



**AGENDA  
STRATEGIC PLANNING COMMITTEE**


**Wednesday, September 15, 2021 at 3:00 P.M.**

In accordance with the current State of Emergency and the Governor's Executive Order N-25-20, of March 12, 2020 and N-33-20 of March 19, 2020, teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link: <https://us02web.zoom.us/j/89674799373> Meeting ID: **896 7479 9373**. Participants will need to download the Zoom app on their mobile device. Members of the public will also be able to participate by telephone using the following dial in information: **Dial in #: (310) 372-7549, Passcode 660448**.

Committee Members: Jennifer Jeffries, Chair and Howard Salmon, Co-chair  
CEO: Rachel Mason  
Staff Members: Linda Bannerman

1. Call to Order/Roll Call
2. Public Comments
3. Discussion Items
  - a. CHWC Development Plan
  - b. Census Map Review
  - c. Community Grant Process
4. Board Member Comments and Future Agenda Items
5. Adjournment

I certify that on September 14, 2021, I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 24 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

  
Board Secretary/Clerk

## CHWC Development Budget - Financial Considerations

\$	1,977,352	LAIF
\$	5,810,450	CalTrust
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\$	7,787,802	Total

\$	1,606,950	Econ Uncert. Res
\$	92,794.00	MYMP
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\$	1,699,744	Reserves

\$	6,088,058	Available Funds
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# Summary of Plan Programs General Space Needs

Outdoor Space



Educational Space



Exercise Space



Private Rooms



Public/Social Space



Demo Kitchen



General Types of Space Needed	Programs Supported
Large Education Space	<ul style="list-style-type: none"> <li>• Diabetes Prevention Program</li> <li>• Diabetes Self-Management Program</li> <li>• Mental Health Advocacy First (MHFA)</li> <li>• Healthy for Life</li> <li>• Financial Literacy Program</li> </ul>
Large Exercise/Arts Room	<ul style="list-style-type: none"> <li>• Mindfulness-Based Stress Reduction</li> <li>• Fit &amp; Strong</li> <li>• Community-Based Arts Education</li> </ul>
Private Rooms for 2-4 persons	<ul style="list-style-type: none"> <li>• Diabetes Prevention Program</li> <li>• Diabetes Self-Management Program</li> <li>• Financial Literacy Program</li> </ul>
Public/Social Space	<ul style="list-style-type: none"> <li>• Transition Area for All Programs</li> </ul>
Demonstration Kitchen	<ul style="list-style-type: none"> <li>• Diabetes Prevention Program</li> <li>• Healthy for Life</li> </ul>
Outdoor Space	<ul style="list-style-type: none"> <li>• Mindfulness-Based Stress Reduction</li> <li>• Fit &amp; Strong</li> <li>• Community-Based Arts Education</li> </ul>



# Summary of **Just Do** General Space Needs

Outdoor Space



Educational Space



Exercise Space



General Types of Space Needed	Programs Supported
Large Education Space	<ul style="list-style-type: none"> <li>• Support Groups</li> <li>• Family Events</li> <li>• Community-Based Events</li> <li>• Digital Literacy</li> </ul>
Large Exercise/Arts Room	<ul style="list-style-type: none"> <li>• Group Exercise</li> <li>• Prevention/Screening</li> <li>• Support Groups</li> <li>• Youth Social Events</li> <li>• Community-Based Events</li> </ul>
Private Rooms for 2-4 persons	<ul style="list-style-type: none"> <li>• Prevention/Screening</li> <li>• Support Groups</li> </ul>
Public/Social Space	<ul style="list-style-type: none"> <li>• Family &amp; Youth Events</li> <li>• Community-Based Events</li> </ul>
Demonstration Kitchen	<ul style="list-style-type: none"> <li>• Family &amp; Youth Events</li> <li>• Community-Based Events</li> </ul>
Outdoor Space	<ul style="list-style-type: none"> <li>• Family Events</li> <li>• Fresh Food Events</li> <li>• Community-Based Events</li> <li>• Group Exercise</li> <li>• Outdoor Walking Path</li> <li>• Youth Social Events</li> <li>• Outdoor Private Events</li> </ul>

Private Rooms



Public/Social Space



Demo Kitchen



# Conceptual Site Program Design-Plan Programs

