (692) | 18,696 | 25,154 | (6,458) |
| 500.13 · Health and Welfare | 0 | 0 | 0 | 0 | 0 | 0 |
| 500.14 · W/C Insurance | 95 | 95 | 0 | 1,021 | 1,142 | (121) |
| 500.15 · Employee Health & Welfare | 262 | 1,530 | (1,268) | 13,928 | 18,309 | (4,381) |
| 500.16 · Board Stipends | 1,900 | 2,200 | (300) | 20,900 | 26,327 | (5,427) |
| 500.17 · Education & Conferences | 3,362 | 2,000 | 1,362 | 13,028 | 5,043 | 7,985 |
| 500.18 · Dues & Subscriptions | 0 | 0 | 0 | 13,218 | 12,386 | 832 |
| 500.19 · Insurance - General | 3,632 | 3,632 | 0 | 36,474 | 43,463 | (6,989) |
| 500.20 · Independent Accounting Services | 850 | 850 | 0 | 10,763 | 10,172 | 591 |
| 500.21 · Annual Independent Audit | 0 | 0 | 0 | 7,500 | 7,600 | (100) |
| 500.23 · General Counsel | 9,888 | 7,425 | 2,463 | 127,918 | 149,426 | (21,508) |
| 500.24 · Taxes & Licenses | 0 | 0 | 0 | 0 | 0 | 0 |
| 500.25 · Office Expense | 4,000 | 4,478 | (478) | | | |
| 01 · Communications | 0 | 0 | 0 | 5,599 | 0 | 5,599 |
| 02 · I. T. and Website services | 0 | 0 | 0 | 12,974 | 0 | 12,974 |
| 03 · Refreshments | 0 | 0 | 0 | 2,022 | 0 | 2,022 |
| 04 · Office supplies | 0 | 0 | 0 | 16,323 | 0 | 16,323 |
| 05 · Admin fees | 0 | 0 | 0 | 930 | 0 | 930 |
| 06 · Independent Contract Services | 0 | 0 | 0 | 11,294 | 0 | 11,294 |
| 500.25 · Office Expense - Other | 0 | 0 | 0 | 46 | 53,587 | (53,541) |
| Total 500.25 · Office Expense | 4,000 | 4,478 | (478) | 49,188 | 53,587 | (4,399) |
| 500.26 · Prior Employee COBRA | 0 | 0 | 0 | 0 | 0 | 0 |
| 500.27 · Depreciation | 138 | 138 | 0 | 1,522 | 1,656 | (134) |
| 500.28 · Office Rent | 0 | 0 | 0 | 0 | 0 | 0 |
| 500.29 · Dist Promotions & Publications | 466 | 500 | (34) | 3,493 | 5,983 | (2,490) |
| 500.30 · Pension | 0 | 150 | (150) | 900 | 1,795 | (895) |
| 500.31 · Long Range Planning | 0 | 0 | 0 | 0 | 0 | 0 |

FALLBROOK HEALTHCARE DISTRICT
YTD Profit & Loss Actual vs Budget

May 2016

2016 YEAR TO DATE

| | May 16 | Budget | \$ Over Budget | Jul 1, '15 - Jun 29, 16 | Budget | \$ Over Budget |
|--|--------|--------|----------------|-------------------------|----------|----------------|
| 500.32 · Consultant Fees | 0 | 0 | 0 | 51,777 | 43,785 | 7,992 |
| 500.33 · Copier Lease | 750 | 468 | 282 | 5,552 | 5,594 | (42) |
| 500.34 · Property Lease | 0 | 0 | 0 | 0 | 0 | 0 |
| 500.35 · Special Counsel | 0 | 0 | 0 | 0 | 0 | 0 |
| 500.40 · Rent | 0 | 0 | 0 | 3,626 | 3,626 | 0 |
| 500.45 · Relocation Expenses | 0 | 0 | 0 | 5,247 | 0 | 5,247 |
| 500.85 · Calif Mandated Reimbursement | 0 | 0 | 0 | (13,445) | (10,000) | (3,445) |
| 580.01 · General Election | 0 | 0 | 0 | 0 | 20,000 | (20,000) |
| 500 · Administrative Expenses - Other | 0 | 0 | 0 | 0 | 0 | 0 |
| Total 500 · Administrative Expenses | 43,286 | 52,694 | (9,408) | 566,198 | 660,317 | (94,119) |
| 590 · Management & Maintenance | | | | | | |
| 590.01 · Building Engineer | 7,499 | 7,071 | 428 | 84,707 | 84,610 | 97 |
| 590.02 · Gas & Electric | 5,183 | 7,850 | (2,667) | 87,069 | 93,938 | (6,869) |
| 590.03 · Water | 2,076 | 1,920 | 156 | 26,937 | 22,976 | 3,961 |
| 590.04 · Waste Management | 90 | 100 | (10) | 1,494 | 1,197 | 297 |
| 590.05 · Security | 1,110 | 1,100 | 10 | 13,210 | 13,163 | 47 |
| 590.06 · Landscape - Grounds Environment | 0 | 2,708 | (2,708) | 33,978 | 32,406 | 1,572 |
| 590.07 · Custodial Services | 0 | 208 | (208) | 0 | 2,489 | (2,489) |
| 590.08 · Elevator | 165 | 167 | (2) | 1,815 | 1,998 | (183) |
| 590.09 · Vehicle Expenses | 20 | 150 | (130) | 1,522 | 1,795 | (273) |
| 590.10 · Maintenance Services & Repairs | 197 | 1,760 | (1,563) | 17,114 | 21,061 | (3,947) |
| 590.11 · Medical Records Store & Service | 1,505 | 3,500 | (1,995) | 19,795 | 41,883 | (22,088) |
| 590.12 · Fire Alarm System | 0 | 0 | 0 | 2,660 | 0 | 2,660 |
| 590.13 · CHS Reimbursement for FHD Expen | 0 | 0 | 0 | (59,137) | 0 | (59,137) |
| 590 · Management & Maintenance - Other | 0 | 0 | 0 | 0 | 0 | 0 |
| Total 590 · Management & Maintenance | 17,845 | 26,534 | (8,689) | 231,164 | 317,516 | (86,352) |
| 600 · Community Healthcare Programs | | | | | | |
| 600.56 · DeLUZ VOLUNTEER FIRE ASSOC | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.55 · Rainbow Volunteer Fire Dept | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.54 · Healthy Adventures Foundation | 0 | 0 | 0 | 9,000 | 9,000 | 0 |

**FALLBROOK HEALTHCARE DISTRICT
YTD Profit & Loss Actual vs Budget**

| | 2016 YEAR TO DATE | | |
|--|-------------------|-------------------------|----------------|
| | May 16 | Jul 1, '15 - Jun 29, 16 | \$ Over Budget |
| 600.53 · Jeremiah's Ranch | 0 | 9,400 | 0 |
| 600.01 · Courier Service | 0 | (1,923) | (1,923) |
| 600.2 · Fallbrook Sports Park | 0 | 4,000 | 0 |
| 600.3 · No Cty Fire - Therm Imag Camera | 0 | 0 | 0 |
| 600.04 · Boys & Girls Club | 0 | 32,000 | 0 |
| 600.5 · Reins | 0 | 0 | 0 |
| 600.6 · EYE Fibk Neighborhood Serv | 0 | 0 | 0 |
| 600.07 · Senior Citizens Center | 0 | 50,000 | 0 |
| 600.08 · Smiles Project | 0 | 70,000 | 0 |
| 600.9 · Child Development Center | 0 | 0 | 0 |
| 600.10 · Friends of the Fibk.Library | 0 | 0 | 0 |
| 600.11 · Palomar Family Coun.Serv. | 0 | 63,500 | 0 |
| 600.12 · No Cty Fire-Child Pass Safety | 0 | 0 | 0 |
| 600.13 · No Cty Fire - Risk Watch | 0 | 0 | 0 |
| 600.14 · Fibk Family Health Center | 0 | 140,000 | 0 |
| 600.15 · Fibk Elem School Dist | 0 | 0 | 0 |
| 600.16 · No County Council on Aging | 0 | 0 | 0 |
| 600.17 · Foundation for Senior Care | 0 | 104,000 | 0 |
| 600.18 · Fibk Comm Project - FOOD PANTRY | 0 | 56,000 | 0 |
| 600.19 · Live Oak Coalition | 0 | 0 | 0 |
| 600.20 · People to People Services | 0 | 0 | 0 |
| 600.21 · Tri City Hosp Found | 0 | 0 | 0 |
| 600.22 · Fallbrook Comm Flu Shot Clinic | 0 | 0 | 0 |
| 600.23 · Community Health Fair | 0 | 8,000 | 0 |
| 600.24 · Community Collaboratives | 0 | 12,000 | 0 |
| 600.19 · Live Oak Coalition | 0 | 0 | 0 |
| 600.20 · People to People Services | 0 | 0 | 0 |
| 600.21 · Tri City Hosp Found | 0 | 0 | 0 |
| 600.22 · Fallbrook Comm Flu Shot Clinic | 0 | 0 | 0 |
| 600.25 · Fire Victim's Fund | 0 | 0 | 0 |
| 600.26 · North County Disabled Services | 0 | 0 | 0 |
| 600.27 · Mothers Against Drunk Driving | 0 | 0 | 0 |

FALLBROOK HEALTHCARE DISTRICT
YTD Profit & Loss Actual vs Budget

May 2016

2016 YEAR TO DATE

| | May 16 | Budget | \$ Over Budget | Jul 1, '15 - Jun 29, 16 | Budget | \$ Over Budget |
|---|--------|--------|----------------|-------------------------|---------|----------------|
| 600.28 · MHS Fallbrook Teen Recovery | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.29 · Mentoring Associates | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.30 · St. Peter's Catholic Community | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.31 · San Diego Futures Foundation | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.32 · Fallbrook Land Conserv Found | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.33 · REINS Therapy | 0 | 0 | 0 | 22,500 | 22,500 | 0 |
| 600.34 · Health Care Resources | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.35 · MHS Recovery & Education Ctr | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.36 · Friends of the Fibk Library | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.37 · Trauma Intervention Programs | 0 | 0 | 0 | 8,000 | 8,000 | 0 |
| 600.38 · Fallbrook Diabetes Project | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.39 · PSA Screening | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.40 · Think First Program | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.41 · North County Fire AED's | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.42 · FUHS Athlete Exam Project | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.43 · Healthy Woman Program | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.44 · Fallbrook Fitness Challenge | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.45 · Legacy Endowment | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.46 · North Inland Comm Prev Program | 0 | 0 | 0 | 8,500 | 8,500 | 0 |
| 600.47 · FUHS - Asperger's Support Ctr | 0 | 0 | 0 | 6,500 | 6,500 | 0 |
| 600.48 · Save Our Children's Sight | 0 | 0 | 0 | 6,600 | 6,600 | 0 |
| 600.49 · Organ Donor Seminar | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.50 · CSU San Marcos - Nursing | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.51 · North County C.E.R.T. Inc. | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.52 · Fallbrook Library Display | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.57 · North County Fire Protect Distr | 0 | 0 | 0 | 35,000 | 10,000 | 25,000 |
| 600.70 · WOMAN OF WELLNESS - WOW | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.97 · Allocated to Comm Hlthcre Prog | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.98 · Healthcare Program Under Budget | 0 | 0 | 0 | 0 | 0 | 0 |
| 600.99 · Healthcare Program Audits | 0 | 0 | 0 | 0 | 0 | 0 |
| 600 · Community Healthcare Programs - Other | 0 | 0 | 0 | 0 | 0 | 0 |
| Total 600 · Community Healthcare Programs | 0 | 0 | 0 | 643,077 | 620,000 | 23,077 |

FALLBROOK HEALTHCARE DISTRICT
YTD Profit & Loss Actual vs Budget

May 2016

2016 YEAR TO DATE

| | May 16 | Budget | \$ Over Budget | Jul 1, '15 - Jun 29, 16 | Budget | \$ Over Budget |
|---|---------|---------|----------------|-------------------------|-----------|----------------|
| 6560 · Payroll Expenses | 0 | 0 | 0 | 0 | 0 | 0 |
| 800 · District Direct Care Services | | | | | | |
| 800.01 · SERA | 0 | 0 | 0 | 0 | 0 | 0 |
| 800.02 · A+ Urgent Care | 19,500 | 0 | 19,500 | 294,000 | 235,500 | 58,500 |
| 800 · District Direct Care Services - Other | 0 | 0 | 0 | 0 | 0 | 0 |
| Total 800 · District Direct Care Services | 19,500 | 0 | 19,500 | 294,000 | 235,500 | 58,500 |
| Total Expense | 80,631 | 0 | 80,631 | 1,734,403 | 1,833,333 | (98,930) |
| Net Ordinary Income | 129,095 | 193,764 | (64,669) | 51,158 | 1,790 | 49,368 |
| Other Income/Expense | | | | | | |
| Other Income | | | | | | |
| 704 · Property Sale Proceeds | 0 | 0 | 0 | 0 | 0 | 0 |
| 701 · Calif Mandated Reimbursement | 0 | 0 | 0 | 0 | 0 | 0 |
| 702 · Transfer of Contingency Funds | 0 | 0 | 0 | 0 | 0 | 0 |
| 703 · Insurance Refund | 0 | 0 | 0 | 0 | 0 | 0 |
| 700.99 · Stock Sale Proceeds | 0 | 0 | 0 | 0 | 0 | 0 |
| 700.10 · Old Hospital Proceeds | 0 | 0 | 0 | 0 | 0 | 0 |
| 700.11 · Miscellaneous Income | 0 | 0 | 0 | 0 | 0 | 0 |
| 700.10 · Old Hospital Proceeds - Other | 0 | 0 | 0 | 0 | 0 | 0 |
| Total 700.10 · Old Hospital Proceeds | 0 | 0 | 0 | 0 | 0 | 0 |
| Total Other Income | 0 | 0 | 0 | 0 | 0 | 0 |
| Other Expense | | | | | | |
| 700 · Asset Management - District | 0 | 0 | 0 | 0 | 0 | 0 |
| 700.1 · EDD Obligation | 0 | 0 | 0 | 0 | 0 | 0 |
| 700.2 · Professional Fees / Other | 0 | 0 | 0 | 0 | 0 | 0 |
| 900.01 · CPU Consultant | 0 | 0 | 0 | 0 | 0 | 0 |

FALLBROOK HEALTHCARE DISTRICT
YTD Profit & Loss Actual vs Budget

May 2016

| | May 16 | Budget | \$ Over Budget |
|---|---------|---------|----------------|
| 900.02 · CPU Related Expense | 0 | 0 | 0 |
| 900.03 · Architectural Services | 0 | 0 | 0 |
| 900.04 · Engineering | 0 | 0 | 0 |
| 900.05 · Facilities Analysis | 0 | 0 | 0 |
| 900.06 · Equipment Analysis | 0 | 0 | 0 |
| 900.07 · Depreciation- Capital Imprvrmts | 0 | 0 | 0 |
| 700 · Asset Management - District - Other | 0 | 0 | 0 |
| Total 700 · Asset Management - District | 0 | 0 | 0 |
| 900 · District Asset Management | 0 | 0 | 0 |
| 709 · Transfer of Contingency Funds | 0 | 0 | 0 |
| 650 · Committed Reserve Funds | 0 | 0 | 0 |
| 680 · General Election | 0 | 0 | 0 |
| 950 · CHS Termination Activities | | | |
| 950.01 · Continuation Agreement | 0 | 0 | 0 |
| 950.02 · Payment on Depreciated Assets | 0 | 0 | 0 |
| 950.03 · Lease Termination Settlement | 0 | 0 | 0 |
| 950.04 · Expenses Pd on Behalf of CHS | 0 | 0 | 0 |
| 950.05 · DPNF - HFS Consultant services | 0 | 0 | 0 |
| 950 · CHS Termination Activities - Other | 0 | 0 | 0 |
| Total 950 · CHS Termination Activities | 0 | 0 | 0 |
| Total Other Expense | 0 | 0 | 0 |
| Net Other Income | 0 | 0 | 0 |
| Net Income | 129,095 | 193,764 | (64,669) |

