

Our mission is to promote health for the people of Fallbrook, Bonsall, Rainbow and De Luz.

To: Board of Directors

Re: Community Engagement

From: Governmental/Public Engagement Committee

DISTRICT EVENTS/COMMUNITY ENGAGEMENT EFFORTS

Jan 29/Feb 4 Community Health Contract Grant Workshops

Feb 6 Woman of Wellness "Don't Let Foot Pain Ruin Your Day"

Presented by Dr. Kenneth Rehm, Podiatric Physician and Surgeon and Medical Director of Podiatry at Neighborhood Healthcare Medical Centers.

Feb 14 Love Your Heart

In partnership with North County Fire, we will be participating in the Love Your Heart event and the Senior Medical Services Officer, Mary Murphy will be providing blood pressure screenings and Community Health Coordinator, Mireya Banuelos will be providing heart health education.

Feb 19 Community Collaborative for Health & Wellness

Facilitated by Janine Loescher, Program Coordinator, Fallbrook Smiles Project and Rachel Mason, Executive Director, FRDH Agenda:

Quarter 3 Community Health Contract Grant Site Visits have been scheduled and

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Presentations:

Live Well San Diego Mobile Office Stephanie Escobar, MPH, Community Health Promotion **Discussion/Updates:**

- 1. Live Well San Diego Love Your Heart
- 2. Grandparents Raising Grandchildren Initiative

commenced on Feb 10th.

COMMUNITY EVENTS/MEETINGS ATTENDED

Jan 21 Live Well North County Community Leadership Team Meeting

Every 3rd Tuesday of the month at the Vista Branch Library. 1:30-3:30pm.

SOCIAL MEDIA INSIGHTS

Feb

Last 28 Days: Jan 15-Feb 11

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