

Organization Information

Legal Name

Boys Club of Fallbrook

DBA (if Applicable)

Boys & Girls Clubs of North County

Program Name/Title

Triple Play Program

Describe the impact of the program to date. Briefly explain how the service/intervention has worked - include cumulative metrics from the Q1 and Q2 Impact reports.

Components of the Triple Play Program are incorporated into daily Club schedules and result in positive impacts on children's physical and mental health. The three components of Triple Play (mind, body, and soul) teach youth Healthy Habits (diet and nutrition curriculum), gamified Physical Ed programs, and Social Recreation activities and events for their social-emotional wellbeing. The multi-faceted approach supports mental and physical health literacy in our youth population, which is shown to lead to a healthier, stronger community. Children who are involved in our program enter young adulthood with essential skills to maintain a healthy body, form positive relationships, make safe and healthy choices, and cope with stress.

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	93	965
Young Adults (13-17)	6.5	73
Adults (18-60)	.5	3
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	51
Male	49
Non-binary	0
Unknown*	0

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	35
Very Low (50%) Income Limits, ceiling of \$53,500	40
Low (80%) Income Limits, ceiling of \$85,600	20
Higher Than Listed Limits	5
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Projected number of residents that will directly benefit (participant/client) from this program.

3123

Social Determinants of Health (SDOH)

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal

Our goal is to improve the overall health and resilience of the youth in our program. In order to reach this goal, we have provided healthy snacks, nutrition and exercise curriculum, and social-emotional learning programs at each of our 8 sites. Our outcomes are measured using attendance data. Our program is ongoing and sustainable- it is incorporated into the daily schedule for each day of program year-round, inseparable from our Club. Our partnerships with local organizations such as the Fallbrook Food Pantry and FRHD Wellness Center aid families of our members to make our approach even more holistic and far-reaching.

Anticipated Acknowledgment

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Social Media Postings

Print Materials to Service Recipients

Website Display

Eligibility Check

You are ineligible to apply per the District's Grant Policy & Procedures, please contact District staff to if you have questions.

Organization Information

Contact Information

Contact Name

Lisa Ware

Title

Vice Pres. of Operations

Primary Contact Phone

7607285871

Email Address

lisaw@bgcnorthcounty.org

Organization Physical Address

445 East Ivy Street
Fallbrook, CA, 92028

Writing Instructions:

Program Information

What language(s) can this program accommodate:

English

Spanish

ASL

What demographic group does this program predominately serve:

Youth - school based

Youth - other setting

Program Objectives & Measurable Outcomes

1) Hire and train staff members to provide daily Triple Play activities at eight Boys & Girls Clubs of North County sites during the 2024-25 school year. 2) Provide 60 minutes of vigorous physical activity each day at each Boys & Girls Clubs of North County sites for at least 600 youth per day during the 2024-25 school year. 3) Provide three family nights each year at eight Boys & Girls Clubs of North County

sites for families of Boys & Girls Clubs of North County members during the 2024-25 school year.

Hiring and training logs will be kept for each site. Staff members will receive an orientation upon hire to familiarize them with the Boys & Girls Club, our programs, and our expectations. Staff will also receive annual training specifically on the Triple Play program, implementation, and curriculum. Participation counts will be kept at each site each day to track the achievement of our goal to reach 600 youth. Staff members will track participation on roll sheets, which will be accumulated and reported centrally each month, and then compiled in preparation for grant reporting. In the spring, youth participants over the age of 9 will complete the National Youth Outcomes Initiative (NYOI) survey. This tool developed by Boys & Girls Clubs of America measures the impact of our programs. From this survey, we can determine the wide range of impacts we are having on our youth including: fruit and vegetable consumption, water consumption, physical activity participation, ability to cope with challenges, identifying emotions, impulse control, problem-solving, relationship building, self-efficacy, and empathy. Responses in these areas will demonstrate the impact that Triple Play has on youth participants. Participation counts and other documentation will be kept on the family night events held three times each year at each site. Staff will track attendance using roll sheets, which will be accumulated and reported centrally each month, where the data will be compiled in preparation for grant reporting. Other documentation, such as flyers and photos, will also be collected centrally.

