



Organization Information

Legal Name

Palomar Family Counseling Service, Inc.

DBA (if Applicable)

n/a

Organization’s Mission Statement

Our enduring mission is to support and strengthen children, youth, adults, families, schools and communities.

Organization’s Vision Statement

Palomar Family Counseling Service (PFCS) will become a preferred provider of community mental health services in North County. Passionate and dedicated professionals aspire to work here, clients achieve an enhanced quality of life, and collaborative partnerships are enriched by our trained expertise.

Organization History & Accomplishments

Mental health is foundationally and fundamentally tied to physical health, the prevention of serious health conditions, and the practice of healthy behaviors. PFCS provides a full range of prevention, early intervention, psychoeducation, and treatment. We strive to reduce service-delivery gaps and provide convenient, affordable access to individuals who would not otherwise receive services.

Our clientele includes children, adolescents, families and adults who are often low income and struggle with emotional and mental health problems, behavioral issues, stress, loneliness, isolation, and insufficient support systems. Over 60% of those we serve are Latino, many are Spanish only speakers. In partnership with the FRHD we have been instrumental in reducing the disparity in access to professional, culturally competent, mental and behavioral health services.

In 2023-24, we were one of a select number of organizations in California to receive a Behavioral Health Recruitment and Retention grant. The funding is instrumental in assisting us develop the operational and clinical capacity to enable a diverse society to lead mentally and physically healthy lives, now and for generations to come.

Program Name/Title

Mental Health Matters (formerly Heathy Bodies Healthy Minds)

Brief Program Description

Mental health matters. It is foundationally tied to physical health and quality of life. We provide a continuum of comprehensive services and in partnership with FRHD, reduce disparities in access to professional, affordable, culturally competent, mental health treatment. We are the practice of positive growth.

Is this a new initiative/service or established program within your organization?

Established Program

Did this program receive FRHD CHC - Grant funding last funding cycle (FY 23.24).

YES

Describe the impact of the program to date. Briefly explain how the service/intervention has worked - include cumulative metrics from the Q1 and Q2 Impact reports.

Children & Youth: Ten children were discharged from treatment, 9 completing 5 or more sessions. All improved functioning including increasing coping skills and decreasing anxiety. Seven improved significantly, the other two improved moderately. One child was referred to a higher level of care. Nineteen children participated and completed group counseling. Of the 14 completing 5 or more sessions, 8 showed significant improvement, 6 showed moderate improvement.

Adults / Families: 9 adults and 2 families completed therapy. One adult who completed therapy had received extensive services over the course of almost a full year, for a total of 41 sessions and showed significant improvement. An additional eight adults completed therapy. Four completed couples therapy and improved significantly. One adult also completed individual therapy for trauma processing and improved significantly. Two discontinued therapy, showing only minimal progress. One adult was transferred to higher level of care. The families who completed therapy significantly improved family functioning over the course of 32 and 17 sessions. We offered one Wellness Group for adults on Boundary and one on Body Image for adolescent girls. Both were very well received. Comments included: "I wish I had known about this years ago. It would have helped me with so many issues." "This class should be offered more often. People really need it."

If this program was previously funded, please provide an example of how the District's funding of this program was acknowledged.



Blog Spring 2023.pdf

Funding Amount Being Requested 48828

Program Information - Type Ongoing

Projected number of residents that will directly benefit (participant/client) from this program. 110

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	27	30
Young Adults (13-17)	18	20
Adults (18-60)	45	50
Seniors (60+)	9	10
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	58
Male	42
Non-binary	
Unknown*	

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	25
Very Low (50%) Income Limits, ceiling of \$53,500	64
Low (80%) Income Limits, ceiling of \$85,600	7
Higher Than Listed Limits	4
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

What language(s) can this program accommodate:

English

Spanish

What demographic group does this program predominately serve:

Older Adults

Social Determinants of Health (SDOH)

The Fallbrook Regional Health District has identified several Social Determinants of Health that demonstrate a significant impact on the long term health and well being of our community. The following questions address how your program and/or services address these concerns.

Program/Services Description - Social Determinants of Health

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Social Determinants of Health - Education Access and Quality

By providing school-based counseling services and social-emotional skills groups we increase the proportion of children, adolescents who receive evidence-based preventive mental health interventions.

Social Determinants of Health - Social and Community Context

Wellness groups for adults, social-emotional groups for children & youth, and counseling for children, families, and adults, we are increasing the proportion of children, adolescents, and adults who show resilience to challenges and stress. We also address decreasing the suicide rate.

Social Determinants of Health - Healthcare Access and Quality

By providing individual, couples, and family therapy we increase the proportion of children and adolescents with anxiety, depression, and/or behavioral problems who receive evidence based treatment and increase the proportion of adults with depression, anxiety, and mental illness who get treatment.

Statement of Need/Problem

Mental health challenges are the leading cause of poor life outcomes in young people, with up to 1 in 5 having a mental, emotional, or behavioral disorder. Since 2020, the mental health of our communities has continued to decline, particularly for people of color from low-income families. The statistics are staggering: 80% of children with mental illness do not receive treatment, one in three high school students and half of female students reported persistent feelings of sadness or hopelessness, an overall increase of 40% from 2009. Data from the [2020-21 California Healthy Kids Survey](#) finds that 1 in 5 students in the Fallbrook District report chronic sadness and social emotional distress; 1 in 7 report suicide ideations. <https://data.calschls.org/resources/FallbrookUnionElementary2021SecCHKS.pdf>

The need for quality, accessible, community-based mental health services is well-established and is exceeding capacity. Over the past 6 years, the number of individuals referred to PFCS has steadily increased.

Mental health conditions such as anxiety, depression, and substance use problems affect 14.5% percent of people over the age of 50. Meeting older adults with services where they are instead of expecting them to navigate complex systems and requirements is identified as a high need by local providers. Couples counseling is the most searched for mental health service in our district, 50 times greater than any other counseling need. Many of our community's seniors are living lives of lonely desperation. One in two adults in the US have reported loneliness and social disconnection. The mortality impact of being social disconnected is similar to that caused by smoking 15 cigarettes a day.

The priorities addressed by PFCS are consistent with priorities identified by Healthy People 2030. Our work with children and youth will continue to focus on: Social & Community Context, Health Care Access & Quality, Education Access & Quality. Our work with adults will continue to focus on Social & Community Context and Health Care Access & Quality. <https://health.gov/healthypeople>

How are other organizations addressing this need in the community?

Many people are suffering alone. They do not meet eligibility requirements for public services, there are long waiting lists for services offered through insurance, school counselors can only respond to the immediate and urgent and typically provide services that are preventive and universal in nature, and families are simply overwhelmed, economically and emotionally. Fees for therapists in private practice are often prohibitive for low-income families.

The Jack E. Johns Family Health Center provides clinic-based behavioral health services for adults and children over aged 9. This can be very helpful for adolescents or adults requiring psychotropic medication support and who can travel to the center.

The entire system struggles with attracting qualified bilingual therapists resulting in Spanish speaking individuals and families lacking access to basic mental health services.

Program/Services Description - Program Entry & Follow Up

School-based counseling: Vallecitos Elementary School – Rainbow:

We accept electronic referrals directly from teachers and counselors. Once a referral is received, staff connect with parents to conduct an intake assessment and identify the plan for providing therapy. Individual therapy is typically offered for 8-10 sessions for 30 minutes each session.

Social Emotional Groups: Fallbrook Boys & Girls Club

Similarly, social-emotional group topics are planned with and referrals received from Club staff. Social-emotional groups typically serve 8 to 10 youth over a period of 10 weeks.

Office based treatment: Individuals, Families, Couples Counseling

Referrals are accepted from area residents who contact the office by telephone during regular business hours or by using contact forms embedded in our website. An intake assessment is completed and preliminary arrangements are made for therapy sessions to begin. Telehealth or home-based services are offered to those who need more convenient access. Our Outreach & Education Coordinator will work with local providers to overcome barriers (e.g. technology, transportation, language) and provide case management services to those with the highest need.

Wellness Groups and Educational Workshops:

Participants self-refer by contacting the office by telephone or our group leaders by email. Wellness Groups vary in scope depending on the topic, but typically meet weekly for 6 to 8 weeks. Participants are asked to commit to regular attendance in order to obtain maximum benefit.

Follow-Up:

At two months post discharge, all clients or the parents of children receiving individual therapy will be contacted by telephone or by email for follow up to determine level of satisfaction and if progress was maintained. As needed, services may be restarted, or the family may be referred to a higher or lower level of service as appropriate.

For individuals in group services, wellness groups, and educational workshops, satisfaction surveys will be conducted at the end of each group session.

Program/Services Description - Program Activities

Mental health affects every aspect of our lives: how we feel about ourselves and the world; solve problems, cope with stress, and overcome challenges; build relationships and connect with others; and perform in school, at work, and throughout life. Mental health encompasses our emotional, psychological, and social wellbeing, and is an essential component of overall health.

Mental Health Matters will help meet the mental health needs of area children, youth, adults, and families through continued provision of community-based services. We provide a continuum of supports, including evidence-based prevention practices and trauma-

informed mental health care. Services include individual, family and group counseling for children and youth, individual and couples counseling for adults, wellness workshops for adults, and education and outreach to underserved populations.

School-based counseling for children & youth: Services include a consultation and needs assessment with parents or caregivers, consultation with the referring party and other assessment sources such as teachers, and individual interventions. In-school interventions are largely based on social skill coaching, cognitive behavioral therapy and solution-focused treatment in order to improve functioning, increase coping skills, and promote prosocial behaviors.

Enrichment Services for Children & Youth: Small group services will be delivered to students after school at the Fallbrook Boys & Girls Club. This method of serving youth where they already are is highly beneficial to youth, families, and the social milieu served. It also allows us to work collaboratively and cooperatively with the Club to tackle the issues that come up in real time, such as bullying and aggression. Small groups focus on issues and topics that equip children with foundational mental health skills needed now and for their future (e.g., understanding thoughts and feelings, relaxation skills, managing intense emotions, mindfulness).

Children, Youth, Adult, Couples, & Family Counseling: This service will be available to those with high need and significant barriers (long waiting times, low-income, transportation, language, lack of insurance). Individual, couple, or family counseling will be offered at our clinic, via telehealth or in homes. We will continue to offer to the greatest extent possible Spanish language services. For some, particularly seniors and those with physical access issues, we will coordinate with transportation providers. Case management services will connect individuals and families to needed resources.

Wellness Groups & Educational Workshops: A specially curated series of groups are offered at selected community locations including the Wellness Center, Fallbrook Library, and Fallbrook Senior Center. The group topics promote understanding and responding to mental health challenges, healthy behaviors and increased resilience for adults, seniors, grandparents raising grandchildren, and families. Mental health educational workshops are one of the best ways to increase awareness and encourage self-help seeking behavior, while simultaneously reducing the stigma associated with mental health challenges.

Program Goal

Ensure that residents of the Fallbrook Regional Health District have access to and receive high-quality, affordable, and culturally competent mental health care in order to enhance overall well-being and quality of life, particularly for low-income and minority communities.

Program Objectives & Measurable Outcomes

Objective 1: Children and Youth

Provide individual or group counseling services to 50 referred children and youth between July 1, 2024 and June 30, 2025, in order to improve behavioral, emotional, and/or social functioning.

Objective 2: Adults

Provide office based or telehealth counseling to 20 self-referred adults between July 1, 2023 and June 30, 2024 in order to improve mental, behavioral, emotional, and/or social functioning.

Objective 3: Wellness Workshop Series

Offer 4 community-based wellness groups and 4 educational workshops to 40 self-referred adults in order to increase the number of individuals who show resilience to challenges and stress, take part in healthy behaviors and develop foundational mental health skills needed now and for the future.

Objective 4: Satisfaction

Provide effective counseling services that meet the needs of 110 area residents, in order to create an environment where the full potential for health and well-being can be met.

Measure 1a: 75% of children/youth completing 5 or more sessions of individual therapy will improve mental health functioning as measured by improvements in scores on the Columbia Impairment Scale administered pre and post counseling, completion of treatment goals, or therapist observations recorded on HIPAA compliant electronic data sheets.

Measure 1b: 75% of students completing 5 or more sessions of group counseling will improve social-emotional functioning as measured by therapist reports recorded on HIPAA compliant electronic data sheets.

Measure 2: 80% of adults completing 5 or more sessions of counseling will improve mental health functioning as measured by improvements in scores on standardized screening instruments (PHQ-9, the Hamilton Anxiety Scale, or the GAD-7) administered pre and post counseling, completion of treatment goals, and/or therapist observations recorded on HIPAA compliant electronic health records.

Measure 3: 80% of individuals participating in wellness groups or workshops will recommend PFCS to a friend or family member and report improved awareness of social-emotional functioning and other aspects of mental health on surveys administered after each workshop or last group session.

Measure 4a: 80% of individuals (adults, families of children) who receive counseling services between July 1, 2023 and June 30, 2024, will rate their satisfaction with services as good or excellent, on a 5-point scale administered 1 month post treatment via an anonymous electronic survey.

Measure 4b: 80% of community partners will rate the quality of service provided by PFCS as good or excellent as measured by a 5 point scale administered electronically in the last month of the grant year.

Organization Collaborations

Effective collaboration reduces barriers to mental health care that is equitable, high quality, efficient, and affordable. Our long-standing relationships with local schools ensure that students in need are connected to the right level of service. Ongoing collaboration with the Boys and Girls Club enhances the ability to promote the development of social-emotional skills critical to success in school and life. New partnerships with the Vallecitos Elementary School in Rainbow enhance our ability to reach more children, youth, and families.

Outreach and coordination with Foundation for Senior Care will connect seniors to mental health services by eliminating barriers to access.

A renewed focus on outreach to underserved communities will improve the social, cultural, and environmental determinants of health and reduce mental health disparities. We believe that ongoing collaboration will be a necessary step to ensure that area residents can lead healthy, productive lives.

Anticipated Acknowledgment

Please describe how the Fallbrook Regional Health District’s investment in this program will be acknowledged. This includes all print and electronic materials, press releases, website references, and any other form of written and verbal publicity that relates to the funded program.

Anticipated Acknowledgment

- Social Media Postings
- Signage at Service Sites
- Print Materials to Service Recipients
- Website Display

Anticipated Acknowledgment

The District’s name and logo is featured on all print materials, typically underneath a title stating “This project is made possible by through the generous support of” or “Funding generously provided by”. When posting the logo to our website, electronic flyers, or emails, we link the logo to <https://www.fallbrookhealth.org>. Alternatively, we will also link ‘visit fallbrookhealth.org’ to the same web location.

PFCS has an active Facebook, Instagram and LinkedIn page; we typically post 3 times / week. We also use our Twitter account to focus on issues related to mental and behavioral health. We tag the Fallbrook Regional Health District in all related posts. We follow the District’s Facebook page and frequently share, applaud, and comment on District posts and affiliated organization posts. We also follow and post in the Friends of Fallbrook Facebook Page, tagging FRHD in all posts.

Financial Reporting & Budget

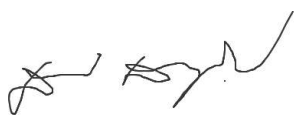
Funding History

NO

Terms and Conditions

Accepted

Authorized Signature



BOARD OF DIRECTORS

October 2023 - September 2024

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Dan Engelbrecht,
President

Ron Rosol,
Vice President

Darol Caster,
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**INDEPENDENT AUDITOR'S REPORT AND
FINANCIAL STATEMENTS
OF
PALOMAR FAMILY COUNSELING SERVICE, INC.
JUNE 30, 2023 AND 2022**

PALOMAR FAMILY COUNSELING SERVICE, INC.
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JUNE 30, 2023 AND 2022

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Independent Auditor's Report

To the Board of Directors of
Palomar Family Counseling Service, Inc.
Escondido, California

We have audited the accompanying financial statements of Palomar Family Counseling Service, Inc. (a nonprofit organization), which comprise the statements of financial position as of June 30, 2023 and 2022, the related statements of activities, functional expenses, and cash flows for the years then ended, and the related notes to the financial statements.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Palomar Family Counseling Service, Inc. as of June 30, 2023 and 2022, and the changes in its net assets and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America

Basis for Opinion

We conducted our audit in accordance with auditing standards generally accepted in the United States of America. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are required to be independent of Palomar Family Counseling Service, Inc. and to meet our other ethical responsibilities in accordance with the relevant ethical requirements relating to our audit. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Responsibilities of Management for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America, and for the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is required to evaluate whether there are conditions or events, considered in the aggregate, that raise substantial doubt about Palomar Family Counseling Service, Inc.'s ability to continue as a going concern within one year after the date that the financial statements are available to be issued.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with generally accepted auditing standards will always detect a material misstatement when it exists. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control. Misstatements are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment made by a reasonable user based on the financial statements.

