

Fallbrook Regional HEALTH DISTRICT

138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

BOARD OF DIRECTORS REGULAR BOARD MEETING/PUBLIC HEARING

WEDNESDAY
MAY 11, 2022

6:00 PM

AT

MEETING LOCATIONS:
ZOOM, TELECONFERENCE AND
FALLBROOK REGIONAL HEALTH DISTRICT
COMMUNITY HEALTH & WELLNESS CENTER
COMMUNITY ROOM #2
1636 E. MISSION RD., FALLBROOK



**AGENDA
REGULAR BOARD MEETING/PUBLIC HEARING**

Wednesday, May 11, 2022, 6:00 p.m.

Virtual and In-Person Meeting at Administrative Office,
Community Health & Wellness Center, Community Room #2, 1636 E. Mission Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link: <https://us02web.zoom.us/j/83035733374> Meeting ID: 830 3573 3374. Participants will need to download the Zoom app on their mobile device. Members of the public will also be able to participate by telephone using the following dial in information: Dial in #: (310) 372-7549, Passcode 660448.

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

B. APPROVAL OF THE AGENDA

C. PUBLIC COMMENTS - ANNOUNCEMENT

Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public may also speak on any item not listed on the Agenda which falls within the subject matter jurisdiction of the District immediately prior to Board Comments & Items for Subsequent Meetings section below. Members of the public attending in-person need to fill-out a "Request to Speak" card and those attending by webinar need to raise your hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.

D. PUBLIC HEARING

D1. Public Hearing to Discuss and Consider the 2022/2023 District Fiscal Year Budget 2

E. CONSENT ITEMS

E1.	Approval of February 2022 Financial Statements.....	4
E2.	Minutes of April 6, 2022 Finance Committee Meeting	19
E3.	Minutes of April 13, 2022 Regular Board Meeting	21
E4.	Minutes of April 20, 2022 Strategic Planning Committee Meeting	25
E5.	Minutes of April 25, 2022 Special Board Meeting	27
E6.	Consideration of Resolution 446 – Re-Ratifying the State of Emergency and Re-Authorizing Remote Teleconference Meetings	30

F. REPORTS/POSSIBLE ACTION

F1.	Finance Committee – Directors Jeffries and Mroz <u>Recommendation:</u> That the draft budget be forwarded to the June 11th Regular Board Meeting	
F2.	Strategic Planning Committee – Directors Jeffries and Salmon	
F3.	Facilities Committee – Directors Mroz and Ortiz	
F4.	Gov't and Public Engagement Committee – Directors Salmon and Ortiz	33
F5.	Chief Executive Officer – Rachel Mason	38
F6.	General Counsel – Jeffrey Scott	40

G. COMMENTS BY MEMBERS OF THE PUBLIC ON ITEMS NOT ON THE AGENDA

H. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS

- H1. Other Director/Staff discussion items
- H1a. Item(s) for future board agendas
- H1b. Announcements of upcoming events:
- See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>
 - **Gov't and Public Engagement Committee meeting** – 4th Wednesday, **May 25**, 5:30pm, Virtual Meeting
 - **Finance Committee meeting** – Thursday, **May 26**, 5:30pm, Virtual Meeting
 - **Special meeting** – Friday, **May 27**, 5:30pm, Hybrid Meeting
 - **Memorial Day** – Office Closed Monday, **May 30**
 - **Finance Committee meeting** – 1st Wednesday, **June 1**, 4:30pm, Virtual Meeting
- H2. Next Regular Board meeting – Wednesday, **June 8**, 2022, 6:00pm, Virtual and In-Person Meeting at Administrative Office, 1st Floor Community Room, 138 South Brandon Road, Fallbrook

I. ADJOURNMENT

NOTE: I certify that on Friday, May 6, 2022 I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.



Board Secretary/Clerk

PUBLIC HEARING

**Fallbrook Regional Health District
FY22.23 DRAFT Budget**

Jul '22 - Jun 23

Income

400 · District Income	
402 · Property Tax Revenue	2,167,411.04
403 · Interest / Dividends	26,733.31
xx Wellness Center Income	1,200.00
Total Income	\$ 2,195,344.35

Expense

<u>500 · Administrative Expenses</u>	
500.01 · Communications	9,557.70
500.02 · IT Services	3,420.00
500.03 · Refreshments	850.00
500.04 · Office Expenses	11,400.00
500.05 · Utilities	14,116.34
500.06 · Independent Contract Services	17,004.00
500.07 · Maintenance Services & Repairs	29,763.22
500.08 · Vehicle Expenses	945.00
500.10 · Salaries	334,345.84
500.12 · Payroll Taxes	26,747.67
500.14 · W/C Insurance	4,510.00
500.15 · Employee Health & Welfare	61,439.82
500.16 · Board Stipends	25,200.00
500.17 · Education & Conferences	17,800.00
500.18 · Dues & Subscriptions	29,795.00
500.19 · Insurance - General	26,857.00
500.20 · Independent Accounting Services	18,000.00
500.21 · Annual Independent Audit	15,500.00
500.22 · Medical Records Store & Service	26,632.19
500.23 · General Counsel	36,375.77
500.29 · Dist Promotions & Publications	10,000.00
500.30 · Simple IRA Expense	10,030.38
500.33 · Copier Lease	10,158.88
500.40 · Office Equipment	6,525.00
Total 500 · Administrative Expenses	\$ 756,730.58

<u>570 · Comm. Health & Wellness Center</u>	
570.01 · Communications	4,200.00
570.02 · IT Services	1,320.00
570.04 · Office Expenses	10,000.00
570.05 · Utilities	15,568.54
570.06 · Independent Contract Services	1,386.00
570.07 · Maintenance Services & Repairs	35,415.00
570.10 · Salaries	178,367.22
570.12 · Payroll Taxes	14,269.38
XXXX · Employee Health & Welfare	46,079.86
570.19 · Insurance - General	9,000.00
570.23 · General Counsel	24,000.00
570.29 · Dist Promotions & Publications	22,550.00
570.30 · Simple IRA Expense	5,247.36
XXXX · Copier Lease	10,156.03
570.40 · Office Equipment	8,000.00
Total 570 · Comm. Health & Wellness Center	\$ 379,004.40

600 · Community Health Contracts	
Grantees for FY 22.23	541,106.35
600.50 · NC Fire JPA (Ambulance)	110,000.00
600.51 · NC Fire JPA (EMSO)	80,000.00
600.52 · NC Fire JPA (Public Comms)	30,000.00
Total 600 · Community Health Contracts	\$ 761,106.35

800 · District Direct Care Services	
800.01 · Health Services and Clinics	103,000.00
Total 800 · District Direct Care Services	\$ 103,000.00

Total Expense	1,999,841.33
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Net Ordinary Income	\$ 195,503.02
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CONSENT ITEMS

Fallbrook Regional Health District
REPORT 1 - BALANCE SHEET COMPARISON
Comparison of February 2022 to January 2022

	Feb 28, 22	Jan 31, 22	\$ Change
ASSETS			
Current Assets			
Checking/Savings			
102.3 · Cash in Bank - Pacific Western	957,493.85	991,118.07	-33,624.22
102.6 · Cash in Bank - LAIF	1,797,666.31	1,946,666.31	-149,000.00
102.9 · Cash in Bank - CalTRUST	5,710,045.41	5,736,034.20	-25,988.79
102.10 · Petty Cash	168.84	168.84	0.00
Total Checking/Savings	8,465,374.41	8,673,987.42	-208,613.01
Other Current Assets			
104 · Prepaid Insurance	8,524.97	11,208.37	-2,683.40
107 · Tax Apportionment Receivable	61,627.45	88,000.51	-26,373.06
110 · Reimbursement Rec'ble - CIF	-1,343.91	21,387.98	-22,731.89
Total Other Current Assets	68,808.51	120,596.86	-51,788.35
Total Current Assets	8,534,182.92	8,794,584.28	-260,401.36
Fixed Assets			
121 · Equipment	64,986.31	64,986.31	0.00
121.2 · Equipment Depreciation	-42,525.28	-41,860.96	-664.32
122.0 · Assets			
122.01 · S. Brandon Road	161,578.00	161,578.00	0.00
122.011 · S. Brandon Road Improvements	223,424.76	223,424.76	0.00
122.012 · S. Brandon Road Land	129,662.00	129,662.00	0.00
122.02 · E. Mission Road	1,441,539.86	1,441,539.86	0.00
122.021 · E. Mission Road Improvements	269,087.20	269,087.20	0.00
122.022 · E. Mission Road Land	360,629.00	360,629.00	0.00
122.04 · Accum Depr - All Buildings	-175,016.81	-170,883.22	-4,133.59
Total 122.0 · Assets	2,410,904.01	2,415,037.60	-4,133.59
Total Fixed Assets	2,433,365.04	2,438,162.95	-4,797.91
Other Assets			
130 · Note Receivable - East Alvarado	487,500.00	487,500.00	0.00
Total Other Assets	487,500.00	487,500.00	0.00
TOTAL ASSETS	11,455,047.96	11,720,247.23	-265,199.27
LIABILITIES & EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable			
140 · Accounts Payable	3,523.47	2,851.19	672.28
Total Accounts Payable	3,523.47	2,851.19	672.28
Other Current Liabilities			
203 - Accrued Payroll	12,475.61	13,248.99	-773.38
204 · Accrued Vacation & Sick Leave	29,647.51	29,647.51	0.00
211 · Payroll Taxes Payable	4,478.00	5,108.95	-630.95
213 · Simple Plan Payable	3,670.10	3,635.76	34.34
Total Other Current Liabilities	50,271.22	51,641.21	-1,369.99
Total Current Liabilities	53,794.69	54,492.40	-697.71
Total Liabilities	53,794.69	54,492.40	-697.71
Equity			
302.2 · Community Investment Funds	9,053,578.12	9,202,578.12	-149,000.00
300 · Unrestricted Operations Fund	2,276,458.41	2,276,458.41	0.00
Net Income	71,216.74	186,718.30	-115,501.56
Total Equity	11,401,253.27	11,665,754.83	-264,501.56
TOTAL LIABILITIES & EQUITY	11,455,047.96	11,720,247.23	-265,199.27

Fallbrook Regional Health District
REPORT 2 - INCOME STATEMENT
For the Month Ended February 2022 & Fiscal Year to Date

	Feb 22	Jul '21 - Feb 22
Ordinary Income/Expense		
Income		
400 · District Income		
402 · Property Tax Revenue	61,680.45	1,343,306.59
403 · Interest / Dividends	2,351.30	18,423.84
Total 400 · District Income	64,031.75	1,361,730.43
460 · Lease Income		
460.03 · Lease Income	0.00	3,500.00
Total 460 · Lease Income	0.00	3,500.00
Total Income	64,031.75	1,365,230.43
Expense		
500 · Administrative Expenses		
500.01 · Communications	676.96	6,187.16
500.02 · IT Services	380.00	3,230.00
500.03 · Refreshments	0.00	2,739.16
500.04 · Office Expenses	479.77	8,132.34
500.05 · Utilities	1,004.35	9,244.45
500.06 · Independent Contract Services	1,382.37	8,130.38
500.07 · Maintenance Services & Repairs	4,191.28	20,970.36
500.08 · Vehicle Expenses	0.00	296.89
500.10 · Salaries	27,616.56	254,049.27
500.12 · Payroll Taxes	4,356.77	26,282.30
500.14 · W/C Insurance	200.75	1,458.25
500.15 · Employee Health & Welfare	3,482.80	29,769.38
500.16 · Board Stipends	2,100.00	12,600.00
500.17 · Education & Conferences	2,592.18	6,385.51
500.18 · Dues & Subscriptions	2,047.77	25,984.85
500.19 · Insurance - General	1,833.36	14,716.88
500.20 · Independent Accounting Services	2,440.00	15,830.00
500.21 · Annual Independent Audit	0.00	12,684.27
500.22 · Medical Records Store & Service	2,609.61	18,643.91
500.23 · General Counsel	2,327.50	16,030.00
500.29 · Dist Promotions & Publications	1,948.98	4,285.19
500.30 · Simple IRA Expense	790.40	5,386.48
500.33 · Copier Lease	846.76	6,902.08
500.40 · Office Equipment	0.00	2,370.41
Total 500 · Administrative Expenses	63,308.17	512,309.52
570 · Comm. Health & Wellness Center		
570.01 · Communications	368.88	1,513.22
570.04 · Office Expenses	607.97	3,065.72
570.05 · Utilities	1,142.77	9,203.61
570.06 · Independent Contract Services	0.00	2,949.69
570.07 · Maintenance Services & Repairs	4,460.92	32,555.79
570.10 · Salaries	6,250.00	33,806.80
570.12 · Payroll Taxes	478.12	2,670.20
570.19 · Insurance - General	649.29	5,194.16
570.23 · General Counsel	0.00	857.50
570.29 · Dist Promotions & Publications	965.94	2,842.70
570.30 · Simple IRA Expense	187.50	375.00
570.40 · Office Equipment	0.00	300.00
Total 570 · Comm. Health & Wellness Center	15,111.39	95,334.39