2016 YEAR TO DATE

| | Jul 1, '15 - Jun 29, 16 | Budget | \$ Over Budget |
|---|-------------------------|--------|----------------|
| 900.02 · CPU Related Expense | 0 | 0 | 0 |
| 900.03 · Architectural Services | 0 | 0 | 0 |
| 900.04 · Engineering | 0 | 0 | 0 |
| 900.05 · Facilities Analysis | 0 | 0 | 0 |
| 900.06 · Equipment Analysis | 0 | 0 | 0 |
| 900.07 · Depreciation- Capital Imprvrmts | 0 | 0 | 0 |
| 700 · Asset Management - District - Other | 0 | 0 | 0 |
| Total 700 · Asset Management - District | 0 | 0 | 0 |
| 900 · District Asset Management | 0 | 0 | 0 |
| 709 · Transfer of Contingency Funds | 0 | 0 | 0 |
| 650 · Committed Reserve Funds | 0 | 0 | 0 |
| 680 · General Election | 0 | 0 | 0 |
| 950 · CHS Termination Activities | | | |
| 950.01 · Continuation Agreement | 0 | 0 | 0 |
| 950.02 · Payment on Depreciated Assets | 0 | 0 | 0 |
| 950.03 · Lease Termination Settlement | 0 | 0 | 0 |
| 950.04 · Expenses Pd on Behalf of CHS | 806 | 0 | 806 |
| 950.05 · DPNF - HFS Consultant services | 3,894 | 0 | 3,894 |
| 950 · CHS Termination Activities - Other | 0 | 0 | 0 |
| Total 950 · CHS Termination Activities | 4,700 | 0 | 4,700 |
| Total Other Expense | 4,700 | 0 | 4,700 |
| Net Other Income | (4,700) | 0 | (4,700) |
| Net Income | 46,458 | 1,790 | 44,668 |

**FALLBROOK HEALTHCARE DISTRICT
COMBINED BALANCE SHEET COMPARISON - ALL FUNDS**

Comparison of MAY 31, 2016 to APRIL 30, 2016

| | May 31, 16 | Apr 30, 16 | \$ Change | % Change |
|---|-------------------|-------------------|-----------------|-------------|
| ASSETS | | | | |
| Current Assets | 6,412,607 | 6,424,616 | (12,009) | (0)% |
| Fixed Assets | | | | |
| 120.01 · ALVARADO BLDG | 291,240 | 291,240 | 0 | 0% |
| 121 · Equipment | 19,522 | 19,522 | 0 | 0% |
| 121.2 · Equipment Depreciation | (19,023) | (18,885) | (138) | (1)% |
| 122.0 · ASSETS HELD FOR RESALE | | | | |
| 122.01 · FALLBROOK HOSPITAL | 4,417,521 | 4,417,521 | 0 | 0% |
| 122.02 · WELLNESS CENTER | 291,240 | 291,240 | 0 | 0% |
| Total 122.0 · ASSETS HELD FOR RESALE | 4,708,761 | 4,708,761 | 0 | 0% |
| Total Fixed Assets | 5,000,500 | 5,000,638 | (138) | 0% |
| TOTAL ASSETS | <u>11,413,107</u> | <u>11,425,254</u> | <u>(12,148)</u> | <u>(0)%</u> |
| LIABILITIES & EQUITY | | | | |
| Liabilities | | | | |
| Current Liabilities | | | | |
| Accounts Payable | | | | |
| 140 · Accounts Payable | 25,005 | 29,280 | (4,275) | (15)% |
| Total Accounts Payable | 25,005 | 29,280 | (4,275) | (15)% |
| Credit Cards | | | | |
| 150.1 · American Express 41007 | 65 | 311 | (246) | (79)% |
| Total Credit Cards | 65 | 311 | (246) | (79)% |
| Other Current Liabilities | | | | |
| 204 · Accrued Vacation & Sick Leave | 4,457 | 4,457 | 0 | 0% |
| 211 · P/R Taxes Payable | 5,406 | 5,328 | 77 | 2% |
| 215 · Comm Healthcare Programs Pble | | | | |
| 215.23 · Health Fair | 9,632 | 10,488 | (857) | (8)% |
| 215.24 · Community Collaborative | 17,525 | 17,764 | (239) | (1)% |
| 215.39 · PSA Screening | (907) | (907) | 0 | 0% |
| 215.46 · FHD Promotional Float | 186 | 186 | 0 | 0% |
| 215.47 · Healthcare Heroes | (395) | (395) | 0 | 0% |
| 215.70 · Woman of Wellness (WOW) | 2,894 | 2,945 | (51) | (2)% |
| 215 · Comm Healthcare Programs Pble - Other | 4,700 | 135,550 | (130,850) | (97)% |
| Total 215 · Comm Healthcare Programs Pble | 33,635 | 165,632 | (131,997) | (80)% |
| Total Other Current Liabilities | 43,497 | 175,416 | (131,920) | (75)% |
| Total Current Liabilities | 68,567 | 205,007 | (136,440) | (67)% |
| Total Liabilities | 68,567 | 205,007 | (136,440) | (67)% |
| Equity | | | | |
| 300 · Unrestricted Fund Balance | 11,238,394 | 11,238,394 | 0 | 0% |
| Net Income | 106,146 | (18,146) | 124,293 | 685% |
| Total Equity | 11,344,540 | 11,220,247 | 124,293 | 1% |
| TOTAL LIABILITIES & EQUITY | <u>11,413,107</u> | <u>11,425,254</u> | <u>(12,148)</u> | <u>(0)%</u> |

Local Agency Investment Fund
P.O. Box 942809
Sacramento, CA 94209-0001
(916) 653-3001

www.treasurer.ca.gov/pmia-laif/laif.asp
June 06, 2016

FALLBROOK HEALTHCARE DISTRICT

ADMINISTRATOR
P.O. BOX 2587
FALLBROOK, CA 92088

PMIA Average Monthly Yields

Account Number:



// Tran Type Definitions

May 2016 Statement

Account Summary

| | | | |
|-------------------|------|--------------------|--------------|
| Total Deposit: | 0.00 | Beginning Balance: | 1,633,638.35 |
| Total Withdrawal: | 0.00 | Ending Balance: | 1,633,638.35 |



FALLBROOK HEALTHCARE DISTRICT
 STATEMENT FOR PERIOD
 May 01, 2016 - May 31, 2016

CalTrust Medium Term Fund - FALLBROOK HEALTHCARE DIST

| Date | Transaction | Shares | Price Per Share | Amount | Average Cost NAV | Average Cost Amount | Realized Gain/Loss* |
|------------|-----------------------------------|--------------------|-----------------|---------------------|------------------|---------------------|---------------------|
| 04/30/2016 | BALANCE FORWARD | 417,684.802 | 10.09 | 4,214,439.65 | 10.05175309 | 4,198,464.50 | |
| 05/02/2016 | INCOME DISTRIBUTION - APRIL | 340.119 | 10.09 | 3,431.80 | 10.05178421 | 3,431.80 | 0.00 |
| 05/31/2016 | UNREALIZED GAIN (LOSS) | 0.000 | | -4,180.25 | | 0.00 | |
| 05/31/2016 | ENDING BALANCE | <u>418,024.921</u> | 10.08 | <u>4,213,691.20</u> | | <u>4,201,896.30</u> | |
| | INCOME DISTRIBUTION PAID - APRIL | | | 0.00 | | | |
| | INCOME ACCRUAL - MAY | | | 3,540.38 | | | |
| | CUMULATIVE UNREALIZED GAIN (LOSS) | | | 11,794.90 | | | |

* Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

For Inquiries About Your Account, Contact:

Nottingham Investment Administration
 116 South Franklin Street
 Rocky Mount, NC 27804
 Attention: CalTRUST Shareholder Services
 Phone: 800.773.3863
 Fax: 252-972-1908
 Email: caltrustsupport@ncfunds.com

FALLBROOK HEALTHCARE DISTRICT
 FALLBROOK HEALTHCARE DIST
 ATTN: BOBBI A PALMER
 138 SOUTH BRANDON ROAD
 FALLBROOK CA 92028

REPORTS

REPORTS

Long Range Planning Committee

To: Board of Directors
From: Long Range Planning Committee
Re: Strategic Direction for FHD
Date: July 1, 2016

Areas of focus for Community Health

1. Promote educational opportunities for individuals at high risk for diabetes
2. Promote physical activity with Fallbrook Healthcare District's campaign, "Call to Activity...Wellness...One step at a Time"
3. Promote a diet rich in fruits, whole grains, green vegetables through nutrition education
4. Develop programs sponsored by FHD designed with proven methods to prevent diabetes
5. Promote regular physical activity and good nutrition in schools in our resident area.
6. Your prescription for Health; "ExeRXcise is Medicine- EIM Solution Connecting clinical and community care teams.

What is Exercise is Medicine?

In 2007, the American Medical Association (AMA) and the American College of Sports Medicine (ACSM) co-launched Exercise is Medicine (EIM) a United States-based health initiative that has since been coordinated by ACSM. The initial purpose of EIM was to make a scientifically proven benefits of physical activity the standard in the U.S. healthcare system. Within two years of its launch, representatives from international public health, medical and scientific associations asked ACSM to expand its initial scope beyond the United States. One of the visions of EIM was to "provide patients with brief counseling to help him/her meet the guidelines and/or refer the patient to either healthcare or **community-based resources** for further physical activity (PA) counseling.

Statement of Need:

Utilizing the North County Communities Collaborative Health Initiative (NCCCHI) as a framework to develop pilot programs and best practice methods formed with the mission addressing:

“Rates of diabetes, hypertension and heart disease continue to rise. In California, the incidence of diabetes has increased by 32% in the past decade, one in seven adults has diabetes and the greatest number of annual cases of diabetes occurs. The fiscal impact to the State of California is over \$35.9 billion dollars in 2010. Diabetes left untreated can lead to serious and costly complications as well as reduced lifespan.

REPORTS

Executive Director – Bobbi Palmer

To: Board of Directors
Fallbrook Healthcare District
From: Bobbi Palmer, MBA, MSW
Executive Director
Date: June 27, 2016
Re: Monthly Report

Community Engagement

- Participation at the Community Health Systems, Inc.; Jack E. Johns annual Health Fair
- Upcoming Fallbrook Library Health Fair; project conducted by the Bonsall High School Summer Internship Program
- Upcoming speaking engagements: Rotary Clubs
- Grant Recipient Celebration- prior to the July 13th Board Meeting (see attached)
- Advisory Committee formation-prior to the July 13th Board Meeting (see attached)
- Youth Advisory Committee (see attached)

Call to Activity...Wellness...One Step at a Time Campaign

- **June** Health Champion - Fallbrook Senior Center invited to Line Dance at the Health Fair June 25
- **July** Health Champion – Ann Wade of “Wade into Fitness”, YogaFit and Zumba, Ann@WadeintoFitness.com

Behavioral Health Trends in the Fallbrook Healthcare District area (see attached document and article)

- Live Well San Diego 3-4-50 North Inland Region 2000-20013 data and chronic disease (see attached)

Legislative Advocacy

Assembly Bill 1754, a bill authored by Assembly member Marie Waldron to protect vulnerable seniors and dependent adults passed the Assembly Floor and now heads to the Senate. AB1754 will help elder and adult victims of financial crimes deal with the severe emotional and financial trauma that results from these crimes. AB1754 sets up a pilot program in San Diego County to help pay for mental health and financial counseling that may be needed. Victims will be reimbursed up to \$3,000.00 from the California Victim compensation partly financed through federal funding.

Woman of Wellness July 7th event sponsored by Fallbrook Healthcare District focuses on varicose veins (see attached article).

North County Communities Collaborative Health Initiative (NCCCHI)

Prevention strategies: Diabetes

Question:

Can you really prevent diabetes just by walking?

Answer:

Type 2 diabetes may actually be preventable with regular physical activity – even just walking. During the past decade, many studies that assessed people’s exercise habits have concluded that regular physical activity is associated with a lower risk for the development of type 2 diabetes.

The Diabetes Prevention Program (DPP) studied 3,234 overweight American adults with impaired glucose tolerance (IGT, diagnosed with an oral glucose tolerance test) at high risk for diabetes, almost half of whom were from high-risk ethnicities (African American or Hispanics.) Participants in the “lifestyle arm” of the study were asked to follow a low-fat diet and increase their exercise to include 150 minutes (2.5 hours) per week of a moderately intense activity (such as brisk walking) spread out over at least three days and engaged in for a minimum of 10 minutes at a time.

After three (3) years, people who changed their lifestyles for the better had reduced their average risk of developing diabetes by 58%.

Aas, A. M., I. Bergstad, P.M. Thorsby, et al. 2005. An intensified lifestyle intervention program may be superior to insulin treatment in poorly controlled type 2 diabetic patients on oral hypoglycemic agents: Results of a feasibility study. *Diabetic Medicine* 22:316-22.

American College of Sports Medicine. 2000. Exercise and type 2 diabetes. *Medicine and Science* 32:1345-60.

Agent Orange and Type 2 Diabetes

Type 2 diabetes is common among older adults, including Vietnam Veterans. The Institute of Medicine of the National Academy of sciences published a report “Veterans and Agent Orange: Herbicide/Dioxin Exposure and type 2 Diabetes” in 2000. This report, and its 2002 and 2004 updates, found evidence of an association between exposures to herbicides and type 2 diabetes. Veterans who were potentially exposed to Agent Orange or other herbicides during military service do not have to prove a connection between diabetes and service to be eligible to receive VA Health care and disability compensation.

FALLBROOK FAMILY HEALTH CENTER RESOURCE FAIR ON JUNE 25TH 2016

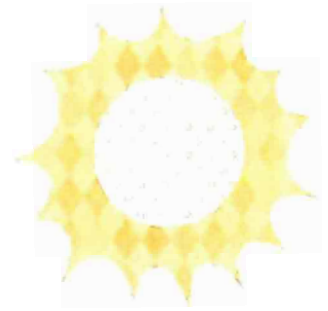




Fallbrook Family Health Center

Where caring and quality meet for a healthier you

Since 1984



Join us for our Community Resource Fair & Behavioral Health Center Grand Opening

SATURDAY, JUNE 25, 2016

9:00AM--1:00PM

Get a tour of our
New Behavioral

Meet and
greet our staff

*COME AND SEE ALL YOUR COMMUNITY RESOURCES ALONG WITH
OUR NEW BEHAVIORAL HEALTH CENTER*

EDUCATION • HEALTH • SPORTS • SAFETY • AND MORE!

FREE MEDICAL, DENTAL AND
VISION SCREENINGS

FREE AND OPEN TO THE
COMMUNITY

SNACKS, PRIZES AND
GIVEAWAYS!