In performing an audit in accordance with generally accepted auditing standards, we:

- Exercise professional judgment and maintain professional skepticism throughout the audit.

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and design and perform audit procedures responsive to those risks. Such procedures include examining, on a test basis, evidence regarding the amounts and disclosures in the financial statements.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of Palomar Family Counseling Service, Inc.'s internal control. Accordingly, no such opinion is expressed.
- Evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluate the overall presentation of the financial statements.
- Conclude whether, in our judgment, there are conditions or events, considered in the aggregate, that raise substantial doubt about Palomar Family Counseling Service, Inc.'s ability to continue as a going concern for a reasonable period of time.

We are required to communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit, significant audit findings, and certain internal control related matters that we identified during the audit.

Covell, Jani & Pasch LLP

Escondido, California

January 17, 2024

PALOMAR FAMILY COUNSELING SERVICE, INC.
STATEMENTS OF FINANCIAL POSITION
JUNE 30, 2023 AND 2022

ASSETS		
	2023	2022
Current Assets		
Cash and cash equivalents	\$ 800,898	\$ 632,868
Accounts receivable	11,222	10,008
Grants receivable	626,406	553,884
Prepaid expenses	2,495	8,899
TOTAL CURRENT ASSETS	1,441,021	1,205,659
Property and equipment, net	1,266,059	1,301,514
Other Assets		
Investment, endowment (restricted)	68,939	67,418
Deferred loan cost, net	4,306	8,071
Refundable deposits	200	200
Operating lease right-of use asset	61,874	89,207
TOTAL OTHER ASSETS	135,319	164,896
TOTAL ASSETS	\$ 2,842,399	\$ 2,672,069
LIABILITIES AND NET ASSETS		
Current Liabilities		
Accounts payable	\$ 11,217	\$ 1,042
Accrued payroll liabilities	158,897	150,050
Long-term debt, current portion	19,772	19,169
Operating lease liability, current portion	27,568	27,879
TOTAL CURRENT LIABILITIES	217,454	198,140
Long-term Liabilities		
Long-term debt, noncurrent portion	276,072	295,705
Operating lease liability, noncurrent portion	34,306	61,328
TOTAL LONG-TERM LIABILITIES	310,378	357,033
TOTAL LIABILITIES	527,832	555,173
Net Assets		
Without donor restrictions	2,054,962	2,003,637
With donor restrictions	259,605	113,259
TOTAL NET ASSETS	2,314,567	2,116,896
TOTAL LIABILITIES AND NET ASSETS	\$ 2,842,399	\$ 2,672,069

See independent auditor's report and notes to financial statements

PALOMAR FAMILY COUNSELING SERVICE, INC.
STATEMENTS OF ACTIVITIES
FOR THE YEARS ENDED JUNE 30, 2023 AND 2022

	Year Ended June 30, 2023		
	Without Donor Restrictions	With Donor Restrictions	Total
Revenue and Support			
Contract service revenue	\$ 4,168,086	\$ 202,000	\$ 4,370,086
Counseling service revenue	600,690	-	600,690
Donations	44,821	-	44,821
Interest and other income	4,573	-	4,573
Investment return, net	-	1,521	1,521
Total Revenue and Support	<u>4,818,170</u>	<u>203,521</u>	<u>5,021,691</u>
Net Assets Released from Restrictions			
Contract service revenue	57,175	(57,175)	-
Total Net Assets Released from Restrictions	<u>57,175</u>	<u>(57,175)</u>	<u>-</u>
	<u>4,875,345</u>	<u>146,346</u>	<u>5,021,691</u>
Costs and Expenses			
Program services	3,901,385	-	3,901,385
General and administrative	922,635	-	922,635
Total Costs and Expenses	<u>4,824,020</u>	<u>-</u>	<u>4,824,020</u>
Change in Net Assets	51,325	146,346	197,671
Net assets at Beginning of Year	<u>2,003,637</u>	<u>113,259</u>	<u>2,116,896</u>
NET ASSETS AT END OF YEAR	<u>\$ 2,054,962</u>	<u>\$ 259,605</u>	<u>\$ 2,314,567</u>
	Year Ended June 30, 2022		
	Without Donor Restrictions	With Donor Restrictions	Total
Revenue and Support			
Contract service revenue	\$ 3,790,121	\$ 90,358	\$ 3,880,479
Counseling service revenue	554,344	-	554,344
Grant revenue	-	-	-
Donations	14,483	-	14,483
Interest and other income	3,448	-	3,448
Investment return, net	-	(5,537)	(5,537)
Total Revenue and Support	<u>4,362,396</u>	<u>84,821</u>	<u>4,447,217</u>
Net Assets Released from Restrictions			
Contract service revenue	131,899	(131,899)	-
Total Net Assets Released from Restrictions	<u>131,899</u>	<u>(131,899)</u>	<u>-</u>
	<u>4,494,295</u>	<u>(47,078)</u>	<u>4,447,217</u>
Costs and Expenses			
Program services	3,595,842	-	3,595,842
General and administrative	858,867	-	858,867
Total Costs and Expenses	<u>4,454,709</u>	<u>-</u>	<u>4,454,709</u>
Change in Net Assets	39,586	(47,078)	(7,492)
Net assets at Beginning of Year	<u>1,964,051</u>	<u>160,337</u>	<u>2,124,388</u>
NET ASSETS AT END OF YEAR	<u>\$ 2,003,637</u>	<u>\$ 113,259</u>	<u>\$ 2,116,896</u>

See independent auditor's report and notes to financial statements

PALOMAR FAMILY COUNSELING SERVICE, INC.
STATEMENT OF FUNCTIONAL EXPENSES
FOR THE YEAR ENDED JUNE 30, 2023

	<u>Program Services</u>	<u>General and Administrative</u>	<u>Total</u>
Wages and Employee Benefits			
Salaries	\$ 2,818,111	\$ 572,709	\$ 3,390,820
Payroll taxes	229,645	46,670	276,315
Health insurance	198,178	40,275	238,453
Worker compensation	3,550	721	4,271
Life AD&D and LTD	4,408	896	5,304
Vacation benefits	142,828	29,026	171,854
Retirement benefit matching	45,490	9,245	54,735
Total Wages and Employee Benefits	<u>3,442,210</u>	<u>699,542</u>	<u>4,141,752</u>
Other Expenses			
Advertising	6,152	1,250	7,402
Bank charges	3,476	706	4,182
Board and employee events	-	5,191	5,191
Consulting and contract services	80,977	16,456	97,433
Depreciation and amortization	-	86,352	86,352
Dues and subscriptions	-	4,123	4,123
Electronic health record	-	10,982	10,982
Employee longevity awards	-	575	575
Fingerprinting, TB, immunization	2,510	510	3,020
Gift cards	1,205	245	1,450
Insurance	27,064	4,632	31,696
Interest	-	9,621	9,621
IT services	44,814	9,107	53,921
Legal and accounting	10,472	2,128	12,600
Maintenance	49,916	10,144	60,060
Office equipment lease	26,239	5,333	31,572
Office supplies	30,128	6,123	36,251
Payroll service fees	21,320	4,333	25,653
Postage	2,054	418	2,472
Printing	9,086	1,846	10,932
Program supplies	22,047	3,401	25,448
Rent-archives	-	5,537	5,537
Rent-Escondido	-	3,325	3,325
Rent-Poway	-	400	400
Tax and license fees	-	5,471	5,471
Telephone	71,810	14,593	86,403
Training meetings	3,795	921	4,716
Travel	12,820	2,605	15,425
Utilities	33,290	6,765	40,055
Total Other Expenses	<u>459,175</u>	<u>223,093</u>	<u>682,268</u>
	<u>\$ 3,901,385</u>	<u>\$ 922,635</u>	<u>\$ 4,824,020</u>

See independent auditor's report and notes to financial statements

PALOMAR FAMILY COUNSELING SERVICE, INC.
STATEMENT OF FUNCTIONAL EXPENSES
FOR THE YEAR ENDED JUNE 30, 2022

	<u>Program Services</u>	<u>General and Administrative</u>	<u>Total</u>
Wages and Employee Benefits			
Salaries	\$ 2,588,699	\$ 544,686	\$ 3,133,385
Payroll taxes	232,621	48,946	281,567
Health insurance	171,775	36,143	207,918
Worker compensation	22,336	4,700	27,036
Life AD&D and LTD	3,955	832	4,787
Vacation benefits	115,452	24,292	139,744
Retirement benefit matching	49,423	10,399	59,822
Total Wages and Employee Benefits	<u>3,184,261</u>	<u>669,998</u>	<u>3,854,259</u>
Other Expenses			
Advertising	7,885	1,659	9,544
Bank charges	-	3,623	3,623
Board and employee events	-	4,193	4,193
Consulting and contract services	104,526	-	104,526
Depreciation and amortization	-	74,033	74,033
Dues and subscriptions	240	3,626	3,866
Electronic health record	-	8,760	8,760
Employee longevity awards	-	375	375
Fingerprinting, TB, Immunization	2,152	522	2,674
Gift cards	1,200	2,200	3,400
Insurance	24,412	5,137	29,549
Interest	-	10,238	10,238
IT services	25,399	5,344	30,743
Legal and accounting	10,517	2,213	12,730
Maintenance	40,511	8,524	49,035
Office equipment lease	22,403	4,714	27,117
Office supplies	25,614	5,389	31,003
Payroll service fees	14,447	3,040	17,487
Postage	2,343	493	2,836
Printing	7,655	1,611	9,266
Program supplies	14,954	2,329	17,283
Relief fund	-	5,060	5,060
Rent-archives	-	5,483	5,483
Rent-Escondido	-	3,050	3,050
Rent-Poway	-	2,400	2,400
Tax and license fees	-	4,526	4,526
Telephone	53,582	11,274	64,856
Training meetings	2,990	600	3,590
Travel	22,028	2,410	24,438
Utilities	28,723	6,043	34,766
Total Other Expenses	<u>411,581</u>	<u>188,869</u>	<u>600,450</u>
Total Expenses	<u>\$ 3,595,842</u>	<u>\$ 858,867</u>	<u>\$ 4,454,709</u>

See independent auditor's report and notes to financial statements

PALOMAR FAMILY COUNSELING SERVICE, INC.
STATEMENTS OF CASH FLOWS
FOR THE YEARS ENDED JUNE 30, 2023 AND 2022

	2023	2022
CASH FLOWS FROM OPERATING ACTIVITIES		
Change in net assets	\$ 197,671	\$ (7,492)
Adjustments to reconcile change in net assets provided by operating activities:		
Investment return, net	(1,521)	5,537
Depreciation and amortization	86,352	74,033
(Increase) decrease in accounts receivable	(73,736)	75,064
(Increase) decrease in prepaid expense	6,404	(7,042)
Increase (decrease) in accounts payable	10,175	(7,186)
Increase (decrease) in accrued payroll expense	8,848	(2,735)
Total adjustments	36,522	137,671
Net cash provided by operating activities	234,193	130,179
CASH FLOW FROM INVESTING ACTIVITIES		
Purchase of property and equipment	(47,133)	(98,781)
Net cash used in investing activities	(47,133)	(98,781)
CASH FLOW FROM FINANCING ACTIVITIES		
Cash paid on long-term debt	(19,030)	(18,414)
Net cash provided by financing activities	(19,030)	(18,414)
NET INCREASE (DECREASE) IN CASH	168,030	12,984
CASH AND EQUIVALENTS, BEGINNING OF YEAR	632,868	619,884
CASH AND EQUIVALENTS, END OF YEAR	\$ 800,898	\$ 632,868
 SUPPLEMENTAL DISCLOSURE OF CASH FLOW INFORMATION		
CASH PAID DURING THE YEAR FOR:		
Interest expense	\$ 9,621	\$ 10,238

See independent auditor's report and notes to financial statements

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

A. ORGANIZATION

Palomar Family Counseling Service, Inc. is a California not-for-profit public benefit corporation (the "Organization") that provides a variety of mental health services at its offices in Escondido, Vista, Fallbrook, and on-site at public schools, preschool centers, and youth activity organizations across north San Diego County.

The mission of the Organization is to support and strengthen children, youth, adults, families, schools and communities. The agency mission is expressed through the provision of a full range of comprehensive and integrated services that include prevention, education, early intervention, assessment, individual and family counseling, crisis response, and professional training. To implement its mission, the Organization has structured activities in four main areas. These four areas are comprised of mental health assessment and treatment services, community site-based outreach services, prevention and education programs, and court ordered treatment services.

B. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Adoption of Accounting Pronouncements

In February 2016, the FASB issued ASU 2016-02, Leases (Topic 842), which supersedes existing guidance for accounting for leases under Topic 840, Leases. The FASB also subsequently issued the following additional ASUs, which amend and clarify Topic 842: ASU 2018-01, Land Easement Practical Expedient for Transition to Topic 842; ASU 2018-10, Codification Improvements to Topic 842, Leases; ASU 2018-11, Leases (Topic 842): Targeted Improvements; ASU 2018-20, Narrow-scope Improvements for Lessors; and ASU 2019-01, Leases (Topic 842): Codification Improvements. The most significant change in the new leasing guidance is the requirement to recognize right-to-use ("ROU") assets and lease liabilities for operating leases on the statement of financial position.

The Organization adopted FASB Topic 842, Leases, using the modified retrospective approach with July 1, 2021 as the date of initial adoption (comparative method) and utilized all of the available practical expedients. The adoption had a material impact on the Organization's statements of financial position but did not have a material impact on the statements of activities. The most significant impact was the recognition of ROU assets and lease liabilities for operating leases. Adoption of the standard required the Organization to restate amounts as of June 30, 2022, resulting in an increase in operating lease ROU assets of \$89,207, an increase in current operating lease liability of \$27,879, and an increase in long-term operating lease liability of \$61,328.

The Organization has elected to apply the short-term lease exception to all leases with a term of one year or less. The accounting for finance leases remained substantially unchanged.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

B. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

Adoption of Accounting Pronouncements (continued)

In September 2020, the FASB issued ASU No. 2020-07, Not-for-Profit Entities (Topic 958): Presentation and Disclosures by Not-for-Profit Entities for Contributed Nonfinancial Assets, to improve transparency in the reporting of contributed nonfinancial assets, also known as gifts-in-kind, for not-for-profit organizations through enhancements to presentation and disclosure. ASU No. 2020-07 was issued to address certain stakeholders' concerns about the lack of transparency about the measurement of contributed nonfinancial assets recognized by not-for-profits, as well as the amount of those contributions used in an entity's programs and other activities. The standard was effective for the Organization for the year ended June 30, 2022. The adoption of this guidance did not have an impact on the Organization's financial statements as it did not receive gifts-in-kind for the year ended June 30, 2022.

Basis of Accounting

The Organization's accounting records and the accompanying financial statements are prepared on the accrual basis in accordance with generally accepted accounting principles (GAAP), whereby all revenue is recognized when earned rather than received and expenses are recognized when incurred rather than when paid, and accordingly, reflect all significant receivables, payables and other liabilities.

Financial Statement Presentation

The financial statements are presented in accordance with the provisions of the Financial Accounting Standards Board (FASB) Accounting Standards Update (ASU) 2016-14, *Presentation of Financial Statements of Non-For-Profit Entities*. Under ASU 2016-14, the Organization is required to report information regarding its financial position and activities according to two classes of net assets:

Net assets without donor restriction: net assets that are not subject to donor-imposed restrictions and may be expended for any purpose in performing the primary objectives of the Organization. These net assets may be used at the discretion of the Organization's Board of Directors.

