

Fallbrook Regional HEALTH DISTRICT

2016 ANNUAL REPORT

A SPECIAL DISTRICT

SERVING BONSALL, DE LUZ, FALLBROOK & RAINBOW

On February 1, 2017, Fallbrook Healthcare District changed its name to Fallbrook Regional Health District

A Message from the Board of Directors

FISCAL YEAR 2015-16



GORDON TINKER
PRESIDENT

People of the Fallbrook Healthcare District community-

Executive Director Bobbi Palmer joined Fallbrook Healthcare District (FHD) in January of 2016. She had previously served as Executive Director at Los Medanos Community Healthcare District in Pittsburg, California and continues to remain active with the Association of California Healthcare Districts (ACHD) and California Special Districts Association (CSDA). She serves on the board for ACHD, Legislative Committee member for CSDA and key informant for the Little Hoover Commission's Advisory.

CentraForce had previously been contracted to provide healthcare data to FHD and four (4) health disparities were identified to be prevalent within the communities of the District (Bonsall, De Luz, Fallbrook & Rainbow). These include 1) pre-diabetes, diabetes, 2) hypertension, heart disease, 3) behavioral health and 4) 0-3 prevention health.

There was a redesign of the community grant program and name change to Community Health Contracts. A bidder's conference was conducted which included new focus for contracts and emphasis for funding. Proposed redirection of nearly \$700,000 of tax appropriated funding to multiple non-profit organizations to help meet needs specific to health disparities.

The North County Communities Collaborative Health Initiative (NCCCHI) was created as an effective approach in an effort to address the alarming prevalence of health disparities in North County. While Fallbrook Healthcare District is the backbone organization, the following organizations participate equally: Fallbrook Smiles Project; Foundation for Senior Care; Cal State University San Marcos (School of Nursing); Community Health Systems, Inc.CA (Fallbrook Family Health Center) Fallbrook Senior Center and Fallbrook Food Pantry. NCCCHI seeks ongoing outside funding at the state, private and federal level and is supported by Senator Joel Anderson of the Thirty-Eighth Senate District.

The Community Collaborative for Health & Wellness was created by combining two separate groups and school districts' representatives with a common goal to identify and fill health gaps for children and families.

Created a unique collaborative which includes Cal State San Marcos School of Nursing and Bonsall High School to provide preventative health screenings, nutritional education, diabetes self-management education, address food insecurity at the local food pantry (Food Pharmacy -food as medicine) including grocery shopping education with a registered dietician.

Developed an innovative campaign "Call to Activity –Wellness – One Step at a Time" framed around wellness and prevention. This connects businesses, Chamber of Commerce, and individuals with an emphasis to increase physical activity. This year, seven (7) businesses or individuals were selected as "Health Champions" serving as ambassadors of health for a particular month.

Monthly Woman of Wellness (WOW) events continued at our Fallbrook Library Community Room. Presentations were offered to meet its purpose of educating women in matters of physical, mental, and emotional health and well-being. Senator Joel Anderson recognized the work of this program and began honoring each of the Health Champions with a Certificate of Recognition at this event.

Entered into a 3-year MOU with Palomar College (1 intern per semester), Cal State San Marcos School of Nursing (20 nursing students per semester) and Bonsall High School to create partnerships within the framework of delivering community health services.

FHD began discussion to develop a pilot program, EMS Community Health Navigations System, in collaboration with North County Fire Department and the Foundation for Senior Care recognizing significant gaps in the current delivery system. The two goals include: 1) decrease non-emergency calls and 2) increase coordination of care. This design is a "First Responder" model that has been tested in other communities.

Workforce career pathways were developed through the use of "Community Health Workers" in collaboration with NCCCHI. An Agricultural Worker Pilot Program was developed in collaboration with Hines Growers, Inc. (in Rainbow) and NCCCHI which was supported by Supervisor Bill Horn. There were 133 health screenings conducted during the summer semester with follow-up and referrals in the fall semester through Cal State University San Marcos, School of Nursing.

Community Health education and screenings were held at Mae Ellis, Fallbrook Street, William Frazier Elementary schools and others.

Our Website was redesigned and launched using www.fallbrookhealth.org.

The following Requests for Proposals (RFPs) were published:

- *Independent Auditor Firm*
- *Community Engagement Services Firm*
- *Bookkeeper*
- *Medical Equipment Liquidator*

The Fallbrook Chamber of Commerce generously let the North County Public Health Nurses and FHD join them at the Autumn Harvest Faire to provide 160 vaccinations free of charge. Fallbrook Family Health Center joined us to provide several health screenings creating a health component to the event.

