

**FALLBROOK REGIONAL HEALTH DISTRICT
REGULAR BOARD MEETING
Wednesday, July 12, 2017, 6:00 p.m.
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook**

MINUTES

A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE

President Gordon Tinker called the meeting to order at 6:04 p.m. and led the Pledge of Allegiance.

Present: Directors Stephen Abbott, Bill Leach, Barbara Mroz, Howard Salmon and Gordon Tinker.

Also present: Legal Counsel Blaise Jackson and Accountant Kathy Bogle.

B. ADDITIONS TO AGENDA

None

C. PRESENTATIONS

C1. Vanessa Hernandez, President – “Fallbrook Outreach” by Fallbrook Youth Advocacy Coalition (Mental Health Systems – North Inland Community Prevention Program)
Vanessa Hernandez, President of the Fallbrook Youth Advocacy Coalition reported on the ongoing Fallbrook Outreach efforts of their organization. She said they are dedicated to keeping the youth in our community drug-free, alcohol-free, gang-free and opposed to graffiti. She said they are dedicated to advocating change about community perceptions regarding accepted norms related to substance use and abuse. She said as the future generation they advocate shaping an environment of healthy lifestyles. Activities include yearly leadership conferences, learning good communication skills, participation in prescription drug takeback events, and surveying communities by visiting housing areas and talking with parents and youth about their perceptions of illegal activities in their neighborhoods. They also have a campaign in local markets and liquor stores wherein they place stickers on alcoholic products reminding people that it is illegal to provide alcoholic beverages to youth. Their goal is to make our community better for all and future generations. Lastly, she thanked the Fallbrook Regional Health District for providing funding for their organization.

C2. Bruce Schwandt – “Questions and Concerns About The Hospital Sale”
Mr. Schwandt voiced his concern regarding the sale of the old hospital building to Crestwood Behavioral Health, Inc. He said he believes it is not safe and not of benefit to Fallbrook. He said it will bring a toxic element that will be significant and irreversible without a vote from the public approving it, with no services for Fallbrook residents and not a single job guaranteed. He said the District should be allocating resources for the greatest benefit of the residents in the District. He said there have been shaky promises and a lack of transparency. He requested that the BOD act to delay the transaction with Crestwood and allow the community to vote, or that the District abandon the transaction. Mr. Schwandt then discussed “5150” Involuntary Confinements, dual diagnosis, and said there is no guarantee that violent criminals, legally insane people, and sex offenders will not be housed at this proposed facility. He expressed concern that people housed in the

facility will be coming from three other counties, they will be provided group and individual passes and there is no guarantee they will return to their County of origin. He went on to say that Crestwood is in business to make money, there are no requirements for filtering of patients, and that ten Crestwood facilities currently house at least one sex offender. He said that currently San Diego Health & Human Services is not contracted with the proposed facility. "Great idea - horrible location". He said "We hired you to bring services to us. Not to sell assets, give away our money and bring sex offenders to town." He said he believes the balance sheet was doctored to take away our vote. He alleged violations of The Brown Act in not notifying residents of the sale. He expressed concern about property values decreasing. "Why is the hospital building being sold? Look for a better use."