Net assets with donor restriction: net assets subject to stipulations imposed by donors and grantors. Some donor restrictions are temporary in nature; those restrictions will be met by actions of the Organization or by the passage of time. Other donor restrictions are perpetual in nature, whereby the donor has stipulated the funds be maintained in perpetuity.

Donor restricted contributions are reported as increases in net assets with donor restrictions. When a restriction expires, net assets are reclassified from net assets with donor restrictions to net assets without donor restrictions in the statements of activities.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

B. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

Leases

The Organization leases certain buildings and equipment. The determination of whether an arrangement is a lease is made at the lease's inception. Under ASC 842, a contract is (or contains) a lease if it conveys the right to control the use of an identified asset for a period of time in exchange for consideration. Control is defined under the standard as having both the right to obtain substantially all of the economic benefits from use of the asset and the right to direct the use of the asset. Management only reassesses its determination if the terms and conditions of the contract are changed.

Operating leases are included in operating lease right-of-use ("ROU") assets, other current liabilities, and operating lease liabilities in the statements of financial position. Finance leases are included in property and equipment, other current liabilities, and other long-term liabilities in the statements of financial position. For the years ended June 30, 2023 and 2022 the Organization did not have any finance lease obligations.

ROU assets represent the Organization's right to use an underlying asset for the lease term, and lease liabilities represent the Organization's obligation to make lease payments. Operating lease ROU assets and liabilities are recognized at the lease commencement date based on the present value of lease payments over the lease term. The Organization uses the implicit rate when it is readily determinable. Since most of the Organization's leases do not provide an implicit rate, management uses a risk-free rate to determine the present value of lease payments. Operating lease ROU assets also include any lease payments made and exclude any lease incentives. There are no material restrictions or covenants imposed by lease arrangements. The Organization's lease terms may include options to extend or terminate the lease. The Organization regularly evaluates these options, and when they are reasonably certain of exercise, the Organization includes the renewal period in its lease term. The Organization has lease agreements with lease and non-lease components, which are accounted for as a single lease component.

Cash and Cash Equivalents

The Organization considers instruments purchased with a fixed maturity date of three months or less to be cash equivalents for the purposes of the statement of cash flows.

Accounts Receivable

Accounts receivable consist of balances due for services provided pursuant to written and verbal grant contracts with various public and private agencies. The Organization evaluates the collectability of receivables on a regular and ongoing basis and they are written off when they are determined to be uncollectible. Management considers all accounts receivable to be collectible and no allowance for doubtful accounts has been provided as of June 30, 2023 and 2022.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

B. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

Use of Estimates

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect certain reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Accordingly, actual results could differ from those estimates.

Property and Equipment

Acquisitions of property and equipment of \$1,000 or more are capitalized. Property and equipment are stated at cost, or, if donated, at the approximate fair market value at the date of donation. Expenditures for maintenance, repairs, and improvements, which do not materially extend the useful lives of the assets, are charged to operations in the periods incurred.

Depreciation is provided on the straight-line method over the estimated useful lives of the assets as follows:

<u>Asset</u>	<u>Life</u>
Buildings and improvements	5 - 40 years
Furniture, fixtures and equipment	5 - 10 years
Land	Not depreciated

Impairment of Long-Lived Assets

The Organization evaluates long-lived assets for impairment whenever events or changes in circumstances indicate that the carrying value of an asset may not be recoverable. If the estimated future cash flows (undiscounted and without interest charges) from the use of an asset are less than the carrying value, a write-down would be recorded to reduce the related asset to its estimated fair value.

Donated Assets and Services

Contributions of donated non-cash assets are recorded at their fair value in the period received. Contributions of donated services that create or enhance non-financial assets or that require specialized skill, are provided by entities or persons possessing those skills, and would typically need to be purchased if they were not donated, are recorded at their fair value in the period received. No amounts for contributed goods and services have been reflected in the financial statements for the years ended June 30, 2023 and 2022.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

B. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

Revenue and Revenue Recognition

For the years ended June 30, 2023 and 2022, the Organization did not have revenue streams that fall under Revenue from Contracts with Customers (Topic 606).

The Organization's revenue streams that are not within the scope of *Revenue Contracts with Customers (Topic 606)*:

Contributions and Grants are recorded as net assets without donor restrictions or net assets with donor restrictions, depending on the existence and/or nature of any donor-imposed restrictions. Grants and contributions that are restricted by the donor are reported as an increase in net assets without donor restrictions if the restriction expires in the reporting period in which the contribution is recognized. All other donor restricted grants and contributions are reported as an increase in net assets with donor restrictions, depending on the nature of restriction. When a restriction expires (that is, when a stipulated time restriction ends or purpose restriction is accomplished), net assets with donor restrictions are reclassified to net assets without donor restrictions and reported in the statements of activities as net assets released from restrictions. When restrictions are satisfied in the same accounting period that the contribution is received, both the revenue and the related expense are reported as without donor restrictions.

The Organization receives some grants which are conditional upon certain performance requirements and/or the incurrence of allowable qualifying expenses. Amounts received are recognized as contribution revenue when the Organization has incurred expenditures in compliance with specific contract or grant provisions. Any amounts received prior to incurring qualifying expenditures would be reported as refundable advances in the statement of financial position. The Organization had no conditional contributions at June 30, 2023 and 2022. The Organization had grants receivable in the amount of \$626,406 and \$553,884 at June 30, 2023 and 2022, respectively, for qualifying expenditures that have been incurred, but not yet reimbursed to the Organization.

Functional Allocation of Expenses

The costs of providing program services have been summarized on a functional basis in the statement of functional expenses which report certain categories of expenses that are attributable to more than one program or support functions. Based on estimates made by management, costs based on contract guidelines have been allocated between program services and general and administrative expenses at 83.11% and 16.89%, respectively, for the year ended June 30, 2023, and 82.62% and 17.38%, respectively, for the year ended June 30, 2022. All other expenses are allocated based on management's estimate.

Advertising

The Organization expenses advertising costs as they are incurred. The total advertising expense for the years ended June 30, 2023 and 2022 was \$7,402 and \$9,544, respectively.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

B. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

Investments

The Organization has an endowment portfolio with the San Diego Foundation. The fund is valued based on the readily determinable fair market value of securities included.

The Organization's fund balance consists of a permanently restricted endowment as referenced in Note K. Gains and losses are included in the statement of activities in the with donor restrictions column.

C. AVAILABILITY AND LIQUIDITY

The following represents the Organization's financial assets as of June 30, 2023, reduced by amounts not available for general use because of donor-imposed restrictions within one year of the statement of financial position date.

Financial assets at year-end:

Cash and cash equivalents	\$ 800,898
Investment	68,939
Accounts receivable	11,222
Grants receivable	<u>626,406</u>
Total financial assets	1,507,465

Less amounts not available to be used within one year:

Investment endowment	(68,939)
Restricted by donor with purpose restrictions	<u>-</u>
Financial assets available to meet general expenditures over the next twelve months	<u>\$ 1,438,526</u>

The Organization regularly monitors liquidity required to meet its operating needs and other contractual commitments, while also striving to maximize the investment of its available funds. For purposes of analyzing resources available to meet general expenditures over a 12-month period, the Organization considers all expenditures related to its ongoing program activities as well as the conduct of services undertaken to support those activities to be general expenditures.

As disclosed in Note J, the Organization has a \$200,000 line of credit to support temporary cash flow needs subject to board direction and restrictions.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

D. INVESTMENTS

Investments are classified as follows at June 30:

	<u>2023</u>	<u>2022</u>
Investments, without donor restrictions	\$ -	\$ -
Investments, endowment (restricted)	<u>68,939</u>	<u>67,418</u>
	<u>\$ 68,939</u>	<u>\$ 67,418</u>

Investment return, net, consists of the following at June 30:

	<u>2023</u>	<u>2022</u>
Realized and unrealized gains (losses), net	\$ 1,857	\$ (5,218)
Investment management fees	<u>(336)</u>	<u>(319)</u>
	<u>\$ 1,521</u>	<u>\$ (5,537)</u>

E. RECEIVABLES

Receivables consist of the following at June 30:

	<u>2023</u>	<u>2022</u>
<u>Accounts receivable</u>		
Client services	<u>\$ 11,222</u>	<u>\$ 10,008</u>
	<u>\$ 11,222</u>	<u>\$ 10,008</u>
<u>Grants receivable</u>		
Reimbursable grant contracts	<u>\$ 626,406</u>	<u>\$ 553,884</u>
	<u>\$ 626,406</u>	<u>\$ 553,884</u>

Accounts and grants receivable are receivable in less than one year.

F. PROPERTY AND EQUIPMENT

The following is a summary of property and equipment at June 30:

	<u>2023</u>	<u>2022</u>
Buildings and improvements	\$ 1,554,817	\$ 1,536,417
Furniture, fixtures and equipment	263,656	234,923
Land	<u>470,589</u>	<u>470,589</u>
	2,289,062	2,241,929
Less: accumulated depreciation	<u>(1,023,003)</u>	<u>(940,415)</u>
	<u>\$ 1,266,059</u>	<u>\$ 1,301,514</u>

Depreciation expense for the years ended June 30, 2023 and 2022 was \$82,588 and \$72,874.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

G. CASH FLOW INFORMATION

The Organization did not have any non-cash financing transactions for the years ended June 30, 2023 and 2022.

The Organization obtained right of use assets in exchange for new operating lease liabilities in the amount of \$0 and \$89,207 for the years ended June 30, 2023 and 2022, respectively.

H. DEFERRED LOAN COST

Deferred loan cost consists of the following at June 30:

	<u>2023</u>	<u>2022</u>
Loan closing costs	\$ 19,347	\$ 19,347
Less: accumulated amortization	<u>(15,041)</u>	<u>(11,276)</u>
	<u>\$ 4,306</u>	<u>\$ 8,071</u>

Loan closing costs are being amortized over 10 years using the straight-line method of accounting (term of the related loan agreement). During the years ended June 30, 2023 and 2022, amortization expense was \$3,764 and \$1,159, respectively.

The loan referenced in Note I was entered into in December 2020 as a refinance of a prior loan originating in December of 2017. The loan fees for the December 2017 loan were inadvertently left on the books. The remaining balance of the 2017 loan fees in the amount of \$3,184 were amortized in full in the year ended June 30, 2023.

I. LONG-TERM DEBT

Long-term debt consists of the following at June 30:

	<u>2023</u>	<u>2022</u>
Note payable to the bank in monthly installments of \$2,388 including interest at 3.10% maturing December 2030, with a balloon payment of \$133,491. Secured by real property.	<u>\$ 295,844</u>	<u>\$ 314,874</u>
Total long-term debt	295,844	314,874
Less: current portion	<u>(19,772)</u>	<u>(19,169)</u>
Noncurrent portion	<u>\$ 276,072</u>	<u>\$ 295,705</u>

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

I. LONG-TERM DEBT (CONTINUED)

Annual maturities of long-term debt outstanding at June 30, 2023 are as follows:

2024	\$ 19,772
2025	20,394
2026	21,035
2027	21,969
2028	22,378
2029 and thereafter	<u>190,296</u>
Total annual maturities	<u>\$ 295,844</u>

The loan agreement includes provisions that the Organization maintain an unrestricted EBIDA annually of not less than negative \$25,000 and unencumbered liquid assets of not less than \$250,000. As of June 30, 2023 and 2022, the Organization was in compliance with the loan covenants.

The total approximate book value of the collateralized real property was approximately \$109,396 and \$118,032 at June 30, 2023 and 2022, respectively.

J. LINE OF CREDIT

The Organization has a line of credit with First Republic Bank in the amount of \$200,000 at the U.S. Prime rate plus .50% per annum. Calculated interest is payable monthly. The line is collateralized by the Organization's assets. The line of credit expires February 19, 2024. No balance was outstanding under the line of credit as of June 30, 2023 and 2022.

K. RESTRICTED NET ASSETS

Changes in restricted net assets for the year ended June 30, 2023 are as follows:

<u>Purpose restrictions</u>	<u>2022</u>	<u>Additions</u>	<u>Released</u>	<u>2023</u>
City of Poway	\$ 2,500	\$ -	\$ (2,500)	\$ -
City of Escondido Nonprofit Relief Grant	-	35,000	(11,334)	23,666
Coastal Community Foundation Grant	2,600	-	(2,600)	-
Covid Response (Rancho Santa Fe Foundation)	14,400	-	(14,400)	-
Family Resilience Project	11,074	-	(11,074)	-
Laptop purchase (CECO)	934	-	(934)	-
Neighborhood Reinvestment Prog.	1,570	-	(1,570)	-
Nordstrom Foundation Grant	-	7,000	-	7,000
Oceanside Promise, Inc.	497	-	(497)	-

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

K. RESTRICTED NET ASSETS (CONTINUED)

<u>Purpose restrictions</u>	<u>2022</u>	<u>Additions</u>	<u>Released</u>	<u>2023</u>
Parker Foundation Grant	\$ -	\$ 25,000	\$ -	\$ 25,000
San Diego Women's Foundation	-	60,000	-	60,000
San Diego Dr Seuss Foundation	-	75,000	-	75,000
San Marcos Project (Rancho Santa Fe Foundation)	<u>12,266</u>	<u>-</u>	<u>(12,266)</u>	<u>-</u>
Total temporarily restricted	<u>\$ 45,841</u>	<u>\$ 202,000</u>	<u>\$ (57,175)</u>	<u>\$ 190,666</u>

Changes in restricted net assets for the year ended June 30, 2022 are as follows:

<u>Purpose restrictions</u>	<u>2021</u>	<u>Additions</u>	<u>Released</u>	<u>2022</u>
CARES Act Provider Relief Fund	\$ 26,843	\$ -	\$ (26,843)	\$ -
City of Poway	1,000	2,500	(1,000)	2,500
Coastal Community Foundation Grant	-	3,000	(400)	2,600
Covid Response (Rancho Santa Fe Foundation)	-	15,000	(600)	14,400
Escondido clients (Escondido Community Foundation)	5,760	-	(5,760)	-
Family Resilience Project	-	33,000	(21,926)	11,074
Grandparents Raising Grandchildren (Fallbrook Regional Health District)	11,000	-	(11,000)	-
Laptop purchase (CECO)	-	934	-	934
Neighborhood Reinvestment Prog.	30,272	20,000	(48,702)	1,570
Oceanside Promise, Inc.	-	2,500	(2,003)	497
San Marcos Foundation	1,260	-	(1,260)	-
San Marcos Project (Rancho Santa Fe Foundation)	-	13,424	(1,158)	12,266
Sisters of Saint Joseph	10,000	-	(10,000)	-
Teen Life Skills (Resthaven)	<u>1,247</u>	<u>-</u>	<u>(1,247)</u>	<u>-</u>
Total temporarily restricted	<u>\$ 87,382</u>	<u>\$ 90,358</u>	<u>\$ (131,899)</u>	<u>\$ 45,841</u>

Permanently Restricted

A contribution totaling \$225,000 was received on June 13, 1997, in the form of a bequest from Mr. Ernest Allen, who requested the funds be used for programs in Escondido and Valley Center, California. The original contribution was recognized as \$50,000 being permanently restricted and the remaining \$175,000 temporarily restricted.

The permanently restricted Allen Bequest Endowment Fund was established by the Organization in honor of Mr. Allen and is currently held by the San Diego Foundation.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

K. RESTRICTED NET ASSETS (CONTINUED)

Permanently Restricted (continued)

Changes in endowment net assets as of June 30 are as follows:

	<u>2023</u>	<u>2022</u>
Beginning value	\$ 67,418	\$ 72,955
Change in net assets	<u>1,521</u>	<u>(5,537)</u>
Ending value	<u>\$ 68,939</u>	<u>\$ 67,418</u>

Net assets with donor restrictions consist of the following at June 30:

	<u>2023</u>	<u>2022</u>
Temporarily restricted	\$ 190,666	\$ 45,841
Permanently restricted	<u>68,939</u>	<u>67,418</u>
	<u>\$ 259,605</u>	<u>\$ 113,259</u>

L. CONCENTRATIONS OF CREDIT RISK

Financial instruments that potentially subject the Organization to concentrations of credit risk consist principally of cash deposits and investment securities in banks and financial institutions. The Organization maintains cash and cash equivalents and short and long-term investments with major banks and financial institutions. Accounts at banks are insured by the Federal Deposit Insurance Corporation (FDIC) up to \$250,000 at each institution. The Organization had balances of \$419,536 and \$502,346 in excess of the FDIC coverage for the years ended June 30, 2023 and 2022, respectively.

