



**MINUTES
STRATEGIC PLANNING COMMITTEE**

Wednesday, March 16, 2022 at 2:00 P.M.

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

1. Call to Order/Roll Call

Committee Chair Jennifer Jeffries called the meeting to order at 2:11pm

In attendance: Committee Members Jennifer Jeffries and Howard Salmon, CEO Rachel Mason, Wellness Center Administrator Theresa Geracitano, Administrative Officer Judith Oswald,

Skinny Genes Executive Director and Staff: Marlayna Bollinger, Alyssa Marquez and Aya Morihana.

2. Public Comments

None.

3. Discussion Items

a. Proposed Fallbrook Diabetes Prevention Program Presentation by Skinny Genes Project Executive Director for Skinny Genes Project, Marlayna Bollinger, presented on their program dedicated to combat pre-diabetes. This Diabetes Prevention Program is a CDC-recognized lifestyle change program which can reduce the risk of developing Type II Diabetes. They provide the Unite Us platform to coordinate care and measure impact. The program is developed in three phases:

Plant: Build Infrastructure - Physician Referrals

Water: Strengthen - Grow Network, integrate into other programs, demonstrate success

Grow: Sustain - Reinvest in the community


b. Community Health Contracts—Grant Impact Reports

- Project Access San Diego – Champions for Health
- Grandparents Raising Grandchildren – Palomar Family Counseling Services, Inc.
- Healthy Bodies, Healthy Minds – Palomar Family Counseling Services, Inc.
- Therapeutic Horsemanship Program – REINS

Grant impact reports may be located on website.

4. Board Member Comments and Future Agenda Items
CEO Rachel Mason reviewed the grant scoring worksheet.

5. Adjournment
There being no further business, the meeting was adjourned at 3:25 p.m.



Jennifer Jeffries, Committee Chair



Board Secretary/Clerk