For more information, please call us at

760-451-4728

1328 S. MISSION ROAD, FALLBROOK CA 92028





**Thursday
July 28, 2016**

10:00-1:00pm

@ Fallbrook Library

10 am information tables open
10:30 John Abrams Animal
Magic Show
followed by Refreshments
prepared by
Sheriff Volunteer Patrol
Face painting & Balloon animals
Raffle Prizes.

Free services Include:
Screenings for BMI, Vision,
Dental, Blood Sugar and
Blood Pressure done on site.

Information available on
immunizations, mammograms
pregnancy, nutrition, CalFresh,
Medi-Cal, DACA & DAPA, Crime
prevention, preschools, Senior
Assistance, Immigration, Naturali-
zation and Citizenship, affordable
phone service and health Services

Participating Community Partners: HHSa, Blue Shield of CA, Fallbrook Family Health Center, Fallbrook Citizens Crime Prevention Committee, GANAS, MHS N. Inland Community Prevention Program, SafetyNet Wireless, Employment Development Department, Unitarian Universalist Refuge and Immigrant Services and Education, N. County Immigration Task Force, A Leer, Vista Community Clinic, Fallbrook Health Care District, Fallbrook Pregnancy Resource Center, Hope Imaging Center, American Cancer Society, Fallbrook United Methodist Church Preschool, Fallbrook Smiles Project, CSUSM Nursing Students, SD County Sheriff's Department, Fallbrook Food Pantry and Seniors-Helping-Seniors

124 S. Mission Rd. Fallbrook, CA 92028

760-731-4650

FALLBROOK HEALTHCARE DISTRICT

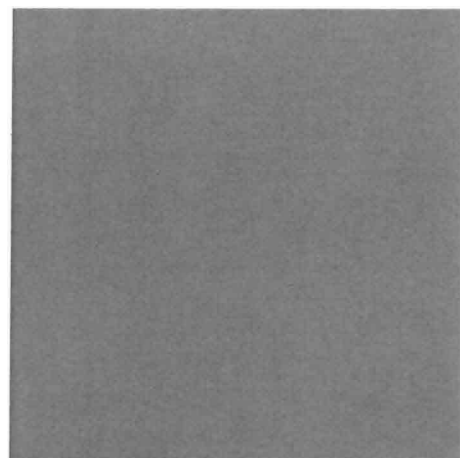
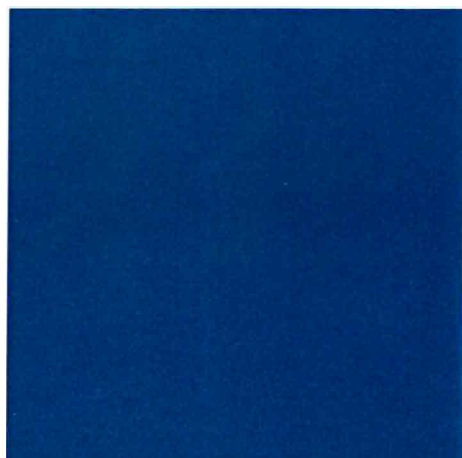
BOARD OF DIRECTORS PRESENTATION OF COMMUNITY HEALTHCARE CONTRACTS

FISCAL YEAR 2016 - 2017

| ORGANIZATION | PROGRAM | AMOUNT |
|---|---|----------|
| BOYS & GIRLS CLUB OF NORTH COUNTY | SUMMER WATER SAFETY PROGRAM | \$7,200 |
| BOYS & GIRLS CLUB OF NORTH COUNTY | TRIPLE PLAY | \$30,000 |
| FALLBROOK CITIZENS CRIME PREVENTION COMMITTEE (FCCPC) | GANAS MENTORING PROGRAM | \$8,000 |
| FALLBROOK FAMILY HEALTH CENTER | BEHAVIORAL HEALTH | \$50,000 |
| FALLBROOK FAMILY HEALTH CENTER | UNCOMPENSATED CARE | \$35,000 |
| FALLBROOK FOOD PANTRY | NUTRITIOUS FOOD FOR THE HUNGRY | \$60,000 |
| FALLBROOK SENIOR CENTER | NUTRITION-HOME DELIVERED MEAL | \$55,000 |
| FALLBROOK SENIOR CENTER | MOBILITY/EXERCISE PROGRAM | \$7,138 |
| FALLBROOK SMILES PROJECT | CELEBRATE HEALTH | \$70,000 |
| FALLBROOK UNION HIGH SCHOOL | ASPERGER'S AUTISM SUPPORT LEARNING CENTER | \$6,500 |
| FOUNDATION FOR SENIOR CARE | ADULT DAY CARE CENTER | \$25,683 |
| FOUNDATION FOR SENIOR CARE | CARE ADVOCACY PROGRAM | \$50,000 |
| FOUNDATION FOR SENIOR CARE | CARE VAN & EXPANDED RIDES PROGRAM | \$54,406 |
| HEALTHY ADVENTURES | FALLBROOK COMMUNITY CENTER WELLNESS PROJECT | \$9,000 |
| JEREMIAH'S RANCH | JEREMIAH'S RANCH SUPPORT GROUP | \$12,000 |
| MENTAL HEALTH SYSTEMS - NORTH INLAND COMMUNITY PREVENTION PROGRAM | FALLBROOK YOUTH ADVOCACY COALITION (FYAC) | \$9,620 |
| MICHELLE'S PLACE | BREAST HEALTH ASSISTANCE PROGRAM | \$15,000 |
| NORTH COUNTY FIRE PROTECTION DISTRICT | RAINBOW/BONSALL ADVANCED LIFE SUPPORT EXPANSION PROJECT | \$29,839 |
| PALOMAR FAMILY COUNSELING | HEALTHY BODIES, HEALTHY MINDS | \$74,000 |
| PALOMAR HEALTH FOUNDATION | THE SENIOR CARE GRANT PROGRAM (SCGP) | \$10,000 |
| REINS | CONSULTING THERAPY PROGRAM | \$40,800 |
| REINS | CPR, FIRST AID & EMERGENCY PREPAREDNESS PROGRAM | \$5,500 |
| TRAUMA INTERVENTION PROGRAM OF SAN DIEGO (TIP) | TRAUMA INTERVENTION PROGRAM | \$8,000 |
| UCSD EYE MOBILE FOR CHILDREN | UCSD EYE MOBILE FOR CHILDREN | \$8,500 |

TOTAL AWARDED: \$681,186.00

| | Advisory Committee | |
|-------------|-------------------------------|-----------|
| | Antonia | Gregorio |
| | Francisco | Anaya |
| | Isabella | Rehder |
| | Marisol | Gonzalez |
| | Victoria | Luckie |
| Dr. | Douglas | Clements |
| Dr. | Graydon | Skeoch |
| Dr. | Philip | Brodak |
| Dr. | Richard | Koole |
| Dr. | Timothy | Coen |
| Dr. | Timothy | Murphy |
| Mr. | Al | Beaubier |
| Mr. | Bob | Wright |
| Mr. | Dan | Goldberg |
| Mr. | Hollis | Moyse |
| Mr. | Jack | Johns |
| Mr. | Leonard | Rodriguez |
| Mr. | Morgan | Cadmus |
| Mr. | Richard | Bigley |
| Mr. | Robert | Leonard |
| Mr. | Roy | Moosa |
| Mr. | Terry | Fatland |
| Mr. | Tom | Ferral |
| Mr. or Mrs. | Richard | Bigley |
| Mrs. | Ann | Wade |
| Mrs. | Claudia | Watson |
| Mrs. | Gail | Martin |
| Mrs. | Martha | McCool |
| Mrs. | Pat | Braendal |
| Mrs. | Rachel | Mason |
| Mrs. | Susan | Gallagher |
| Ms. | Erica | Williams |
| Ms. | Janine | Brady |
| Ms. | Lee | Fleming |
| Ms. | Lila | MacDonald |
| Ms. | Lucy | Taylor |
| Ms. | Patricia | Martinez |
| Ms. | Phyllis | Sweeney |
| Ms. | Renee | Barnes |
| Ms. | Veronica | Pertusini |
| Pastor | Mark | Johnson |



Building Effective Youth Councils

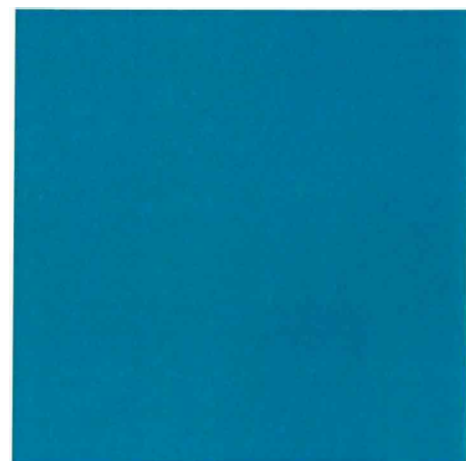
A PRACTICAL GUIDE TO ENGAGING YOUTH
IN POLICY MAKING

Shanetta Martin, Karen Pittman, Thaddeus Ferber, Ada McMahon

Part of the Youth Engagement Series for Municipal and State Leaders

In Collaboration with The National League of Cities' Institute for Youth,
Education, and Families, and The National Conference of State Legislatures

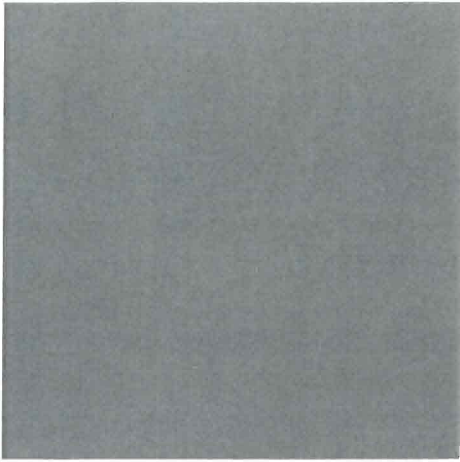
Published by The Forum for Youth Investment
July 2007



About the Forum for Youth Investment

The Forum for Youth Investment is a nonprofit, nonpartisan “action tank” dedicated to helping communities and the nation make sure all young people are Ready by 21™ – ready for college, work and life. Informed by rigorous research and practical experience, the Forum forges innovative ideas, strategies and partnerships to strengthen solutions for young people and those who care about them. A trusted resource for policy makers, advocates, researchers and practitioners, the Forum provides youth and adult leaders with the information, connections and tools they need to create greater opportunities and outcomes for young people.

The Forum was founded in 1998 by Karen Pittman and Merita Irby, two of the country’s top leaders on youth issues and youth policy. The Forum’s 25-person staff is headquartered in Washington D.C. in the historic Cady-Lee House with a satellite office in Michigan and staff in Missouri, New Mexico and Virginia.



**A Practical Guide to Engaging Youth
in Policy Making**

Building Effective Youth Councils

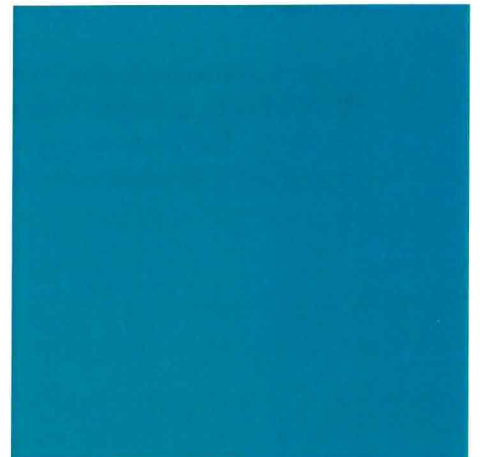
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The Forum for Youth Investment.

Shanetta Martin, Karen Pittman, Thaddeus Ferber, Ada McMahon

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about reprinting this publication and
information about other publications.



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This guide builds directly upon the work of many others. We owe an enormous thank you to the staff and members of the 18 state and local youth councils (see right) who collaborated with us, offering their assistance in developing this report. We hope that it reflects their experiences, informs their future decisions and provides a common language and tools to help others follow in their footsteps.

Special thanks to the New Mexico Youth Alliance, Hampton Youth Commission, Maine Legislative Youth Advisory Council and Boston Mayor's Council for their candid and abundant advice and for providing the photos used throughout this report. We also owe a debt of gratitude to the national organizations that work on youth engagement issues – specifically the California Research Bureau (CRB) for their assistance in connecting us to existing youth council groups across the country.

This guide was informed by CRB's recent report, "Youth Involvement in Policymaking," which discusses and tracks the intentional involvement of young people in the public policy arena. Thanks also to the National Conference of State Legislatures who have worked to bring youth involvement in policy to the forefront with state legislators across the country, tracked legislation around youth participation in state government and partnered with the Forum to hold an audio conference showcasing the work of youth councils across the country.

The authors would like to acknowledge the contributions of Livia Kent, Special Assistant to the Executive Director at the Forum, for editing and assisting with layout and design.

Finally, thanks to the Surdna Foundation, the Volunteer IMPACT Fund and the New Mexico Community Foundation. Their financial support of the Forum's youth engagement work helped make his guide possible.

State Youth Councils

Arizona Governor's Youth Commission, Tammy Paz-Combs
Iowa Youth Action Committee, Beth Govoni
Louisiana Youth Advisory Council
Maine Legislative Youth Advisory Council, Phillip McCarthy
Maryland Youth Council
Missouri Governor's Youth Cabinet
Nebraska Governor's Youth Advisory Council
Nevada Youth Legislative Issues Forum
New Hampshire Youth Advisory Council
New Mexico Youth Alliance, Lanny Leyba
North Carolina State Youth Council, Cynthia Giles
Washington State Legislative Youth Advisory Council, Greg Williamson

City Youth Councils

Boston Mayor's Youth Council (MA), Patty McMahan
Des Moines Youth Advisory Board (IA), Karen Ligas
Grand Rapids Mayor's Youth Council (MI), Shannon Harris
Hampton Youth Commission (VA), Cindy Carlson
Nashville Youth Advisory Council (TN), Sherica Clark
San Francisco Youth Commission (CA), Rachel Antrobus

National Resource Organizations

National League of Cities
National Conference of State Legislatures
California Research Bureau
Innovation Center for Community and Youth Development
Youth on Board
University of Wisconsin
Youth Leadership Institute

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Rationale for Youth Engagement in Government

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6 Keys to Creating Effective Youth Councils

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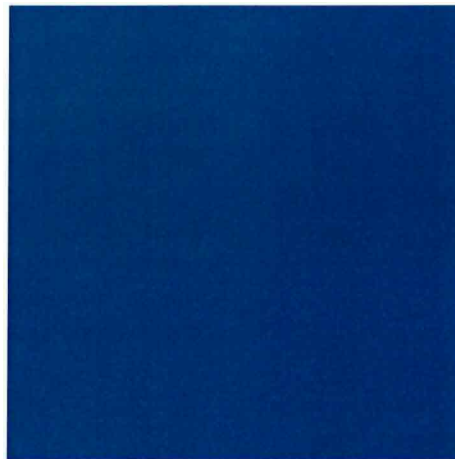
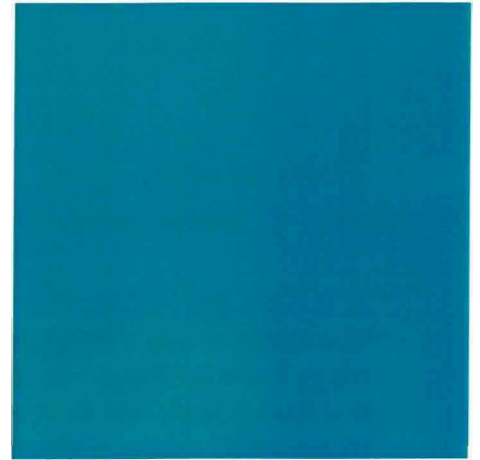
Rationale for Youth Engagement in Government



New Mexico Youth Alliance with Governor Richardson

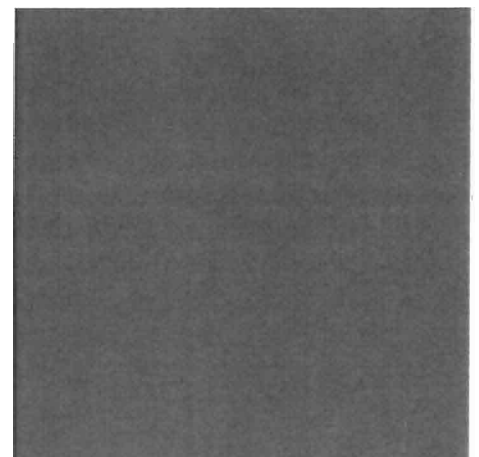
[Youth councils are] a popular and effective way to get more youth involved in solving local problems and more actively engaged in the community.