M. MAJOR GRANT CONTRACTS

Public Contracts -The Organization had the following contracts for the years ended June 30, 2023 and 2022:

San Diego County – Childnet CSED: contract with the San Diego County Department of Mental Health and Human Services to provide mental outpatient services and other developmentally appropriate clinical interventions to seriously emotionally disturbed (SED) children age birth through five years and their families. Initial grant contract terms covered a one-year period with an additional nine-year extension through June 30, 2022. The Organization signed a new contract with initial terms from July 1, 2022 through June 30, 2023 with the option to extend for four one-year increments through June 30, 2027. Award amounts totaled \$924,000 and \$848,098 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$712,507 and \$679,933 for the years ended June 30, 2023 and 2022, respectively.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

M. MAJOR GRANT CONTRACTS (CONTINUED)

San Diego County – Full Service Partnership: contract with the San Diego County Department of Health and Human Services to provide a certified outpatient behavioral health program and provide a full range of Title 9 out-patient diagnostic and treatment services for children, adolescents, and young adults up to age 21 who are seriously emotionally disturbed. The program in its entirety is a Full Service Partnership (FSP) model that offers integrated services with an emphasis on whole person wellness and promotes access to medical, social, rehabilitative, and other community services and supports needed. Initial grant contract terms covered a one-year period with an option to extend for four one-year increments through June 30, 2024. Award amounts totaled \$2,128,500 and \$2,018,807 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$1,691,090 and \$1,537,803 for the years ended June 30, 2023 and 2022, respectively.

San Diego County – North Coastal Prevention & Early Intervention: contract with the San Diego County Department of Health and Human Services to provide social-emotional health evidence-based prevention and early intervention (PEI) services for preschool and elementary school age children at public schools in the Oceanside and Vista Unified School Districts. The contract terms were from July 1 through June 30 of each fiscal year ending June 30, 2022. The Organization signed a new contract with initial grant contract terms from July 1, 2022 through June 30, 2023 with the option to extend for four one-year increments through June 30, 2027. Award amounts totaled \$891,829 and \$752,258 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$846,994 and \$733,884 for the years ended June 30, 2023 and 2022, respectively.

San Diego County – Neighborhood Reinvestment Program: contract with the San Diego County Board of Supervisors Dist 3 (HVAC) to replace the HVAC system that is over 30 years old. The contract term was for October 5, 2021 through October 5, 2023. The amount awarded and received for the years ended June 30, 2023 and 2022 was \$0 and \$20,000, respectively. The amounts spent for the years ended June 30, 2023 and 2022 was \$ 1,570 and \$18,430, respectively.

The county contracts listed above are funded through federal funding. However, they are exempt from single or program specific audits that are required for non-federal entities that expend \$750,000 or more in accordance with the U.S. Office of Management and Budget (OMB) Circular A-133.

Healthy Bodies, Healthy Minds: contract with the Fallbrook Regional Health District to provide the Healthy Bodies, Healthy Minds program to the district community. The contract terms were for July 1 through June 30 of each fiscal year. Award amounts totaled \$45,000 and \$44,625 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$45,000 and \$44,625 for the years ended June 30, 2023 and 2022, respectively.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

M. MAJOR GRANT CONTRACTS (CONTINUED)

Healthy Bodies, Healthy Minds: contract with the Fallbrook Union Elementary School District to provide counseling, record keeping, supervision and consultation as part of Healthy Bodies, Healthy Minds program. The contract terms were for September 1, 2022 through May 31, 2023. Award amounts totaled \$15,000 and \$0 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$10,000 and \$0 for the years ended June 30, 2023 and 2022, respectively.

Healthy Bodies, Thriving Youth: contract with the City of Escondido to provide mental health therapy to Escondido high school students as part of Healthy Bodies Thriving Youth program. The contract terms were for July 1, 2022 through June 30, 2023. Award amounts totaled \$22,333 and \$0 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$22,333 and \$0 for the years ended June 30, 2023 and 2022, respectively.

Grandparents Raising Grandchildren: contract with the Fallbrook Regional Health District to provide the Grandparents Raising Grandchildren program to the district community. The contract terms were for July 1 through June 30 of each fiscal year. Award amounts totaled \$15,000 and \$15,186 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$15,000 and \$15,186 for the years ended June 30, 2023 and 2022, respectively.

The four contracts listed above are not provided from federal funds, so are not subject to the audit requirements of the U.S. Office of Management and Budget Circular A-133.

Vista CDGB-YRD: contract with the City of Vista to provide counseling and case management services to low-income at-risk youth, children and their families. The contract terms were for July 1 through June 30 of each fiscal year. Award amounts totaled \$10,000 and \$10,259 for the years ended June 30, 2023 and 2022, respectively. Total payments received were \$10,000 and \$10,259 for the years ended June 30, 2023 and 2022, respectively.

The contract listed above is provided from federal funds, but is under the audit requirement threshold of the U.S. Office of Management and Budget Circular A-133.

The Fallbrook and Vista contracts referenced above are subject to bidding and funding annually and biannually, respectively. The San Diego County contracts are renewed annually.

Project Fees - The Organization also obtained funding under various project fee contracts totaling \$819,997 and \$759,432 for the years ended June 30, 2023 and 2022, respectively. The project fee contracts are principally provided to various public and private school districts in the surrounding San Diego County area to provide family counseling and mental health services. Contracts are generally awarded annually by the school districts to the Organization. Individual school district project fee contracts are renewed annually.

None of the project fee contracts are subject to the audit requirements of the U.S. Office of Management and Budget Circular A-133.

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

N. REVENUE CONCENTRATION

The Organization received revenue on several contracts from San Diego County, which provided \$3,250,591, or approximately 65% of the Organization's total revenue for the year ended June 30, 2023. Accounts receivable from San Diego County was \$538,574 at June 30, 2023.

O. RETIREMENT PLANS

The Organization offers a voluntary 403(b) savings plan for management employees qualified under Internal Revenue Code Section 403(b) and a tax deferred annuity for non-management employees. The Organization paid \$54,735 and \$59,822 in matching employee contributions for eligible participants in the 403(b) plan for the years ended June 30, 2023 and 2022, respectively.

P. OPERATING LEASE COMMITMENTS

The Organization had a month to month lease agreement for its Poway facility with an unrelated party. The lease had a monthly payment of \$200. Total rent expense for the years ended June 30, 2023 and 2022 was \$400 and \$2,400, respectively.

The Organization has a month to month lease agreement for garage storage with an unrelated party. The lease had a monthly payment of \$275 which increased to \$300 on June 1, 2023. Total rent expense for the years ended June 30, 2023 and 2022 was \$3,325 and \$3,050, respectively.

The Organization also pays for records storage and shredding. Total expense for these services for the years ended June 30, 2023 and 2022 was \$5,537 and \$5,483, respectively.

The Organization leases copy machines from an unrelated party under a five year lease agreement that expires October 2025. The lease has a monthly payment of \$2,187 plus tax and fees. Operating lease expense for this lease for the years ended June 30, 2023 and 2022 was \$29,356 and \$25,254, respectively.

The Organization leases copy machines from an unrelated party under a five year lease agreement that expires April 2024. The lease has a monthly payment of \$157 plus tax and fees. Operating lease expense for this lease for the years ended June 30, 2023 and 2022 was \$2,216 and \$1,863, respectively.

The following is a summary of the lease terms and discount rates as of June 30:

	<u>2023</u>	<u>2022</u>
Weighted average lease term (in years) – operating lease	2.30	3.28
Weighted average discount rate – operating lease	0.89%	0.89%

PALOMAR FAMILY COUNSELING SERVICE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2023 AND 2022

P. OPERATING LEASE COMMITMENTS (CONTINUED)

The future minimum rental commitments under the above leases are as follows at June 30:

2024	\$ 27,814
2025	26,247
2026	8,749
2027	-
2028	-
2029 and thereafter	-
	<u>62,810</u>
Less: present value discount	(936)
Lease liability	<u>\$ 61,874</u>

Lease liability is reflected in the accompanying balance sheets as follows at June 30:

	<u>2023</u>	<u>2022</u>
Operating lease liability, current portion	\$ 27,568	\$ 27,879
Operating lease liability, noncurrent portion	<u>34,306</u>	<u>61,328</u>
	<u>\$ 61,874</u>	<u>\$ 89,207</u>

Q. SUBSEQUENT EVENTS

Management has evaluated subsequent events through January 17, 2024, the date the financial statements were available to be issued. Management is not aware of any events that have occurred subsequent to June 30, 2023 that would require adjustment to, or disclosure in the financial statements.

Form **990**

Return of Organization Exempt From Income Tax

OMB No. 1545-0047

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

2020

Department of the Treasury
Internal Revenue Service

Do not enter social security numbers on this form as it may be made public.

Open to Public Inspection

Go to www.irs.gov/Form990 for instructions and the latest information.

A For the 2020 calendar year, or tax year beginning 07/01/20, and ending 06/30/21

B Check if applicable: <input type="checkbox"/> Address change <input type="checkbox"/> Name change <input type="checkbox"/> Initial return <input type="checkbox"/> Final return/terminated <input type="checkbox"/> Amended return <input type="checkbox"/> Application pending	C Name of organization PALOMAR FAMILY COUNSELING SERVICE, INC Doing business as Number and street (or P.O. box if mail is not delivered to street address) Room/suite 1002 E GRAND AVENUE City or town, state or province, country, and ZIP or foreign postal code ESCONDIDO CA 92025	D Employer identification number 33-0629248 E Telephone number 760-741-2660 G Gross receipts \$ 4,280,692
F Name and address of principal officer: LISA M TURNER 1002 E GRAND AVE ESCONDIDO CA 92025		H(a) Is this a group return for subordinates? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No H(b) Are all subordinates included? <input type="checkbox"/> Yes <input type="checkbox"/> No If "No," attach a list. See instructions
I Tax-exempt status: <input checked="" type="checkbox"/> 501(c)(3) <input type="checkbox"/> 501(c) () <input type="checkbox"/> t (insert no.) <input type="checkbox"/> 4947(a)(1) or <input type="checkbox"/> 527		H(c) Group exemption number u
J Website: u PALOMARFAMILYCOUNSELING.COM		L Year of formation: 1992 M State of legal domicile: CA
K Form of organization: <input checked="" type="checkbox"/> Corporation <input type="checkbox"/> Trust <input type="checkbox"/> Association <input type="checkbox"/> Other u		

Part I Summary

Activities & Governance	1 Briefly describe the organization's mission or most significant activities: SEE SCHEDULE O		
	2 Check this box <input type="checkbox"/> if the organization discontinued its operations or disposed of more than 25% of its net assets.		
	3 Number of voting members of the governing body (Part VI, line 1a)	3	16
	4 Number of independent voting members of the governing body (Part VI, line 1b)	4	16
	5 Total number of individuals employed in calendar year 2020 (Part V, line 2a)	5	101
	6 Total number of volunteers (estimate if necessary)	6	35
	7a Total unrelated business revenue from Part VIII, column (C), line 12	7a	0
b Net unrelated business taxable income from Form 990-T, Part I, line 11	7b	0	
Revenue	8 Contributions and grants (Part VIII, line 1h)	Prior Year	Current Year
	9 Program service revenue (Part VIII, line 2g)	202,272	360,179
	10 Investment income (Part VIII, column (A), lines 3, 4, and 7d)	3,788,384	3,915,533
	11 Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)	3,521	4,980
	12 Total revenue – add lines 8 through 11 (must equal Part VIII, column (A), line 12)	3,994,177	4,280,692
	Expenses	13 Grants and similar amounts paid (Part IX, column (A), lines 1–3)	
14 Benefits paid to or for members (Part IX, column (A), line 4)			0
15 Salaries, other compensation, employee benefits (Part IX, column (A), lines 5–10)		3,120,089	3,533,986
16a Professional fundraising fees (Part IX, column (A), line 11e)			0
b Total fundraising expenses (Part IX, column (D), line 25) u		0	
17 Other expenses (Part IX, column (A), lines 11a–11d, 11f–24e)		858,998	661,420
18 Total expenses. Add lines 13–17 (must equal Part IX, column (A), line 25)	3,979,087	4,195,406	
19 Revenue less expenses. Subtract line 18 from line 12	15,090	85,286	
Net Assets or Fund Balances	20 Total assets (Part X, line 16)	Beginning of Current Year	End of Year
	21 Total liabilities (Part X, line 26)	2,918,064	2,618,684
	22 Net assets or fund balances. Subtract line 21 from line 20	933,538	494,307
		1,984,526	2,124,377

Part II Signature Block

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here	Signature of officer LISA M TURNER	Date EXECUTIVE DIRECTOR	
	Type or print name and title		
Paid Preparer Use Only	Print/Type preparer's name LEON C. COVELL, CPA	Preparer's signature LEON C. COVELL, CPA	Date 08/02/22
	Firm's name } COVELL, JANI & PASCH LLP	Firm's EIN } 38-3730777	Check <input type="checkbox"/> if self-employed PTIN P00166785
	Firm's address } 345 W 9TH AVE STE 100 ESCONDIDO, CA 92025-5055	Phone no. 760-737-0700	

May the IRS discuss this return with the preparer shown above? See instructions Yes No

For Paperwork Reduction Act Notice, see the separate instructions.

Part III Statement of Program Service Accomplishments

Check if Schedule O contains a response or note to any line in this Part III

1 Briefly describe the organization's mission:

SEE SCHEDULE O

2 Did the organization undertake any significant program services during the year which were not listed on the prior Form 990 or 990-EZ? Yes No

If "Yes," describe these new services on Schedule O.

3 Did the organization cease conducting, or make significant changes in how it conducts, any program services? Yes No

If "Yes," describe these changes on Schedule O.

4 Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses. Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, and revenue, if any, for each program service reported.

4a (Code:) (Expenses \$ **3,435,529** including grants of \$) (Revenue \$ **3,915,533**)

PALOMAR FAMILY COUNSELING SERVICE PROVIDES A FULL RANGE OF COMPREHENSIVE AND INTEGRATED SERVICE THAT INCLUDES PREVENTION, EARLY INTERVENTION, PSYCHOEDUCATION, ASSESSMENT CLINICAL COUNSELING, SCHOOL-BASED COUNSELING, CRISIS RESPONSE, AND PROFESSIONAL TRAINING.

4b (Code:) (Expenses \$ including grants of \$) (Revenue \$)

N/A

4c (Code:) (Expenses \$ including grants of \$) (Revenue \$)

N/A

4d Other program services (Describe on Schedule O.)