Fallbrook Regional Health District
REPORT 2 - INCOME STATEMENT
For the Month Ended February 2022 & Fiscal Year to Date

	Feb 22	Jul '21 - Feb 22
600 · Community Health Contracts		
600.01 · Be Well Therapy	2,055.43	6,166.29
600.02 · Boys & Girls Clubs of North Cty	9,025.94	42,077.12
600.03 · Champions for Health	8,000.00	24,000.00
600.04 · D'Vine Path	5,475.00	16,425.00
600.05 · Fallbrook Food Pantry	19,375.00	58,125.00
600.06 · Fallbrook Land Conservancy	7,428.13	22,284.39
600.07 · Fallbrook Senior Citizens Serv	33,296.44	99,889.32
600.10 · Foundation for Senior Care	61,240.22	183,720.66
600.11 · Hospice of the Valleys	2,804.70	8,414.10
600.12 · Michelle's Place Cancer Res Ctr	10,477.00	31,431.00
600.14 · Palomar Family Counseling Svc	14,952.56	44,857.68
600.15 · REINS	20,113.44	60,340.32
600.50 · NC Fire JPA (Ambulance)	0.00	82,973.50
600.51 · NC Fire JPA (EMSO)	0.00	37,014.39
600.52 · NC Fire JPA (Public Comms)	0.00	8,479.67
Total 600 · Community Health Contracts	194,243.86	726,198.44
800 · District Direct Care Services		
800.01 · Health Services and Clinics	0.00	10,114.07
Total 800 · District Direct Care Services	0.00	10,114.07
Total Expense	272,663.42	1,343,956.42
Net Ordinary Income	-208,631.67	21,274.01
Other Income/Expense		
Other Income		
406 · Unearned Gain/Loss - CalTRUST	-28,340.09	-107,635.10
810 · Interest Income - Alvarado Str.	0.00	16,250.00
Total Other Income	-28,340.09	-91,385.10
Other Expense		
825 · Depreciation		
500.27 · Depreciation - Brandon Rd.	4,303.73	34,974.66
570.27 · Depreciation - Mission Rd.	494.18	3,953.44
Total 825 · Depreciation	4,797.91	38,928.10
835 · FRHD Foundation		
580 · FRHD Foundation Support		
580.04 · Office Expenses	0.00	25.00
580.23 · General Counsel	0.00	402.50
Total 580 · FRHD Foundation Support	0.00	427.50
Total 835 · FRHD Foundation	0.00	427.50
900 · Community Investment Fund Reimb	-126,268.11	-180,683.43
Total Other Expense	-121,470.20	-141,327.83
Net Other Income	93,130.11	49,942.73
Net Income	-115,501.56	71,216.74

Fallbrook Regional Health District
REPORT 3 - PROFIT & LOSS ACTUAL vs. YTD BUDGET
 July through February 2022

	Jul '21 - Feb 22	Budget	\$ Over Budget	% of Budget
Ordinary Income/Expense				
Income				
400 · District Income				
402 · Property Tax Revenue	1,343,306.59	1,284,859.20	58,447.39	104.5%
403 · Interest / Dividends	18,423.84	44,719.32	(26,295.48)	41.2%
Total 400 · District Income	1,361,730.43	1,329,578.52	32,151.91	102.4%
460 · Lease Income				
460.03 · Lease Income	3,500.00	0.00	3,500.00	100.0%
570.00 · Wellness Center Income	0.00	7,000.00	(7,000.00)	0.0%
Total 460 · Lease Income	3,500.00	7,000.00	(3,500.00)	50.0%
Total Income	1,365,230.43	1,336,578.52	28,651.91	102.1%
Expense				
500 · Administrative Expenses				
500.01 · Communications	6,187.16	7,200.00	(1,012.84)	85.9%
500.02 · IT Services	3,230.00	2,736.00	494.00	118.1%
500.03 · Refreshments	2,739.16	200.00	2,539.16	1,369.6%
500.04 · Office Expenses	8,132.34	4,000.00	4,132.34	203.3%
500.05 · Utilities	9,244.45	9,549.39	(304.94)	96.8%
500.06 · Independent Contract Services	8,130.38	1,350.00	6,780.38	602.3%
500.07 · Maintenance Services & Repairs	20,970.36	11,429.00	9,541.36	183.5%
500.08 · Vehicle Expenses	296.89	1,000.00	(703.11)	29.7%
500.10 · Salaries	254,049.27	239,367.04	14,682.23	106.1%
500.12 · Payroll Taxes	26,282.30	21,543.04	4,739.26	122.0%
500.14 · W/C Insurance	1,458.25	1,875.00	(416.75)	77.8%
500.15 · Employee Health & Welfare	29,769.38	37,656.00	(7,886.62)	79.1%
500.16 · Board Stipends	12,600.00	16,960.00	(4,360.00)	74.3%
500.17 · Education & Conferences	6,385.51	5,000.00	1,385.51	127.7%
500.18 · Dues & Subscriptions	25,984.85	21,605.12	4,379.73	120.3%
500.19 · Insurance - General	14,716.88	17,236.80	(2,519.92)	85.4%
500.20 · Independent Accounting Services	15,830.00	8,000.00	7,830.00	197.9%
500.21 · Annual Independent Audit	12,684.27	9,000.00	3,684.27	140.9%
500.22 · Medical Records Store & Service	18,643.91	14,950.00	3,693.91	124.7%
500.23 · General Counsel	16,030.00	19,500.00	(3,470.00)	82.2%
500.29 · Dist Promotions & Publications	4,285.19	9,816.00	(5,530.81)	43.7%
500.30 · Simple IRA Expense	5,386.48	7,181.04	(1,794.56)	75.0%
500.33 · Copier Lease	6,902.08	6,136.80	765.28	112.5%
500.40 · Office Equipment	2,370.41	1,500.00	870.41	158.0%
Total 500 · Administrative Expenses	512,309.52	474,791.23	37,518.29	107.9%
570 · Comm. Health & Wellness Center				
570.01 · Communications	1,513.22	7,200.00	(5,686.78)	21.0%
570.02 · IT Services	0.00	304.00	(304.00)	0.0%
570.03 · Refreshments	0.00	200.00	(200.00)	0.0%
570.04 · Office Expenses	3,065.72	1,325.00	1,740.72	231.4%
570.05 · Utilities	9,203.61	8,614.00	589.61	106.8%
570.06 · Independent Contract Services	2,949.69	2,700.00	249.69	109.2%
570.07 · Maintenance Services & Repairs	32,555.79	12,110.00	20,445.79	268.8%
570.10 · Salaries	33,806.80	34,670.64	(863.84)	97.5%
570.12 · Payroll Taxes	2,670.20	2,773.68	(103.48)	96.3%
570.14 · W/C Insurance	0.00	520.08	(520.08)	0.0%
570.15 · Employee Health & Welfare	0.00	6,840.00	(6,840.00)	0.0%
570.18 · Dues & Subscriptions	0.00	250.00	(250.00)	0.0%
570.19 · Insurance - General	5,194.16	5,069.68	124.48	102.5%
570.23 · General Counsel	857.50	4,000.00	(3,142.50)	21.4%
570.29 · Dist Promotions & Publications	2,842.70	2,925.00	(82.30)	97.2%
570.30 · Simple IRA Expense	375.00	5,600.00	(5,225.00)	6.7%
570.33 · Copier Lease	0.00	581.60	(581.60)	0.0%
570.40 · Office Equipment	300.00	2,200.00	(1,900.00)	13.6%
Total 570 · Comm. Health & Wellness Center	95,334.39	97,883.68	(2,549.29)	97.4%
600 · Community Health Contracts				
600.01 · Be Well Therapy	6,166.29	6,166.29	0.00	100.0%
600.02 · Boys & Girls Clubs of North Cty	42,077.12	42,077.82	(0.70)	100.0%
600.03 · Champions for Health	24,000.00	24,000.00	0.00	100.0%
600.04 · D'Vine Path	16,425.00	16,425.00	0.00	100.0%
600.05 · Fallbrook Food Pantry	58,125.00	58,125.00	0.00	100.0%
600.06 · Fallbrook Land Conservancy	22,284.39	22,284.39	0.00	100.0%
600.07 · Fallbrook Senior Citizens Serv	99,889.32	99,889.32	0.00	100.0%
600.10 · Foundation for Senior Care	183,720.66	183,720.66	0.00	100.0%
600.11 · Hospice of the Valleys	8,414.10	8,414.10	0.00	100.0%
600.12 · Michelle's Place Cancer Res Ctr	31,431.00	31,431.00	0.00	100.0%
600.14 · Palomar Family Counseling Svc	44,857.68	44,857.68	0.00	100.0%
600.15 · REINS	60,340.32	60,340.32	0.00	100.0%
600.50 · NC Fire JPA (Ambulance)	82,973.50	56,666.64	26,306.86	146.4%
600.51 · NC Fire JPA (EMSO)	37,014.39	53,333.36	(16,318.97)	69.4%
600.52 · NC Fire JPA (Public Comms)	8,479.67	23,333.36	(14,853.69)	36.3%
Total 600 · Community Health Contracts	726,198.44	731,064.94	(4,866.50)	99.3%

Fallbrook Regional Health District
REPORT 3 - PROFIT & LOSS ACTUAL vs. YTD BUDGET
 July through February 2022

	Jul '21 - Feb 22	Budget	\$ Over Budget	% of Budget
800 · District Direct Care Services				
800.01 · Health Services and Clinics	10,114.07	3,375.00	6,739.07	299.7%
800.03 · Women of Wellness	0.00	400.00	(400.00)	0.0%
Total 800 · District Direct Care Services	10,114.07	3,775.00	6,339.07	267.9%
Total Expense	1,343,956.42	1,307,514.85	36,441.57	102.8%
Net Ordinary Income	21,274.01	29,063.67	(7,789.66)	73.2%
Other Income/Expense				
Other Income				
406 · Unearned Gain/Loss - CalTRUST	(107,635.10)	0.00	(107,635.10)	100.0%
810 · Interest Income - Alvarado Str.	16,250.00	0.00	16,250.00	100.0%
Total Other Income	(91,385.10)	0.00	(91,385.10)	100.0%
Other Expense				
825 · Depreciation				
500.27 · Depreciation - Brandon Rd.	34,974.66	0.00	34,974.66	100.0%
570.27 · Depreciation - Mission Rd.	3,953.44	0.00	3,953.44	100.0%
Total 825 · Depreciation	38,928.10	0.00	38,928.10	100.0%
835 · FRHD Foundation				
580 · FRHD Foundation Support				
580.01 · Communications	0.00	400.00	(400.00)	0.0%
580.04 · Office Expenses	25.00	150.00	(125.00)	16.7%
580.10 · Salaries	0.00	15,000.00	(15,000.00)	0.0%
580.12 · Payroll Taxes	0.00	1,200.00	(1,200.00)	0.0%
580.14 · W/C Insurance	0.00	225.00	(225.00)	0.0%
580.17 · Education & Conferences	0.00	270.00	(270.00)	0.0%
580.19 · Insurance - General	0.00	365.00	(365.00)	0.0%
580.20 · Independent Accounting Services	0.00	2,000.00	(2,000.00)	0.0%
580.23 · General Counsel	402.50	2,000.00	(1,597.50)	20.1%
580.33 · Copier Lease	0.00	248.70	(248.70)	0.0%
580.40 · Office Equipment	0.00	1,750.00	(1,750.00)	0.0%
Total 580 · FRHD Foundation Support	427.50	23,608.70	(23,181.20)	1.8%
Total 835 · FRHD Foundation	427.50	23,608.70	(23,181.20)	1.8%
900 · Community Investment Fund Reimb	(180,683.43)	0.00	(180,683.43)	100.0%
Total Other Expense	(141,327.83)	23,608.70	(164,936.53)	(598.6)%
Net Other Income	49,942.73	(23,608.70)	73,551.43	(211.5)%
Net Income	71,216.74	5,454.97	65,761.77	1,305.5%