- C3. Fallbrook Healing Center by Executive Vice President Patricia Blum, Ph.D., CPRP of Crestwood Behavioral Health, Inc. Dr. Patricia Blum has worked with Crestwood for 37 years. She said on the Crestwood website and the Fallbrook Regional Health District website that there are answers to many of the questions. She said Crestwood has twenty facilities from Eureka to Chula Vista. They are accredited by the Commission of Accreditation of Rehabilitation Facilities. She addressed the Mental Health Rehabilitation Center versus an Acute Psychiatric Hospital. She said Crestwood is NOT a 5150 designated site and does not take those individuals. Patients are screened thoroughly before being admitted to a mental health rehabilitation center. There is a full vetting process. Rehabilitation is the goal, not stabilization as is done in Acute Psychiatric Hospitals. While San Diego has not yet committed to beds in the facility, it is due to the fact that the facility is not yet licensed. The estimated need for North County is ten beds in this facility. She explained the process for admission and the screening process. Patients are admitted on the order of a doctor. The people served by this facility are returned back to their community of origin with continuing follow up care. Patient outings are supervised. The Kingsburg Police Department reported to the Fallbrook Sheriff's Department that Crestwood has been a great community partner and the few calls received for service were easily resolved. Crestwood provides a great service and is a valued partner with the Kingsburg Police.
- C4. 2017-2018 Community Health Contracts
President Tinker said the District collaborates with non-profits in our communities to provide much needed services to the residents of the District. At the last meeting of the Board, Community Health Contracts recipients were announced with a total of \$858,712.35 being awarded. Each member of the Board of Directors participated in the presentation of an initial check to his/her assigned non-profit organization as follows;

Director Bill Leach

Boys & Girls Clubs of North County – Summer Water Safety

Boys & Girls Clubs of North County – Triple Play

Allison Barclay said 250 children are taught water safety each Summer at the Boys & Girls Club. Triple Play teaches health, fitness and nutrition. She thanked the District.

Fallbrook Citizens Crime Prevention Committee -GANAS Mentoring Program

Phyllis Sweeney noted that Pat Braendel, President and Founder of GANAS, had passed away unexpectedly earlier in the year. Phyllis served as Vice President and accepted the check for GANAS which stands for Guide, Advise, Nurture and Support for children 9-16 and provides after school activities.

Fallbrook Family Health Center – Health Promotion Coordination, Integration and Education for the Community

Denis Vega said the health center is for all residents in the community. Education, prevention and health services are provided at the health center. A patient advisory committee provides input as to needed services. Working with FRHD the health center looks at health disparities and works to provide specific targeted services to meet the community health needs.

Director Howard Salmon

Michelle’s Place – Breast Cancer Resource Center

Jan Geller thanked the District for supporting these services in Fallbrook. All services are free to those in need, including mammograms, ultrasound and biopsies. There is a Pink Ribbon Association providing multiple services to patients with breast cancer and their families.

Healthy Adventures – Fallbrook Community Center Wellness Project

Dr. Wendy Hileman discussed services provided for students at La Paloma Elementary School including healthy cooking, fitness classes, nutrition and gardening classes. This year they will also work with the Boys & Girls Club.

Live Oak Park Coalition – Health Improvement Project

Stephanie Baxter thanked the District for supporting our historical Live Oak Park through support for helping to meet ADA requirements for upgrading exercise stations available within the Park.

Mental Health Systems – North Inland Community Prevention Program

Ron Stark said the Fallbrook Youth Advocacy Coalition is sponsored by this program and he said they work with youth to reduce under age drug use and drinking. He said it is effective because youth know what is going on in their communities and have a relevant perspective. He thanked the District for its support.

Jeremiah’s Ranch – Support Group

Linella Vitale discussed the services provided by this support group to families with members with disabilities. Their focus this year is on health & nutrition and healthy gardening.

Director Stephen Abbott

Foundation for Senior Care – Care Advocate Program

Care Van & Expanded Rides Transportation

Respite Support at the Adult Day Care

Door through Door Hospital to Home Program

Rachel Mason described the four programs listed above and the many services they provide, e.g. respite for caregivers; rides for seniors. The Door through Door program is new and serves patients having need for services following a hospital stay. She thanked the District for support.

Director Barbara Mroz

Fallbrook Food Pantry – Nutritious Food for our Neighbors

Jennifer Vetch said the support from the District and the community provides food for the hungry. The Food Pantry works with the District and other not-for-profits to provide additional services, e.g. health screenings as well. She noted all of these organizations do great work in our community.

Fallbrook Senior Center – Mobility Program**Senior Nutrition – Home Delivered Meals**

Phyllis Sweeney said the Senior Center is very grateful for the support for the Senior Mobility Program and the Senior Nutrition – Home Delivered Meals. Exercise is Medicine and the exercise equipment donated by the District helps to keep seniors exercising. Many of the seniors requiring home delivered meals are ex-military in our community. Food is Medicine too and healthy, nutritional meals are essential and much appreciated by seniors who are home-bound.