(Expenses \$ **130,496** including grants of \$) (Revenue \$)

4e Total program service expenses **u 3,566,025**

Part IV Checklist of Required Schedules

		Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A	X	
2	Is the organization required to complete Schedule B, Schedule of Contributors (see instructions)?		X
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I		X
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II		X
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C, Part III		X
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I		X
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II		X
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III		X
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV		X
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments or in quasi endowments? If "Yes," complete Schedule D, Part V	X	
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X as applicable.		
a	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D, Part VI	X	
b	Did the organization report an amount for investments—other securities in Part X, line 12, that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII		X
c	Did the organization report an amount for investments—program related in Part X, line 13, that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII		X
d	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX		X
e	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X		X
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X		X
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI and XII	X	
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional		X
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E		X
14a	Did the organization maintain an office, employees, or agents outside of the United States?		X
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If "Yes," complete Schedule F, Parts I and IV		X
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any foreign organization? If "Yes," complete Schedule F, Parts II and IV		X
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV		X
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I See instructions		X
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II		X
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes," complete Schedule G, Part III		X
20a	Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H		X
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or domestic government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II		X

Part IV Checklist of Required Schedules *(continued)*

		Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? <i>If "Yes," complete Schedule I, Parts I and III</i>		X
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5 about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? <i>If "Yes," complete Schedule J</i>		X
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? <i>If "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25a</i>		X
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?		
c	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?		
25a	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? <i>If "Yes," complete Schedule L, Part I</i>		X
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? <i>If "Yes," complete Schedule L, Part I</i>		X
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons? <i>If "Yes," complete Schedule L, Part II</i>		X
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity (including an employee thereof) or family member of any of these persons? <i>If "Yes," complete Schedule L, Part III</i>		X
28	Was the organization a party to a business transaction with one of the following parties (see Schedule L, Part IV instructions, for applicable filing thresholds, conditions, and exceptions):		
a	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? <i>If "Yes," complete Schedule L, Part IV</i>		X
b	A family member of any individual described in line 28a? <i>If "Yes," complete Schedule L, Part IV</i>		X
c	A 35% controlled entity of one or more individuals and/or organizations described in lines 28a or 28b? <i>If "Yes," complete Schedule L, Part IV</i>		X
29	Did the organization receive more than \$25,000 in non-cash contributions? <i>If "Yes," complete Schedule M</i>		X
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M</i>		X
31	Did the organization liquidate, terminate, or dissolve and cease operations? <i>If "Yes," complete Schedule N, Part I</i>		X
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? <i>If "Yes," complete Schedule N, Part II</i>		X
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? <i>If "Yes," complete Schedule R, Part I</i>		X
34	Was the organization related to any tax-exempt or taxable entity? <i>If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1</i>		X
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?		X
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? <i>If "Yes," complete Schedule R, Part V, line 2</i>		
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? <i>If "Yes," complete Schedule R, Part V, line 2</i>		X
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? <i>If "Yes," complete Schedule R, Part VI</i>		X
38	Did the organization complete Schedule O and provide explanations in Schedule O for Part VI, lines 11b and 19? Note: All Form 990 filers are required to complete Schedule O.	X	

Part V Statements Regarding Other IRS Filings and Tax Compliance

Check if Schedule O contains a response or note to any line in this Part V

		Yes	No
1a	Enter the number reported in Box 3 of Form 1096. Enter -0- if not applicable		
b	Enter the number of Forms W-2G included in line 1a. Enter -0- if not applicable		
c	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?	X	

Part V Statements Regarding Other IRS Filings and Tax Compliance (continued)

		Yes	No		
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements, filed for the calendar year ending with or within the year covered by this return	2a	101		
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns? Note: If the sum of lines 1a and 2a is greater than 250, you may be required to e-file (see instructions)	2b			X
3a	Did the organization have unrelated business gross income of \$1,000 or more during the year?	3a			X
b	If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation on Schedule O	3b			
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a			X
b	If "Yes," enter the name of the foreign country u See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).				
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a			X
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?	5b			X
c	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?	5c			
6a	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible as charitable contributions?	6a			X
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible?	6b			
7	Organizations that may receive deductible contributions under section 170(c).				
a	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor?	7a			X
b	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b			
c	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form 8282?	7c			X
d	If "Yes," indicate the number of Forms 8282 filed during the year	7d			
e	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e			X
f	Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?	7f			X
g	If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g			X
h	If the organization received a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1098-C?	7h			X
8	Sponsoring organizations maintaining donor advised funds. Did a donor advised fund maintained by the sponsoring organization have excess business holdings at any time during the year?	8			X
9	Sponsoring organizations maintaining donor advised funds.				
a	Did the sponsoring organization make any taxable distributions under section 4966?	9a			
b	Did the sponsoring organization make a distribution to a donor, donor advisor, or related person?	9b			
10	Section 501(c)(7) organizations. Enter:				
a	Initiation fees and capital contributions included on Part VIII, line 12	10a			
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities	10b			
11	Section 501(c)(12) organizations. Enter:				
a	Gross income from members or shareholders	11a			
b	Gross income from other sources (Do not net amounts due or paid to other sources against amounts due or received from them.)	11b			
12a	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?	12a			
b	If "Yes," enter the amount of tax-exempt interest received or accrued during the year	12b			
13	Section 501(c)(29) qualified nonprofit health insurance issuers.				
a	Is the organization licensed to issue qualified health plans in more than one state? Note: See the instructions for additional information the organization must report on Schedule O.	13a			
b	Enter the amount of reserves the organization is required to maintain by the states in which the organization is licensed to issue qualified health plans	13b			
c	Enter the amount of reserves on hand	13c			
14a	Did the organization receive any payments for indoor tanning services during the tax year?	14a			X
b	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation on Schedule O	14b			
15	Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment(s) during the year? If "Yes," see instructions and file Form 4720, Schedule N.	15			X
16	Is the organization an educational institution subject to the section 4968 excise tax on net investment income? If "Yes," complete Form 4720, Schedule O.	16			X

Part VI Governance, Management, and Disclosure For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions. Check if Schedule O contains a response or note to any line in this Part VI

Section A. Governing Body and Management

		Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain on Schedule O.	16	
1b	Enter the number of voting members included on line 1a, above, who are independent	16	
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other officer, director, trustee, or key employee?		X
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors, trustees, or key employees to a management company or other person?		X
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?		X
5	Did the organization become aware during the year of a significant diversion of the organization's assets?		X
6	Did the organization have members or stockholders?		X
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?		X
7b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?		X
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:		
8a	The governing body?	X	
8b	Each committee with authority to act on behalf of the governing body?	X	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If "Yes," provide the names and addresses on Schedule O		X

Section B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.)

		Yes	No
10a	Did the organization have local chapters, branches, or affiliates?		X
10b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes?		
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?		X
11b	Describe in Schedule O the process, if any, used by the organization to review this Form 990.		
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13	X	
12b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	X	
12c	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe in Schedule O how this was done	X	
13	Did the organization have a written whistleblower policy?	X	
14	Did the organization have a written document retention and destruction policy?	X	
15	Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision?		
15a	The organization's CEO, Executive Director, or top management official	X	
15b	Other officers or key employees of the organization If "Yes" to line 15a or 15b, describe the process in Schedule O (see instructions).	X	
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a taxable entity during the year?		X
16b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?		

Section C. Disclosure

- 17** List the states with which a copy of this Form 990 is required to be filed **u CA**
- 18** Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (Section 501(c)(3)s only) available for public inspection. Indicate how you made these available. Check all that apply.
 Own website Another's website Upon request Other (explain on Schedule O)
- 19** Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and financial statements available to the public during the tax year.
- 20** State the name, address, and telephone number of the person who possesses the organization's books and records **u**

LISA M TURNER **1002 E GRAND AVE** **CA 92025** **760-741-2660**
ESCONDIDO

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.

- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
- List all of the organization's **current** key employees, if any. See instructions for definition of "key employee."
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (Box 5 of Form W-2 and/or Box 7 of Form 1099-MISC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations. See instructions for the order in which to list the persons above.

Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee.

(A) Name and title	(B) Average hours per week per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC)	(E) Reportable compensation from related organizations (W-2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former			
(1) DAROL H CASTER	0.50									
TREASURER	0.00	X		X			0	0	0	
(2) SHARON DISNEY	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(3) VI DUPRE	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(4) DAN ENGELBRECHT	0.50									
VICE PRESIDENT	0.00	X					0	0	0	
(5) RANDY GARCIA	0.50									
PRESIDENT	0.00	X		X			0	0	0	
(6) MARVIN GILBERT	0.50									
SECRETARY	0.00	X		X			0	0	0	
(7) ANGEL GOTAY	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(8) DAVID LOPEZ	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(9) JOSE MONFORTE	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(10) GENE R. RAMOS	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(11) RONALD ROSOL	0.50									
BOARD MEMBER	0.00	X					0	0	0	

Part VII Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees (continued)

(A) Name and title	(B) Average hours per week per week (list any hours for related organizations below dotted line)	(C) Position (do not check more than one box, unless person is both an officer and a director/trustee)						(D) Reportable compensation from the organization (W-2/1099-MISC)	(E) Reportable compensation from related organizations (W-2/1099-MISC)	(F) Estimated amount of other compensation from the organization and related organizations
		Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former			
(12) JAMES M ROWE	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(13) JAMES TALLEY	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(14) JUDY TILLYER	0.50									
BOARD MEMBER	0.00	X					0	0	0	
(15) ALBERT TREVISAN	0.50									
PAST PRESIDENT	0.00	X		X			0	0	0	
(16) LISA M TURNER	40.00									
EXECUTIVE DIRECTOR	0.00			X			0	0	0	
1b Subtotal										
c Total from continuation sheets to Part VII, Section A										
d Total (add lines 1b and 1c)										

2 Total number of individuals (including but not limited to those listed above) who received more than \$100,000 of reportable compensation from the organization **u 0**

	Yes	No
3 Did the organization list any former officer, director, trustee, key employee, or highest compensated employee on line 1a? <i>If "Yes," complete Schedule J for such individual</i>		X
4 For any individual listed on line 1a, is the sum of reportable compensation and other compensation from the organization and related organizations greater than \$150,000? <i>If "Yes," complete Schedule J for such individual</i>		X
5 Did any person listed on line 1a receive or accrue compensation from any unrelated organization or individual for services rendered to the organization? <i>If "Yes," complete Schedule J for such person</i>		X

Section B. Independent Contractors

1 Complete this table for your five highest compensated independent contractors that received more than \$100,000 of compensation from the organization. Report compensation for the calendar year ending with or within the organization's tax year.

(A) Name and business address	(B) Description of services	(C) Compensation

2 Total number of independent contractors (including but not limited to those listed above) who received more than \$100,000 of compensation from the organization **u 0**

Part VIII Statement of Revenue

Check if Schedule O contains a response or note to any line in this Part VIII

			(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512-514	
Contributions, Gifts, Grants and Other Similar Amounts	1a	Federated campaigns	1a				
	b	Membership dues	1b				
	c	Fundraising events	1c				
	d	Related organizations	1d				
	e	Government grants (contributions)	1e	360,179			
	f	All other contributions, gifts, grants, and similar amounts not included above	1f				
	g	Noncash contributions included in lines 1a-1f	1g	\$			
	h Total. Add lines 1a-1f			u	360,179		
	Program Service Revenue	2a		Business Code			
CONTRACT SERVICES		624100	3,354,382	3,354,382			
b COUNSELING SERVICES		624100	561,151	561,151			
c							
d							
e							
f All other program service revenue							
g Total. Add lines 2a-2f			u	3,915,533			
Other Revenue	3		Investment income (including dividends, interest, and other similar amounts)	u	4,980	4,980	
	4		Income from investment of tax-exempt bond proceeds	u			
	5		Royalties	u			
	6a	Gross rents		(i) Real			
				(ii) Personal			
			6a				
	b	Less: rental expenses	6b				
	c	Rental inc. or (loss)	6c				
	d		Net rental income or (loss)	u			
	7a	Gross amount from sales of assets other than inventory		(i) Securities			
				(ii) Other			
			7a				
	b	Less: cost or other basis and sales exps.	7b				
	c	Gain or (loss)	7c				
	d		Net gain or (loss)	u			
8a		Gross income from fundraising events (not including \$ of contributions reported on line 1c). See Part IV, line 18	8a				
b	Less: direct expenses	8b					
c		Net income or (loss) from fundraising events	u				
9a		Gross income from gaming activities. See Part IV, line 19	9a				
b	Less: direct expenses	9b					
c		Net income or (loss) from gaming activities	u				
10a		Gross sales of inventory, less returns and allowances	10a				
b	Less: cost of goods sold	10b					
c		Net income or (loss) from sales of inventory	u				
Miscellaneous Revenue	11a		Business Code				
	b						
	c						
	d		All other revenue				
	e Total. Add lines 11a-11d			u			
12 Total revenue. See instructions			u	4,280,692	3,920,513	0	

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response or note to any line in this Part IX

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21				
2 Grants and other assistance to domestic individuals. See Part IV, line 22				
3 Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16				
4 Benefits paid to or for members				
5 Compensation of current officers, directors, trustees, and key employees	72,429		72,429	
6 Compensation not included above to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
7 Other salaries and wages	2,802,981	2,477,741	325,240	
8 Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)	54,093	46,612	7,481	
9 Other employee benefits	351,000	302,456	48,544	
10 Payroll taxes	253,483	218,426	35,057	
11 Fees for services (nonemployees):				
a Management				
b Legal	11,375	9,586	1,789	
c Accounting				
d Lobbying				
e Professional fundraising services. See Part IV, line 17				
f Investment management fees				
g Other. (If line 11g amount exceeds 10% of line 25, column (A) amount, list line 11g expenses on Schedule O.)				
12 Advertising and promotion	4,320	3,723	597	
13 Office expenses	46,545	39,246	7,299	
14 Information technology	21,965	18,927	3,038	
15 Royalties				
16 Occupancy	10,283		10,283	
17 Travel	9,305	8,018	1,287	
18 Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 Conferences, conventions, and meetings	4,420	1,115	3,305	
20 Interest	12,028		12,028	
21 Payments to affiliates				
22 Depreciation, depletion, and amortization	103,096	71,208	31,888	
23 Insurance	31,222	26,904	4,318	
24 Other expenses. Itemize expenses not covered above (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)				
a CONSULTING AND CONTRACT S	182,564	171,721	10,843	
b TELEPHONE	61,989	53,416	8,573	
c MAINTENANCE	43,942	37,865	6,077	
d UTILITIES	32,007	27,580	4,427	
e All other expenses	86,359	51,481	34,878	
25 Total functional expenses. Add lines 1 through 24e	4,195,406	3,566,025	629,381	0
26 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here <input type="checkbox"/> if following SOP 98-2 (ASC 958-720)				

Part X Balance Sheet

Check if Schedule O contains a response or note to any line in this Part X

		(A) Beginning of year		(B) End of year	
Assets	1	Cash—non-interest-bearing	1,159,752	1	619,884
	2	Savings and temporary cash investments	58,824	2	72,955
	3	Pledges and grants receivable, net		3	
	4	Accounts receivable, net	428,621	4	638,956
	5	Loans and other receivables from any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		5	
	6	Loans and other receivables from other disqualified persons (as defined under section 4958(f)(1)), and persons described in section 4958(c)(3)(B)		6	
	7	Notes and loans receivable, net		7	
	8	Inventories for sale or use		8	
	9	Prepaid expenses and deferred charges	2,900	9	1,857
	10a	Land, buildings, and equipment: cost or other basis. Complete Part VI of Schedule D	2,162,491		
	10b	Less: accumulated depreciation	877,659	10c	1,284,832
	11	Investments—publicly traded securities		11	
	12	Investments—other securities. See Part IV, line 11		12	
	13	Investments—program-related. See Part IV, line 11		13	
	14	Intangible assets		14	
	15	Other assets. See Part IV, line 11	200	15	200
16	Total assets. Add lines 1 through 15 (must equal line 33)	2,918,064	16	2,618,684	
Liabilities	17	Accounts payable and accrued expenses	583,997	17	161,018
	18	Grants payable		18	
	19	Deferred revenue		19	
	20	Tax-exempt bond liabilities		20	
	21	Escrow or custodial account liability. Complete Part IV of Schedule D		21	
	22	Loans and other payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		22	
	23	Secured mortgages and notes payable to unrelated third parties	349,541	23	333,289
	24	Unsecured notes and loans payable to unrelated third parties		24	
	25	Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24). Complete Part X of Schedule D		25	
	26	Total liabilities. Add lines 17 through 25	933,538	26	494,307
Net Assets or Fund Balances	Organizations that follow FASB ASC 958, check here <input checked="" type="checkbox"/> and complete lines 27, 28, 32, and 33.				
	27	Net assets without donor restrictions	1,924,703	27	1,964,040
	28	Net assets with donor restrictions	59,823	28	160,337
	Organizations that do not follow FASB ASC 958, check here <input type="checkbox"/> and complete lines 29 through 33.				
	29	Capital stock or trust principal, or current funds		29	
	30	Paid-in or capital surplus, or land, building, or equipment fund		30	
	31	Retained earnings, endowment, accumulated income, or other funds		31	
	32	Total net assets or fund balances	1,984,526	32	2,124,377
33	Total liabilities and net assets/fund balances	2,918,064	33	2,618,684	

Part XI Reconciliation of Net Assets

Check if Schedule O contains a response or note to any line in this Part XI

1	Total revenue (must equal Part VIII, column (A), line 12)	1	4,280,692
2	Total expenses (must equal Part IX, column (A), line 25)	2	4,195,406
3	Revenue less expenses. Subtract line 2 from line 1	3	85,286
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4	1,984,526
5	Net unrealized gains (losses) on investments	5	14,132
6	Donated services and use of facilities	6	
7	Investment expenses	7	
8	Prior period adjustments	8	
9	Other changes in net assets or fund balances (explain on Schedule O)	9	40,433
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32, column (B))	10	2,124,377

Part XII Financial Statements and Reporting

Check if Schedule O contains a response or note to any line in this Part XII

		Yes	No
1	Accounting method used to prepare the Form 990: <input type="checkbox"/> Cash <input checked="" type="checkbox"/> Accrual <input type="checkbox"/> Other If the organization changed its method of accounting from a prior year or checked "Other," explain in Schedule O.		
2a	Were the organization's financial statements compiled or reviewed by an independent accountant? If "Yes," check a box below to indicate whether the financial statements for the year were compiled or reviewed on a separate basis, consolidated basis, or both: <input type="checkbox"/> Separate basis <input type="checkbox"/> Consolidated basis <input type="checkbox"/> Both consolidated and separate basis		X
2b	Were the organization's financial statements audited by an independent accountant? If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separate basis, consolidated basis, or both: <input checked="" type="checkbox"/> Separate basis <input type="checkbox"/> Consolidated basis <input type="checkbox"/> Both consolidated and separate basis	X	
2c	If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit, review, or compilation of its financial statements and selection of an independent accountant? If the organization changed either its oversight process or selection process during the tax year, explain on Schedule O.	X	
3a	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit Act and OMB Circular A-133?		X
3b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why on Schedule O and describe any steps taken to undergo such audits		

SCHEDULE A
(Form 990 or 990-EZ)

Public Charity Status and Public Support

OMB No. 1545-0047

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

2020

Department of the Treasury
Internal Revenue Service

u Attach to Form 990 or Form 990-EZ.