“Promoting Youth Participation,”
National League of Cities, 2002.



Socially engaged young people have the knowledge that their actions can effect positive change. They possess an awareness and motivation about the need for positive change in their world that is based on knowledge. They have the skills and capacity to make a contribution. They are resourceful, connected and experienced; they know how to access and navigate their ways through different settings and institutions to find and create opportunities to be engaged in purposeful collective action that can lead to positive social change or improvements in conditions for themselves and others.

“Youth Acts, Community Impacts,”
Forum for Youth Investment, 2001.



Overview

What is a Youth Council?

Many mayors, governors and legislatures across the country have created youth councils: formal bodies made up of youth (typically ages 16-18) who advise high-level decision makers and elected officials.

The structure and role of councils vary from city to city and state to state. In some cases they provide advice on proposed and pending legislation, state budget expenditures and funding for youth programs. In Maine, the council also has the duty of drafting and proposing legislation. Whatever their structure, youth councils give young people a meaningful role in the policy and decision-making process.

Young people of all ages have found their voice through organizing, advocacy and community leadership. Since young people aged 18 and over have direct voting power, youth councils are not the only way that young people can be involved in policy making. Youth Councils, however, provide the opportunity to have direct access to policy makers. Increasingly, youth and adults are looking for strategies to ensure that they take full advantage of this opportunity.

About the Guide

The Forum for Youth Investment believes that meaningful youth engagement is critical for the creation of sustainable, widespread, high-impact change in the systems and settings that can either support or hinder young people's progress.

This guide builds on the Forum's earlier work on youth engagement — Youth. Action. Community. Development: The Community and Youth Development Series, produced with funding from the Ford Foundation and available on the Forum's web site (www.forumfyi.org). This guide is also part of a larger goal of the Forum to produce timely, practical and helpful publications for change-maker leaders on the national, state and local levels. These leaders can be members of government, nonprofit organizations, communities or youth and their families, all of whom take a Big Picture approach to ensuring that young people are Ready by 21™: ready for college, work and life.

The guide is designed to help states and localities create or strengthen their own youth councils. It is a synthesis of theory and practice that provides a general framework for thinking about youth councils, explaining the principles for youth action and the importance of youth engagement. It also incorporates advice and lessons from people in the field who have started or currently staff youth councils across the country. The guide incorporates examples from these youth councils to illustrate key points, focusing heavily on the youth councils in Boston, Massachusetts; Hampton, Virginia; and the state of New Mexico.

Because of the growing interest in creating state youth councils, we have written the lessons here with the particular challenges of state councils in mind. But most, if not all, of these lessons are also applicable on the local level.

The guide is divided into three parts:

- ***The Rationale for Youth Engagement in Government*** provides a theoretical and historical context for youth councils by articulating the rationale for engaging youth in policy and decision-making processes and by explaining the Forum's Principles of Youth Engagement.
- ***6 Keys to Creating Effective Youth Councils*** delves into the nuts and bolts of creating a youth council. This sections focuses on two essentials — *laying the foundation and supporting youth action* — and offers tested options for achieving six key tasks associated with these two objectives. There are two types of action required to create an effective council. If your state or community has an established, staffed and funded council, you may want to skim the first three keys associated with laying a strong foundation and focus on the second three to learn about strategies for increasing the effectiveness of your council and its members.
- ***Resources*** includes basic information about a range of youth councils, a list of additional available resources, samples of youth council enabling legislation and samples of youth council application forms.

All in all, this guide should provide you with the basic information, advice, tools and resources necessary to create effective youth councils.

The Importance of Youth Engagement

Genuine Engagement

The true engagement of young people in the change process signals a fundamental shift in how decisions are made. Young people are too often excluded from the decision-making process, even on the issues that most concern them. As Jason Warren noted a decade ago when he was a member of the New York City Youth Force, “Every day, in local arenas all the way to the White House, adults sit around and decide what problems youth have and what youth need, without ever consulting us.” Data on the status of youth in the U.S. brings urgency to Jason’s call for youth to be at the table as informers, critics and strategists.

Young people are disproportionately involved in and affected by the problems that beset communities and states. Recent research by Gambone, Connell and Klem, reports that only four in ten young people in their early 20’s are “doing well”: in college or working, emotionally and physically healthy and engaged in political or community life (Gambone, et. al, 2002). Another study, commissioned by America’s Promise Alliance, suggests that only three in ten young people ages 12 to 17 get the supports that they need to flourish: caring adults, safe places, a healthy start, effective education and opportunities to help others (America’s Promise, 2006).

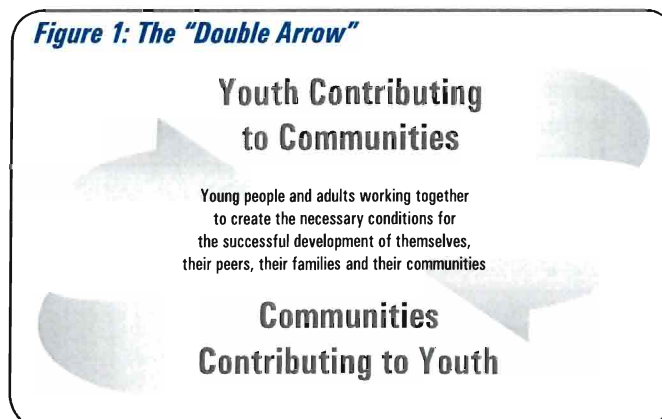
These data are certainly cause for concern. But they are also cause for engagement. Young people are the source for many solutions. And studies show that young people want to be engaged as change makers.

The “Double Arrow”

As Figure 1 suggests, change happens when youth and community development are seen as two sides of the same coin.

Young people need stronger family and community supports. They also, however, need to be afforded the tools, training and trust to apply their creativity and energy to effect change in their own lives and in the future of their neighborhoods, communities, cities and states. The first argument led the Forum to create the Ready by 21 approach to help public, private and

Figure 1: The “Double Arrow”



community leaders in states and communities make fundamental changes in the way they do business. The second argument led the Forum to emphasize youth and family engagement as one of the four key strategies for long-term, sustainable change in order to change the odds for youth.

The key to meaningful youth engagement or meaningful engagement at any age, however, is asking and answering the question, “Engagement for what?” As shown by Figure 2, youth can and should be engaged in each of the four key change strategies needed to ensure strong and sustained progress. The Forum has been promoting strategies for deeper youth engagement since 1999.

Engagement for Change

Improving the quality and coordination of youth services and supports is critical to improving youth outcomes. Communities need to respond with a greater sense of urgency and commitment. Generating improvements often requires changes in policies and resource allocations. These happen faster when there is strong community demand. Without direct youth and family input, however, improvement efforts can miss the mark. The Forum separates youth and family engagement from the task of increasing broad public demand for change to underscore the importance of engaging those directly affected.

In order to create opportunities for change, adult change makers need to find effective ways to involve youth in shaping policy, improving services and building

demand (three of the four change strategies). Similarly, those who work to engage youth (the fourth strategy), should make sure these youth are engaged in service improvement, policy decisions and increasing demand. Meaningful youth engagement requires engagement in the full range of deliberate change strategies, and all successful change efforts depend on the meaningful engagement of youth.

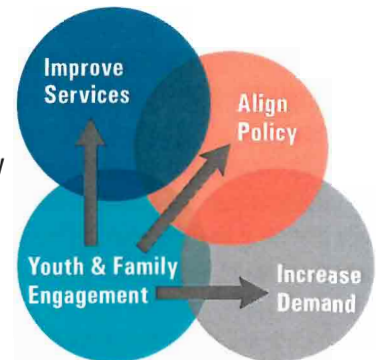
Figure 2: Promoting Integrated Change Strategies: Engaging Youth to Improve Services, Align Policy and Increase Demand

Engaging Youth and Families. Since 1999, the Forum has worked with community and youth engagement leaders across the country and around the world to document effective strategies for youth engagement to increase authentic community engagement. In 2002, the Forum formally partnered with community mobilization organizations in Nashville and Austin to develop a strategy for engaging young people as core staff. These “youth mobilizers” research community problems, engage community members and community partners, and work towards long-term solutions.

System Change/Services Coordination. In 2003, the Forum began work with educators and education advocates to develop guides to involve young people in school reform efforts and has helped youth map and assess community resources. The Forum developed an observation and discussion tool for helping young people and adults have conversations about what makes a good youth-centered school.

Increasing Demand through Issue Advocacy. In 2004, the Forum helped create the Youth Policy Action Center, a collaborative effort of more than 100 organizations, using the Web as a tool for giving young people a voice in national and local advocacy efforts.

Policy and Resource Assessment. In 2005, the Forum began involving young people in policy development by providing them with direct links to policy makers and/or to the policy-making and assessment process.



The Principles of Youth Engagement

Research shows that young people who are actively engaged in social change efforts have three core strengths:

- **Capacity:** Knowledge, leadership and action skills.
- **Motivation:** Understanding and awareness of issues and root causes, systems, strategies for change, commitment and a sense of responsibility.
- **Opportunity:** Chances to act on passions, use skills, and generate change through relevant sustained action.

These strengths do not occur by chance. Young people build skills, acquire passions, come to understandings and take on responsibilities for changing their worlds as they grow, learn and develop. Practice suggests that young people are most likely to develop these strengths when they are connected to programs and organizations that have effective youth engagement strategies explicitly designed to address these core needs.

To help programs and organizations develop these effective engagement strategies, the Forum, in partnership with youth and adult community leaders in Nashville and Austin, adapted the Youth Mobilizer model originally developed by Community IMPACT! USA to create eight Youth Action principles (see Figure 3). The eight principles are explicitly organized around the three core strengths discussed above, and a fourth category: foundation. Organizations and institutions seeking to engage youth need a strong foundation and a stable operational infrastructure that is suited to the level (e.g., neighborhood, state) and type (e.g., policy advocacy, community mobilizing) of youth engagement desired.

We used these eight principles from the Forum's report, *Core Principles for Engaging Young People in Community Change* (Pittman et al, 2007), in creating six keys to successful youth councils, introduced on page 18. For this guide, we expanded and tailored the basic principles to address the specific challenges and considerations youth councils encounter and require.

Figure 3: 1 Foundation, 3 Strengths, 8 Principles



Youth Engagement in Government

The National League of Cities (NLC) suggests that there is no one “right” way to promote youth participation in local government and identifies four options for municipal leaders to consider: a) youth service, b) youth summits, c) youth mapping efforts and d) youth councils or youth appointments to local boards and commissions. NLC writes that while youth councils “by their nature only reach a small fraction of a city’s youth population, they make a powerful statement to all young people and adult residents that youth are full and valued members of the community” (National League of Cities, 2002).

Youth councils are clearly growing in popularity (see Figure 4). The NLC web site lists more than 140 local youth councils in 19 states plus the District of Columbia. The Forum’s research found twelve states with youth councils that act in an advisory role to state policy makers. Six of these state councils were created in statute: Maine (2002), Nevada (2007), New Mexico (2003), Washington state (2005), New Hampshire (2006) and Louisiana (2007). The remaining six youth councils — in Iowa, Maryland, North Carolina, Nebraska, Arizona and Missouri — were created through executive order. Of those five, North Carolina has the longest existing youth council with 35 years of experience.

Youth Engagement in Hampton, VA

Hampton’s powerful history of youth engagement, which culminated when the city received the prestigious Innovations in American Government Award in 2005, provides a promising example of how an effective youth council can be developed over time.

Hampton’s story is proof that youth civic engagement can be done comprehensively and well. Hampton sees the options for youth civic engagement suggested by the National League of Cities not as a menu from which to pick one option, but as a mandate for ensuring that all young people have opportunities that match their skills and interests.

With the support of the Hampton Coalition for Youth, Hampton youth and adults worked to develop a rich “pyramid of opportunities” outlining three levels at which

Youth Civic Engagement

in Hampton, Virginia 1990 – 2005

1990-1995 The City Council convenes the Coalition for Youth, charged with developing recommendations for the city’s youth/family agenda. The Coalition’s federal planning grant ends in 1995, but the work doesn’t. The Coalition for Youth becomes a city department. Young people begin participating in neighborhood planning efforts.

1996-1998 Hampton’s Planning Department hires two youth as city planners and youth engagement becomes a topic of the city’s new Neighborhood College. The Hampton Youth Commission, an outgrowth of the Mayor’s Youth Council, is established. City Council funds the Youth Commission’s grant program. The Hampton Superintendent of Schools creates a Youth Advisory Board with help from Alternatives, Inc. High school principals soon follow suit.

1999-2001 Youth become voting members of the Parks & Recreation Youth Advisory Board and on the Citizens’ Unity Commission. The first Youth Component of the city’s Comprehensive Plan is adopted. Youth become full voting members on several civic associations. Local youth and adults create the “pyramid of opportunities” to describe the emerging youth engagement system.

2002-2004 Hampton is awarded the Our Town award through Jostens Foundation and Search Institute. Hampton is selected as one of eight cities to receive the Kellogg Foundation’s Youth Innovation Fund through the National Service Learning Partnership. Hampton’s Youth Civic Engagement initiative is a finalist in the prestigious Innovations in American Government Award sponsored by the Ash Institute and Kennedy School of Government.

2005 Hampton’s Youth Civic Engagement initiative is a WINNER of the prestigious Innovations in American Government Award sponsored by the Ash Institute and Kennedy School of Government.