FHD co-financed the cost of a new ambulance with and for North County Fire Protection District which was celebrated in a ribbon cutting ceremony. FHD was then honored to include the ambulance in its Christmas Parade entry.

The Annual Prostate Cancer Screenings were provided at no cost to 75 men in our District. Dr. Philip Brodak, Urologist, generously donates his time each year and was a combined effort along with six other organizations. The screenings took place at the Jack E. Johns Fallbrook Family Health Center.

FHD received a clean audit report for fiscal year 2015/2016.

Regarding staff development, two staff members attended the CSDA Certified Board Secretary/Board Clerk training to increase infrastructure within FHD.

A new Advisory Committee was established to assist the Board of Directors and support community engagement efforts. Erica Holloway of Galvanized Strategies assists in facilitating the Advisory Committee meetings and provides ongoing health data to the District as it moves forward to meet its Mission of promoting health for the people of the District.

At the December 2016 meeting of the Board of Directors, Dr. Frank Winton retired from the board and was recognized for his service to the community. Barbara Mroz was reappointed and new member, William (Bill) Leach was appointed to the Board of Directors, both for 4 year terms. In addition, the Board of Directors voted to change the name from Fallbrook Healthcare District to Fallbrook Regional Health District, effective February 1, 2017.

On behalf of the Board of Directors,



Gordon Tinker, President

NEW MISSION

Promoting health for the
people of the District

NEW VISION

Reducing the impact
of identified major
health issues in our District

Strategic Initiatives 2017-18

- Pre-Diabetes & Diabetes
- Hypertension
- Heart Disease
- Behavioral Health

VALUES

Dedication

Efficiency

Integrity

Objectivity

Prudence

Respect

Transparency

Revised by Fallbrook Healthcare District
Board of Directors on December 14, 2016

2017 BOARD OF DIRECTORS



BARBARA MROZ
TREASURER



GORDON TINKER
PRESIDENT



STEPHEN ABBOTT
SECRETARY



HOWARD SALMON
VICE PRESIDENT



BILL LEACH
DIRECTOR

DISTRICT FINANCIAL SUMMARY

A CONDENSED VERSION OF THE INCOME STATEMENT THAT SUMMARIZES THE DISTRICT'S REVENUE AND EXPENSES, AND COMPARES FISCAL YEAR 2016 RESULTS TO FISCAL YEAR 2015.

FROM INDEPENDENT AUDITORS REPORT PREPARED BY FECHTER & COMPANY, CERTIFIED PUBLIC ACCOUNTANTS

	<u>2016</u>	<u>2015</u>	<u>Change</u>
Revenues:			
Property tax revenue	\$ 1,693,339	\$ 1,614,120	\$ 79,219
Total Revenues	<u>\$ 1,693,339</u>	<u>\$ 1,614,120</u>	<u>\$ 79,219</u>
Expenses:			
Community healthcare programs	643,231	610,000	(33,231)
Direct care services	294,000	148,500	(145,500)
Administrative services	339,490	275,156	(64,334)
Salaries and benefits	249,556	184,695	(64,861)
Management and maintenance	303,453	155,694	(147,759)
Depreciation	1,661	1,661	-
Total Expenses	<u>1,831,391</u>	<u>1,375,706</u>	<u>(455,685)</u>
Operating Income	<u>(138,052)</u>	<u>238,414</u>	<u>(376,466)</u>
Non-Operating Income (Expenses):			
Other income	364,362	59,029	305,333
Other expenses	-	(714,880)	714,880
Total Non-Operating Income	<u>364,362</u>	<u>(655,851)</u>	<u>1,020,213</u>
Change in Net Position	<u>\$ 226,310</u>	<u>\$ (417,437)</u>	<u>\$ 643,747</u>

Property taxes drive the District's operations and are its primary source of revenues. The increase of \$79,219 in property taxes reflects the continuing turnaround in the real estate market and the general state of the economy within the District's service area.

Total non-operating income decreased by \$376,466 due to the decrease in investments, as well as the interest earnings available from investments set aside by the District. Additionally, non-operating expenses reflect an increase of \$147,759 due to the management and maintenance of the Hospital Property. Direct Care Services continued in this fiscal year, with an increase of \$145,500 over the previous year.

The Grant Allocation increased by \$33,231 because the amounts requested and provided through the grant process varies from year to year.