Open to Public Inspection

u Go to www.irs.gov/Form990 for instructions and the latest information.

Name of the organization

**PALOMAR FAMILY COUNSELING SERVICE,
INC**

Employer identification number

33-0629248

Part I Reason for Public Charity Status. (All organizations must complete this part.) See instructions.

The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.)

- 1 A church, convention of churches, or association of churches described in **section 170(b)(1)(A)(i).**
- 2 A school described in **section 170(b)(1)(A)(ii).** (Attach Schedule E (Form 990 or 990-EZ).)
- 3 A hospital or a cooperative hospital service organization described in **section 170(b)(1)(A)(iii).**
- 4 A medical research organization operated in conjunction with a hospital described in **section 170(b)(1)(A)(iii).** Enter the hospital's name, city, and state:
- 5 An organization operated for the benefit of a college or university owned or operated by a governmental unit described in **section 170(b)(1)(A)(iv).** (Complete Part II.)
- 6 A federal, state, or local government or governmental unit described in **section 170(b)(1)(A)(v).**
- 7 An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 8 A community trust described in **section 170(b)(1)(A)(vi).** (Complete Part II.)
- 9 An agricultural research organization described in **section 170(b)(1)(A)(ix)** operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or university:
- 10 An organization that normally receives: (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions, subject to certain exceptions; and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See **section 509(a)(2).** (Complete Part III.)
- 11 An organization organized and operated exclusively to test for public safety. See **section 509(a)(4).**
- 12 An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in **section 509(a)(1)** or **section 509(a)(2).** See **section 509(a)(3).** Check the box in lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g.
 - a **Type I.** A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. **You must complete Part IV, Sections A and B.**
 - b **Type II.** A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). **You must complete Part IV, Sections A and C.**
 - c **Type III functionally integrated.** A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). **You must complete Part IV, Sections A, D, and E.**
 - d **Type III non-functionally integrated.** A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). **You must complete Part IV, Sections A and D, and Part V.**
 - e Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization.
 - f Enter the number of supported organizations
 - g Provide the following information about the supported organization(s).

(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1-10 above (see instructions))	(iv) Is the organization listed in your governing document?		(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)
			Yes	No		
(A)						
(B)						
(C)						
(D)						
(E)						
Total						

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support

Calendar year (or fiscal year beginning in)	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")	3,556,267	3,598,791	4,177	202,272	360,179	7,721,686
2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
3 The value of services or facilities furnished by a governmental unit to the organization without charge						
4 Total. Add lines 1 through 3	3,556,267	3,598,791	4,177	202,272	360,179	7,721,686
5 The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						
6 Public support. Subtract line 5 from line 4						7,721,686

Section B. Total Support

Calendar year (or fiscal year beginning in)	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
7 Amounts from line 4	3,556,267	3,598,791	4,177	202,272	360,179	7,721,686
8 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources	3,182	3,569				6,751
9 Net income from unrelated business activities, whether or not the business is regularly carried on						
10 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
11 Total support. Add lines 7 through 10						7,728,437

12 Gross receipts from related activities, etc. (see instructions) 12 15,029,923

13 First 5 years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and **stop here**

Section C. Computation of Public Support Percentage

14 Public support percentage for 2020 (line 6, column (f) divided by line 11, column (f))	14	99.91 %
15 Public support percentage from 2019 Schedule A, Part II, line 14	15	99.95 %

16a 33 1/3% support test—2020. If the organization did not check the box on line 13, and line 14 is 33 1/3% or more, check this box and **stop here**. The organization qualifies as a publicly supported organization

b 33 1/3% support test—2019. If the organization did not check a box on line 13 or 16a, and line 15 is 33 1/3% or more, check this box and **stop here**. The organization qualifies as a publicly supported organization

17a 10%-facts-and-circumstances test—2020. If the organization did not check a box on line 13, 16a, or 16b, and line 14 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and **stop here**. Explain in Part VI how the organization meets the "facts-and-circumstances" test. The organization qualifies as a publicly supported organization

b 10%-facts-and-circumstances test—2019. If the organization did not check a box on line 13, 16a, 16b, or 17a, and line 15 is 10% or more, and if the organization meets the "facts-and-circumstances" test, check this box and **stop here**. Explain in Part VI how the organization meets the "facts-and-circumstances" test. The organization qualifies as a publicly supported organization

18 Private foundation. If the organization did not check a box on line 13, 16a, 16b, 17a, or 17b, check this box and see instructions

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Section A. Public Support

Calendar year (or fiscal year beginning in)	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
1 Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")						
2 Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose						
3 Gross receipts from activities that are not an unrelated trade or business under section 513						
4 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
5 The value of services or facilities furnished by a governmental unit to the organization without charge						
6 Total. Add lines 1 through 5						
7a Amounts included on lines 1, 2, and 3 received from disqualified persons						
b Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year						
c Add lines 7a and 7b						
8 Public support. (Subtract line 7c from line 6.)						

Section B. Total Support

Calendar year (or fiscal year beginning in)	(a) 2016	(b) 2017	(c) 2018	(d) 2019	(e) 2020	(f) Total
9 Amounts from line 6						
10a Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources						
b Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
c Add lines 10a and 10b						
11 Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on						
12 Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
13 Total support. (Add lines 9, 10c, 11, and 12.)						
14 First 5 years. If the Form 990 is for the organization's first, second, third, fourth, or fifth tax year as a section 501(c)(3) organization, check this box and stop here <input type="checkbox"/>						

Section C. Computation of Public Support Percentage

15 Public support percentage for 2020 (line 8, column (f), divided by line 13, column (f))	15	%
16 Public support percentage from 2019 Schedule A, Part III, line 15	16	%

Section D. Computation of Investment Income Percentage

17 Investment income percentage for 2020 (line 10c, column (f), divided by line 13, column (f))	17	%
18 Investment income percentage from 2019 Schedule A, Part III, line 17	18	%

- 19a 33 1/3% support tests—2020.** If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and **stop here**. The organization qualifies as a publicly supported organization
- b 33 1/3% support tests—2019.** If the organization did not check a box on line 14 or line 19a, and line 16 is more than 33 1/3%, and line 18 is not more than 33 1/3%, check this box and **stop here**. The organization qualifies as a publicly supported organization
- 20 Private foundation.** If the organization did not check a box on line 14, 19a, or 19b, check this box and see instructions

Part IV Supporting Organizations

(Complete only if you checked a box in line 12 on Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

	Yes	No
1 Are all of the organization's supported organizations listed by name in the organization's governing documents? <i>If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.</i>		
2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? <i>If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).</i>		
3a Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? <i>If "Yes," answer lines 3b and 3c below.</i>		
b Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? <i>If "Yes," describe in Part VI when and how the organization made the determination.</i>		
c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? <i>If "Yes," explain in Part VI what controls the organization put in place to ensure such use.</i>		
4a Was any supported organization not organized in the United States ("foreign supported organization")? <i>If "Yes," and if you checked 12a or 12b in Part I, answer (b) and (c) below.</i>		
b Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? <i>If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.</i>		
c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? <i>If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.</i>		
5a Did the organization add, substitute, or remove any supported organizations during the tax year? <i>If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).</i>		
b Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?		
c Substitutions only. Was the substitution the result of an event beyond the organization's control?		
6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If "Yes," provide detail in Part VI.</i>		
7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? <i>If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).</i>		
8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described in line 7? <i>If "Yes," complete Part I of Schedule L (Form 990 or 990-EZ).</i>		
9a Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? <i>If "Yes," provide detail in Part VI.</i>		
b Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? <i>If "Yes," provide detail in Part VI.</i>		
c Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? <i>If "Yes," provide detail in Part VI.</i>		
10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? <i>If "Yes," answer line 10b below.</i>		
b Did the organization have any excess business holdings in the tax year? <i>(Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)</i>		

Part IV Supporting Organizations *(continued)*

	Yes	No
11 Has the organization accepted a gift or contribution from any of the following persons?		
a A person who directly or indirectly controls, either alone or together with persons described in lines 11b and 11c below, the governing body of a supported organization?		
11a		
b A family member of a person described in line 11a above?		
11b		
c A 35% controlled entity of a person described in line 11a or 11b above? <i>If "Yes" to line 11a, 11b, or 11c, provide detail in Part VI.</i>		
11c		

Section B. Type I Supporting Organizations

	Yes	No
1 Did the governing body, members of the governing body, officers acting in their official capacity, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's officers, directors, or trustees at all times during the tax year? <i>If "No," describe in Part VI how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove officers, directors, or trustees were allocated among the supported organizations and what conditions or restrictions, if any, applied to such powers during the tax year.</i>		
1		
2 Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? <i>If "Yes," explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization.</i>		
2		

Section C. Type II Supporting Organizations

	Yes	No
1 Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? <i>If "No," describe in Part VI how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).</i>		
1		

Section D. All Type III Supporting Organizations

	Yes	No
1 Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?		
1		
2 Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s) or (ii) serving on the governing body of a supported organization? <i>If "No," explain in Part VI how the organization maintained a close and continuous working relationship with the supported organization(s).</i>		
2		
3 By reason of the relationship described in line 2, above, did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? <i>If "Yes," describe in Part VI the role the organization's supported organizations played in this regard.</i>		
3		

Section E. Type III Functionally-Integrated Supporting Organizations

1 Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions).		
a <input type="checkbox"/> The organization satisfied the Activities Test. <i>Complete line 2 below.</i>		
b <input type="checkbox"/> The organization is the parent of each of its supported organizations. <i>Complete line 3 below.</i>		
c <input type="checkbox"/> The organization supported a governmental entity. <i>Describe in Part VI how you supported a governmental entity (see instructions).</i>		
2 Activities Test. <i>Answer lines 2a and 2b below.</i>		
a Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? <i>If "Yes," then in Part VI identify those supported organizations and explain how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities.</i>		
2a		
b Did the activities described in line 2a, above, constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? <i>If "Yes," explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.</i>		
2b		
3 Parent of Supported Organizations. <i>Answer lines 3a and 3b below.</i>		
a Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? <i>If "Yes" or "No," provide details in Part VI.</i>		
3a		
b Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? <i>If "Yes," describe in Part VI the role played by the organization in this regard.</i>		
3b		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations

- 1 Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (*explain in Part VI*). **See instructions.** All other Type III non-functionally integrated supporting organizations must complete Sections A through E.

Section A – Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1	Net short-term capital gain	1	
2	Recoveries of prior-year distributions	2	
3	Other gross income (see instructions)	3	
4	Add lines 1 through 3.	4	
5	Depreciation and depletion	5	
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6	
7	Other expenses (see instructions)	7	
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8	
Section B – Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1	Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):		
a	Average monthly value of securities	1a	
b	Average monthly cash balances	1b	
c	Fair market value of other non-exempt-use assets	1c	
d	Total (add lines 1a, 1b, and 1c)	1d	
e	Discount claimed for blockage or other factors (<i>explain in detail in Part VI</i>):		
2	Acquisition indebtedness applicable to non-exempt-use assets	2	
3	Subtract line 2 from line 1d.	3	
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, see instructions).	4	
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5	
6	Multiply line 5 by 0.035.	6	
7	Recoveries of prior-year distributions	7	
8	Minimum Asset Amount (add line 7 to line 6)	8	
Section C – Distributable Amount			Current Year
1	Adjusted net income for prior year (from Section A, line 8, column A)	1	
2	Enter 0.85 of line 1.	2	
3	Minimum asset amount for prior year (from Section B, line 8, column A)	3	
4	Enter greater of line 2 or line 3.	4	
5	Income tax imposed in prior year	5	
6	Distributable Amount. Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6	
7	<input type="checkbox"/> Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see instructions).		

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)

Section D – Distributions	Current Year
1 Amounts paid to supported organizations to accomplish exempt purposes	
2 Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	
3 Administrative expenses paid to accomplish exempt purposes of supported organizations	
4 Amounts paid to acquire exempt-use assets	
5 Qualified set-aside amounts (prior IRS approval required—provide details in Part VI)	
6 Other distributions (describe in Part VI). See instructions.	
7 Total annual distributions. Add lines 1 through 6.	
8 Distributions to attentive supported organizations to which the organization is responsive (provide details in Part VI). See instructions.	
9 Distributable amount for 2020 from Section C, line 6	
10 Line 8 amount divided by line 9 amount	

Section E – Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2020	(iii) Distributable Amount for 2020
1 Distributable amount for 2020 from Section C, line 6			
2 Underdistributions, if any, for years prior to 2020 (reasonable cause required—explain in Part VI). See instructions.			
3 Excess distributions carryover, if any, to 2020			
a From 2015			
b From 2016			
c From 2017			
d From 2018			
e From 2019			
f Total of lines 3a through 3e			
g Applied to underdistributions of prior years			
h Applied to 2020 distributable amount			
i Carryover from 2015 not applied (see instructions)			
j Remainder. Subtract lines 3g, 3h, and 3i from line 3f.			
4 Distributions for 2020 from Section D, line 7: \$			
a Applied to underdistributions of prior years			
b Applied to 2020 distributable amount			
c Remainder. Subtract lines 4a and 4b from line 4.			
5 Remaining underdistributions for years prior to 2020, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, explain in Part VI. See instructions.			
6 Remaining underdistributions for 2020 Subtract lines 3h and 4b from line 1. For result greater than zero, explain in Part VI. See instructions.			
7 Excess distributions carryover to 2021. Add lines 3j and 4c.			
8 Breakdown of line 7:			
a Excess from 2016			
b Excess from 2017			
c Excess from 2018			
d Excess from 2019			
e Excess from 2020			

SCHEDULE D (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Financial Statements

u Complete if the organization answered "Yes" on Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b. u Attach to Form 990.

u Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2020

Open to Public Inspection

Name of the organization

PALOMAR FAMILY COUNSELING SERVICE, INC

Employer identification number

33-0629248

Part I Organizations Maintaining Donor Advised Funds or Other Similar Funds or Accounts.

Complete if the organization answered "Yes" on Form 990, Part IV, line 6.

Table with 3 columns: Question, (a) Donor advised funds, (b) Funds and other accounts. Rows include total number at end of year, aggregate value of contributions, aggregate value of grants, and questions about donor advisement and grant fund usage.

Part II Conservation Easements.