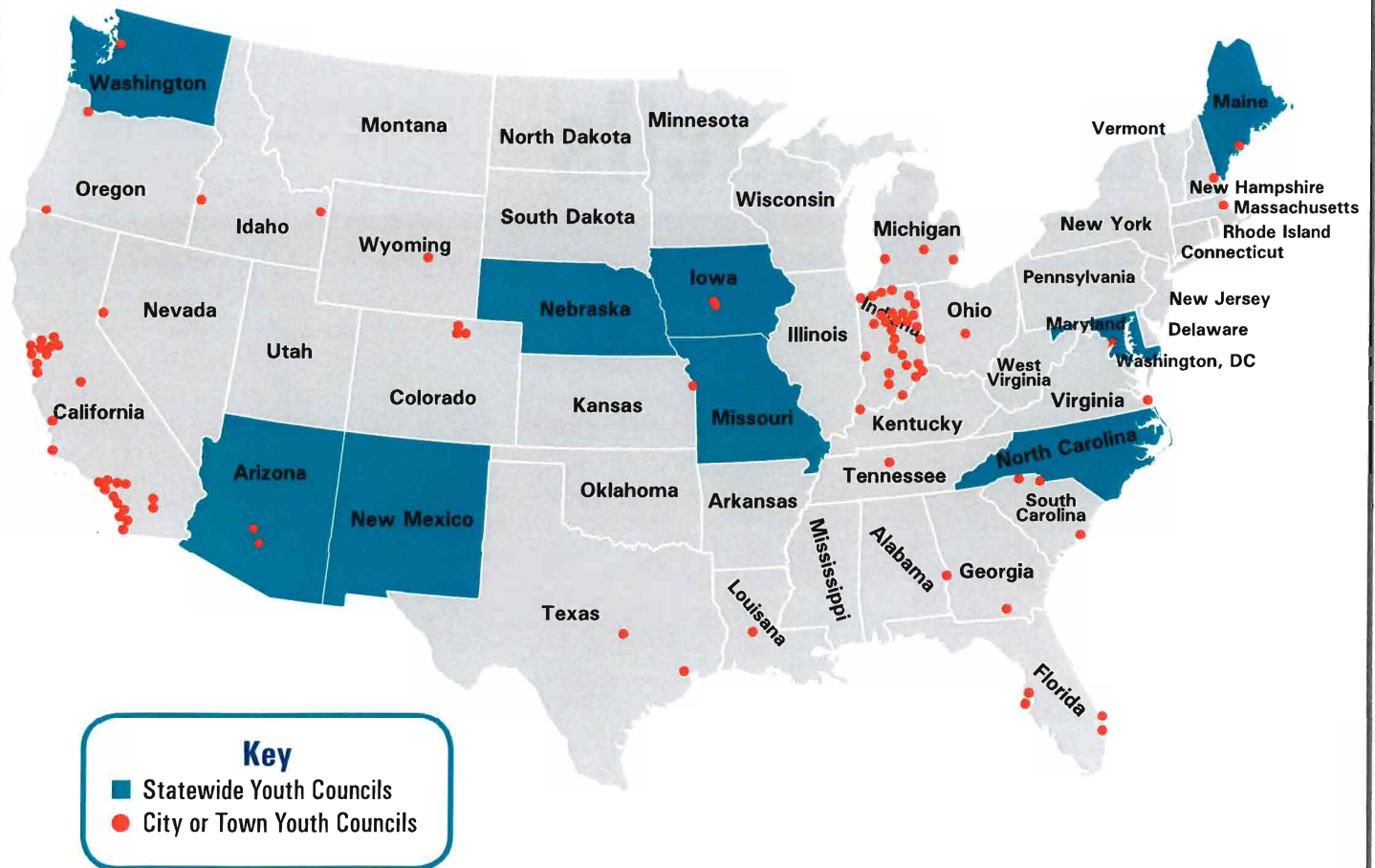
Abbreviated from Youth Engagement Milestones, the Coalition for Youth www.hampton.gov/for youth/youth_milestones.htm

youth can be involved. At the pyramid's base are projects, tasks and service learning opportunities, which build to opportunities for input and consultation and culminate at the top in opportunities for shared leadership.

and adults can be sure that these commission members have gained through experience the capacity, motivation and opportunity needed to responsibly develop recommendations for the city's Comprehensive Plan.

Because the two dozen high school students who sit on the Hampton Youth Commission have made their way up the "pyramid of opportunity," Hampton youth

Figure 4: Locations of City and State Youth Councils





Call to Activity Wellness One Step at a Time




A banner was made for July's winner
Wade into Fitness
and is posted at the
Fallbrook Healthcare District
Administrative office.

BONSALL • DE LUZ • FALLBROOK • RAINBOW

We thank you for **stepping up to the challenge**


**CALL TO ACTIVITY
WELLNESS...
ONE STEP AT A TIME**

**WINNER OF THE MONTH OF JULY
Wade into Fitness**







From: ann@wadeintofitness.com
Subject: National Dance Day & Invitation to Speak at Woman of Wellness - August 4, 2016
Date: Yesterday at 2:25 PM
To: Pam Knox pknox@fallbrookhealth.org
Cc: bPalmer@fallbrookhealth.org

Hi Pam!

Of course!

Here's some info on National Dance Day:

*"Launched in 2010 by "So You Think You Can Dance" co-creator and Dizzy Feet Foundation co-president Nigel Lythgoe, **National Dance Day** is an annual celebration that takes place on the last Saturday in July. This grassroots campaign encourages Americans to embrace dance as a fun and positive way to maintain good health and fight obesity. NDD achieved national recognition when Congresswoman Eleanor Holmes Norton (D-DC), a long-time proponent of healthy lifestyles, announced at a press conference on July 31, 2010, in Washington, D.C., that she was introducing a congressional resolution declaring the last Saturday in July to be the country's official National Dance Day." <http://dizzyfeetfoundation.org/national-dance-day/>*

Be aware that our group actually celebrate this event on the Friday *before* the actual day because I don't work and the Center is closed on weekends ;) We invite people to enjoy our "Beauty of the Dance/Bounty of the Earth" on Friday to honor the concept and to participate even more on the actual Day – Saturday. J Every Friday preceding the celebration, I offer a time folks can join us to learn a simple, fun choreographed dance we can all do together.

We've been celebrating and embracing this concept every year since it started.

Best! **Ann Wade**

BA, RYT, AFAA Certified, YogaFit & Zumba Affiliate
Visit www.WadeintoFitness.com
Like Us [Face Book](#)

From: Pam Knox [<mailto:pknox@fallbrookhealth.org>]
Sent: Tuesday, May 31, 2016 4:39 PM
To: ann@wadeintofitness.com
Subject: Invitation to Speak at Woman of Wellness - August 4, 2016

Hi Ann,

It was so nice to see you and your daughter today. We would very much appreciate you providing inspiration to all the ladies at our Woman of Wellness event in August. We meet the first Thursday of each month at the Fallbrook Library Community Room. We have light refreshments and social time beginning at 6:00 p.m., with your presentation starting at 6:30 p.m. and running ½ hour to 45 minutes. I've attached our flyer for this month so that you can see what we send out. I'll need a title from you for our August flyer.

In addition, Bobbi mentioned that she would appreciate knowing when you will be celebrating National Dance Day. You mentioned it would likely be on Friday(s) in July. Please let us know.

Thanks for your willingness to work with us Ann. You are one of my favorite people!

Pam

Pamela Knox
Special Projects Coordinator
Fallbrook Healthcare District
Phone: 760-731-9187
Fax: 760-731-9131
138 S. Brandon Road
Fallbrook, CA 92028

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Behavioral Health Data Trends and Projections

2010-2020

CentraForce Community Assessment data is highly specific and localized to our District.

Following are data points related to “burden of disease” and prevalence in San Diego County. More specifically and based on CentraForce Data the following four (4) disorders demonstrates a consistent uptrend of behavioral health need indexes in the Fallbrook Healthcare District. These projections in the next six (6) years will account for the Fallbrook Healthcare District area and is comprised of Fallbrook, Bonsall, Rainbow and Deluz.

1. **Diagnostic Criteria for Major Depressive Disorder and Depressive Episodes; DSM-V for Mood Disorders (MDD)**
2. Anxiety
3. Acute Alcohol Disorder
4. Impulse Disorder

Compared to the county average, Fallbrook Healthcare District residents and more specifically behavioral health needs are projected to be 6.0-10% higher than the county average. Based on this population; 52% of residents are 55 and older which includes a higher percentage of those 75 years and older.

Used prescription medication for anxiety and panic (%of adults) demonstrate there will be an increase of approximately 5.3 to 6.6% in the next 6 years. Included in the trends and influences related to health indicators, estimate that the number of residents diagnosed with Alzheimer’s disease and other Dementias of 55 year olds and older will increase by approximately 23% by the year 2030.

CHANGE LAW TO STOP PUNISHING MENTAL HEALTH PATIENTS

BY TIMOTHY MURPHY

As a psychiatrist serving the community of Fallbrook for 30 years, I have often had to direct my patients in crisis to their nearest emergency room for lifesaving care — sometimes voluntarily, and sometimes with the assistance of local law enforcement and paramedics.

Indeed, until its closure in 2014, these patients often arrived at Fallbrook Hospital, where I assisted emergency physicians as a consulting psychiatrist. It has become painfully clear to me that our system for caring for individuals with an acute mental health crisis is badly broken. Instead of prompt and compassionate attention, these patients are often trapped for days in the emergency room, waiting for referral to the specialized care they need.

All of us who work in this field want to do what is best for our patients. There are too many times when a psychiatric bed is not available, and patients receive the best care that busy emergency room staff can provide. In many cases, kind attention from staff, visits from caring family members, and with time away from the acute stress — or

from the effects of acute intoxication — patients improve to the point that the state of crisis has clearly ended. Many of them can be discharged to outpatient care. Others can be transferred to voluntary crisis houses. This is good for patients, and good for the crowded emergency room that must focus on patients with the most acute conditions. Instead, to my frustration, outdated and ambiguous state law often stands in the way.

Right now, an estimated 800 individuals show up at hospital emergency rooms throughout California each day, placed on what's called a "5150" hold, or what is often called a 72-hour hold. They languish there, in a loud, brightly lit, nontherapeutic environment.

The law was intended to provide protection for someone who might pose a danger to themselves or others, and to facilitate admission to a psychiatric facility for assessment and treatment.

But as the need for mental health services has grown and resources have dropped, we now have an antiquated system that prevents qualified physicians from providing patients with mental health and behavioral issues with

determine whether a 72-hour hold is needed, or whether individuals would be better served outside of an emergency department setting.

Passage of AB 1300 would be a major step in the right direction. It would ensure that patients are referred in a manner to help them receive the right care at the right time in the right setting. It also would provide clarity and empower ER physicians to make decisions that are in the best interests of the patient.

ER physicians are trusted to make decisions for patients presenting with chest pain; they know when to discharge to home, when to admit and when to call the cardiologist for assistance. As a psychiatrist who has worked with many dedicated ER physicians, I am confident that they also have the expertise and professionalism to make these critical decisions for those with a mental health crisis.

Uniformity in the law will streamline emergency room access and ensure that patients get the attention and care they deserve.

Murphy is president of the California Psychiatric Association and has a private practice in Fallbrook



Passage of AB 1300 will ensure that patients are referred in a manner to help them receive the right care at the right time in the right setting.

the diagnosis and treatment they need.

There are different interpretations of when the 5150 holds actually begin. The law currently indicates that the 72-hour hold begins when the patient is admitted to a mental health facility for evaluation and treatment. But many counties

start the clock when the 5150 is written. This means patients are held for widely varying stretches of time.

To correct this unfair treatment of patients, Assemblyman Sebastian Ridley-Thomas, D-Los Angeles, has authored AB 1300 as an important first step to fix and update cur-

rent law.

The legislation is supported by the California Psychiatric Association, the California Chapter of the American College of Emergency Physicians, the California Hospital Association and others. AB 1300 would give emergency room physicians the authority to



PTSD AND VIETNAM VETERANS: A LASTING ISSUE 40 YEARS LATER

continued from page 1

Both the NVVRS and NVVLS compared two groups of Veterans: those deployed to the Vietnam War (“theater Veterans”), and those who served during the Vietnam-era, but were not deployed to the Vietnam theater (“era Veterans”). The NVVLS assessment of the Veterans’ physical and mental health included a self-report survey, a phone interview, and for some randomly selected participants, an additional phone interview led by a mental health clinician that focused on issues including PTSD, depression, and substance abuse.

While NVVLS findings confirm that the majority of Vietnam theater Veterans are both mentally and physically healthy, a significant number are still suffering from PTSD symptoms and other chronic health issues related to their service.

VA is using the results of this study and other similar studies to better understand the long-term effects of military service. The results will allow VA to improve care and to better address Veterans’ long-term health needs, as well as anticipate future health needs of recent Veterans.

For more information on VA research related to the health of Vietnam Veterans, visit www.publichealth.va.gov/exposures/agentorange/research-studies.asp.

View the infographic to the right to learn more about the NVVLS study. ★

NATIONAL VIETNAM VETERANS LONGITUDINAL STUDY (NVVLS) KEY FINDINGS

The 2013 NVVLS measured the long-term health and mental health of Vietnam Veterans. Results of the study were compared to the results of a similar study completed in 1987 on the same sample of Veterans. Findings confirm that while the majority of Vietnam Veterans are both mentally and physically healthy, a significant number are still suffering from post-traumatic stress disorder (PTSD) and other chronic health issues related to their service.

MORTALITY

MALE THEATER VETERANS WHO HAD PTSD IN 1987 WERE NEARLY TWICE AS LIKELY TO HAVE DIED COMPARED TO THOSE WHO DID NOT HAVE PTSD



WITH PTSD



WITHOUT PTSD

MALE AND FEMALE THEATER VETERANS WITH HIGH EXPOSURE TO WARZONE STRESS

WERE NEARLY TWICE AS LIKELY TO HAVE DIED THAN THOSE WITH LOW OR MODERATE WARZONE STRESS EXPOSURE

MENTAL HEALTH

2013 (40 OR MORE YEARS AFTER WARTIME SERVICE)

AMONG THEATER VETERANS, 7% OF FEMALES AND 11% OF MALES STILL HAD PTSD



AMONG THEATER VETERANS WITH PTSD



<1% LESS THAN 1% OF VETERANS WITHOUT ANY PTSD MET CRITERIA FOR MAJOR DEPRESSION

PHYSICAL HEALTH

THEATER VETERANS



MORE THAN HALF REPORTED A HISTORY OF MUSCULOSKELETAL CONDITIONS (E.G. ARTHRITIS)



NEARLY ONE-THIRD REPORTED A HISTORY OF CIRCULATORY DISEASES (E.G. HEART DISEASE) AND NERVOUS SYSTEM DISEASES (E.G. DEAFNESS)

THOSE WITH CURRENT WARZONE PTSD WERE MORE LIKELY TO REPORT A HISTORY OF CHRONIC CONDITIONS

USE OF PHYSICAL AND MENTAL HEALTH SERVICES

NEARLY 60% OF THEATER VETERANS REPORTED RECEIVING OUTPATIENT HEALTH CARE IN THE LAST 6 MONTHS FOR PHYSICAL CONDITIONS



2/3 TWO-THIRDS OF VETERANS WITH CURRENT WARZONE-RELATED PTSD DISCUSSED BEHAVIORAL HEALTH OR SUBSTANCE ABUSE CONCERNS WITH PROVIDERS

SOURCE: http://vaveteran.org/35-1/35-1_longitudinalstudy.html

3-4-50: Chronic Disease Deaths in San Diego County—North Inland Region, 2000-2013



What is 3-4-50?

Chronic diseases are among the leading causes of death and disability worldwide. This reflects an improvement in the prevention and treatment of infectious diseases and significant changes in dietary habits, physical activity levels, and tobacco use in the population. The influence of these three behaviors may be seen in San Diego County as these four chronic diseases are the most common causes of death and disability in our region.