Salaries and benefits increased by \$64,861 due to the change of staff, including a new Executive Director, as the District's role and responsibilities in the community have changed.

To request a copy of the complete *Basic Financial Statements and Independent Auditor's Report for the year ended June 30, 2016*, contact the District Executive Director, at 760-731-9187 or email bpalmer@fallbrookhealth.org. You may view the complete document on the District website: www.fallbrookhealth.org

FRHD STRUCTURE

BOARD OF DIRECTORS

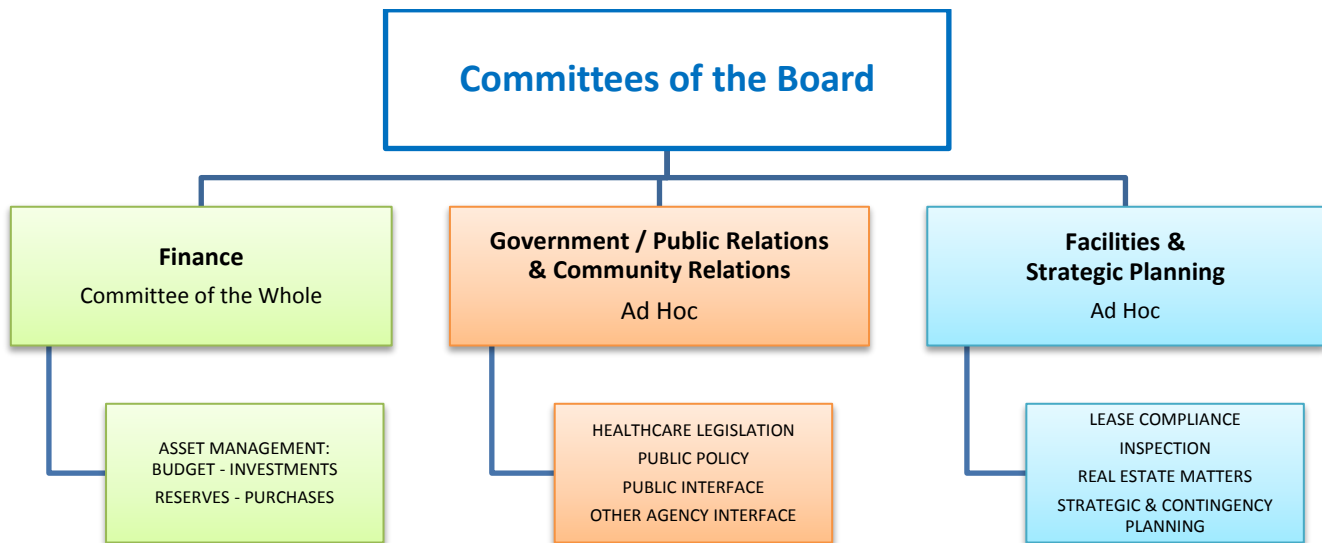
5 Elected or Appointed members

The District Board consists of five elected or appointed members. There are four officers of the Board: President, Vice President, Secretary and Treasurer. The Regular Board meeting is held on the second Wednesday of each month. There are five standing committees: Finance/Audit/Community Health Contracts; Long Range Planning; Government & Public Relations/Community Relations and Facilities. The President of the Board appoints Committee Chair and member.

In the color-keyed diagram below, each committee's function is summarized. Each committee meets separately on an as needed basis. Each committee chair presents full report of committee functions each month at the Regular Board meeting.

The Board determines policy and direction of the District. Decisions of the Board are made by vote of the Board with requirement of quorum for approval. It is the obligation and duty of each Board member to support the action of the Board. When decision is reached, administrative manager and consultant staff is directed to implement and carry-out the directive of the Board.

More detail regarding Committees of the Board is available on-line www.fallbrookhealth.org or you may contact the executive director by phone 760-731-9187 or email bpalmer@fallbrookhealth.org.



DISTRICT STAFF

The District Staff is composed of the executive director, an administrative assistant and a special projects coordinator. Consultant staff is comprised of legal counsel, accountant, bookkeeper and community engagement services. Many projects and programs of the District are carried out with the effort and commitment of community volunteers and collaboration with other health and well-being service agencies. The Grant programs are delivered by the organization funded for specific health impacting services to people of the community. The District office is located at 138 South Brandon Road, Fallbrook. Hours are Monday – Friday 10 a.m. to 6 p.m.