Fallbrook Smiles – Celebrate Health

Janine Loescher said Celebrate Health provides health screenings in the schools, counseling services and partners with other not-for profits in the community on several health related projects.

Director Gordon Tinker

Palomar Family Counseling – Healthy Bodies, Healthy Minds

Lisa Turner thanked the District for their support. The program was developed in conjunction with the Fallbrook Elementary School District. It targets behavioral health and physical health and involves working with students and parents.

Trauma Intervention Program of San Diego – TIP

Shay Gebler-Bence and Dale Stewart discussed the work accomplished by trained volunteers helping in times of trauma. First responders are grateful for the support provided by these volunteers in times of crises.

UCSD Eye Mobile for Children

Eric Hernandez said UCSD provides vision screening for children in pre-school. If needed, they are referred to the mobile eye clinic at no cost to the parent. Glasses are also provided at no cost if needed. Some serious eye issues, if identified early, can save sight.

REINS – Behavioral Health & Wellness Therapy Program

Director Tinker noted that the representative was called away for an emergency. He said this program provides physically and mentally strengthening therapy on horseback for the special needs community with the assistance of a large force of well trained volunteers while promoting overall health and well-being and physical activity to all participants.

D. BOARD MEMBER AND PUBLIC COMMENTS

President Tinker said there were many people filling out speaker request cards to address the Board. He said while the cards indicate a speaker has up to five minutes, he would appreciate speakers limiting their time to three minutes.

Peter Klein questioned the California Health & Safety Code cited previously in regards to assets and questioned if there was a "bait & switch" to avoid transparency and keep the matter of the sale of the old hospital building from going to a vote.

Tracey Schwandt said before the Board voted for the sale to Crestwood, was there any consideration of the District resident's needs. She questioned the number of patients that can be treated at the proposed Fallbrook Crestwood location. She said in a meeting with representatives from Supervisor Horn's office they told her they knew nothing about it and weren't "happy" about it. She said Crestwood is a for-profit and if the sale goes through it will be an asset lost forever. She wants the escrow stopped and she wants a vote.

Brian Hobbs said he is a long-time resident and has concern about transparency. How can the Board make a decision without a community vote? Let the people vote. He said he wants to see a copy of the signed Purchase & Sale Agreement and valuations. How was the 50% of assets calculated?

Vi Dupre noted that the need for mental health services is great. The District Board worked very hard to replace hospital services in this community and learned it is not sustainable. She said there is fear of mentally ill people. What about compassion, kindness and caring?

Eric Revere said he understands the fears and anguish expressed regarding mentally ill people. He had the same views until his son was diagnosed with schizophrenia while in college. Mr. Revere said he has since been involved with the National Alliance on Mentally Illness (NAMI) and learned that community rehabilitation is effective. He supports Crestwood located in Fallbrook.

John Stone expressed his concern about Crestwood being located near two board & care facilities. Fallbrook residents are not safe with a "medium security prison" filled with unfortunate souls from outside the area. Fallbrook will become a dumping ground for pedophiles, sexual predators, criminals on early release. Stop it now. It's all about the money.

Liz Kruidenier, President of NAMI North Coastal, said she hears more fear than hope expressed here. She said she is an immigrant American and appreciates being here. She is grateful to places like Crestwood too in doing a great job for people who cannot help themselves. These people with time and help can recover. Love makes the world go around and she doesn't sense a lot of it in this room. Look into your hearts.

Joe Beyer complimented the Board for listening. Do what is morally and ethically right and remember, Fallbrook is The Friendly Village.

Travis Ives of Cushman & Wakefield served as real estate broker for the sale of the hospital building. He provided a history of the efforts to sell the building. Selling a vacant hospital is not easy. A qualified and capable buyer has been difficult to find. If not Crestwood, or another behavioral health provider, it is likely the value will be reduced to such that the value of the land is all that is left.