3-4-50 in San Diego County—North Inland Region

- From 2000 to 2013, the overall percent of all deaths due to chronic disease has decreased in the North Inland Region and its Subregional Areas (SRAs), while the number of deaths have remained relatively stable.
- Overall, chronic disease death rates have decreased in the North Inland Region and its SRAs from 2000 to 2013.
- Among the North Inland Region SRAs, Pauma had the highest percentage of deaths due to chronic disease in 2013.
- Among the North Inland Region SRAs, Anza-Borrego Springs had the highest chronic disease death rate in 2013.
- Despite a decrease, chronic diseases still account for more than 50% of all deaths in the North Inland Region.

Figure 1: 3-4-50 Death Percentages

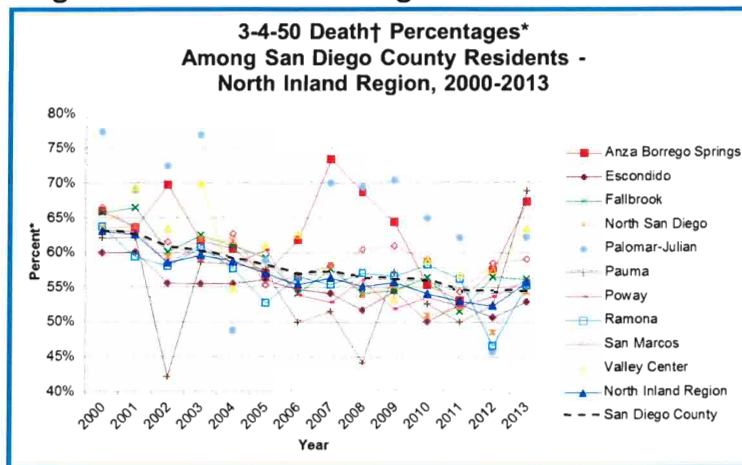
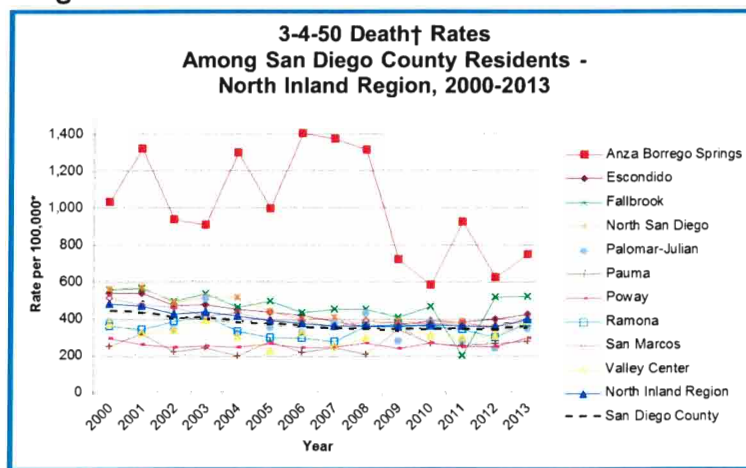


Figure 2: 3-4-50 Death Rates



†3-4-50 deaths include stroke, coronary heart disease (CHD), diabetes, COPD, asthma, and cancer.
 *3-4-50 deaths as a percentage of all cause deaths. Rates per 100,000 population.



QR CODES:

QR codes are similar to barcodes. Use your smartphone to scan the QR Code and navigate directly to the report online for download. Download a free QR code reader from your app provider.

For more information and data, go to
www.SDHealthStatistics.com

What does 3-4-50 look like in North Inland Region?

**In North Inland Region,
3-4-50 is actually 3-4-56**

**In San Diego County,
3-4-50 is actually 3-4-55**

3 BEHAVIORS

TOBACCO USE

- In 2013, 1 out of every 6 North Inland Region teens and adults were current smokers.

TOBACCO USE

- In 2013, 1 out of every 8 San Diego County teens and adults were current smokers.

LACK OF PHYSICAL ACTIVITY*

- In 2013, 16.2% of North Inland Region children engaged in physical activity for at least 1 hour daily.

LACK OF PHYSICAL ACTIVITY

- In 2013, 28.2% of San Diego County children engaged in physical activity for at least 1 hour daily.

POOR NUTRITION

- In 2013, over 1 out of 4 North Inland Region residents ate fast food three or more times in the past week.

POOR NUTRITION

- In 2013, over 1 out of 5 San Diego County residents ate fast food three or more times in the past week.

4 CHRONIC DISEASES

CANCER

- In 2013, cancer was the leading cause of death in North Inland Region.

CANCER

- In 2013, cancer was the leading cause of death in San Diego County.

HEART DISEASE & STROKE

- In 2013, 6.8% of North Inland Region adults had ever been diagnosed with heart disease.

HEART DISEASE & STROKE

- In 2013, 6.0% of San Diego County adults had ever been diagnosed with heart disease.

DIABETES

- In 2013, nearly 1 out of 8 North Inland Region adults had ever been diagnosed with diabetes.

DIABETES

- In 2013, 1 out of 12 San Diego County adults had ever been diagnosed with diabetes.

LUNG DISEASE

- In 2013, nearly 1 out of 8 North Inland Region residents had ever been diagnosed with asthma.

LUNG DISEASE

- In 2013, 1 out of every 8 San Diego County residents had ever been diagnosed with asthma.

CAUSE OVER 50% OF DEATHS

In 2013, cancer, heart disease and stroke, diabetes, and lung disease caused 56% of all deaths in the North Inland Region.

In 2013, cancer, heart disease and stroke, diabetes, and lung disease caused 55% of all deaths in San Diego County.



HURST+BROOKS+ESPINOSA

This Week in Sacramento

INFORMATION & INSIGHTS FROM HURST BROOKS ESPINOSA ■ WEEK OF JUNE 20, 2016

Budget Update: Action Postponed to Next Week

The end of the 2015-16 fiscal year is a few days away and Governor Brown has yet to sign the budget bill – SB 826 – or the accompanying trailer bills. Senate Budget and Fiscal Review Committee will meet on June 27 to take up five remaining trailer bills, including AB 1618, which contains the Senate pro Tem’s No Place Like Home proposal. Presumably, the Legislature will finalize action on these bills and send them to the Governor for his consideration prior to June 30. However, there are still outstanding items for the Legislature to consider: the allocation of cap-and-trade funds, the allocation of \$400 million set aside for affordable housing purposes contingent on process reforms sought by the Governor, and the bond securitization language that must accompany No Place Like Home.

A Clearer Picture for the November 2016 Ballot... Or Not

With signatures to spare, Lt. Governor Gavin Newsom’s gun control measure has qualified for the ballot. This measure would require background checks for bullet buyers, a ban on possessing ammunition magazines with more than 10 rounds, felony charges for gun thefts, and a process for confiscating guns from felons and others disqualified from possessing firearms.

The qualification news comes as the Legislature prepares to take up a package of bills aimed at reducing gun violence next week. Ballot measure proponents have until June 30 to remove their measures from the ballot; however, Lt. Governor Newsom has indicated he has no plans to remove his measure, regardless of the Legislature’s actions.

Looking Ahead: Bill Deadline Looms as Legislature Prepares for Summer Recess ... Then a Race to the End of Session

With the month of June hurtling by, Capitol denizens are bracing for another activity-filled week next week. The Legislature adjourns for its month-long summer recess next Friday, July 1. That same day is the last day for policy committees to meet and take action on bills in the second house.

Once the Legislature returns on August 1 to wrap up its 2016 business, it faces another key deadline on August 12, when each house’s Appropriations Committee must complete its work on bills with a fiscal impact.

The last two weeks of August the Legislature will hold floor sessions to bills during their last step in the legislative process. Bills must be passed by Wednesday, August 31. (During election years, the Legislature wraps up its business at the end of August; during odd-numbered years, the session runs through mid-September.) The Governor must sign or veto bills by September 30.

In the closing weeks of session, HBE will remain vigilant for measures of interest that are dramatically revised through the “gut and amend” process – which typically involve a new topic emerging unexpectedly or an old (and often presumed “dead”) issue reappearing in a new vehicle.

The Legislature is also taking on legislative transparency in the hopes of avoiding a ballot measure showdown in November. Senator Lois Wolk has introduced SCA 14, a measure that requires 72 hours of public review prior to approval and passage of any bill. Additionally, the measure requires that the Legislature provide audiovisual recordings of its proceedings in the Capitol. This measure, which must be approved by voters, is paired with an implementing bill, AB 884 by Assembly Member Rich Gordon. SCA 14 was approved by the Assembly Rules Committee this week and moves to the Assembly Appropriations Committee for consideration.

This effort has picked up steam in large part due to a similar ballot initiative sponsored by former Senator Sam Blakeslee and Charles Munger, Jr. Their measure, currently in signature verification, would also prohibit the Legislature from approving any measure that has not been in print and available online for 72 hours, except in emergency circumstances. It also would require the Legislature to make audiovisual recordings of its proceedings available online. However, there are key details in the Blakeslee/Munger measure that are not in the legislative package, such as a requirement to distribute a printed copy of the measure to legislators 72 hours prior to a vote (as opposed to posting online only), and proponents have indicated to the authors that they believe SCA 14 and AB 884 fall short of their goals for improved transparency.

Again, proponents of ballot measures have until June 30 to remove their measures from the ballot. In fact, this week, SEIU-UHW withdrew its minimum wage ballot measure, as expected.

Medi-Cal 2020 Waiver

SB 815 (Hernandez/de Leon) and AB 1568 (Bonta/Atkins) passed off the floors in the second house yesterday. Both bills are back in their house of origin for concurrence and are expected to head to the Governor before the Legislature's July recess. SB 815 contains the statutory framework for Public Hospital Redesign and Incentives in Medi-Cal (PRIME), the Global Payments Program (GPP), and reporting requirements. PRIME and GPP will provide approximately \$4 billion to public hospitals. AB 1568 includes the implementation framework for the Whole Person Care and Dental Transformation elements of the waiver, which provide approximately \$2 billion of the \$6.2 billion in federal waiver funds through 2020.

Please feel free to contact any one of us at Hurst Brooks Espinosa with questions ...

| | | |
|--|--|--|
| JEAN HURST 916-272-0010 jkh@hbeadvocacy.com | KELLY BROOKS 916-272-0011 kbl@hbeadvocacy.com | ELIZABETH ESPINOSA 916-272-0012 ehes@hbeadvocacy.com |
|--|--|--|

Woman of Wellness to focus on varicose veins

FALLBROOK – The next Woman of Wellness (WOW) event will take place in the community room at the Fallbrook Library on Thursday, July 7, from 6 to 7:30 p.m. Light, healthy refreshments will be available and the program will begin at 6:30 p.m. Attendees are asked to bring a non-perishable food item as a donation to the Fallbrook Food Pantry.

Stefan Moldovan, MD, general surgeon with San Diego Vascular Center, will present “Diagnosis and Effective Treatment Options for Varicose Veins.” There is an opportunity for attendees to receive a free ultrasound screening of veins below the knee.

Free monthly programs are offered on a broad range of topics including staying well, getting well, being well, and living well. Topics will vary from medical, dental and mental health to physical therapy and physical exercise, alternative medicine, nutrition, personal safety, car care and more.

Note: registration to attend is no longer required. Guests can come and bring a friend or two. Be sure to check in to receive door prize tickets. Forms will be provided at the check-in table to sign up as a Woman of Wellness member and

be notified directly of future WOW meetings.

District is pleased to sponsor this program for women and invites every woman to sign up and

attend these evenings of fun, light refreshments and to learn about paths to wellness for herself and

her family. There is no cost to join or to attend.

RN students from Cal State San Marcos, Bonsall High School students and NCCCHI Collaborative



**Health Screenings at Fallbrook Family Health Center
Resource Fair On June 25th 2016**



From: Madelyn Lewis malewis@csusm.edu
Subject: No Subject
Date: Today at 4:34 PM
To: bpalmer@fallbrookhealth.org



COMMUNICATION ONLY

Special Districts

Study Schedule

| DATE & TIME | EVENT | WRITTEN MATERIAL |
|--|----------------|------------------|
| Thursday, August 25, 2016 9:30 a.m., State Capitol, Room 437 | Public Hearing | Agenda |

Description of Study

The Little Hoover Commission is reviewing California's vast network of local governing agencies known as special districts. State government has oversight responsibilities for the formation of new districts and the operations of more than 4,500 existing local and regional districts which operate airports, harbors, cemeteries, hospitals, libraries and parks, while also providing fire-fighting and paramedic services, flood control and water delivery throughout California.

The Commission previously studied special districts in 1999 and issued a 2000 report titled *Special Districts: Relics of the Past or Resources for the Future?* The Commission's recommendations included empowering Local Agency Formation Commissions to help consolidate districts, finding ways to make special districts more transparent and accountable to the public, requiring more prudent management of their considerable financial reserves and making it tougher for special districts to simultaneously collect fees and property taxes.

The State Controller in 2014 counted 2,993 independent special districts

in California run typically by elected or appointed boards with assistance of professional staffs. In 2014, these districts employed 143,180 people and paid approximately \$9.5 billion in salaries and benefits. The Controller also tallied 1,500 county-run dependent special districts, which included more than 800 county service areas, to provide fire protection, flood control, highway lighting, road maintenance and other services. The Controller reported that another 254 city-run dependent special districts provided similar specialized functions. Collectively, these districts have issued \$5.7 billion in debt since June 2015, according to the State Treasurer's office.

This proliferation of more than 4,500 limited-purpose special districts, created to provide specific services in rural and urban areas as the state grew in population and developed infrastructure during recent decades, makes special districts the most common form of government in California. In contrast, 58 counties and 482 cities provide general-purpose government throughout the state.

While the strengths of special districts include their ability to provide specific, customized services and be responsive to local customers, their challenges include low civic visibility and limited oversight.

If you would like more information regarding this review, please contact deputy executive director and project manager Jim Wasserman at jim.wasserman@lhc.ca.gov or at 916-445-2125. To be notified electronically of meetings, events, or when the review is complete, please send a request to littlehoover@lhc.ca.gov.



California Special
Districts Association
Districts Stronger Together

e-News



Open Data Mandate Takes Effect July 1

[Senate Bill 272 \(Hertzberg\)](#) of 2015 takes effect on July 1, 2016. As signed into law, SB 272 requires special districts and other local agencies to create a catalog of their enterprise systems, make it publicly available at their office, and post it on their websites in a prominent location if they have one.

An enterprise system is defined in this law as a software application or computer system that collects, stores, exchanges, and analyzes information that the agency uses. The software application must also fall under both of the following categories:

- * A multi-departmental system or a system that contains information collected about the public.
- * A system of record (which means a system that serves as an original source of data within an agency).

Once a system has been identified as an enterprise system, the agency is required to list the system in their SB 272 compliance catalog along with the following information about each system:

- * Current system vendor.
- * Current system product.
- * A brief statement of the system's purpose.
- * A general description of categories or types of data.
- * The department that serves as the system's primary custodian.
- * How frequently the system is updated.

There are a few exemptions in which an agency is not required to list certain enterprise systems in the catalog. Those exemptions are:

- * Information technology security systems, including firewalls and other cybersecurity systems.
- * Physical access control systems, employee identification management systems, video monitoring, and other physical control systems.
- * Infrastructure and mechanical control systems, including those that control or manage street lights, electrical, natural gas, or water or sewer functions.
- * Systems related to 911 dispatch and operation or emergency services.
- * Information security records of a public agency that would reveal vulnerabilities to, or otherwise increase the potential for an attack on, an information technology system of a public agency.