**Fallbrook Regional Health District
REPORT 4 - APPROVED ANNUAL BUDGET**

July 2021 through June 2022

	Jul 21	Aug 21	Sep 21	Oct 21	Nov 21	Dec 21	Jan 22	Feb 22	Mar 22	Apr 22	May 22	Jun 22	TOTAL Jul '21 - Jun 22
835 - FRHD Foundation													
580 - FRHD Foundation Support													
580.01 - Communications	0.00	0.00	50.00	50.00	50.00	50.00	100.00	100.00	100.00	100.00	100.00	100.00	800.00
580.02 - IT Services	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.03 - Refreshments	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.04 - Office Expenses	0.00	0.00	25.00	25.00	25.00	25.00	25.00	25.00	25.00	25.00	25.00	25.00	250.00
580.05 - Utilities	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.07 - Maintenance Services & Repairs	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.10 - Salaries	0.00	0.00	2,500.00	2,500.00	2,500.00	2,500.00	2,500.00	2,500.00	2,500.00	2,500.00	2,500.00	2,500.00	25,000.00
580.12 - Payroll Taxes	0.00	0.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	200.00	2,000.00
580.14 - W/C Insurance	0.00	0.00	37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	37.50	375.00
580.17 - Education & Conferences	0.00	0.00	45.00	45.00	45.00	45.00	45.00	45.00	45.00	45.00	45.00	45.00	450.00
580.18 - Dues & Subscriptions	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2,500.00	0.00	0.00	0.00	2,500.00
580.19 - Insurance - General	0.00	0.00	0.00	0.00	0.00	0.00	0.00	365.00	0.00	0.00	0.00	0.00	365.00
580.20 - Independent Accounting Services	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	3,000.00
580.21 - Annual Independent Audit	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.23 - General Counsel	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	3,000.00
580.33 - Copier Lease	0.00	0.00	41.45	41.45	41.45	41.45	41.45	41.45	41.45	41.45	41.45	41.45	414.50
580.40 - Office Equipment	1,750.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1,750.00
580 - FRHD Foundation Support - Other	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total 580 - FRHD Foundation Support	2,250.00	500.00	3,398.95	3,398.95	3,398.95	3,398.95	3,448.95	3,813.95	5,948.95	3,448.95	3,448.95	3,448.95	39,904.50
Total 835 - FRHD Foundation	2,250.00	500.00	3,398.95	3,398.95	3,398.95	3,398.95	3,448.95	3,813.95	5,948.95	3,448.95	3,448.95	3,448.95	39,904.50
900 - Community Investment Fund Reimb							0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total Other Expense	2,250.00	500.00	3,398.95	3,398.95	3,398.95	3,398.95	3,448.95	3,813.95	5,948.95	3,448.95	3,448.95	3,448.95	39,904.50
Net Other Income	-2,250.00	-500.00	-3,398.95	-3,398.95	-3,398.95	-3,398.95	-3,448.95	-3,813.95	-5,948.95	-3,448.95	-3,448.95	-3,448.95	-39,904.50
Net Income	-263,901.18	-45,989.89	-41,845.65	19,808.90	343,156.65	213,399.81	-5,698.89	-213,574.78	-31,630.29	173,931.78	-242,311.46	-55,039.64	-149,594.64

California State Treasurer
Fiona Ma, CPA



Local Agency Investment Fund
 P.O. Box 942809
 Sacramento, CA 94209-0001
 (916) 653-3001

[LAIF Home](#)
[PMIA Average Monthly Yields](#)

FALLBROOK REGIONAL HEALTH DISTRICT

[Tran Type Definitions](#)

DISTRICT ADMINISTRATOR
 138 SOUTH BRANDON ROAD
 FALLBROOK, CA 92028

Account Number:

February 2022 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Web Confirm Number	Authorized Caller	Amount
2/24/2022	2/23/2022	RW	1698050	N/A	BARBARA MROZ	127,000.00
2/28/2022	2/25/2022	RW	1698248	N/A	RACHEL MASON	-22,000.00

Account Summary

Total Deposit	0.00	Beginning Balance	1,946,666.31
Total Withdrawal:	-149,000.00	Ending Balance:	1,797,666.31



CalTRUST
 c/o Ultimus Fund Solutions
 PO Box 541150
 Omaha, NE 68154-9150
 www.caltrust.org
 Email: CalTRUSTSupport@ultimusfundsolutions.com
 Fax: 402-963-9094
 Phone: 833-CALTRUST (225-8787)

Investment Account Summary

02/01/2022 through 02/28/2022

SUMMARY OF INVESTMENTS

Fund	Total Shares Owned	Net Asset Value per Share on Feb 28 (\$)	Value on Feb 28 (\$)	Average Cost Amount (\$)	Cumulative Unrealized Gain/(Loss) (\$)
FALLBROOK REGIONAL HEALTH DISTRICT					
CalTRUST Medium Term Fund	567,035.294	10.07	5,710,045.41	5,688,827.60	21,217.81
Portfolios Total value as of 02/28/2022			5,710,045.41		

DETAIL OF TRANSACTION ACTIVITY

Activity Description	Activity Date	Amount (\$)	Amount in Shares	Balance in Shares	Price per Share (\$)	Balance (\$)	Average Cost Amt (\$)	Realized Gain/(Loss) (\$)
CalTRUST Medium Term Fund		FALLBROOK REGIONAL HEALTH DISTRICT			Account Number: [REDACTED]			
Beginning Balance	02/01/2022			566,801.798	10.12	5,736,034.20		
Accrual Income Div Reinvestment	02/28/2022	2,351.30	233.496	567,035.294	10.07	5,710,045.41	0.00	0.00
Unrealized Gain/(Loss)						(28,340.09)		
Closing Balance as of	Feb 28			567,035.294	10.07	5,710,045.41		

LOCAL AGENCY INVESTMENT FUND (LAIF)

Through the Pooled Money Investment Account (PMIA), the State Treasurer invests taxpayers' money to manage the State's cash flow and strengthen the financial security of local governmental entities. PMIA policy sets as primary investment objectives safety, liquidity and yield. Total assets under LAIF Management at month-end was \$36.7 billion.

As of February 28, 2022, the PMIA's holdings included US Treasury Bills and Notes (65.86% of portfolio), Federal Agency Debentures and Discount Notes (18.33% of portfolio), CDs and Commercial Paper (7.03% of portfolio).

As of February 28, 2022, the District's balance was \$1,797,666.31. This represents 23.94% of the District's investment portfolio. The Performance Rate for the month of February was 0.278%.

In February, 2022, the District reported \$0.00 in earnings.

CalTRUST

The CalTRUST Board works closely with the investment manager, BlackRock, to ensure that public dollars are managed securely and efficiently and are in full compliance with California Law. The primary objective is to safeguard the preservation of principal.

The District is invested in the CalTRUST Medium Term Fund which held, in part, the following sectors at February 28, 2022: Corporate Bonds (30.64% of portfolio), US Government and Agencies (43.59% of portfolio) and CDs (8.00% of portfolio). Total assets under CalTRUST Management at month-end was over \$2.4 billion.

As of February 28, 2022, the District's closing Net Asset Value was \$5,710,045.41. This represents 76.06% of the District's investment portfolio.

In February, 2022, the District earned \$2,351.30 in dividend income and reported an unrealized loss of \$28,340.09. The One Year Yield on the Medium-Term Fund was .38%

The investments of the District are in compliance with the District's 2021-2022 Investment Policy. The balances in the District's investment accounts give the District the ability to meet its expenditure requirements for the next eighteen (18) months.

Fallbrook Regional Health District
REPORT 7 - PROPERTY TAX REVENUE
February 2022

Type	Date	Name	Amount	Balance
400 · District Income				
402 · Property Tax Revenue				
General Journal	07/31/2021		22,748.41	22,748.41
General Journal	08/31/2021		18,774.22	41,522.63
General Journal	09/30/2021		25,661.42	67,184.05
General Journal	10/31/2021		115,433.44	182,617.49
General Journal	11/30/2021		661,731.34	844,348.83
General Journal	12/31/2021		349,223.80	1,193,572.63
General Journal	01/31/2022		88,053.51	1,281,626.14
General Journal	02/01/2022		53.00	1,281,679.14
General Journal	02/28/2022		61,627.45	1,343,306.59
Total 402 · Property Tax Revenue			1,343,306.59	1,343,306.59
Total 400 · District Income			1,343,306.59	1,343,306.59
TOTAL			1,343,306.59	1,343,306.59

Fallbrook Regional Health District
REPORT 8 - CHECK DETAIL REPORT
February 2022

Date	Num	Name	Memo	Amount
102.3 - Cash in Bank - Pacific Western				
02/01/2022	12544	Aztec Cleaning & Mai...		-380.00
02/01/2022	12545	Brand Assassins		-299.98
02/01/2022	12546	Fallbrook Chamber of ...		-60.00
02/01/2022	12547	Pamela L. Knox		-656.04
02/01/2022	12548	Reeder Media		-50.00
02/01/2022	12549	SDRMA		-293.35
02/01/2022	12550	Spectrum Business-T...		-139.96
02/01/2022	12551	Tomedes Ltd.	VOID:	0.00
02/01/2022	12552	Uline		-371.56
02/01/2022	12553	UMPQUA Bank		-3,082.25
02/01/2022	12554	Village News		-1,953.00
02/04/2022	2022...		Book 02/04/2022 Payroll Disbursement	-18,357.94
02/04/2022	12555	Amazon Capital Servi...		-140.51
02/04/2022	12556	Aztec Cleaning & Mai...		-380.00
02/04/2022	12557	Employment Develop...	925-0023-0	-2,054.99
02/04/2022	12558	Konica Minolta		-846.76
02/04/2022	12559	Spectrum Business-T...		-84.97
02/07/2022		GoDaddy		-42.34
02/07/2022		GoDaddy		-751.94
02/07/2022		American Funds Inves...		-3,635.76
02/09/2022	12509	24 Hour Elevator Inc.	Inv 115584	-227.58
02/09/2022	12510	Aztec Cleaning & Mai...		-380.00
02/09/2022	12511	Be Well Therapy	Be Well Yoga & Mind/Body Wellness for Cancer Re...	-2,055.43
02/09/2022	12512	Boys & Girls Club of N...	Triple Play	-9,025.94
02/09/2022	12513	Champions for Health	Project Access San Diego	-8,000.00
02/09/2022	12514	D'Vine Path	Life I Can Healthy Lifestyle	-5,475.00
02/09/2022	12515	Fallbrook Food Pantry	Alleviating Hunger in Fallbrook Area	-19,375.00
02/09/2022	12516	Fallbrook Land Conse...	VOID:	0.00
02/09/2022	12517	Fallbrook Senior Citize...	VOID:	0.00
02/09/2022	12518	Fallbrook Waste & Re...		-143.19
02/09/2022	12519	Fallbrook Waste & Re...		-84.00
02/09/2022	12520	Foundation for Senior ...	VOID:	0.00
02/09/2022	12521	Fowler Pest Control, I...		-85.00
02/09/2022	12522	FPUD - 7720-002 - E. ...		-64.00
02/09/2022	12523	FPUD - 7720-003 - E. ...		-601.75
02/09/2022	12524	Hospice of the Valleys	Fallbrook Senior Assistance Program/Butterfly Mem...	-2,804.70
02/09/2022	12525	Key, Darren		-94.70
02/09/2022	12526	Michelle's Place Canc...	Cancer Support Services	-10,477.00
02/09/2022	12527	Palomar Family Coun...	VOID:	0.00
02/09/2022	12528	Pamela L. Knox	Week 2/02 - 2/08	-726.33
02/09/2022	12529	Profile Display, Inc.		-99.00
02/09/2022	12530	Ramirez Landscape &...		-950.00
02/09/2022	12531	REINS Therapeutic H...	Therapeutic Horsemanship Program	-20,113.44
02/09/2022	12532	Springston Design LLC		-380.00
02/09/2022	12533	Fallbrook Land Conse...	Preserve and Trail Walkability Enhancement	-4,490.63
02/09/2022	12534	Fallbrook Land Conse...	Save our Forest Environmental Education Program ...	-2,937.50
02/09/2022	12535	Fallbrook Senior Citize...	Congregate Meals Program	-11,963.98
02/09/2022	12536	Fallbrook Senior Citize...	Home Delivered Meals	-21,332.46