FALLBROOK

REGIONAL HEALTH DISTRICT

Tax Benefits

Property Taxes Collected

2016: \$1.7 Million
 2015: \$1.6 Million
 2014: \$1.5 Million
 2013: \$1.5 Million
 2012: \$1.4 Million

Community Health Programs

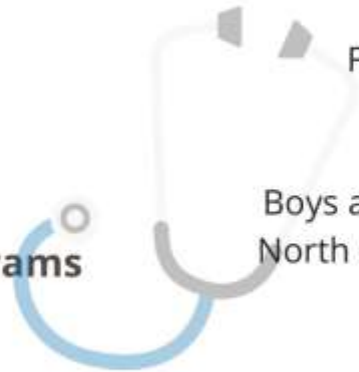
2016: \$681,186
 2015: \$610,000
 2014: \$576,127
 2013: \$646,559
 2012: \$571,650

Health Resource Support

Healthcare Hero
 The Community Collaborative Committee
 Fallbrook Community Healthcare Resources Directory
 Community Collaborative Breakfast

271 Health Programs Since 2000

Fallbrook Senior Services Center
 Fallbrook Community Center
 Fallbrook Family Health Center
 Fallbrook Union High School
 Fallbrook Sports Association
 Boys and Girls Club of North County
 North County Fire Protection District
 Foundation for Senior Care
 UCSD Center for Community
 Ophthalmology
 Palomar Family Mental Health Services
 Trauma Intervention Program
 Youth Advocacy Coalition - NICPP
 SMILES: Dental Health Program
 Jeremiah's Ranch
 Healthy Adventures
 Food Pantry
 REINS



Sources: Fallbrook Regional Health District Annual Reports, 2013-2016



CALL TO ACTIVITY



Fallbrook Healthcare District
SERVING
BONSALL • DE LUZ
FALLBROOK • RAINBOW

**Call to Activity
Wellness
One Step at a Time**

Watch for future articles in the Village News

www.fallbrookhealth.org

Fallbrook Healthcare District began a new initiative, Call to Activity-Wellness-One Step at a Time, in March of 2016. Since the District's focus moved to supporting health & wellness in our communities, a collaborative was established with The Fallbrook Food Pantry, CSU San Marcos, Fallbrook Smiles Project, Fallbrook Family Health Center, Fallbrook Senior Center and the Foundation for Senior Care. The North County Communities Collaborative Health Initiative (NCCCHI) began in June of 2016 to recognize Health Champions in our communities which includes organizations, businesses or individuals who step up to the challenge of meeting wellness goals, One Step at a Time. Senator Joel Anderson's office presents certificates of recognition to Health Champions at our monthly Woman of Wellness events.

In 2017, under the Call to Activity-Wellness-One Step at a Time initiative, the District plans to sponsor monthly walks to encourage residents to form their own walking groups.



2016 HEALTH CHAMPIONS

BONSALL • DE LUZ • FALLBROOK • RAINBOW

We thank you for **stepping up to the challenge**

**CALL TO ACTIVITY
WELLNESS...
ONE STEP AT A TIME**

WINNERS FOR THE MONTH OF JUNE
Fallbrook Senior Center Line Dancers






BONSALL • DE LUZ • FALLBROOK • RAINBOW

We thank you for **stepping up to the challenge**

**CALL TO ACTIVITY
WELLNESS...
ONE STEP AT A TIME**

WINNER OF THE MONTH OF JULY
Wade into Fitness

BONSALL • DE LUZ • FALLBROOK • RAINBOW

We thank you for **stepping up to the challenge**

CALL TO ACTIVITY
WELLNESS...
ONE STEP AT A TIME

WINNER OF THE MONTH OF AUGUST

Anytime Fitness



BONSALL • DE LUZ • FALLBROOK • RAINBOW

We thank you for **stepping up to the challenge**

CALL TO ACTIVITY
WELLNESS...
ONE STEP AT A TIME

WINNER OF THE MONTH OF SEPTEMBER

Patrick Walker, Athletic Director



BONSALL • DE LUZ • FALLBROOK • RAINBOW

We thank you for **stepping up to the challenge**

CALL TO ACTIVITY
WELLNESS...
ONE STEP AT A TIME

WINNER OF THE MONTH OF OCTOBER

Fallbrook Senior Center's Wellness Group



BONSALL • DE LUZ • FALLBROOK • RAINBOW

We thank you for **stepping up to the challenge**

CALL TO ACTIVITY
WELLNESS...
ONE STEP AT A TIME

WINNER OF THE MONTH OF NOVEMBER

HINES GROWERS



COMMUNITY COLLABORATIVE FOR HEALTH & WELLNESS COMMITTEE



WOMAN OF WELLNESS PROGRAM



NORTH COUNTY COMMUNITIES COLLABORATIVE HEALTH INITIATIVE

North County Communities Collaborative Health Initiative
Our Goal
Decrease incidence in diabetes, hypertension, and heart disease in the area we are serving by educating, screening, referring, advocacy, and community outreach as well as integrating community classes, exercise/ physical activity so others may thrive.