Complete if the organization answered "Yes" on Form 990, Part IV, line 7.

Table with 3 columns: Question, (a) Donor advised funds, (b) Funds and other accounts. Rows include purpose of conservation easements, total number of easements, acreage restricted, and questions about monitoring and reporting.

Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets.

Complete if the organization answered "Yes" on Form 990, Part IV, line 8.

Table with 3 columns: Question, (a) Donor advised funds, (b) Funds and other accounts. Rows include questions about reporting art and historical treasures and amounts required to be reported.

Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets (continued)

3 Using the organization's acquisition, accession, and other records, check any of the following that make significant use of its collection items (check all that apply):

- a Public exhibition
- b Scholarly research
- c Preservation for future generations
- d Loan or exchange program
- e Other

4 Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII.

5 During the year, did the organization solicit or receive donations of art, historical treasures, or other similar assets to be sold to raise funds rather than to be maintained as part of the organization's collection? Yes No

Part IV Escrow and Custodial Arrangements.

Complete if the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21.

1a Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X? Yes No

b If "Yes," explain the arrangement in Part XIII and complete the following table:

	Amount
c Beginning balance	1c
d Additions during the year	1d
e Distributions during the year	1e
f Ending balance	1f

2a Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability? Yes No

b If "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided on Part XIII

Part V Endowment Funds.

Complete if the organization answered "Yes" on Form 990, Part IV, line 10.

	(a) Current year	(b) Prior year	(c) Two years back	(d) Three years back	(e) Four years back
1a Beginning of year balance			61,533	60,340	56,505
b Contributions					
c Net investment earnings, gains, and losses			-581	4,079	6,753
d Grants or scholarships				-2,580	-2,630
e Other expenditures for facilities and programs					
f Administrative expenses				-306	-288
g End of year balance			60,952	61,533	60,340

2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as:

- a Board designated or quasi-endowment %
- b Permanent endowment %
- c Term endowment %

The percentages on lines 2a, 2b, and 2c should equal 100%.

3a Are there endowment funds not in the possession of the organization that are held and administered for the organization by:

- (i) Unrelated organizations
- (ii) Related organizations

	Yes	No
3a(i)	X	
3a(ii)		X
3b		

b If "Yes" on line 3a(ii), are the related organizations listed as required on Schedule R?

4 Describe in Part XIII the intended uses of the organization's endowment funds.

Part VI Land, Buildings, and Equipment.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10.

Description of property	(a) Cost or other basis (investment)	(b) Cost or other basis (other)	(c) Accumulated depreciation	(d) Book value
1a Land		470,589		470,589
b Buildings		1,366,808	709,631	657,177
c Leasehold improvements		41,276	41,276	
d Equipment		72,739	72,739	
e Other		211,079	54,013	157,066
Total. Add lines 1a through 1e. (Column (d) must equal Form 990, Part X, column (B), line 10c.)			u	1,284,832

Part VII Investments – Other Securities.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11b. See Form 990, Part X, line 12.

(a) Description of security or category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1) Financial derivatives		
(2) Closely held equity interests		
(3) Other		
(A)		
(B)		
(C)		
(D)		
(E)		
(F)		
(G)		
(H)		
Total. (Column (b) must equal Form 990, Part X, col. (B) line 12.)	u	

Part VIII Investments – Program Related.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11c. See Form 990, Part X, line 13.

(a) Description of investment	(b) Book value	(c) Method of valuation: Cost or end-of-year market value
(1)		
(2)		
(3)		
(4)		
(5)		
(6)		
(7)		
(8)		
(9)		
Total. (Column (b) must equal Form 990, Part X, col. (B) line 13.)	u	

Part IX Other Assets.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11d. See Form 990, Part X, line 15.

(a) Description	(b) Book value
(1)	
(2)	
(3)	
(4)	
(5)	
(6)	
(7)	
(8)	
(9)	
Total. (Column (b) must equal Form 990, Part X, col. (B) line 15.)	u

Part X Other Liabilities.

Complete if the organization answered "Yes" on Form 990, Part IV, line 11e or 11f. See Form 990, Part X, line 25.

1. (a) Description of liability	(b) Book value
(1) Federal income taxes	
(2)	
(3)	
(4)	
(5)	
(6)	
(7)	
(8)	
(9)	
Total. (Column (b) must equal Form 990, Part X, col. (B) line 25.)	u

2. Liability for uncertain tax positions. In Part XIII, provide the text of the footnote to the organization's financial statements that reports the organization's liability for uncertain tax positions under FASB ASC 740. Check here if the text of the footnote has been provided in Part XIII

Part XI Reconciliation of Revenue per Audited Financial Statements With Revenue per Return.

Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.

1	Total revenue, gains, and other support per audited financial statements	1	4,294,824
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:		
a	Net unrealized gains (losses) on investments	2a	14,132
b	Donated services and use of facilities	2b	
c	Recoveries of prior year grants	2c	
d	Other (Describe in Part XIII.)	2d	
e	Add lines 2a through 2d	2e	14,132
3	Subtract line 2e from line 1	3	4,280,692
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1:		
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a	
b	Other (Describe in Part XIII.)	4b	
c	Add lines 4a and 4b	4c	
5	Total revenue. Add lines 3 and 4c . (This must equal Form 990, Part I, line 12.)	5	4,280,692

Part XII Reconciliation of Expenses per Audited Financial Statements With Expenses per Return.

Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.

1	Total expenses and losses per audited financial statements	1	4,154,973
2	Amounts included on line 1 but not on Form 990, Part IX, line 25:		
a	Donated services and use of facilities	2a	
b	Prior year adjustments	2b	
c	Other losses	2c	
d	Other (Describe in Part XIII.)	2d	
e	Add lines 2a through 2d	2e	
3	Subtract line 2e from line 1	3	4,154,973
4	Amounts included on Form 990, Part IX, line 25, but not on line 1:		
a	Investment expenses not included on Form 990, Part VIII, line 7b	4a	
b	Other (Describe in Part XIII.)	4b	40,433
c	Add lines 4a and 4b	4c	40,433
5	Total expenses. Add lines 3 and 4c . (This must equal Form 990, Part I, line 18.)	5	4,195,406

Part XIII Supplemental Information.

Provide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4; Part IV, lines 1b and 2b; Part V, line 4; Part X, line 2; Part XI, lines 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any additional information.

PART XII, LINE 4B - EXPENSE AMOUNTS INCLUDED ON RETURN - OTHER

BOOK / TAX DEPRECIATION DIFFERENCE **\$ 40,433**

SCHEDULE O
(Form 990 or 990-EZ)

Department of the Treasury
Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on
Form 990 or 990-EZ or to provide any additional information.

⓪ Attach to Form 990 or 990-EZ.

⓪ Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2020

**Open to Public
Inspection**

Name of the organization	PALOMAR FAMILY COUNSELING SERVICE, INC	Employer identification number 33-0629248
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FORM 990 - ORGANIZATION'S MISSION OR MOST SIGNIFICANT ACTIVITIES

PALOMAR FAMILY COUNSELING SERVICE PROVIDES A FULL RANGE OF COMPREHENSIVE AND INTEGRATED SERVICE THAT INCLUDES PREVENTION, EARLY INTERVENTION, PSYCHOEDUCATION, ASSESSMENT CLINICAL COUNSELING, SCHOOL-BASED COUNSELING, CRISIS RESPONSE, AND PROFESSIONAL TRAINING.

THE ORGANIZATION'S MISSION IS TO SUPPORT AND STRENGTHEN CHILDREN, YOUTH, ADULTS, FAMILIES, SCHOOLS AND COMMUNITIES.

FORM 990 - ORGANIZATION'S MISSION

PALOMAR FAMILY COUNSELING SERVICE PROVIDES A FULL RANGE OF COMPREHENSIVE AND INTEGRATED SERVICE THAT INCLUDES PREVENTION, EARLY INTERVENTION, PSYCHOEDUCATION, ASSESSMENT CLINICAL COUNSELING, SCHOOL-BASED COUNSELING, CRISIS RESPONSE, AND PROFESSIONAL TRAINING.

FORM 990, PART I, LINE 6

VOLUNTEERS INCLUDE BOARD MEMBERS, COUNSELING INTERNS, OR COMMUNITY MEMBERS DOING SERVICE PROJECTS.

TYPES OF SERVICES : INDIVIDUAL, FAMILY, AND GROUP COUNSELING FOR ALL AGES IN OUR OFFICES, INDIVIDUAL AND GROUP COUNSELING FOR YOUTH IN SCHOOLS OR OTHER COMMUNITY SPACES, COURT-ORDERED PSYCHOEDUCATION SERVICES, AND PREVENTION AND EARLY INTERVENTIONS PROGRAMS.

FORM 990, PART III, LINE 4D - ALL OTHER ACCOMPLISHMENTS

PALOMAR FAMILY COUNSELING SERVICE PROVIDES A FULL RANGE OF COMPREHENSIVE AND INTEGRATED SERVICE THAT INCLUDES PREVENTION, EARLY INTERVENTION,

Name of the organization

Employer identification number

PALOMAR FAMILY COUNSELING SERVICE,

33-0629248

PSYCHOEDUCATION, ASSESSMENT CLINICAL COUNSELING, SCHOOL-BASED COUNSELING,
CRISIS RESPONSE, AND PROFESSIONAL TRAINING.

FORM 990, PART VI, LINE 11B - ORGANIZATION'S PROCESS TO REVIEW FORM 990
FORM 990 IS MADE AVAILABLE TO THE BOARD OF DIRECTORS FOR THEIR REVIEW PRIOR
TO FILING.

FORM 990, PART VI, LINE 12C - ENFORCEMENT OF CONFLICTS POLICY
REQUIRED SELF REPORTING BY EMPLOYEES

FORM 990, PART VI, LINE 15A - COMPENSATION PROCESS FOR TOP OFFICIAL
PERIODIC REVIEW BY THE BOARD OF DIRECTORS

FORM 990, PART VI, LINE 15B - COMPENSATION PROCESS FOR OFFICERS
PERIODIC REVIEW BY EXECUTIVE BOARD

FORM 990, PART VI, LINE 19 - GOVERNING DOCUMENTS DISCLOSURE EXPLANATION
UPON REQUEST. TIME AND PLACE APPROVED BY BOARD OF DIRECTORS.

FORM 990, PART XI, LINE 9 - OTHER CHANGES IN NET ASSETS EXPLANATION
BOOK / TAX DEPRECIATION DIFFERENCE \$ 40,433

Form **4562**

Department of the Treasury
Internal Revenue Service (99)

Depreciation and Amortization
(Including Information on Listed Property)

u Attach to your tax return.

u Go to www.irs.gov/Form4562 for instructions and the latest information.

OMB No. 1545-0172

2020

Attachment Sequence No. **179**

Name(s) shown on return **PALOMAR FAMILY COUNSELING SERVICE, INC**

Identifying number
33-0629248

Business or activity to which this form relates

INDIRECT DEPRECIATION

Part I Election To Expense Certain Property Under Section 179

Note: If you have any listed property, complete Part V before you complete Part I.

1	Maximum amount (see instructions)	1	1,040,000
2	Total cost of section 179 property placed in service (see instructions)	2	
3	Threshold cost of section 179 property before reduction in limitation (see instructions)	3	2,590,000
4	Reduction in limitation. Subtract line 3 from line 2. If zero or less, enter -0-	4	
5	Dollar limitation for tax year. Subtract line 4 from line 1. If zero or less, enter -0-. If married filing separately, see instructions	5	
6	(a) Description of property	(b) Cost (business use only)	(c) Elected cost
7	Listed property. Enter the amount from line 29	7	
8	Total elected cost of section 179 property. Add amounts in column (c), lines 6 and 7	8	
9	Tentative deduction. Enter the smaller of line 5 or line 8	9	
10	Carryover of disallowed deduction from line 13 of your 2019 Form 4562	10	
11	Business income limitation. Enter the smaller of business income (not less than zero) or line 5. See instructions	11	
12	Section 179 expense deduction. Add lines 9 and 10, but don't enter more than line 11	12	
13	Carryover of disallowed deduction to 2021. Add lines 9 and 10, less line 12	13	

Note: Don't use Part II or Part III below for listed property. Instead, use Part V.

Part II Special Depreciation Allowance and Other Depreciation (Don't include listed property. See instructions.)

14	Special depreciation allowance for qualified property (other than listed property) placed in service during the tax year. See instructions	14	65,545
15	Property subject to section 168(f)(1) election	15	
16	Other depreciation (including ACRS)	16	34,520

Part III MACRS Depreciation (Don't include listed property. See instructions.)

Section A

17	MACRS deductions for assets placed in service in tax years beginning before 2020	17	2,968
18	If you are electing to group any assets placed in service during the tax year into one or more general asset accounts, check here <input type="checkbox"/> u <input type="checkbox"/>		

Section B—Assets Placed in Service During 2020 Tax Year Using the General Depreciation System

(a) Classification of property	(b) Month and year placed in service	(c) Basis for depreciation (business/investment use only—see instructions)	(d) Recovery period	(e) Convention	(f) Method	(g) Depreciation deduction
19a 3-year property						
b 5-year property						
c 7-year property						
d 10-year property						
e 15-year property						
f 20-year property						
g 25-year property			25 yrs.		S/L	
h Residential rental property			27.5 yrs.	MM	S/L	
i Nonresidential real property	03/20/21	8,378	39 yrs.	MM	S/L	63

Section C—Assets Placed in Service During 2020 Tax Year Using the Alternative Depreciation System

20a Class life					S/L	
b 12-year			12 yrs.		S/L	
c 30-year			30 yrs.	MM	S/L	
d 40-year			40 yrs.	MM	S/L	

Part IV Summary (See instructions.)

21	Listed property. Enter amount from line 28	21	
22	Total. Add amounts from line 12, lines 14 through 17, lines 19 and 20 in column (g), and line 21. Enter here and on the appropriate lines of your return. Partnerships and S corporations—see instructions	22	103,096
23	For assets shown above and placed in service during the current year, enter the portion of the basis attributable to section 263A costs	23	

For Paperwork Reduction Act Notice, see separate instructions.