Fallbrook Regional Health District
REPORT 8 - CHECK DETAIL REPORT
February 2022

Date	Num	Name	Memo	Amount
02/09/2022	12537	Foundation for Senior ...	Adult Day Care	-12,042.22
02/09/2022	12538	Foundation for Senior ...	Door-Through-Door	-7,421.21
02/09/2022	12539	Foundation for Senior ...	Senior Care Advocacy	-16,735.38
02/09/2022	12540	Foundation for Senior ...	Senior Transportation Services	-18,268.85
02/09/2022	12541	Foundation for Senior ...		-6,772.56
02/09/2022	12542	Palomar Family Coun...	Grandparents Raising Grandchildren	-3,796.38
02/09/2022	12543	Palomar Family Coun...	Healthy Bodies/Healthy Minds	-11,156.18
02/11/2022		ADP, LLC		-153.64
02/15/2022	101		Book Tax Apportionment for Month	88,053.51
02/16/2022			Deposit	31.02
02/18/2022	2022....		-MULTIPLE-	-19,105.90
02/23/2022	12560	Tracy Rosalee	Reimburse - Office Supplies	-25.00
02/23/2022	12561	Linda Bannerman	Reimburse - office supplies	-39.42
02/24/2022		GoDaddy	Deposit	751.94
02/25/2022		ADP, LLC		-99.64
02/28/2022	12562	Amazon Capital Servi...		-64.20
02/28/2022	12563	Aztec Cleaning & Mai...		-380.00
02/28/2022	12564	Culligan of Escondido		-117.00
02/28/2022	12565	Fallbrook Chamber of ...		-75.00
02/28/2022	12566	Fowler Pest Control, I...		-240.00
02/28/2022	12567	FPUD - 7720-001	7720-001	-171.97
02/28/2022	12568	FPUD - 7720-002 - E. ...		-65.03
02/28/2022	12569	FPUD - 7720-003 - E. ...		-492.89
02/28/2022	12570	FPUD - 7721-000		-65.03
02/28/2022	12571	Glennie's Office Produ...		-269.78
02/28/2022	12572	Iron Mountain		-2,640.63
02/28/2022	12573	Kent Bandy		-2,900.00
02/28/2022	12574	Portero Services		-1,440.00
02/28/2022	12575	SDG&E - 5971 - E. Mi...		-441.66
02/28/2022	12576	SDG&E - 6994 - Bran...		-683.35
02/28/2022	12577	Spectrum Business-T...		-383.86
02/28/2022	12578	Sun Realty		-1,588.70
02/28/2022	12579	Village News		-259.00
02/28/2022	12580	Woodward, Susan		-1,000.00
02/28/2022	12581	24 Hour Elevator Inc.		-227.58
02/28/2022	12582	Aztec Cleaning & Mai...		-380.00
02/28/2022	12583	Culligan of Escondido		-58.50
02/28/2022	12584	Fallbrook Waste & Re...		-143.19
02/28/2022	12585	Holmes, Rob		-1,500.00
02/28/2022	12586	Judith Oswald		-126.19
02/28/2022	12587	Spectrum Business-T...		-140.96
02/28/2022	12588	UMPQUA Bank		-4,521.81
02/28/2022	102		Transfer to Pac Western	149,000.00
Total 102.3 · Cash in Bank - Pacific Western				-33,624.22
TOTAL				-33,624.22



UMPQUA BANK

BL ACCT 00002840-20000001
FALLBROOK REG HEALTH DIST
Account Number: ####-####-####-7117
Page 1 of 3



Account Summary




Billing Cycle		02/28/2022
Days In Billing Cycle		28
Previous Balance		\$3,082.25
Purchases	+	\$4,537.69
Cash	+	\$0.00
Balance Transfers	+	\$0.00
Special	+	\$0.00
Credits	-	\$19.38-
Payments	-	\$3,082.25-
Other Charges	+	\$3.50
Finance Charges	+	\$0.00

NEW BALANCE \$4,521.81

Credit Summary

Total Credit Line	\$6,000.00
Available Credit Line	\$1,478.19
Available Cash	\$0.00
Amount Over Credit Line	\$0.00
Amount Past Due	\$0.00
Disputed Amount	\$0.00

Account Inquiries

-  Call us at: (866) 777-9013
Lost or Stolen Card: (866) 839-3485
-  Go to www.umpquabank.com
-  Write us at PO BOX 35142 - LB1181, SEATTLE, WA 98124-5142

Payment Summary

NEW BALANCE	\$4,521.81
MINIMUM PAYMENT	\$4,521.81
PAYMENT DUE DATE	03/25/2022

NOTE: Grace period to avoid a finance charge on purchases, pay entire new balance by payment due date. Finance charge accrues on cash advances until paid and will be billed on your next statement.

Corporate Activity

TOTAL CORPORATE ACTIVITY				\$3,082.25-
Trans Date	Post Date	Reference Number	Transaction Description	Amount
02/22	02/22	0000000LBX2202221374018	PAYMENT - THANK YOU	\$3,082.25-

Cardholder Account Summary

LINDA BANNERMAN #### #### #### 7133	Payments & Other Credits \$0.00	Purchases & Other Charges \$350.01	Cash Advances \$0.00	Total Activity \$350.01
--	---------------------------------------	--	-------------------------	----------------------------

Cardholder Account Detail

Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
02/03	02/03	PPLN01	24692162034100072641466	VAST CONFERENCE 888-8868869 CA	\$8.55
02/04	02/06	PPLN01	24943002035700571892496	ADOBE ACROPRO SUBS 800-443-8158 CA	\$67.96
02/10	02/13	PPLN01	74579162042379536271564	BLS*TOMEDES LTD8777748914 LONDON	\$105.00
02/10	02/13	PPLN01	74579162042379536271564	INTERNATIONAL TRANS FEE	\$2.10

PLEASE DETACH COUPON AND RETURN PAYMENT USING THE ENCLOSED ENVELOPE - ALLOW UP TO 7 DAYS FOR RECEIPT

UMPQUA BANK
PO BOX 35142 - LB1181
SEATTLE WA 98124-5142



Account Number
7117

Check box to indicate
name/address change
on back of this coupon

AMOUNT OF PAYMENT ENCLOSED

Closing Date	New Balance	Total Minimum Payment Due	Payment Due Date
02/28/22	\$4,521.81	\$4,521.81	03/25/22

\$

BL ACCT 00002840-20000001
FALLBROOK REG HEALTH DIST
138 SOUTH BRANDON ROAD
FALLBROOK CA 92028

MAKE CHECK PAYABLE TO:

UMPQUA BANK COMMERCIAL CARD OPS
PO BOX 35142 - LB1181
SEATTLE WA 98124-5142

Cardholder Account Detail Continued					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
02/15	02/17	PPLN01	74579162047380855703224	BLS*TOMEDES LTD8777748914 LONDON	\$70.00
02/15	02/17	PPLN01	74579162047380855703224	INTERNATIONAL TRANS FEE	\$1.40
02/27	02/28	PPLN01	24906412058141546857371	EIG*CONSTANTCONTACT.COM 855-2295506 MA	\$95.00

Cardholder Account Summary					
RACHEL MASON ##### 2600		Payments & Other Credits \$19.38-	Purchases & Other Charges \$4,161.07	Cash Advances \$0.00	Total Activity \$4,141.69

Cardholder Account Detail					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
02/04	02/04	PPLN01	24692162035100780336838	AMZN Mktp US*126FM9843 Amzn.com/bill WA	\$15.07
02/03	02/06	PPLN01	24231682035837000903377	ALBERTSONS #4786 FALLBROOK CA	\$23.94
02/07	02/08		74692162038100637304494	CREDIT VOUCHER AMZN Mktp US Amzn.com/bill WA	\$19.38-
02/08	02/09	PPLN01	24692162040100598255041	MICHAELS STORES 9974 TEMECULA CA	\$11.22
02/15	02/17	PPLN01	24202982047030031149039	International Fundraising 800-310-7554 MD	\$1,199.00
02/17	02/18	PPLN01	24692162048100163279782	MARRIOTT CORONADO CORONADO CA	\$743.18
02/17	02/18	PPLN01	24692162048100149373733	AMZN Mktp US*8B2LR1ZM3 Amzn.com/bill WA	\$34.47
02/16	02/18	PPLN01	24202982048030032541449	CALIFORNIA SPECIAL DISTRI 916-442-7887 CA	\$650.00
02/24	02/25	PPLN01	24011342056000002548861	ZOOM.US 888-799-9666 WWW.ZOOM.US CA	\$1,484.19

Cardholder Account Summary					
THERESA GERACITANO ##### 9073		Payments & Other Credits \$0.00	Purchases & Other Charges \$30.11	Cash Advances \$0.00	Total Activity \$30.11

Cardholder Account Detail					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
02/24	02/25	PPLN01	24692162055100440598368	AMZN Mktp US*1B3UO7942 Amzn.com/bill WA	\$11.80
02/25	02/27	PPLN01	24164072056091007713186	TARGET 00028027 ESCONDIDO CA	\$18.31

Finance Charge Summary / Plan Level Information									
Plan Name	Plan Description	FCM ¹	Average Daily Balance	Periodic Rate *	Corresponding APR	Finance Charges	Effective APR Fees **	Effective APR	Ending Balance
Purchases									
PPLN01 001	PURCHASE	E	\$0.00	0.06024%(D)	21.9900%	\$0.00	\$0.00	0.0000%	\$4,521.81
Cash									
CPLN01 001	CASH	A	\$0.00	0.06572%(D)	23.9900%	\$0.00	\$0.00	0.0000%	\$0.00
* Periodic Rate (M)=Monthly (D)=Daily							Days In Billing Cycle: 28		
** includes cash advance and foreign currency fees							APR = Annual Percentage Rate		
¹ FCM = Finance Charge Method									
(V) = Variable Rate If you have a variable rate account the periodic rate and Annual Percentage Rate (APR) may vary.									



**MINUTES
FINANCE COMMITTEE**

Wednesday, April 6, 2022 at 4:30 P.M.

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

1. Call to Order/Roll Call

Committee Chair Jennifer Jeffries called the meeting to order at 4:30 p.m.