Genny Day had completed a request to speak card that was missed during the public comment period. She spoke just prior to adjournment. She said her daughter suffered from postpartum depression and she tried really hard to get well, but couldn't get into a facility. She did not succeed and committed suicide. She spoke in support of behavioral health services being provided in Fallbrook for someone else in the future who will have an opportunity to overcome a mental health issue.

E. CONSENT ITEMS

- E1. Approval of May 2017 Financial Statements
- E2. Minutes of June 7, 2017 Special Board Meeting
- E3. Minutes of June 7, 2017 Finance Committee Meeting
- E3. Minutes of June 14, 2017 Regular Board Meeting

Action: On motion duly made by Director Salmon, seconded by Bill Leach to approve the Consent Items as presented. Motion carried. 5-0

F. REPORTS

- F1. Finance Committee – Committee of the Whole, Chair: Director Mroz
Director Mroz provided the Finance Committee report for the meeting of July 12th. She noted that in addition to the entire board and bookkeeper, Bruce Schwandt attended the

meeting to voice his concerns regarding the sale of the old hospital building to Crestwood. An overview of the financial reports resulted in no major variances. Overall, continued steady growth was noted from April to May, 2017. Profit & Loss variances were explained and warranted. The LAIF account balance was \$1,448,487.47 and Cal Trust had an increase of up to \$4,000 with a balance of \$4,246,902.70. The Property Tax Revenue for May 31st was \$14,469.90 and total Property Tax Revenue was \$1,772,009.53. There was discussion of the proposed draft budget for Fiscal Year July 1, 2017 thru June 30, 2018. Some details regarding anticipated variances are still in consideration and will be discussed at the next Finance Committee meeting. Thereafter the proposed budget will be brought to the board for approval. The meeting was adjourned at 7:00 p.m.

- F2. Gov't/Public Relations/Community Relations Committee – Directors Salmon and Tinker
None.
- F3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon
None.
- F4. Executive Director – Bobbi Palmer (presented by Director Mroz)
Director Mroz provided the executive director's report in her absence. Regarding Community Health, a Health Fair was held at the Fallbrook Family Health Center on June 24th, with participation by the District and the CSUSM RN students, who provided health screenings. A Wellness Summit sponsored by ACHD and Stanford University takes place July 13th in Sacramento. Director Bill Leach and Administrative Assistant Linda Bannerman will attend. Interest has been expressed in utilizing the downstairs area of the FRHD office building for several uses including the following: health classes, support groups, health-related non-profit activities, a computer lab, health center activities, and non-profit business meetings. This community space ideally would be a benefit to our residents. The executive director will be inviting our residents and conducting focus groups to share their recommendations.
- F5. General Counsel – Blaise Jackson
Legal Counsel said most of his remarks would be confined to the Discussion/Action section of the agenda. He said in response to some of the remarks made during the Public Comment Section he wanted to note the following.
There are two separate matters to be considered in this sale. The first is a transfer of assets. If an asset represents fifty percent or more of the total assets, it requires a vote of the public. The second consideration is the disposal of surplus property under Health & Safety Code 32121.2. The property must be sold at fair market value. Any assessments of the property are not considered public information until the property is sold.

G. DISCUSSION/ACTION ITEMS

President Tinker said items G2 and G3 would be considered prior to G1.

- G1. Proposal to Create and Adopt a District Fiscal Policy
- G2. Consideration and Adoption of Resolution No. 418 – Authorization to Dispose of District Surplus Property

Legal Counsel said this Resolution formally authorizes the sale of surplus property. Four letters had been sent in January to the Fallbrook Elementary School District, Fallbrook High School District, Palomar College and the County of San Diego offering the old hospital building as surplus property. They had 60 days to respond and negative responses had been received from all four.

Action: It was moved by Director Salmon, seconded by Director Mroz, to approve Resolution 418 authorizing the sale of the District's surplus property.