Financial Reporting & Budget

Program Budget



Q1 Budget Report Form.pdf



Boys & Girls Clubs of North County

Published by Loomly

July 18



A great big THANK YOU to [Fallbrook Regional Health District](#) for supporting our members, our programs & our Club. We appreciate your continuing commitment to our Fallbrook community





Boys & Girls Clubs of North County

Published by Loomly

• August 9 •



Thank you [Fallbrook Regional Health District](#) for your continuing support of our summer swim safety program. We are extremely grateful for this partnership providing our community the chance to just keep swimming! 🌊
We ❤️ [Fallbrook Regional Health District](#)





Boys & Girls Clubs of North County

Published by Loomly

July 22 - 🌸

🚨 **Hurry** - Sign up for our last week of camp and swim lessons by this Wednesday July 24th!
bgcnorthcounty.org

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<p>BOYS & GIRLS CLUBS OF NORTH COUNTY SUMMER 2024 Last Week July 29th - August 2nd</p> <p><small>MEMBERSHIP 1 PRE PAYMENT REQUIRED FOR ALL PROGRAMS</small></p>	<p>BOYS & GIRLS CLUBS OF NORTH COUNTY VERANO 2024 Última semana del 29 de julio al 2 de agosto</p> <p><small>MEMBERSHIA ACTUAL Y PAGO PREVIO REQUERIDO PARA TODOS LOS PROGRAMAS</small></p>
<p>DAY CAMP</p> <p>LAST WEEK: MONDAY - FRIDAY 8:30AM - 4PM</p>	<p>DÍA DE CAMPO</p> <p>¡LA ÚLTIMA SEMANA! LUNES - VIERNES 8:30 AM - 4 PM</p>
<p>SWIM LESSONS</p> <p>1 WEEK SESSION 7/29 - 8/2 MONDAYS MONDAY - FRIDAY</p>	<p>LECCIONES DE NATACION</p> <p>SESION DE 1 SEMANA DEL 7/29 AL 8/2 MARTES A VIERNES</p>
<p><small>The Club will be closed this week of August 5th for training & cleaning. We reopen for the school year on Monday August 12.</small></p> <p>BOYS & GIRLS CLUBS OF NORTH COUNTY 302 W. ALVARADO ST. FALLENBROOK, CA 760-728-3871 bgcnorthcounty.org</p>	<p><small>El Club está cerrado esta semana del 5 de agosto por entrenamiento y limpieza. Nos reabrimos para el año escolar el lunes 12 de agosto.</small></p> <p>BOYS & GIRLS CLUBS OF NORTH COUNTY 302 W. ALVARADO ST. FALLENBROOK, CA 760-728-3871 bgcnorthcounty.org</p>



Boys & Girls Clubs of North County

Published by Loomly

June 24



Summer is at the CLUB 🏖️ Make payment for Summer Camp by this Wednesday 6/26 to reserve a spot for next week!

🏊 Next swim lesson session starts Monday- be sure to register today.

BOYS & GIRLS CLUBS OF NORTH COUNTY
SUMMER 2024
June 3rd- August 2nd
 Ingold Clubhouse - 445 E Ivy St. Fallbrook

CURRENT MEMBERSHIP & PRE PAYMENT REQUIRED FOR ALL PROGRAMS

<p>DAY CAMP</p> <p>MONDAY - FRIDAY 6:30AM-6PM</p> 	<p>SWIM LESSONS</p> <p>2 WEEK SESSIONS MORNINGS MONDAY - FRIDAY</p> 
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Fallbrook Regional HEALTH DISTRICT



The Clubs will be closed the week of August 5th for training & cleaning. We reopen for the school year on Monday August 12.

BOYS & GIRLS CLUBS OF NORTH COUNTY
 205 W. ALVARADO ST. FALLBROOK, CA 760-726-5871
bgcnorthcounty.org

See insights and ads

Boost post

FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name:

Boys & Girls Clubs of North County

PROGRAM NAME:

Triple Play

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$49,322.00	\$0.00				
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$153,478.54	\$36,739.54	\$6,588.00			
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$30,000.00	\$3,750.00	\$1,506.91			
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$232,800.54	\$0.17	\$8,094.91	\$0.00	\$0.00	\$0.00

 Total funds expended to date: **\$8,094.91**