In attendance: Committee Members Jennifer Jeffries and Barbara Mroz. CEO Rachel Mason, Executive Assistant Linda Bannerman, Administrative Officer Judith Oswald, and Accountant Susan Woodward. Members of the public were also in attendance.

2. Public Comments

Members of the public voiced their suggestions and inquiries about the financial reporting of the district.

3. Review of Financial Statements for **February 2022**

Report 1 – Balance Sheet Comparison of **February to January**

Report 2 – Income Statement for the Month Ended **February & Fiscal Year to Date**

Report 3 – Profit & Loss Actual vs YTD Budget – **February 2022**

Report 4 – Approved Annual Budget **July 2021 – June 2022**

Report 5 – Local Agency Investment Fund (LAIF) Statement – **February 2022**

Report 6 – CalTrust Statement – **February 2022**

Report 7 – Property Tax Revenue – **July 2021 – February 2022**

Report 8 – Check Detail Report as of **February 2022**

Report 9 – VISA Credit Card Statement – **February 2022**

Committee Chair Jeffries reviewed the above February 2022 financial reports.

Disclosures: The investments of the District are in compliance with the District's 2021-22 Investment Policy. The balances in the District's investment accounts give the District the ability to meet its expenditure requirements for the next eighteen (18) months.

4. Discussion Items

a. Fallbrook Diabetes Prevention Project - Skinny Gene Project

Diabetes prevention and management has been identified as a top priority for the district. The “Skinny Gene Project” has been identified as an evidence-based program for individuals, 18 years and older, with pre-diabetes symptoms and diabetes. The discussion included the cost of the program and the population served. The item was referred to the Strategic Planning Committee for further discussion.

b. District Employee Health Insurance benefits

The district offers employee health insurance. An analysis of extending coverage to include spouses/partners and to families was presented. The item was referred to the Strategic Planning Committee for further discussion

c. Draft Budget for FY 2022.2023

A draft of the FY 2022-2023 budget was reviewed. As requested, the budget format clearly delineates projected costs associated with administration of the District, Health and Wellness Center, Community Health Contracts and District Direct Care Services. The budget amounts are predicated on past trends and expected changes for FY 2022-2023.

5. Board Member Comments and Future Agenda Items

None

6. Adjournment

There being no further business, the meeting was adjourned at 5:30 p.m.

Jennifer Jeffries, Committee Chair

Board Secretary/Clerk



MINUTES
REGULAR BOARD MEETING
Wednesday April 13, 2022, 6:00 p.m.
Virtual and In-Person Meeting

Community Health & Wellness Center, Community Room #2, 1636 E. Mission Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Chairman Howard Salmon called the meeting to order at 6:00 pm and led the Pledge of Allegiance.

In attendance: Directors Howard Salmon, Barbara Mroz, Kate Schwartz, Jennifer Jeffries, Stephanie Ortiz CEO Rachel Mason, Accountant Susan Woodward, and Legal Counsel Jeffrey Scott. Staff members and associates: Linda Bannerman, Judith Oswald, Theresa Geracitano, Tracy Rosalee, Tomedes translator. Multiple members of the public were also in attendance.

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Schwartz seconded by Director Jeffries to approve the agenda as presented.

Motion carried by the following roll call vote (5-0)

Table with 2 columns: Name and Vote. Rows include Director Salmon, Director Mroz, Director Schwartz, Director Jeffries, and Director Ortiz, all with 'Aye' votes.

C. PUBLIC COMMENTS

Nancy Heins-Glaser: Had a comment on status of urgent care services in Fallbrook. Would like to be aware of operating hours for facilities in the surrounding area.

Jeanne Meadow: Had a comment on Community Health Contracts and when they may be on the website and programming comments.

Barry Meadow: Commented on Taylor Design proposals for Community Health and Wellness Center, voiced concern about financial viability of plans.

D. CONSENT ITEMS

- D1. Approval of January 2022 Financial Statements
D2. Minutes of March 2, 2022 Finance Committee Meeting
D3. Minutes of March 5, 2022 Special Board Meeting/Public Hearing #2
D4. Minutes of March 9, 2022 Regular Board Meeting/ Public Hearing #3
D5. Minutes of March 11, 2022 Special Board Meeting
D6. Minutes of March 16, 2022 Strategic Planning Committee Meeting
D7. Minutes of March 22, 2022 Special Board Meeting

- D8. Minutes of March 23, 2022 Gov't & Public Engagement Committee Meeting
- D9. Consideration of Resolution 445 – Re-Ratifying the State of Emergency and Re-Authorizing Remote Teleconference Meetings

No member of the Board asked to pull a consent item for further discussion.

Action: It was moved by Director Jeffries, seconded by Director Schwartz to approve the Consent Items as presented.

Motion carried by the following roll call vote (5-0)

Director Salmon	Aye
Director Mroz	Aye
Director Schwartz	Aye
Director Jeffries.....	Aye
Director Ortiz	Aye

E. REPORTS/POSSIBLE ACTION

- E1. Finance Committee – Directors Jeffries and Mroz
 Committee Chair Jeffries reviewed the Financials for February 2022. Diabetes Prevention program, Skinny Genes Project, has been referred to the Strategic Planning as was the employee health insurance plans. The committee reviewed the draft of the FY '22-'23 budget.
- E2. Strategic Planning Committee – Directors Jeffries and Salmon
 Committee Chair Jeffries covered information on Skinny Genes Project; reviewed their strategic plan to implement their Diabetes Prevention program. Received update on community health contracts and reviewed quarterly reports.
- E3. Gov't and Public Engagement Committee – Directors Schwartz-Frates and Salmon
 Committee Chair Schwartz provided update on International, National, State, and County news and COVID updates. ACHD is requesting support to analyze broadband infrastructure's impact on healthcare costs-saving as it closes the gaps in the digital divide. Wellness Center Administrator, Theresa Geracitano, shared information on community programs occurring at the Community Health and Wellness Center (CHWC) such as blood pressure and sugar blood testing by CSUSM Nursing students. Data on the email and social media marketing conveyed, as well as sharing the visit rates of the public to the CHWC.
- E4. Facilities Committee – Directors Mroz and Salmon
 Committee Chair Mroz noted there was no meeting held for this committee.
- E5. Chief Executive Officer – Rachel Mason
 CEO Rachel Mason noted the district continues to provide COVID PCR testing and will host a booster clinic in partnership with Champions of Health. Regarding the CHWC, mentioned the Taylor Design contract that will be reviewed in-depth in this meeting. Shared that the board will be provided an interrater reliability training, led by Director Jeffries in anticipation of the review of the Community Health Contracts. Presented the draft budget for FY '22-'23 to the Finance committee. For Facilities committee, updated on status of repairs of the conference room, Rob Holmes continues to work on repaving of the parking lot and updated on the approval from Fallbrook Planning group on the signage for Administration building.

E6. General Counsel – Jeffrey Scott

E6a. Board Vacancy Process and Options

Legal Counsel Jeffrey Scott reviewed the process for a board member vacancy due to director Kate Schwartz submitting her resignation effective April 14, 2022. The new appointee is required to be a resident from Director Schwartz’s Zone 3 area. Legal Counsel recommends appointing a director. Discussion ensued about pros and cons of appointing versus leaving vacant until November elections time frame.

Action: It was moved by Director Mroz, seconded by Director Jeffries to not appoint, and wait until November election for a new director to fill the vacant position on the Board.

Motion failed by the following roll call vote (1-4)

Director Salmon	Nay
Director Mroz	Aye
Director Schwartz	Nay
Director Jeffries.....	Nay
Director Ortiz.....	Nay

Action: It was moved by Director Schwartz, seconded by Director Jeffries to appoint a new director by June 13, 2022 to fill the vacant position on the Board.

Motion carried by the following roll call vote (5-0)

Director Salmon	Aye
Director Mroz	Aye
Director Schwartz	Aye
Director Jeffries.....	Aye
Director Ortiz.....	Aye

F. DISCUSSION/POSSIBLE ACTION ITEMS

F1. Consideration of Taylor Design Proposal for Community Health & Wellness Center Development – Mason

CEO Rachel Mason summarized the decision of the Board to take phase-approach to this project. With Phase I comprised of the previous Sanctuary and Fellowship halls along with the overall grounds of property. Taylor design has put forth an agreement that has been agreed upon by Taylor Design and Legal Counsel.

Action: It was moved by Director Jeffries, seconded by Director Mroz for acceptance of the proposals presented by Taylor Design

Motion carried by the following roll call vote (5-0)

Director Salmon	Aye
Director Mroz	Aye
Director Schwartz	Aye
Director Jeffries.....	Aye
Director Ortiz.....	Aye

F2. Consideration of Fiscal Year 2022-2023 Budget – Mason

CEO Rachel Mason presented a draft of the FY '22-'23 budget; provided explanation of different line items in the budget.

No action was taken.

G. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS

- G1. Other Director/Staff discussion items
 - G1a. Item(s) for future board agendas
 - G1b. Announcements of upcoming events:
 - See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>
 - **Strategic Planning Committee meeting** – 3rd Wednesday, **April 20**, 2:00pm, Virtual Meeting
 - **Facilities Committee meeting** – 3rd Wednesday, **April 20**, 5:00pm, Virtual Meeting
 - **Special meeting (CHC/Grants Scoring & Awarding Determination)** – Saturday, **April 23**, 10:00am, Virtual and In-Person Meeting at Community Health & Wellness Center, Community Room #2, 1636 E. Mission Rd., Fallbrook
 - **Gov’t and Public Engagement Committee meeting** – 4th Wednesday, **April 27**, 5:30pm, Virtual Meeting
 - **Finance Committee meeting** – 1st Wednesday, **May 4**, 4:30pm, Virtual Meeting
- G2. **Next Regular Board meeting** – 2nd Wednesday, **May 11**, 6:00pm, Virtual and In-Person Meeting at Community Health & Wellness Center, Community Room #2, 1636 E. Mission Rd., Fallbrook

H. CLOSED SESSION

Action: It was moved by Director Schwartz, seconded by Director Mroz to move into closed session at 8:00 p.m.

Motion carried by the following roll call vote (5-0)

Director Salmon	Aye
Director Mroz	Aye
Director Schwartz	Aye
Director Jeffries.....	Aye
Director Ortiz.....	Aye

H1. CONFERENCE WITH REAL PROPERTY NEGOTIATOR

PURSUANT TO GOVERNMENT CODE SECTION 54956.8:

Property: Located at 617 East Alvarado Street, Fallbrook, California 92028

Parties: District and Dr. Graydon Skeoch

Under Negotiation: Price and Terms

I. RETURN TO OPEN SESSION

The Board returned from Closed Session and reconvened to Open Session at 8:19 p.m. Counsel was directed to take appropriate action concerning the closed session matter.

J. ADJOURNMENT

There being no further business, the meeting was adjourned at 8:20 p.m.

Howard Salmon, Chair

Board Secretary/Clerk



**MINUTES
STRATEGIC PLANNING COMMITTEE**

Wednesday, April 20, 2022 at 2:00 P.M.

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

1. Call to Order/Roll Call

Committee Chair Jennifer Jeffries called the meeting to order at 2:04 p.m.

In attendance: Committee Members Jennifer Jeffries and Howard Salmon, CEO Rachel Mason, Executive Assistant Linda Bannerman, Administrative Officer Judith Oswald

2. Public Comments

None

3. Discussion Items

a. Resolution No. 447 – Annual Statement of Investment Policy for Fiscal Year 2022-2023 Annual Investment Policy.

Committee Chair Jeffries reviewed the Annual Statement of Investment Policy for renewal.

Recommendation: The Strategic Planning Committee recommended placing this item on the agenda for the May Finance meeting.

b. Fallbrook Diabetes Prevention Project - Skinny Gene Project

CEO Rachel Mason shared summary of the Skinny Gene Project. Director Salmon and Jeffries discussed exploring alternatives. Alternatives should seek to expand age ranges of target population that may benefit from diabetes prevention program.

c. District Employee Health Insurance Benefits

CEO Rachel Mason discussed CalPERS cost table for expansion of plan availability.