Director Abbott said he can say with confidence that the building is surplus property, which is a separate discussion from what it should be used for in the future.

Roll Call Vote: Director Leach – Aye; Director Salmon – Aye; Director Abbott – Aye; Director Mroz – Aye and Director Tinker – Aye. Motion carried 5-0.

G3. Consideration and Adoption of Resolution No. 419 – Ratification/Approval of Purchase and Sale Agreement and Authorizing Signatories

Legal Counsel said this Resolution finalizes and memorializes the actions taken by the Board of Directors in their efforts to find a use for the old hospital building.

President Tinker asked each member of the board if they had any comments:

Director Leach said he had interest in serving on the FRHD Board due to his concern regarding the closure of the hospital. He noted his disappointment that much of the audience had already left the room. He said he knows the Board worked very hard to find a good use for the facility. He lives near the facility with his family and he has no fear of a Crestwood facility. He said he looks forward to moving on to new health & wellness programs that can be provided for this District.

Director Abbott said having been President of this Board when the hospital closed, he would have thought that that would have been the more difficult decision. He said he is struggling with this decision, and he thanks those who stayed to the end of the meeting. He said he has concerns that perhaps not all answers have been provided to the questions having been asked. He said the Board has been working very hard since being notified that Community Health Systems (CHS) would be shutting down services.

Director Mroz thanked those in the audience who stayed in the meeting. She said the members of the Board have always tried to do the right thing for the community. She said she believes there is a great need for mental health facilities.

Director Tinker said this has been a real struggle. The closure of the hospital was a huge loss for this community. He reiterated the history of the efforts made to keep a hospital in Fallbrook. Crestwood has a good track record and many questions have been answered. The need for behavioral health beds has been well documented.

Action: Director Salmon moved to approve Resolution 419, seconded by Director Mroz. Roll Call vote: Director Leach – Aye; Director Salmon – Aye; Director Abbott - further discussion ensued due to concern expressed by Director Abbott that perhaps there is a need to provide additional answers. Motion failed.

Action: Director Abbott moved, Director Salmon seconded to postpone action on Resolution 419 to do further homework in answering questions having arose regarding the sale of the old hospital building. Roll Call Vote: Director Leach – Aye; Director Salmon – Aye; Director Abbott – Aye; Director Mroz – Aye and Director Tinker – Aye. Motion carried 5-0.

G4. CSDA Board of Directors 2017 Election

President Tinker said resumes had been submitted. Michael Mack is a Fallbrook resident having submitted his resume. President Tinker asked if anyone had any recommendations.

Action: Director Tinker moved that the FRHD Board of Directors vote for Michael Mack, seconded by Director Salmon. Motion carried 5-0.

H. ITEMS FOR SUBSEQUENT MEETINGS

- H1. Other Director/Staff discussion items
- H1a. Consideration of the Proposed Budget
- H1b. Announcements of upcoming events:
- Healthy You! Healthy Communities! – Thursday, July 13, 2017, California Endowment, Sacramento
 - Community Collaborative for Health & Wellness Committee (CCH&W) meeting – Monday, July 17, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
 - NCCCHI meeting – 1st Wednesday, August 2, 2:00-3:00pm
 - Woman of Wellness – Thursday, August 3, 2017, 6pm – Fallbrook Library
 - ACHD 65th Annual Meeting – September 12-14, 2017, San Diego
- H2. Next Regular Board meeting – Wednesday, August 9, 2017, Fallbrook Public Utility District Board Room

I. ADJOURNMENT

The meeting was adjourned at 8:35 p.m. to either an adjourned meeting within one week properly noticed, or a special meeting properly noticed to consider the following two items not yet addressed on the agenda:

- G1. Proposal to Create and Adopt a District Fiscal Policy
- G3 Consideration and Adoption of Resolution No. 419 – Ratification/Approval of Purchase and Sale Agreement and Authorizing Signatories



Gordon Tinker, President



Stephen Abbott, Secretary