Every local public agency, except school districts, needs to make their SB 272 compliance catalog publicly available and posted to their website, if they have one, by July 1, 2016, and thereafter it needs to be updated annually.

If districts have questions about what needs to be listed there are a few different resources available.

* CSDA offers several trainings throughout the year on the Public Records Act, which now includes a section on SB 272 compliance.

* You may contact CSDA legislative representative, Dillon Gibbons, at (916) 442-7887, with any questions you may have.

* Utilize the free online compliance tool offered by Streamline by visiting www.getstreamline.com/sb272/.

[California Special Districts Association](#) | 1112 I Street | Suite 200 | Sacramento, CA 95814 | 877.924.CSDA (2732)



A Proud California Special Districts Alliance Partner

DISCUSSION/ACTION ITEMS

To: Board of Directors
From: Finance Committee
Re: Recommendation for Independent Auditor's Services
Date: July 7, 2016

A RFP process was conducted and based on the applicants following is the recommendation:

Contract with Craig R. Fechter, CPA, President of Fechter & Company, Certified Public Accountants and based in Sacramento, California. Mr. Fechter has 15 years of experience. The firm has 10 employees, 8 of which work on governmental audits. The firm is registered as an S corporation in the state of California has performed continuous CPA services since 2005.

Fiscal Impact

Proposed fee Schedule for 2016

Financial Statement Audit - \$7,800 with a proposed fee increase of 2.5 percent for the subsequent audits should the District choose to extend the contract. Total direct engagement costs for each year will not exceed \$500 annually. Direct engagement costs maximum (e.g.): for travel/mileage at a cost of \$800.00. Fiscal auditing services include an option of four one year extensions.

DISCUSSION/ACTION ITEMS

Review of Independent Auditor

DISCUSSION/ACTION ITEMS

Review of Community Engagement Services

To: Board of Directors
From: Government & PR Committee
Re: Recommendation for Community Engagement Firm
Date: July 1, 2016

Selection of CIM Incorporated

Erica Holloway

Principal

Erica@cimincorporated.com

Rational for Community Engagement Services Firm

- Conduct Town Hall Meetings
- Assist with facilitating Advisory Committee
- Assist with facilitating Youth Council
- Engage with the FHD community to mitigate, create and tell the story of Fallbrook Healthcare District
- Expand opportunities beyond traditional methods to reach and communicate with residents, businesses and schools providing pertinent information concerning the FHD
- Providing ongoing information leading up to the vote by the residents regarding the selling of the hospital
- Design and assist in distribution of press releases and materials specific to FHD
- Engage in Legislative efforts
- Engage with Community Health contract recipients to focus on “Community Health” focus areas; based on specific health disparities identified by community assessment

Fiscal Impact

One year of services (12 months) for a total capped at \$48,000.00 at a fixed rate of \$4,000.00 monthly to be negotiated with the firm selected.

DISCUSSION/ACTION ITEMS

Review of Draft Budget Fiscal Year 2016-2017

FALLBROOK HEALTHCARE DISTRICT

BUDGET PROPOSAL

July 1, 2016 through June 30, 2017

| | PROPOSED | ACTUAL | PRIOR |
|---|---------------------|---------------------------------|------------------|
| | BUDGET 16/17 | <u>Jul 1, '15 - Jun 30, '16</u> | BUDGET 15/16 |
| Ordinary Income/Expense | | | |
| Income | | | |
| 400. · District | | | |
| 402 · Property tax revenue | \$ 1,700,000 | 1,664,136 | 1,600,000 |
| 403 · Interest / Dividends | \$ 40,000 | 43,364 | |
| 406 · Unearned Inc(Loss) - Cal Trust | | 4,180 | |
| Total 400. · District | \$ 1,740,000 | <u>1,711,680</u> | 1,600,000 |
| | | | |
| Disposition of Surplus Assets | | | 178,447 |
| 450. · Properties | | | |
| 460 · Lease Income | | | |
| 460.01 · A+ Urgent Care | \$ 57,600 | 57,600 | 57,600 |
| 460.02 · Utilities Credit | | 14,247 | |
| 460 · Lease Income - Other | . | 1,000 | |
| Total 460 · Lease Income | \$ 57,600 | <u>72,847</u> | <u>57,600</u> |
| | | | |
| Total Income | <u>\$ 1,797,600</u> | <u>1,784,527</u> | <u>1,836,047</u> |
| | | | |
| Expense | | | |
| 500 · Administrative Expenses | | | |
| 500.36 Accrued Vacation & Sick | | 10,406 | |
| 500.10 · Salaries | 238,000 | 184,486 | 236,173 |
| 500.12 · Payroll Taxes | 25,200 | 18,696 | 25,224 |
| 500.14 · W/C Insurance | 1,150 | 1,116 | 1,145 |
| 500.15 · Employee Health & Welfare | 18,360 | 13,928 | 18,360 |
| 500.16 · Board Stipends | 26,400 | 20,900 | 26,400 |
| 500.17 · Education & Conferences | 15,000 | 13,028 | 5,082 |
| 500.18 · Dues & Subscriptions | 14,000 | 13,218 | 12,386 |
| 500.19 · Insurance - General | 45,000 | 40,106 | 43,584 |
| 500.20 · Independent Accounting Service | 10,200 | 11,613 | 10,200 |
| 500.21 · Annual Independent Audit | 8,500 | 7,500 | 7,600 |
| 500.23 · General Counsel | 125,000 | 127,918 | 149,777 |
| 500.25 · Office Expense | | | |
| 01 · Communications | 5,400 | 5,599 | |
| 02 · I.T. and Website services | 2,400 | 13,174 | |
| 03 · Refreshments | 4,400 | 2,022 | |
| 04 · Office supplies | 16,000 | 16,506 | |
| 05 · Admin fees | | 930 | |
| 06 · Independent Contract Services | 56,000 | 11,294 | |
| 500.25 · Office Expense - Other | | 46 | |
| Total 500.25 · Office Expense | 84,200 | <u>49,571</u> | 53,736 |

FALLBROOK HEALTHCARE DISTRICT

BUDGET PROPOSAL

July 1, 2016 through June 30, 2017

BUDGET 16/17 Jul 1, '15 - Jun 30, '16 BUDGET 15/16

| | | | |
|---|-----------------------|-----------------------|-----------------------|
| 500.27 · Depreciation | 1,660 | 1,661 | 1,661 |
| 500.29 · Dist Promotions & Publications | 6,000 | 3,493 | 6,000 |
| 500.30 · Pension | | 900 | 1,800 |
| 500.32 · Consultant Fees | 15,000 | 51,777 | 43,785 |
| 500.33 · Copier Lease | 6,000 | 6,464 | 5,610 |
| 500.40 · Rent | | 3,626 | 3,626 |
| 500.45 · Relocation Expenses | | 5,247 | |
| 580.1 General Election | 40,000 | - | 20,000 |
| 500.85 · Calif Mandated Reimbursement | <u>(10,000)</u> | <u>(13,445)</u> | <u>(10,000)</u> |
| Total 500 · Administrative Expenses | <u>669,670</u> | <u>572,209</u> | <u>662,149</u> |
| | | | |
| 590 · Management & Maintenance | | | |
| 590.01 · Building Engineer | 84,500 | 84,707 | 84,846 |
| 590.02 · Gas & Electric | 94,200 | 87,069 | 94,200 |
| 590.03 · Water | 24,000 | 26,937 | 23,040 |
| 590.04 · Waste Management | 1,500 | 1,585 | 1,200 |
| 590.05 · Security | 13,500 | 13,210 | 13,200 |
| 590.07 Custodial Services | 1,500 | 203 | 2,496 |
| 590.06 · Landscape - Grounds Environm | 32,500 | 33,978 | 32,496 |
| 590.08 · Elevator | 2,000 | 1,815 | 2,004 |
| 590.09 · Vehicle Expenses | 1,500 | 1,537 | 1,800 |
| 590.10 · Maintenance Services & Repairs | 21,150 | 17,114 | 21,120 |
| 590.11 · Medical Records Store & Service | | 21,233 | 42,000 |
| 590.12 · Fire Alarm System | | 2,660 | |
| 590.13 · CHS Reimbursement for FHD Expen | | <u>(59,137)</u> | |
| Total 590 · Management & Maintenance | <u>276,350</u> | <u>232,911</u> | <u>318,402</u> |

FALLBROOK HEALTHCARE DISTRICT

BUDGET PROPOSAL

July 1, 2016 through June 30, 2017

BUDGET 16/17 Jul 1, '15 - Jun 30, '16 BUDGET 15/16

| | | | |
|--|----------------------|------------------|------------------|
| 600 · Community Healthcare Programs | | | |
| 600.54 · Healthy Adventures Foundation | | 9,000 | 9,000 |
| 600.53 · Jeremiah's Ranch | | 9,400 | 9,400 |
| 600.01 · Courier Service | | (1,923) | |
| 600.2 · Fallbrook Sports Park | | 4,000 | 4,000 |
| 600.04 · Boys & Girls Club | | 32,000 | 32,000 |
| 600.07 · Senior Citizens Center | | 50,000 | 50,000 |
| 600.08 · Smiles Project | | 70,000 | 70,000 |
| 600.11 · Palomar Family Coun.Serv. | | 63,500 | 63,500 |
| 600.14 · Flbk Family Health Center | | 140,000 | 140,000 |
| 600.17 · Foundation for Senior Care | | 104,000 | 104,000 |
| 600.18 · Flbk Comm Project - FOOD PANTRY | | 56,000 | 56,000 |
| 600.23 · Community Health Fair | | 8,000 | 8,000 |
| 600.24 · Community Collaboratives | | 12,000 | 12,000 |
| 600.33 · REINS Therapy | | 22,500 | 22,500 |
| 600.37 · Trauma Intervention Programs | | 8,000 | 8,000 |
| 600.46 · North Inland Comm Prev Program | | 8,500 | 8,500 |
| 600.47 · FUHS - Asperger's Support Ctr | | 6,500 | 6,500 |
| 600.48 · Save Our Children's Sight | | 6,600 | 6,600 |
| 600.57 · North County Fire Protect Distr | | 35,000 | 10,000 |
| 600.70 · WOMAN OF WELLNESS - WOW | | | |
| Total 600 · Community Healthcare Program | 661,000 | 643,077 | 620,000 |
| | | | |
| 800 · District Direct Care Services | | | |
| 800.02 · A+ Urgent Care | TBD | 294,000 | 235,500 |
| Total 800 · District Direct Care Services | | 294,000 | 235,500 |
| | | | |
| Total Expense | 1,607,020 | 1,742,162 | 1,836,051 |
| | | | |
| Net Ordinary Income | | 42,366 | (4) |
| | | | |
| Other Income/Expense | | | |
| Other Expense | | | |
| 950 · CHS Termination Activities | | | |
| 950.05 DPNF - HFS Consultant | | 3,894 | |
| 950.04 · Expenses Pd on Behalf of CHS | | 806 | |
| Total 950 · CHS Termination Activities | | 4,700 | |
| | | | |
| Total Other Expense | | 4,700 | |
| | | | |
| Net Other Income | | (4,700) | |
| | | | |
| Net Income | \$ 190,580.00 | 37,666 | (4) |

DISCUSSION/ACTION ITEMS
CSDA Board Election



**California Special
Districts Association**
Districts Stronger Together

RECEIVED
6/9/16

CALIFORNIA SPECIAL DISTRICTS ASSOCIATION

2016 BOARD ELECTIONS

MAIL BALLOT INFORMATION

Dear Member:

A mail ballot has been enclosed for your district's use in voting to elect a representative to the CSDA Board of Directors in your Network for Seat B.

Each of CSDA's six (6) networks has three seats on the Board. Each of the candidates is either a board member or management-level employee of a member district located in your network. Each Regular Member (district) in good standing shall be entitled to vote for one (1) director to represent its network.

We have enclosed the candidate information for each candidate who submitted one. Please vote for **only one** candidate to represent your network in Seat B and be sure to sign, date and fill in your member district information. If any part of the ballot is not complete, the ballot will not be valid and will not be counted.

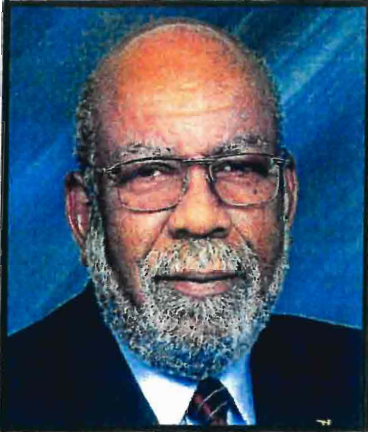
Please utilize the enclosed return envelope to return the completed ballot. Ballots must be received at the CSDA office at 1112 I Street, Suite 200, Sacramento, CA 95814 by **5:00pm on Friday, August 5, 2016**.

If you do not use the enclosed envelope, please mail in your ballot to:

California Special Districts Association
Attn: 2016 Board Elections
1112 I Street, Suite 200
Sacramento, CA 95814

Please contact Charlotte Lowe toll-free at 877.924.CSDA or charlottel@csla.net with any questions.

Re-Elect CSDA President Bill Nelson To CSDA Board of Directors



PROVEN EXPERIENCE LEADING SPECIAL DISTRICTS

I am committed to building on CSDA's present foundation of educational programs and legislative advocacy. My enthusiasm, commitment and comprehensive knowledge of special districts bring years of experience to the CSDA Board. It would be an honor to continue serving special districts in the Southern Network.

- ✓ **EXPERIENCED LEADER**
- ✓ **COMMITTED TO SPECIAL DISTRICTS**
- ✓ **FISCALLY RESPONSIBLE**
- ✓ **DEDICATED**

CSDA EXPERIENCE

- ❖ CSDA President 2016
- ❖ Served on the Board for five years
- ❖ Chair of Fiscal Committee 2014
- ❖ Membership Committee 2013-16

DISTRICT EXPERIENCE

- ❖ Appointed to Board of Trustees Orange County Cemetery District in 2003
- ❖ Chair of the Board 2006, 2010 & 2014. Currently Vice Chair
- ❖ Chair of Finance Committee 2004 to present

OTHER LEADERSHIP EXPERIENCE

- ❖ Board of Directors - California Association of Public Cemeteries 2008 to 2016
- ❖ Board of Directors – Institute for Local Government – 2016 to present
- ❖ Board of Directors - California Association of Realtors – 2004-2012
- ❖ Board of Trustees Orange County Mosquito & Vector Control – 2016 to present

❖ COMMUNITY INVOLVEMENT-

- ❖ Orange County Grand Jury 2002-2003
- ❖ Board of Directors - Orange County Grand Jurors Association 2005 to 2011
- ❖ City of Villa Park Investment Advisory Committee- 2008 to 2014 – Chair last two years
- ❖ Villa Park Community Services Foundation – Treasurer – 2010 to 2014
- ❖ Villa Park City Council Member – 2014 to present

BUSINESS EXPERIENCE

- ❖ Financial Executive for 25 years with Atlantic Richfield Company (ARCO) & Southern Calif. Gas Co.