Recommendation: The Strategic Planning Committee recommended that the District amend their current Employee Health Insurance Benefits Policy to include a dollar amount cap (approximately a 20% increase or \$1200) and placing this item on the Agenda for the May Board meeting.

d. Community Health Contracts—Community Grant Process

Committee Chair Jeffries noted that there should be a policy clarification on requests to speak.

4. Board Member Comments and Future Agenda Items
None.

5. Adjournment

There being no further business, the meeting was adjourned at 3:13 p.m.

Jennifer Jeffries, Committee Chair

Board Secretary/Clerk

DRAFT



MINUTES
SPECIAL BOARD MEETING
Monday, April 25, 2022, 10:00 a.m.
Virtual and In-Person Meeting

Community Health & Wellness Center, Community Room #2, 1636 E. Mission Rd., Fallbrook

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Chairman Howard Salmon called the meeting to order at 10:00 a.m. and led the Pledge of Allegiance.

In attendance: Directors Howard Salmon, Barbara Mroz, Jennifer Jeffries, Stephanie Ortiz, CEO Rachel Mason, and Executive Assistant Linda Bannerman

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Jeffries seconded by Director Mroz to approve the agenda as presented.

Motion carried by the following roll call vote (4-0)

Director Salmon.....	Aye
Director Mroz.....	Aye
Director Jeffries	Aye
Director Ortiz.....	Aye

C. PUBLIC COMMENTS – ANNOUNCEMENT

Carolina Miller commented on the grant that the Fallbrook Food Pantry submitted, clarified some numbers that were omitted from their 990 and asked the Board to consider them for more funding if possible.

Lisa Turner, thanked the Board for their support of the Palomar Family Counseling Services grants, especially the Grandparents raising Grandchildren program.

Barry Meadow appreciates comprehensive form created for this Application cycle. Shared his observations on the application and how they tie into healthcare needs. Was concerned about duplication of work by different applicants. Recommends mobile health screenings, free eye exams and contributions to the Fallbrook Food Pantry.

Melanie House from Hospice of the Valleys would like to thank the district for previous funds provided that have supported the program and patients. Shared upcoming event at the Community Health and Wellness Center.

Jeanne Meadow shared her opinion on each organization that submitted an application.

D. DISCUSSION/POSSIBLE ACTION ITEMS

D1. Community Health Contracts Grant Scoring & Awards Fiscal Year 2022-2023

Chairman Salmon said board members had reviewed the Community Health Contract Grant applications which totaled \$1,079,269.43, and the District had budgeted \$500,000 for FY 2022-2023. Director Jeffries summarized methodology on calculation of average scores and how the Board will assess the scores by breaking them down into three sections: the lowest third of scores, the middle third, and the top third. Discussion began with the lowest average scores; Board members were invited to advocate for any programs. Discussion on the middle third and discussion on the top third and how they address the Social Determinants of Health to our community and different demographic groups. A variety of criteria were taken into consideration for outcome: Number of grants per organization, demographics, reduction of dollars from

requested amounts, percent of clients serviced from sphere of influence, and potential partnership rather than Community Health Contracts.

Action: It was moved by Director Jeffries seconded by Director Mroz to approve the distribution of approximately \$540,948.76 for the 2022-2023 Community Health Contract Grants.

Motion carried by the following roll call vote (4-0)

Director Salmon.....	Aye
Director Mroz.....	Aye
Director Jeffries	Aye
Director Ortiz	Aye

Action: It was moved by Director Ortiz seconded by Director Mroz to top nine programs be funded at 100%. And the six senior related programs to be funded at 30% of the total aggregated request amount, totally \$205,426.33, and that funds would be proportionately divided among them bringing the total grant funding equal to approximately \$540,948.76.

Motion carried by the following roll call vote (4-0)

Director Salmon.....	Aye
Director Mroz.....	Aye
Director Jeffries	Aye
Director Ortiz	Aye

Table of grant applications is attached.

Action: It was moved by Director Jeffries seconded by Director Mroz for District to convene a conversation with Neighborhood Healthcare, Champions for Health, and Community Health Systems – Fallbrook Family Health Center to discuss possibility of multi-year, high need programs that meet our strategic efforts, so that the District could consider additional funding.

Motion carried by the following roll call vote (4-0)

Director Salmon.....	Aye
Director Mroz.....	Aye
Director Jeffries	Aye
Director Ortiz	Aye

E. ADJOURNMENT

There being no further business, the meeting was adjourned at 12:07 p.m.

Howard Salmon, Chair

Board Secretary/Clerk

Grant #	Agency Name	Program Name	Amount Awarded	Funded at:	Amount Requested
6	Fallbrook Food Pantry	Alleviating Hunger in Greater Fallbrook	\$90,000.00	100%	\$90,000.00
21	Palomar Family Counseling Services	Healthy Body, Healthy Minds	\$45,000.00	100%	\$45,000.00
17	Hospice of the Valleys	Fallbrook Community Support	\$17,844.43	100%	\$17,844.43
5	D'Vine Path	Life I Can Healthy Lifestyle	\$47,148.00	100%	\$47,148.00
20	Palomar Family Counseling Services	Grandparents Raising Grandchildren	\$15,000.00	100%	\$15,000.00
1	Boys & Girls Club	Summer Water Safety Program	\$15,000.00	100%	\$15,000.00
2	Boys & Girls Club	Triple Play	\$40,624.00	100%	\$40,624.00
7	Fallbrook Food Pantry	Nutrition & Occupational Education	\$50,000.00	100%	\$50,000.00
18	Michelle's Place	Cancer Support Services	\$47,406.00	100%	\$47,406.00
13	Foundation for Senior Care	Adult Day Care	\$29,817.70	55%	\$54,214.00
11	Fallbrook Senior Center	Congregate Meal Program	\$40,679.10	55%	\$73,962.00
15	Foundation for Senior Care	Senior Care Advocacy	\$38,605.32	52%	\$74,241.00
16	Foundation for Senior Care	Senior Transportation Services	\$44,202.60	52%	\$85,005.00
14	Foundation for Senior Care	Door Through Door	\$9,379.20	32%	\$29,310.00
8	Fallbrook Food Pantry & Foundation for Senior Care	Seniors & Disabled Adults Nutrition Program	\$10,400.00	32%	\$32,500.00
Total Amount Approved:			\$541,106.35		\$717,254.43

Applications Not Awarded Funding

Grant #	Agency Name	Program Name	Amount Requested
3	Champions for Health	Project Access San Diego	\$32,000.00
4	CHSI-Fallbrook Family Health Center	Women's Health & Wellness Program	\$50,000.00
9	Fallbrook Land Conservancy	Preserve & Trail Walkability Enhancement	\$25,000.00
10	Fallbrook Land Conservancy	Save our Forest Environmental Education Program	\$34,000.00
12	Fallbrook Senior Center	Home Delivered Meal Program	\$110,059.00
19	Neighborhood Healthcare	Remote Care Initiative	\$30,000.00
22	REINS	Equine Assisted Learning Program	\$4,732.00
23	REINS	Therapeutic Horsemanship Program	\$76,224.00

RESOLUTION NO. 446

**RESOLUTION OF THE BOARD OF DIRECTORS OF
FALLBROOK REGIONAL HEALTH DISTRICT RE-RATIFYING
THE STATE OF EMERGENCY AND RE-AUTHORIZING
REMOTE TELECONFERENCE MEETINGS**

WHEREAS, Fallbrook Regional Health District (“District”) is committed to preserving and fostering access and participation in meetings of its Board of Directors; and

WHEREAS, Government Code section 54953(e) makes provisions for remote teleconferencing participation in meetings by members of a legislative body without compliance with the requirements of Government Code section 54953(b)(3), subject to the existence of certain emergency conditions; and

WHEREAS, a required condition is that a state of emergency is declared by the Governor pursuant to Government Code section 8625, proclaiming the existence of conditions of disaster or of extreme peril to the safety of persons and property within the state caused by conditions as described in Government Code section 8558; and

WHEREAS, a proclamation is made when there is an actual incident, threat of disaster, or extreme peril to the safety of persons and property within the jurisdictions that are within the District’s boundaries, caused by natural, technological, or human-caused disasters; and

WHEREAS, it is further required that state or local officials have imposed or recommended measures to promote vaccines, masking, and social distancing, and that meeting in person at the hospital would present imminent risks to the health and safety of attendees; and

WHEREAS, the Board of Directors previously adopted Resolution No. 437 on October 13, 2021, finding that the requisite conditions exist for the Board of Directors of the District to conduct remote teleconference meetings without compliance with paragraph (3) of subdivision (b) of Government Code section 54953; and

WHEREAS, as a condition of extending the use of the provisions found in Government Code section 54953(e), the Board of Directors must reconsider the circumstances of the state of emergency that exists in the District, and the Board of Directors has done so; and

WHEREAS, emergency conditions persist in the District and vaccine compliance, masking, and social distancing measures are required to be followed for the continued health and safety of the staff, Board, and public; and

WHEREAS, as a consequence of the local emergency persisting, the Board of Directors does hereby find that the District shall conduct its meetings without compliance with paragraph (3) of subdivision (b) of Government Code section 54953, as authorized by Government Code section 54953(e), and that such meetings shall comply with the requirements to provide the public with access to the meetings as prescribed in Government Code section 54953(e);

THEREFORE, BE IT RESOLVED by the Fallbrook Regional Health District Board of Directors as follows:

Section 1: Recitals. The Recitals set forth above are true and correct and are incorporated into this Resolution by this reference.

Section 2: Affirmation that a Local Emergency Persists. The Board of Directors hereby considers the conditions of the state of emergency in the District and proclaims that a local emergency persists throughout the District.

Section 3: Re-Ratification of the Governor’s Proclamation of a State of Emergency. The Board hereby ratifies the Governor’s Proclamation of a State of Emergency.

Section 4. Remote Teleconference Meetings. The District’s Chief Executive Officer is hereby authorized and directed to take all actions necessary to carry out the intent and purpose of this resolution, including conducting open and public meetings in accordance with Government Code section 54953(e) and other applicable provisions of the Ralph M. Brown Act.

PASSED AND ADOPTED at a regular meeting of the Board of Directors of Fallbrook Regional Health District held on May 11, 2022, by the following roll call vote:

AYES: Directors _____
NOES: Directors _____
ABSTAIN: Directors _____
ABSENT: Directors _____

Howard Salmon, Chairman
Board of Directors

ATTEST:

Barbara Mroz, Interim Secretary/Vice Chair
Board of Directors

REPORTS/POSSIBLE ACTION

REPORTS/POSSIBLE ACTION
Government/Public Engagement Committee

**Government & Public Engagement Committee
Wellness Center Administrator Report - April 25, 2022
*Data from March***

Community Health & Wellness Center:

Facility Users:

ORGANIZATION	USE
Chair Yoga (Sandra Buckingham)	Yoga class
CSUSM Nursing Students	Diabetes & Blood Pressure Screenings, Meetings, storage of materials
North County Parkinson Support Group	Monthly meetings
Fallbrook Food Pantry	Storage of van
Michelle's Place	Office hours 2 days a week; Open House/Cancer Prevention event 2/24
Angel Society	Coffee meetings
CERT	CPR class
Boys & Girls Club	Jr. Chef Club
Rally for Children	Preparation for Arts in the Park

District Events at CHWC:

- COVID testing – District led, weekly
- CPR Training
- CCHW Meeting
- Health Screening

Wellness Center Use Inquiries:

- PEO Group PF
- Square Dance Club
- Medicare Seminar
- Hospice of the Valleys

North County Fire- Senior Medical Services Officer, Mary Murphy:

- COVID testing offered at North County office by appt
- Hands-Only CPR class at Health & Wellness Center

Wellness Center Attendance:

Wellness Center Events	FEB	MAR
Wed & Thurs - Michelle's Place office hours & events	2	32
Wed & Fri - Chair yoga	96	116
Tours/ Fallbrook Chamber of Commerce	23	4
CCHW	24	17
COVID-19 PCR Testing	27	54
Blood Drive with San Diego Blood Bank	32	NA
North County Parkinsons Support Group	16	18
Hands Only CPR Training with North County Fire	18	15
Health Screening		11
Boys & Girls Club- Jr Chef Club		6
Nonprofit/club meetings	5	47
Total Wellness Center Visits (approximate)	238	320

April New Programming: Mental Health First Aid (MHFA), CPR Spanish training, MHFA Spanish training, Foundation for Senior Care Fix It Fridays. In May we will bring on board the Foundation for Senior Care Computer Classes.

