

Organization Information

Legal Name

Boys Club of Fallbrook

DBA (if Applicable)

Boys & Girls Clubs of North County

Program Name/Title

Triple Play

Brief Program Description

Triple Play is a comprehensive wellness program that focuses on whole child development. It teaches wellness skills for the mind, body and soul. This program teaches our members fun and engaging ways to make sure they are moving their bodies for 60 minutes each day, nutrition education and stress reduction.

Service Area

Bonsall

De Luz

Fallbrook

Rainbow

Number of residents that directly benefit (participant/client) from this program.

1628

What language(s) does this program accommodate:

English

Spanish

ASL

Target Population - Age

	Percent of program participants	Number of participants
Children (infants to 12)	90	1472
Young Adults (13-17)	10	156
Adults (18-60)	0	0

	Percent of program participants	Number of participants
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants
Female	50
Male	50
Non-binary/other	0
Unknown*	0

*Target Population - Gender

n/a

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	16
Very Low (50%) Income Limits, ceiling of \$53,500	51
Low (80%) Income Limits, ceiling of \$85,600	13
Higher Than Listed Limits	20
We do not collect this data (indicate with 100%)*	0

*Target Population - Income Level

n/a

What demographic group does this program predominately serve:

Youth - other setting

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Objectives & Measurable Outcomes

Staff trained to deliver Triple Play at each site. Triple Play training happens 2x a year and each site has a staff trained to deliver the Triple Play program. Records are kept at the administrative office. At least 400 members will receive Triple Play programming each day during the school year. 707 members received this programming each day in Q2. Attendance records are compiled and turned into administrative office monthly. The Club will conduct 3 family engagement activities each year. We conducted 3 family engagement activities in Q2.

Please upload an Impact Story (Word doc or pdf preferred).





Cooking with teens.docx

FRHD Acknowledgment

Social Media Postings

Website Display

FRHD Acknowledgment



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Program Budget



Q2 budget report form.Triple Play.pdf

Please type the name of the person submitting this report.

Lisa Ware

Cooking with teens

One of the favorite life skills classes at our teen center is Cooking with Miss Kayla. Every Thursday Miss Kayla comes to the teen center and teaches our teens how to “cook” easy, budget friendly, healthy meals and snacks. The teens learn how to look at grocery store advertising to see what is on sale, plan a weekly meal budget, fit in some nutrition education and do the actual cooking. The teens also do the preparation beforehand and the clean up afterwards. In these tough economic times, our families must cook the meals that they can afford. This program lets the teens have a chance to cook and eat meals that might not be on the menu at home. The Cooking with Miss Kayla program also gave the members the opportunity to get their food handlers certificate in case they want to use that to help them get a part time job.





FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name:

Boys & Girls Clubs of North County

PROGRAM NAME:

Triple Play

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$49,322.00	\$0.00				
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$161,980.71	\$38,374.71	\$7,873.16	\$7,650.11		
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$30,000.00	\$3,750.00	\$232.98	\$1,961.77		
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$241,302.71	\$37,956.79	\$8,106.14	\$9,611.88	\$0.00	\$0.00

 Total funds expended to date: **\$17,718.02**