EDUCATION

- ❖ MBA Finance University of Southern California
- ❖ BA Economics California State University Dominguez Hills

PublicCeo.com
California Local Government News
March 2, 2016

The Future of Special Districts in 2016

By Bill Nelson, President of the California Special Districts Association.

In 2000, I retired from private industry and became involved in a number of different groups, one of which was the Orange County Grand Jury. This was my first exposure to government agencies, and to be frank, it did not start off as a good one. In investigating some of the agencies, I was appalled at some of the shenanigans that went on in government. When I finished my term, I informed my supervisor about my desire to learn more about these agencies.

What followed was an appointment to my local cemetery district. At that point I did not know there was such a thing as the cemetery district, as most folks do not know. That was the Orange County Cemetery District and I took a lot of grief from my friends and relatives about being part of this obscure government entity.

What I found was that this local agency served a very vital public service, as is the case with all special districts. There was definitely a need in the community and the Orange County Cemetery District served that need. That was how I first got involved with special districts. Coming from the private sector, my first impression of working within a local government was not a favorable one. I became frustrated with a system that seemed very inefficient.

Every decision seemed to take twice as long. There seemed to be endless and unnecessary rules and regulations. One of these regulations was the Brown Act, which prevented a majority of board members from speaking to one another about district business outside of a public meeting. In the private sector there was no such thing. Board members could get together and agree to an outcome before beginning the meeting. There were no rules preventing this common practice which help to speed decisions along.

After learning more about the district and the role as a public fiduciary, I learned the importance of the Brown Act and other regulations governing special districts.

The mechanisms that seemed like a huge waste of time, were the ones that were the most important aspect of managing a public agency. As a public official, I learned that I was no longer acting on behalf of a private industry. In this new role, I was acting for every resident I represented and my commitment was to provide transparency and accountability to the public.

The more time I spent with the Orange County Cemetery District, the greater my appreciation developed for the important role special districts play in their communities.

My personal involvement with the California Special Districts Association (CSDA) developed from a calling to help other special districts become more efficient while navigating through the regulations imposed on them by the state and other governments.

CSDA has become an integral part of ensuring special districts are equipped with the necessary tools to make sure they operate in the most efficient and effective manner. Their commitment to their members is what motivated me to run for president of the CSDA board.

In this role, I am looking forward to continue working with CSDA to ensure California's special districts are provided with every opportunity to enhance their professional development, and to continue our efforts to educate the public about these vital local government agencies.

During my term as president, it is my goal to help CSDA reach out to all 2,109 independent special districts, to give them a voice in the state, and assist in providing them with valuable resources to make them the best form of local government agencies California has ever seen.



California Special
Districts Association

Districts Stronger Together

2016 CSDA BOARD CANDIDATE INFORMATION SHEET

The following information **MUST** accompany your nomination form and Resolution/minute order:

Name: Bill Nelson

District/Company: Orange County Cemetery District

Title: Trustee & Vice Chair of the Board

Elected/Appointed/Staff: Appointed

Length of Service with District: 13 Years

1. Do you have current involvement with CSDA (such as committees, events, workshops, conferences, Governance Academy, etc.):

CSDA 2016 President. Chair of Fiscal Committee - 2014, Served on the Board for five years, Served on all of CSDA Committees, attended at least 10 CSDA Legislative Days and Annual Conferences, Received Special District Leadership Foundation Recognition in Special District Governance.

2. Have you ever been associated with any other state-wide associations (CSAC, ACWA, League, etc.):

Board of Directors - California Association of Public Cemeteries 2008 to 2016

Board of Directors - Institute For Local Government - 2016 to present

Board of Directors - California Association of Realtors - 2004 to 2012

3. List local government involvement (such as LAFCo, Association of Governments, etc.):

City Council Member - City of Villa Park - 2014 to present

Trustee - Orange County Mosquito and Vector Control District - 2016 to present

4. List civic organization involvement:

Orange County Grand Jury 2002-2003

Board of Directors - Orange County Grand Jurors Association 2005-2011

City of Villa Park Investment Advisory Committee - 2008 to 2014 - Chair last two years

Villa Park Community Services Foundation - Treasurer - 2010 to 2014

****Candidate Statement** – Although it is not required, each candidate is requested to submit a candidate statement of no more than 300 words in length. **Any statements received in the CSDA office after June 2, 2016 will not be included with the ballot.**

JOHN DeMONACO
CANDIDATE
CSDA BOARD OF DIRECTORS

My name is John DeMonaco and I am asking for your district's vote so that I may represent you on the CSDA Board of Directors. The ballots will go out to the districts the first week of June and need to be in the CSDA office by the first week of August.

I have served on the Board of Directors of the Chino Valley Independent Fire District for ten years. As a new board member, I recognized the importance of the educational programs offered by CSDA and the Special Districts Leadership Foundation (SDLF) which CSDA Staff manages. I was one of the first board members to complete and receive the Special District Leadership Foundation Recognition of Special District Governance which is a requirement to serve on the Board. I urged my fellow board members to attend the training sessions. I am very proud that in 2008, the Chino Valley Fire District was the **first** fire district in the state to receive the District of Distinction Accreditation from SDLF. My district also has the District of Transparency Certificate of Excellence.

I presently serve on the CSDA Legislative Committee and the on the Fiscal Committee. I have previously served on the CSDA Education Committee and Membership Committee. Serving on these main CSDA committees over these last eight years has given me the insight and understanding into the "workings" of the association. I understand CSDA'S budget and finances, the educational programs, and what CSDA needs to offer its member districts. With this experience, I will be an effective board member from the start.

Serving on the Legislative Committee, I understand, and I am committed to legislative advocacy for special districts. I recognize the importance of working together to represent the common interest of all California Special Districts and the residents we serve. Special Districts provide one of the most effective, efficient, and accountable forms of local service. The California Special District Association monitors ALL legislation so that special districts can continue to deliver core services and can continue to be efficient. It is vital that the CSDA Legislative Staff with the direction of the Board of Directors continues to work to influence and monitor policy decisions affecting California special districts.

My commitment and extensive experience, education in public service and a fire district board member and policy-maker, provides me with the ability to effectively serve as a CSDA Board Member representing all California Special Districts.

I am a retired Fire Chief with 33 years of Fire Service experience. I have been involved in city, county, JPAs and special districts in various capacities. My commitment to public service and local government is demonstrated by my extensive experience in the public sector.

I am a Past President of the Chino Rotary Club and the current Chairman of the Chino Rotary Foundation. I am an At Large Director on the Fire Districts Association of California and serve on their Conference Committee.

Your district's **VOTE** will be greatly appreciated!

I can be reached at [\(909\) 816-8396](tel:9098168396) or by email at jdemonaco@chofire.org

Thanks for your vote!

I am seeking election to a seat on the Board of Directors of the California Special Districts Association.

I have served on the Board of Directors of the Chino Valley Independent Fire District for ten years, elected in 2006. I am very proud to state that the Fire District is the **first** fire district to receive the District of Distinction Accreditation from the Special Districts Leadership Foundation (SDLF). We have been a District of Distinction since 2008. We also hold a District of Transparency Certificate of Excellence. I have completed the SDLF Recognition of Special District Governance.

I serve on the CSDA Legislative and the Fiscal Committees. I have previously served on the CSDA Education and Membership committees.

I am a retired Fire Chief with 33 years of Fire Service experience. I have been involved in city, county, JPAs and special districts in various capacities. I am currently on the Board of Directors of the Fire Districts Association of California and also serve on the Conference Committee. I am a Past President of the Chino Rotary Club and the current Chairman of the Chino Rotary Foundation.

I understand, and I am committed to legislative advocacy for special districts. Special Districts provide one of the most effective, efficient, and accountable forms of local service. It is vital that we continue to work together to influence and monitor policy decisions affecting California special districts.

My commitment and extensive experience, education in public service and as a special district board member & policy-maker, provides me with the ability to effectively serve as a CSDA Board Member representing all California Special Districts. I look forward to your support!

If you would like to speak with me, I can be reached at (909) 816-8396 or at jdemonaco@chofire.org

John DeMonaco



**California Special
Districts Association**
Districts Stronger Together

2016 CSDA BOARD CANDIDATE INFORMATION SHEET

The following information **MUST** accompany your nomination form and Resolution/minute order:

Name: John DeMonaco

District/Company: Chino Valley Independent Fire District

Title: Director

Elected/Appointed/Staff: Elected

Length of Service with District: 10 Years

1. Do you have current involvement with CSDA (such as committees, events, workshops, conferences, Governance Academy, etc.):

I am on the Legislative and Fiscal Committees.

I have also served on the Education and Membership Committees.

2. Have you ever been associated with any other state-wide associations (CSAC, ACWA, League, etc.):

I am on the Board of Directors for the Fire Districts Association of California.

3. List local government involvement (such as LAFCo, Association of Governments, etc.):

N/A

4. List civic organization involvement:

I am a member and past president of the Rotary Club of Chino.

****Candidate Statement** – Although it is not required, each candidate is requested to submit a candidate statement of no more than 300 words in length. **Any statements received in the CSDA office after June 2, 2016 will not be included with the ballot.**

MY FELLOW CSDA MEMBER:

As Chairman of East Valley Water District I take great pride in the opportunity to serve my community. Prior to joining the Governing Board, I was an active public participant, and felt honored when elected in 2014. I firmly believe in the importance of transparent government and public service. With these foundational principles, I look forward to representing this region in a professional manner, as the Southern Network, Seat B, Board of Directors representative for CSDA.

I have had the opportunity to work with a number of organizations through CSDA and believe that we all benefit from interacting and sharing experiences. I am a proud lifetime member of the CSDA Leadership Foundation and have participated in a number of trainings opportunities.

At East Valley Water District, we have made a commitment to good governance and accountability. This is clearly demonstrated through the numerous awards we have received from the Government Finance Officers Association, CAPIO, CalPERS, and even CSDA. But I am proud to be a part of EVWD for more than the awards, they are an organization that delivers. As a performance based agency, we continue to achieve the impossible. Whether it is constructing a headquarters facility ahead of an already tight schedule, implementing budget based rates to provide customers with rate stability during the drought emergency, or developing a succession plan to prepare for the change in our workforce; we set our sights high to enhance the quality of life of this community.

As a CSDA Director, I will bring that passion for good governance and public service. Thank you for your consideration and for allowing me the opportunity to share my experience and perspective. I look forward to serving as a representative on the CSDA Board of Directors.

Sincerely,

A handwritten signature in blue ink that reads "Ronald Coats". The signature is written in a cursive style with a long, sweeping underline that extends to the right.

Ronald Coats
EVWD Chairman



California Special Districts Association
Districts Stronger Together

2016 CSDA BOARD CANDIDATE INFORMATION SHEET

The following information **MUST** accompany your nomination form and Resolution/minute order:

Name: Ronald L. Coats

District/Company: East Valley Water District

Title: Chairman of the Board

Elected/Appointed/Staff: Elected

Length of Service with District: 2 Years

1. Do you have current involvement with CSDA (such as committees, events, workshops, conferences, Governance Academy, etc.):

I am proud to be a lifetime member of the CSDA Leadership Foundation. Additionally, I have completed numerous CSDA webinars, including the CIDAC series on local agency finances and investments. Additionally, I have attended annual CSDA conferences.

2. Have you ever been associated with any other state-wide associations (CSAC, ACWA, League, etc.):

I am currently affiliated with ACWA, WaterReuse, and AWWA. I have attended every ACWA conference since my election.

3. List local government involvement (such as LAFCo, Association of Governments, etc.):

I am a member of the Association of San Bernardino County Special District's, serve on both the Citizen's Oversight Committee for the San Bernardino Community College District (3 years) and the Citizens Oversight Committee for the San Bernardino Unified School District (7 years).

4. List civic organization involvement:

Arrowhead United Way Planning and Allocations and Community Cabinet (15 years), as a member and ambassador of the San Bernardino Chamber of Commerce (17 years), Toastmasters International (10 years), American Legion (34 years), and California Sheriff's Association (27 years).

****Candidate Statement** – Although it is not required, each candidate is requested to submit a candidate statement of no more than 300 words in length. **Any statements received in the CSDA office after June 2, 2016 will not be included with the ballot.**

From: **Jo MacKenzie** mackgroup@cox.net
Subject: CSDA BOARD OF DIRECTORS ELECTIONS-- Fallbrook Healthcare District
Date: Yesterday at 7:01 PM
To: bPalmer@fallbrookhealth.org, gordonwt58@yahoo.com

Bobbi, Gordon,

Attached for your review is the candidate statement for John DeMonaco, a candidate for a seat on the CSDA Board of Directors representing the Southern Network---LA, OC, San Diego, San Bernardino, Riverside, and Imperial Counties.

John has been involved with CSDA since his election to the Chino Valley Fire Protection District so he is very familiar with the associations operations and goals. Bobbi, John serves with us on the Legislative Committee this year.

I think he would be an excellent board member.

CSDA has mailed the ballots to the member districts so you should have received yours this week. If you would please mark your ballot and return to the CSDA office by August 1, 2016, I would appreciate it. Your vote does count!

I thank you for your vote. Any questions, please don't hesitate to give me a call.

jo

Jo MacKenzie, Past President
CSDA
1578 Palomar Drive
San Marcos, CA 92069
760-743-7969
mackgroup@cox.net

PS

If any other district members would like their names/emails added to my San Diego County member list, please forward.

DISCUSSION/ACTION ITEMS

Extension of Real Estate Listing Agreement – Cushman/Wakefield – Travis Ives



4747 Executive Drive, 9th Floor
San Diego, CA 92121
Tel +1 858 452 6500
Fax +1 858 452 3206
cushmanwakefield.com

July 6, 2016

Mr. Gordon Tinker
Fallbrook Healthcare District
138 S. Brandon Rd.
Fallbrook, CA 92028

Re: Listing Agreement Extension
Fallbrook Healthcare District
624 E. Elder St., 138 S. Brandon Rd., 617 Alvarado St.
Fallbrook, CA 92028

Mr. Tinker,

This letter, with acknowledgement below, shall serve as written authorization to renew and extend the "Exclusive Listing and Commission Agreement" between Fallbrook Healthcare District and Cushman & Wakefield of San Diego, Inc., dated November 20, 2015, for the sale of the project known as Fallbrook Hospital.

The parties hereby agree to extend the agreement through December 31, 2016. All other terms and conditions to the agreement shall remain.

Thank you for your confidence in our team. We look forward to continuing to work with you on this assignment.

Sincerely,
Cushman & Wakefield of San Diego, Inc.

Travis Ives
Director
Lic.# 1889097
(858) 334-4041
Travis.Ives@Cushwake.com

Acknowledgement:

By: _____
Fallbrook Healthcare District

Date: _____

By: _____
Cushman & Wakefield of San Diego, Inc.
CA License #01329963

Date: _____

ITEMS FOR SUBSEQUENT MEETINGS

ANNOUNCEMENTS OF UPCOMING EVENTS

Community Health Field Trips/NCCCHI

1. Food Distribution

Life Pointe Church parking lot at Hawthorne St. & Pico Ave.

July 27th 8:00 am to 11 am

BOD meet at 9:00 am

2. Facility Tour and Volunteer Opportunity

Fallbrook Food Pantry

1042 S. Mission Rd., Fallbrook

July 13th and 21st from 9:00 am to 11:00 am

3. Migrant Worker Pilot Program

Hines Growers

2500 Rainbow Valley Rd., Rainbow

August 4th 9:30 am to 2:30 pm