Marketing:

Press (Village News):

- District events appeared in calendar section
- Article-“\$7.9 million for Wellness Center renovation? Not now”
- Article- “Health district approves redistricting map”

Email Marketing & Constant Contact Overview:

Email Marketing	FEB	MAR	Notes
Total Contacts	3,009	3143	
New Contacts	130	155	
Number of emails sent	6,014	11,903	
Number of emails opened	2,948	5,048	
Open rate	51%	44%	
Open rate over industry average	22%	15%	Industry average is 29%
# of Clicks	125	129	
Click rate	2%	3%	
Click rate over industry average	1%	same	Industry average is 1%

Examples of Event Marketing: Calendars & Facebook

Front:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	5 COVID Testing 9a-1p Michelle's Place Office Hours 9a-2p	6 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	Michelle's Place Movement Therapy 9a-4:30p
8	9	10 Hands Only CPR 1p-3p	11 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	12 COVID Testing 9a-1p Michelle's Place Office Hours 9a-2p	13 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	14 Mental Health First Aid: 8a-5p
15	16	17	18 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	19 COVID Testing 9a-1p Michelle's Place Office Hours 9a-2p	20 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	21 Mental Health First Aid: 8a-5p
22	23	24	25 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p Health Screenings 1:30p-3:30p	26 COVID Testing 9a-1p Michelle's Place Office Hours 9a-2p Tea Party 10:30a	27 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	28 Mental Health First Aid: 8a-5p
29	30	31	1 Chair Yoga 10a-11a Michelle's Place Office Hours 9a-2p	2 COVID Testing 9a-1p Michelle's Place Office Hours 9a-2p Spa Day 4p	3 COVID Testing 9a-1p Michelle's Place Office Hours 9a-2p	4 Hands Only CPR 10a-12p ESPAÑOL

Back: Description of programming in English & Spanish

LEARN MORE...

Chair Yoga with Sandra Buckingham: Wed and Fri 10a-11a
This is a gentle class suitable for anyone who is not comfortable getting up and down from the floor.
Please email flourishyoga@roadrunner.com to reserve your spot

Michelle's Place Cancer Resource Center: Wed and Thurs 9a-2p
Navigators provide support from diagnosis through treatment and beyond. Services are available in English and Spanish.
To make an appointment call (951) 699-5455

Hands Only CPR: March 18 1p-3p
Hands Only CPR focuses on chest compressions in the first few minutes following a cardiac arrest to keep oxygen circulating to vital organs.
This is NOT a CERTIFICATION CLASS
Register at fallbrookhealth.org/hands-only-cpr

North County Parkinson's Support Group: March 25 10a-12p
North County Parkinson's Support Group provides information to people with Parkinson's, care partners, their families, friends and the public. For more information contact Irene Miller at (760) 731-0171 or irmlg@gmail.com

COVID Testing: Thursdays March 3 & 10 8:30a-11:30a
COVID testing just in time for all your weekend activities!
Register at tinyurl.com/cov19test

Health Screenings: March 30 1:30p-3:30p
CSJSM School of Nursing will be providing free diabetes and blood pressure screenings.
Register at tiny.one/healthscreening

Fix It Fridays: Every Friday 1:00p-3:00p
Computer, Smart Phone and Tablet training for Seniors by Seniors.
Register at foundationforseniorcare.org

Fallbrook Regional Health District
Community Health and Wellness Center
1635 East Mission Road, Fallbrook
www.fallbrookhealth.org
(760) 731-9187

APRENDA MÁS...

Yoga en Silla con Sandra Buckingham: Miércoles y Viernes 10a-11a
Esta es una clase apta para cualquier persona que no se sienta cómoda subiendo y bajando del piso.
Envíe o un email a flourishyoga@roadrunner.com para reservar su lugar

Michelle's Place Recursos contra Cáncer: Miércoles y Jueves 9a-2p
Los navegadores ofrecen apoyo desde el diagnóstico hasta el tratamiento y más allá. Los servicios están disponibles en inglés y español.
Para reservar una cita llame al (951) 699-5455.


BCP Sello con las Manos: Abril 30 de 10a-12p
La RCP manual se centra en compresiones torácicas en los primeros minutos tras una parada cardíaca. Se ofrece a la comunidad sin costo alguno.
Este NO ES UN CURSO DE CERTIFICACIÓN
Para inscribirse, vaya a <https://www.fallbrookhealth.org/hands-only-cpr>

Grupo de apoyo de Parkinson del Condado Norte: 25 de Marzo 10a-12p
El Grupo de Apoyo al Parkinson del Condado Norte ofrece información a las personas con Parkinson, a los cuidadores, sus familiares, amigos y al público. Para más información, contacte a Irene al (760) 731-0171 o irmlg@gmail.com

Pruebas de COVID: Jueves 3 y 10 de Marzo de 8:30a-11:30a
Pruebas de COVID a corto tiempo para todas sus actividades de fin de semana!
Regístrate tinyurl.com/cov19test

Exámenes de Salud: 30 de Marzo 1:30p-3:30p
La Escuela de Enfermería de CSJSM proporcionará exámenes gratuitos de diabetes y presión arterial.
Regístrate tiny.one/healthscreening

Reparación de Vínculos: Todos los Viernes 1:00p-3:00p
Ofrecemos capacitación en celulares y tabletas para personas mayores por seniors seniors.
Regístrate foundationforseniorcare.org



Printed Calendar has all events open to the public, including both Health District Events and partner events held at the Wellness Center.

Our mission is to assist residents of Fallbrook, Bonsall, Rainbow and De Luz, to lead healthy lives, supporting a greater life span and independence. El Fallbrook Regional Health District ayuda a los residentes a llevar una vida saludable, apoyando una mayor esperanza de vida e independencia.

Website calendar has clickable links for more information and to register.

Example of landing page with multiple dates and calendar event for an individual date.



Fallbrook Regional HEALTH DISTRICT

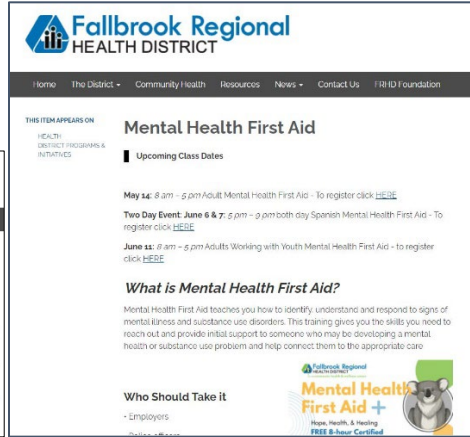
Home The District Community Health Resources News Contact Us FRIED Foundation

APR 7

Michelle's Place Office Hours

Patient Navigators are an integral part of Michelle's Place. They can help streamline care through the barriers faced in the complex and overwhelming health care system. A patient navigator will supply you with a survivor toolkit for tracking appointments, support service schedules, referrals to assistance programs, and an up-to-date resource list of other organizations that can assist you in paying non-medical related bills. Our navigators provide support to you from diagnosis through the treatment.

Michelle's Place Office Hours
Fallbrook, CA 92028
Hours: 9:00 AM - 5:00 PM
Research and care will be available. Please call us at 951-761-2000.



Fallbrook Regional HEALTH DISTRICT

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THIS ITEM APPEARS ON HEALTH DISTRICT PROGRAMS & INITIATIVES

Mental Health First Aid

Upcoming Class Dates

May 14: 8 am - 5 pm Adult Mental Health First Aid - To register click [HERE](#)

Two Day Event: June 6 & 7: 8 am - 3 pm both day Spanish Mental Health First Aid - To register click [HERE](#)

June 11: 8 am - 2 pm Adults Working with Youth Mental Health First Aid - to register click [HERE](#)

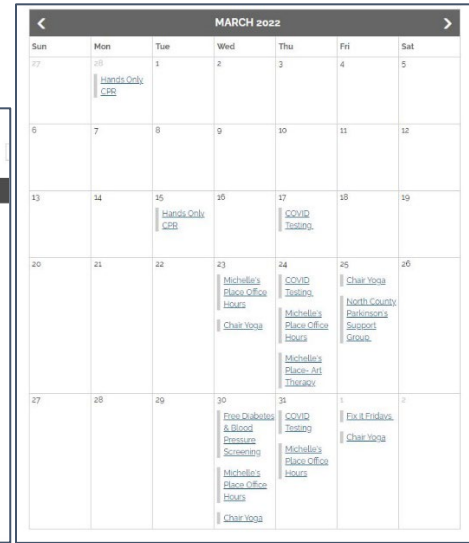
What is Mental Health First Aid?

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental, health or substance use problem and help connect them to the appropriate care.

Who Should Take it

- Employers
- Community
- Family
- Friends
- Neighbors
- Religious
- Schools
- Volunteers
- Workplaces

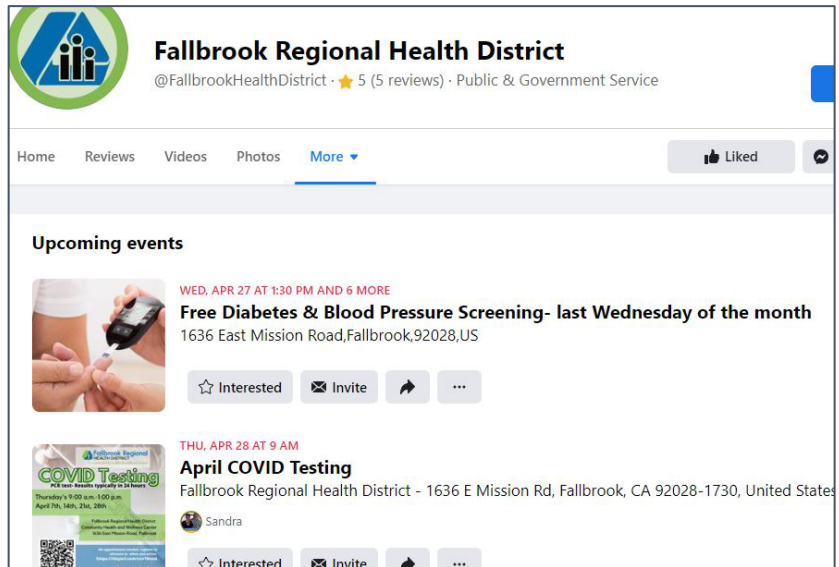
Mental Health First Aid
Hope, Health & Healing
FREE & In-person Certified



MARCH 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28 Hands Only CPR	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15 Hands Only CPR	16	17 COVID Testing	18	19
20	21	22	23 Michelle's Place Office Hours Chair Yoga	24 COVID Testing Michelle's Place Office Hours Michelle's Place Art Therapy	25 Chair Yoga North County Parkrun's Support Group	26
27	28	29	30 Free Diabetes & Blood Pressure Screening Michelle's Place Office Hours Chair Yoga	31 COVID Testing Michelle's Place Office Hours Chair Yoga	1 Free Diabetes & Blood Pressure Screening Chair Yoga	2

Facebook Events are created for District events. Allows us to easily share and boost (advertise) events.