Form **4562** (2020)

DAA

THERE ARE NO AMOUNTS FOR PAGE 2

Palomar Family Counseling Service, Inc.
Balance Sheet Prev Year Comparison
As of September 30, 2023

	Sep 30, 23	Sep 30, 22	\$ Change	% Change
ASSETS				
Current Assets				
Checking/Savings				
Bank of America CD	250,000.00	0.00	250,000.00	100.0%
Bank of America Checking	250,000.00	0.00	250,000.00	100.0%
First Republic Checking	188,063.04	394,949.56	(206,886.52)	(52.38%)
FRB Merchant Services	8,488.79	11,196.29	(2,707.50)	(24.18%)
Total Checking/Savings	696,551.83	406,145.85	290,405.98	71.5%
Total Accounts Receivable	726,050.91	781,862.77	(55,811.86)	(7.14%)
Total Prepaid Expenses	2,293.58	5,083.00	(2,789.42)	(54.88%)
Total Current Assets	1,424,896.32	1,193,091.62	231,804.70	19.43%
Fixed Assets				
Acc. Depreciation-Buildings	(812,147.79)	(812,147.79)	0.00	0.0%
Total Building-Escondido	1,019,364.63	1,019,364.63	0.00	0.0%
Total Building-Fallbrook	278,303.39	278,303.39	0.00	0.0%
Total Building-Vista	238,748.68	238,748.68	0.00	0.0%
Total Furniture,Fixtures, Equipment	106,655.28	106,655.28	0.00	0.0%
Land-Escondido (1002 E Grand)	200,000.00	200,000.00	0.00	0.0%
Land-Fallbrook	35,814.00	35,814.00	0.00	0.0%
Land-Vista	112,200.00	112,200.00	0.00	0.0%
Total Land - Escondido (N. Cedar)	122,574.65	122,574.65	0.00	0.0%
Total Fixed Assets	1,301,512.84	1,301,512.84	0.00	0.0%
Other Assets				
Loan Fees	8,070.50	8,070.50	0.00	0.0%
SD Comm Foundation - Endowment	67,417.91	67,417.91	0.00	0.0%
Security Deposit	200.00	200.00	0.00	0.0%
Total Other Assets	75,688.41	75,688.41	0.00	0.0%
TOTAL ASSETS	2,802,097.57	2,570,292.87	231,804.70	9.02%
LIABILITIES & EQUITY				
Liabilities				
Current Liabilities				
Total Accounts Payable	3,404.11	3,864.70	(460.59)	(11.92%)
Total Credit Cards	9,116.12	3,830.14	5,285.98	138.01%
Other Current Liabilities				
Clearing	(147.80)	(973.29)	825.49	84.81%
Total Payroll Liabilities	150,802.96	166,198.10	(15,395.14)	(9.26%)
Unearned Grant Revenue	193,825.99	13,383.91	180,442.08	1,348.2%
Total Other Current Liabilities	344,481.15	178,608.72	165,872.43	92.87%
Total Current Liabilities	357,001.38	186,303.56	170,697.82	91.62%
Long Term Liabilities				
First Republic Bank - Esc Bldg	291,281.54	310,192.81	(18,911.27)	(6.1%)
Total Long Term Liabilities	291,281.54	310,192.81	(18,911.27)	(6.1%)
Total Liabilities	648,282.92	496,496.37	151,786.55	30.57%
Equity				
Restricted Funds-Trust Account	72,954.57	72,954.57	0.00	0.0%
Retained Earnings	82,269.86	(6,943.26)	89,213.12	1,284.89%
Temporarily Restricted	87,381.38	87,381.38	0.00	0.0%
Unrestricted-Operations	1,556,257.57	1,556,257.57	0.00	0.0%
Unrestricted - Designated Funds	353,507.02	353,507.02	0.00	0.0%
Net Income	1,444.25	10,639.22	(9,194.97)	(86.43%)
Total Equity	2,153,814.65	2,073,796.50	80,018.15	3.86%
TOTAL LIABILITIES & EQUITY	2,802,097.57	2,570,292.87	231,804.70	9.02%

Palomar Family Counseling Service, Inc.
Profit & Loss YTD Comparison
July 2022 through June 2023

	<u>Jul '22 - Jun 23</u>	<u>Jul '22 - Jun 23</u>
Ordinary Income/Expense		
Income		
Client Services		
Client Billing	177,728.21	177,728.21
CWS	28,650.00	28,650.00
Domestic Violence -DV Escondido	175,457.60	175,457.60
Domestic Violence -DV Fallbrook	15,060.00	15,060.00
Domestic Violence -DV Poway	120.00	120.00
Domestic Violence -DV Vista	59,253.00	59,253.00
Neighborhood Health	79,795.00	79,795.00
Substance Abuse	0.00	0.00
UBH OPTUM	64,475.50	64,475.50
Victim Relief Fund	150.00	150.00
Total Client Services	<u>600,689.31</u>	<u>600,689.31</u>
Total Donations	44,819.90	44,819.90
Eleanor Bordeaux Training Fund	2,082.07	2,082.07
Escondido NonProfit Relief Fund	11,335.06	11,335.06
Grant/Contract Revenues		
Foundation Grants	33,699.52	33,699.52
Projects	820,493.21	820,493.21
Public Contracts	3,376,067.72	3,376,067.72
Total Grant/Contract Revenues	<u>4,230,260.45</u>	<u>4,230,260.45</u>
Total Interest	1,464.09	1,464.09
Other Revenue	1,027.03	1,027.03
Total Income	<u>4,891,677.91</u>	<u>4,891,677.91</u>
Gross Profit	4,891,677.91	4,891,677.91
Expense		
Operating Costs		
Total Bank Charges	3,846.57	3,846.57
Total Board and Employee Events	5,191.74	5,191.74
Total Business Fees	4,672.10	4,672.10
Total Business Services	14,805.20	14,805.20
Total Business Taxes	798.87	798.87
Total Contractual ADP	25,653.41	25,653.41
Donation	250.00	250.00
EHR	6,602.38	6,602.38
Gift Cards CSED	1,200.00	1,200.00
Total Incredible Years	5,312.61	5,312.61
Total Insurance Expense	33,488.10	33,488.10
Total Interest Expense	9,621.30	9,621.30
Interpreter Services	1,032.00	1,032.00
IT Services	53,921.36	53,921.36
Longevity Award	575.00	575.00
Total Maintenance	84,280.75	84,280.75
Membership Dues/Fees	2,211.93	2,211.93
Minor Equipment	32,044.99	32,044.99
Printing/Duplicating	10,367.58	10,367.58
Total Professional Fees	109,000.50	109,000.50
Total Space Rent and Storage	9,262.46	9,262.46
Total Staff Devel/Training/Education	4,716.47	4,716.47
Total Supplies	88,419.46	88,419.46
Total Telecommunications	86,403.93	86,403.93
Total Travel Related	15,424.72	15,424.72
Total Utilities	40,054.33	40,054.33
Video and Photography	563.61	563.61
Total Operating Costs	<u>649,721.37</u>	<u>649,721.37</u>
Personnel		
Total Fringe Benefits	751,520.32	751,520.32
Total Wages	3,392,080.33	3,392,080.33
Total Personnel	<u>4,143,600.65</u>	<u>4,143,600.65</u>
Total Expense	<u>4,793,322.02</u>	<u>4,793,322.02</u>
Net Income	<u>98,355.89</u>	<u>98,355.89</u>

Blog Post on PFCS Website: April 2023 / (also linked on social media)

<https://palomarfamilycounseling.com/2023/04/healthy-bodies-healthy-minds-making-a-difference-in-the-lives-of-fallbrook-area-residents/>

Healthy Bodies, Healthy Minds – Making a Difference in the lives of Fallbrook area residents

Over the past six years, Healthy Bodies, Healthy Minds (HBHM) has become an integral part of a full range of comprehensive mental and behavioral health services provided by PFCS. Where barriers to access exist (e.g., eligibility, financial, transportation, cultural, language, waiting lists, lack of insurance, family dysfunction), HBHM has been the resource to address service-delivery gaps and provide convenient, affordable access to individuals who would not otherwise receive services.

In partnership with the Fallbrook Regional Health District, HBHM has been instrumental in reducing the disparity in access to professional, culturally competent, mental and behavioral health services in Fallbrook and the neighboring communities including Bonsall, De Luz and Rainbow.

Recent satisfaction surveys of former clients indicate an amazing 100% high satisfaction with services provided by our expert team of therapists. All survey respondents would highly recommend HBHM and PFCS to family members or friends.

Comments include:

- *We felt very comfortable and really noticed a big change in our marriage. We learned a lot of different tools to communicate in a healthy way.*
- *They really listen and care about you and work on goals as a team. I gathered beneficial tools for the future.*
- *My counselor responds promptly and is very caring.*
- *Sam is such a good listener. He facilitated open conversations between my son and me. I really appreciate his attentiveness and the fact that he genuinely cared about my son's progress.*
- *They are very accommodating. I have had a great experience with my therapist, she is very caring, understanding and experienced.*
- *Patti is awesome.*

For more information on Healthy Bodies, Healthy Minds contact our office during regular business at (760) 741-2660. Our office is conveniently located at 120 W. Hawthorne in Fallbrook. We also offer telehealth appointments.

Call out: The opportunity to help individuals achieve better mental health becomes the cumulative accomplishments that enables a diverse society to lead mentally and physically healthy lives, now and for generations to come.

Call out: Mental health is foundationally tied to physical health and quality of life. In partnership with Fallbrook Regional Health District, we reduce disparities in access to professional, affordable, culturally competent, mental health services.

Everyone should look forward to tomorrow.

FRHD CHC GRANT BUDGET INSTRUCTIONS

This file has a number of pre-formatted pages. Those sections for auto calculations and set formats are shaded in grey and should not be altered. Please keep a copy of this document as it will be used as part of the grant reporting process

There are five tabs to this file:

- 1 Instructions
- 2 Program Budget Form
- 3 Funding History
- 3 Revenue Sources
- 4 Budget Narrative
- 5 Budget Reporting Form

1 Instructions:

- > All Yellow sections are to be filled out by the applicant. Grey sections will auto calculate and should not be edited by the applicant. All pages are formatted to print portrait, on 1 page.

2 Program Budget Form:

- > PROGRAM COST: This section should reflect the true and total costs of the program.

APPLYING ORGANIZATION: This is the applicant agency's investment in their program. This is the value of the resources the agency will contribute to the program's cost. These may include funds from fundraising events, private donors, in-kind goods and services, and volunteer efforts.
- > OTHER FUNDERS: These are funds or resources provided from contracts, grants and partnerships that are used to support the program's operations.
- > REQUESTED FROM FRHD: This is the funding request you are putting forward to the District.
- > The line item names may not fully align with your budget. Please edit those items to align with your budget. Explain those items on your Budget Narrative Form as necessary.

A INDIRECT EXPENSES:

This section is for expenses that are part of indirect operations of the program, necessary which may not be part of the direct service provision expenses (Administration, facility expenses, general liability ins., etc.). Please refer back to the training materials for clarification of these expenses. The District will not consider funding more than 25% of these expenses

B PERSONNEL EXPENSES - PROGRAM SPECIFIC:

As stated, this section is for staffing expenses that are directly related to the provision of the services/program. Please list each position title separately, unless there are multiple of the same title then use (x3) as an indicator. For example, if funding salaries for four separate Drivers, you would indicate as, Driver (x4) and the expense amount would be the cost of all four Drivers.

C DIRECT PROGRAM EXPENSES:

This section is for supplies, items and or specific expenses related to the provision of the services/program. This may include phone, rent, printing, program related insurance (e.g., vehicle), trainings and certifications.

FRHD CHC GRANT BUDGET INSTRUCTIONS

This file has a number of pre-formatted pages. Those sections for auto calculations and set formats are shaded in grey and should not be altered. Please keep a copy of this document as it will be used as part of the grant reporting process

3 Funding History

- List other grant funders that have been approached by your organization for this program in the
- > past year, do not include FRHD. Include Name, Date, Amount Requested, Awarded, Declined or Pending.

4 Revenue Sources

- Please list all sources of revenue the agency receives by category. This Form has two sections,
- > one for Agency Funding and one for Project Funding. Please fill out both sides of the table. Amounts do not need to be exact; however, we ask for best estimates.

5 Budget Narrative

- There are headers that align with the Budget Form. These items should be explained (narrative) if
- > they are unusual or have a specific project impact. Explanations regarding utility expenses are generally understood, but expenses relating to training or for a specialty insurance could be expressed here.

6 Budget Reporting Form

- This form will be used for those grantees who are awarded contracts. This form must be submitted
- > with the quarterly Impact Report and should demonstrate that funds were allocated according to the submitted proposal budget.

FRHD CHC GRANT BUDGET FORM

Agency Name: **Palomar Family Counseling Service, Inc.** PROGRAM NAME: **Mental Health Matters**

Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or group it in the best category possible. However, be sure your program budget is fully itemized.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	APPLYING ORGANIZATION	OTHER FUNDERS	REQUESTED FROM FRHD
	A1	<i>Building Repair & Maintenance</i>	8,000.00	8,000.00		
	A2	<i>Telecommunications / IT & Internet</i>	1,500.00	1,500.00		
	A3	<i>Utilities</i>	1,850.00	1,850.00		
	A4	<i>Professional Services</i>	1,300.00	1,300.00		
	A5	<i>Training & Education</i>	1,000.00	800.00		200.00
	A6	<i>Insurance</i>	2,100.00	2,100.00		
	A7	<i>Office Supplies</i>	800.00	700.00		100.00
	A8					
	A9					
	A10					
	A11					
		TOTAL INDIRECT EXPENSE	16,550.00	16,250.00	-	300.00
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	APPLYING ORGANIZATION	OTHER FUNDERS	REQUESTED FROM FRHD
	B1	<i>Salary (Program Manager)</i>	9,500.00	4,750.00		4,750.00
	B2	<i>Salary (Therapist)</i>	52,416.00	26,208.00	5,000.00	21,208.00
	B3	<i>Salary (Therapist)</i>	22,880.00	22,880.00		
	B4	<i>Salary (Senior Case Manager)</i>	62,400.00		49,920.00	12,480.00
	B5	<i>Salary (Admin Aide)</i>	2,496.00	2,496.00		
	B6	<i>Salary (Dir. Development & Comm.)</i>	4,250.00	4,250.00		
	B7	<i>Salary (Senior Accountant)</i>	1,188.00	1,188.00		
	B8	<i>Salary (Executive Director)</i>	2,808.00	2,808.00		
	B9	<i>Payroll Expenses (WC, taxes)</i>	20,259.00	7,006.00	7,488.00	5,765.00
	B10	<i>Benefits</i>	10,805.00	3,736.00	3,994.00	3,075.00
	B11	<i>Other: specify</i>				
		TOTAL PERSONNEL EXPENSE	189,002.00	75,322.00	66,402.00	47,278.00
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	APPLYING ORGANIZATION	OTHER FUNDERS	REQUESTED FROM FRHD
	C1	<i>Program Supplies & Materials</i>	1,200.00	350.00	500.00	350.00
	C2	<i>Advertising, Fingerprinting, TB tests</i>	250.00	150.00		100.00
	C3	<i>Printing/Duplicating</i>	1,000.00	500.00		500.00
	C4	<i>Travel/Mileage</i>	500.00	200.00		300.00
	C5					
	C6					
	C7					
	C8					
	C9					
	C10					
	C11					
	C12					
	C13					
	C14					
	C15					
		TOTAL OTHER EXPENSES	2,950.00	1,200.00	500.00	1,250.00

D	TOTAL ALL EXPENSES	PROGRAM COST	% REQUESTED FROM FRHD
		\$ 208,502.00	23%

2) FUNDING SOURCES

E	FUNDS FOR PROGRAM		
E1	APPLYING ORGANIZATION	X	92,772.00
E2	OTHER FUNDERS	Y	66,902.00
E3	REQUESTED FROM FRHD	Z	48,828.00
	TOTAL FUNDING SOURCES		\$ 208,502.00

NOTE: THIS AMOUNT SHOULD BE EQUAL TO YOUR PROJECT COST.

3) % OF AGENCY BUDGET

F	CALCULATE % of Total Agency budget that this Program represents.	\$ 6,271,044.00	\$ 208,502.00	3%
		AGENCY BUDGET**	PROGRAM COST	% of AGENCY BUDGET

** Agency budget is your agency's entire budget for the year. Fill in the amount.

Agency Name: Palomar Family Counseling Service, Inc.
Program Name: Mental Health Matters

Total Organization Budget (Current Fiscal Year) \$ 6,271,044.00
Total Project Budget (Current Fiscal Year) \$ 208,502.00

Leave cells blank if they are not applicable to your organization - do not mark with NA.

Organization Sources of Revenue
(Total Organization Budget)

Sources of Funding
(This Project Request)

Source of funds	\$ Amount	Percent of Total	One-time funding? (Yes/No)	\$ Amount	Percent of Total	One-time funding? (Yes/No)
Federal						
State						
City/County*	4525494	72.16%	varies	61402	29.45%	no
Other Govt.	60000	0.96%	varies			
Proposed FRHD				48828	23.42%	
Fees for Service	612703	9.77%	no	65392	31.36%	no
Grants (non-gov't)	203391	3.24%	varies			
General Donations	70716	1.13%	varies	5000	2.40%	varies
Other Internal Organizational Fundraising						
Other (list):						
School District contracts	794075	12.66%	no	5000	2.40%	yes
Misc. Revenue	4665	0.07%	varies			
In-Kind				22880	10.97%	no
Total	\$6,271,044.00	100%		\$208,502.00	100%	

* City/County

If the organization currently receives funding from any Cities or Counties, please list the jurisdiction and contract amount below.

* County contracts total \$3,763,003; City of Vista \$10,000; City of Escondido \$23,665

Agency Name: **Palomar Family Counseling Service, Inc.** PROGRAM NAME: **Mental Health Matters**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$16,550.00	\$300.00				
B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL PERSONNEL EXPENSE	\$189,002.00	\$47,278.00					
C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL OTHER EXPENSES	\$2,950.00	\$1,250.00					
D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4	
		\$208,502.00	\$0.23	\$0.00	\$0.00	\$0.00	\$0.00	

Total funds expended to date: **\$0.00**