Fallbrook Regional Health District
@FallbrookHealthDistrict · 5 (5 reviews) · Public & Government Service

Home Reviews Videos Photos **More** ▾

Like Liked

Upcoming events

WED, APR 27 AT 1:30 PM AND 6 MORE

Free Diabetes & Blood Pressure Screening- last Wednesday of the month
1636 East Mission Road, Fallbrook, 92028, US

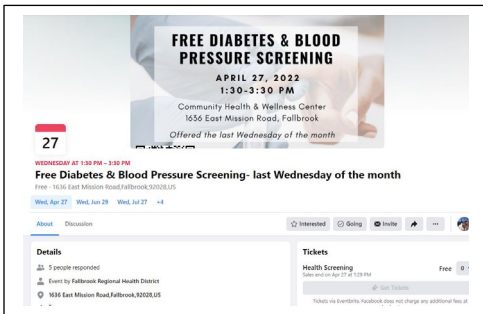
Interested Invite

THU, APR 28 AT 9 AM

April COVID Testing
Fallbrook Regional Health District - 1636 E Mission Rd, Fallbrook, CA 92028-1730, United States

Sandra

Interested Invite



FREE DIABETES & BLOOD PRESSURE SCREENING
APRIL 27, 2022
1:30 - 3:30 PM
Community Health & Wellness Center
1636 East Mission Road, Fallbrook
Offered the last Wednesday of the month

WEDNESDAY AT 1:30 PM - 3:30 PM

Free Diabetes & Blood Pressure Screening- last Wednesday of the month
1636 East Mission Road, Fallbrook, 92028, US

Wed, Apr 27 Wed, Jun 29 Wed, Jul 27 +4

About Discussion

Details

Health Screening
Free

1636 East Mission Road, Fallbrook, 92028, US

Social Media:

Social Media Metrics	Feb	March
Total number of posts (Instagram & Facebook)	58	52
Instagram Followers	399	406
Facebook Likes	831	831
Post Reach Instagram	0.22%	.17%
Post Reach Facebook	-0.07%	-10%
Audience Growth Instagram	-43.70%	1.72%
Audience Growth Facebook	-36.80%	0
Engagement rate Instagram	120.00%	-8.60%
Engagement rate Facebook	6.32%	23%
Website Views	45,118	39,065

Social Media Takeaways:

- While Facebook audience didn't grow in March we went deeper as seen by the increase in engagement. This may be due to sharing out more events to Facebook Groups.
- Instagram gained 5 followers in the month of March, a good jump from the previous month.
- Website views being down are not a surprise with the decreased need for COVID information. As the Wellness Center programming grows, we should see an increase in page views as people register for events through the website.
- Diabetes boosted post and organic boost both did very well with the highest reach.

Examples of top performing posts:

Boost

Fallbrook Regional Health District
Published by Instagram · March 23 · Instagram

Yesterday was Diabetes Alert Day. You will be able to check your risk level at our monthly health screenings next week! If you can't come to the Community Health and Wellness Center March 30th you can go to diabetes.org/risk-test to assess your risk level.

DIABETES ALERT DAY
MARCH 22

Got to: diabetes.org/risk-test to see your risk level

Organic

Fallbrook Regional Health District
Published by Daniela Vargas Castañeda · March 28 at 10:00 AM

Know your risk. Stop by the Community Health and Wellness Center for a free diabetes and blood pressure screening. Report of your results will be provided. Screening conducted by CSU San Marcos School of Nursing. Register at <https://www.eventbrite.com/.../free-diabetes-blood...>

Conozca su riesgo. Visite el Community Health & Wellness Center para una revisión gratuita de diabetes y presión arte... See more

See Translation

1,014 People reached 29 Engagements

[Boost post](#)

Fallbrook Regional Health District
Published by Theresa Geracitano · March 21

Happy graduates of our first Mental Health First Aid class. An amazing time learning about mental health and how to help someone in an emotional crisis. Get certified as a mental health first aider! Next training April 18 & 19 from 10:30 to 2:30, register at tiny.one/mentalhealthfirstaid

534 People reached 113 Engagements +2.2x higher Distribution score

[Boost post](#)

Fallbrook Regional Health District
Published by Instagram · March 1 · Instagram

We had an incredible turn out yesterday at our Hands Only CPR class! Our next class will be March 15th. Stay tuned for more details. Or watch this one minute video so you too can Save a Life <https://www.youtube.com/watch?v=M4ACyp75mJU>

[Boost post](#)

Friends of Fallbrook
Private group · 27.5K members

About Discussion Featured Topics Members Events Media Files Que

Fallbrook Regional Health District shared an event.
March 17

NORTH COUNTY PARKINSON'S SUPPORT GROUP
Last Friday of Each Month
10:00AM- 12:00PM

Fallbrook Regional Health District
Community Health and Wellness Center
1636 East Mission Rd, Fallbrook, CA 92028-1730, United States

FRI MAR 25
North County Parkinson's Support Group
1636 E Mission Rd, Fallbrook, CA 92028-1730, United States
0 Went · 1 Interested

REPORTS/POSSIBLE ACTION
Chief Executive Officer – Rachel Mason

CHIEF EXECUTIVE OFFICER'S REPORT - MAY

COVID-19 Updates:

- We are continuing to offer COVID - PCR tests on Thursday mornings at the Community Health & Wellness Center.

Community Health & Wellness Center:

- Theresa, Judith and I had our initial kick off meeting with Taylor Design. The plan is to bring updates from those meetings to Facilities. Then we'll bring any input from there to the full board.
- HVAC – I met with Michael Martin of CEMech (they were the HVAC vendor on the Brandon project), to provide me with some initial info about placing semi-permanent mini-split air units in a few of the classrooms. We will need to get the Education bldg. ready for seminars and other services in short order. This process will also go to Facilities for review.

Community Health Contracts-Grants:

- We held a Special Board Meeting for the scoring and awarding of the grants on Monday, April 25th at 10:00am. I wanted to thank the Board for their fabulous handling of this new grant review, award process. I have communicated to all the grant awardees and will meet with them prior to executing their contracts. We will discuss the need for complete and clear Impact Reports, especially the Recipient Stories. A total of \$541, 106.35 was awarded to eight agencies for 15 programs.

Finance & Audit:

- Additional changes were made to the FY22.23 draft budget. The updated grant funds were included as was funding for the District Direct Care line item, so that we can accommodate services/programs that will be explored in the upcoming year.

Staff & Operations:

- American Response (the remediation and restoration vendor) is nearly complete with the restoration and we should be able to return to the admin bldg. for future Board/Committee meetings.
- Rob Holmes and I met with Eagle Paving and we anticipate the parking lot project will be completed by the end of the month.
- I will be on vacation beginning on May 12th, returning on Wed. May 25th. Please direct all inquiries to either Linda or Judith.

REPORTS/POSSIBLE ACTION
General Counsel – Jeffrey Scott

LAW OFFICES OF
JEFFREY G. SCOTT

16935 WEST BERNARDO DRIVE, SUITE 170
SAN DIEGO, CA 92127

=====
(858) 675-9896
FAX (858) 675-9897

JEFFREY G. SCOTT

Of Counsel
JAMES R. DODSON

DATE: May 6, 2021

TO: Board of Directors
Rachel Mason, CEO
Fallbrook Regional Health District

FROM: Jeffrey G. Scott, General Counsel

RE: Update on Bills of Interest

[AB 1859](#) ([Levine D](#)) **Mental health services. (Introduced: 2/8/2022)**

Status: ACTIVE BILL – IN COMMITTEE PROCESS - 4/27/2022- Passed Health Committee 11-2 referred to Appropriations Committee

Summary: This bill would require a health care service plan or a health insurance policy issued, amended, or renewed on or after January 1, 2023, that includes coverage for mental health services to, among other things, approve the provision of mental health services for persons who are detained for 72-hour treatment and evaluation and to schedule an initial outpatient appointment for that person with a licensed mental health professional on a date that is within 48 hours of the person’s release from detention. The bill contains other related provisions increasing coverage.

[AB 1894](#) ([Rivas, Luz D](#)) **Designated public hospital financing advisory group.**

((Introduced: 2/9/2022)

Status: GUTTED AND TURNED INTO A NEW BILL REGULATING MARIJUANA PACKAGING - 4/06/22 - Referred to Assembly Business and Professions Committee

Summary: Existing law establishes the Medi-Cal program, which is administered by the State Department of Health Care Services, under which qualified low-income individuals receive health care services, either through a fee-for-service or managed care delivery system. This bill would require the department to create an advisory group to evaluate the increasing financial challenges faced by designated public hospital systems and would require the department to work with designated public hospitals on potential financing strategies to stabilize their financing. The bill would require the advisory board to be made

up of various representatives, including representatives from the California Hospital Association, the California State Association of Counties, and the California Association of Public Hospitals and Health Systems. The bill would require the department to submit a report to the Legislature, no later than July 1, 2023, outlining the financial challenges of designated public hospitals and provide policy recommendations to address mounting financial losses and financial instability.

AB 1993 (Wicks D) Employment: COVID-19 vaccination requirements.

Status: ACTIVE BILL – 4/18/22 - BEING REVISED BY CO-AUTHORS (WICKS AND LOW) Referred to Labor & Employment and Judiciary Committees

Summary: This bill would require an employer to require each person who is an employee or independent contractor, and who is eligible to receive the COVID-19 vaccine, to show proof to the employer, that the person has been vaccinated against COVID-19. This bill would establish an exception from this vaccination requirement for a person who is ineligible to receive a COVID-19 vaccine due to a medical condition or disability or because of a sincerely held religious belief, as specified, and would require compliance with various other state and federal laws. The bill would require proof-of-vaccination status to be obtained in a manner that complies with federal and state privacy laws.

AB 2123 (Villapudua D) Bringing Health Care into Communities Act of 2023.

Status: ACTIVE BILL – IN COMMITTEE PROCESS 4/20/22 Referred to Health Committee.

Summary: This bill would establish the Bringing Health Care into Communities Program to be administered by the Department of Housing to provide housing grants to specified health professionals to be used for mortgage payments for a permanent residence in a health professional shortage area, as specified. Under the bill, a health professional would be eligible for a grant for up to 5 years. The bill would make its provisions operative upon appropriation by the Legislature

AB 2449 (Rubio, Blanca D) Open meetings: local agencies: teleconferences. (Introduced: 2/17/2022)

Status: ACTIVE BILL – IN COMMITTEE PROCESS 2/18/2022 - Referred to Assembly Local Government Committee – 5/04/22 - Do pass 7-1.

Summary: The Brown Act, requires, with specified exceptions, that all meetings of a legislative body of a local agency, be open and public and that all persons be permitted to attend and participate. The act allows for meetings to occur via teleconferencing subject to certain requirements, particularly that the legislative body notice each teleconference location of each member that will be participating in the public meeting, that each teleconference location be accessible to the public, that members of the public be allowed to address the legislative body at each teleconference location, that the

legislative body post an agenda at each teleconference location, and that at least a quorum of the legislative body participate from locations within the boundaries of the local agency's jurisdiction. The act provides an exemption to the jurisdictional requirement during periods of a state of emergency. **This bill would authorize a local agency to use teleconferencing without complying with those specified teleconferencing requirements if at least a quorum of the members of the legislative body participates in person from a singular location clearly identified on the agenda that is open to the public and situated within the local agency's jurisdiction.** The bill would impose prescribed requirements for this exception relating to notice, agendas, the means and manner of access, and procedures for disruptions. The bill would require the legislative body to implement a procedure for receiving and swiftly resolving requests for reasonable accommodation for individuals with disabilities, consistent with federal law.

Medical Injury Compensation Reform Act

At the end of last month, a deal was struck between the CHA, the CMA and the consumer attorneys who were sponsoring an initiative this fall which would have greatly affected California's Medical Injury Compensation Reform Act (MICRA). The settlement will increase the existing limit to \$350,000 for non-death cases and \$500,000 for wrongful death cases which increase incrementally over the next 10 years to \$750,000 for non-death cases and \$1million for wrongful death cases.