AGRICULTURAL WORKER PILOT PROGRAM



HEALTHCARE HEROES 2016

This title is awarded to those who possess qualities of selflessness, dedication and perseverance and who demonstrate extraordinary service to foster the health and well-being of the people of the Fallbrook community.

Nominated, reviewed and recommended to the Fallbrook Healthcare District by people of the community who are witness to their service. The nominee names are held in confidence by the review committee and the selected individuals are announced at the annual Community Collaborative Breakfast.

There is no monetary prize. No t-shirt. No parade in their honor. There is a commemorative plaque and the regard, respect and acknowledgement and appreciation of the people of the community. They are invited throughout their year as special guests of the District to participate in various healthcare events.

They are humble, unassuming individuals who make a difference; who proceed with shameless perseverance in service to others. We thank and applaud them and then, we ask them to keep it up.

Mary Ramsden, DC



Mary is known for the gentle, kind and compassionate care she provides to her chiropractic patients. She listens, truly paying attention to their concerns. She is always generous with her time and talents. She is an

active participant in, and godsend to our community.

Terri Silva



Terri works tirelessly to bring much needed resources to seniors in her housing complex and others in the community. These include access to food and keeping them informed about safety issues, senior scams, etc.

She invites all of her senior neighbors for holiday meals and assures many other seniors are provided the same. Terri goes beyond the duties of manager at an affordable senior housing development. She changes and enriches lives.

COMMUNITY COLLABORATIVE FOR HEALTH & WELLNESS

In 2016, the Community Collaborative for Health & Wellness was formed. It is a combination of former collaborative groups Community Collaborative Committee (CCC) and Community Access to Child Health (CATCH), a program of the American Association of Pediatrics. Members include representatives from various healthcare and health related organizations or agencies of the communities served by the District (Bonsall, De Luz, Fallbrook and Rainbow). The meetings are an opportunity for participants to share their programs and lend support to those of other organizations. Representatives from local school districts also attend. By joining together to share information and working together to meet common goals, we avoid working at cross purposes and duplication of efforts. The collaborative's most recent purpose is providing school linked services.

FALLBROOK COMMUNITY HEALTHCARE RESOURCES DIRECTORY



The Community Resource Directory is updated annually. Over 100,000 have been produced in the FHD administrative office since 2002 and unknown quantities have been produced by those who also print and distribute them. The Community Resource directory is distributed to clinics, businesses, churches, civic groups, clubs, schools, fire station, sheriff station and more. It is a valuable resource for contact information for a broad range of health related services. It is presented in English and in Spanish to best serve the population of this community. Each year the directory is produced in a different color to ensure that the most recent information is being circulated. The LIGHT GREEN 2017 edition had 31 categories with 236 resources listed. An asterisk before the name of the agency indicates that they have a website that can provide additional information. The Resource Directory is the widest known project of the Community Collaborative Committee (CCC).

To request directories, contact the District at 760-731-9187 or
lbannerman@fallbrookhealth.org.

You may also view the directory on the District website: www.fallbrookhealth.org

COMMUNITY HEALTH CONTRACTS

FISCAL YEAR 2015-2016

TOTAL AWARDED: \$681,186.00

CONTRACT NO.	ORGANIZATION	PROGRAM	AWARDED
273	BOYS & GIRLS CLUB OF NORTH COUNTY	SUMMER WATER SAFETY PROGRAM	\$ 7,200
274	BOYS & GIRLS CLUB OF NORTH COUNTY	TRIPLE PLAY	\$ 30,000
275	FALLBROOK CITIZENS CRIME PREVENTION COMMITTEE (FCCPC)	GANAS MENTORING PROGRAM	\$ 8,000
276	FALLBROOK FAMILY HEALTH CENTER	BEHAVIORAL HEALTH	\$ 50,000
277	FALLBROOK FAMILY HEALTH CENTER	UNCOMPENSATED CARE	\$ 35,000
278	FALLBROOK FOOD PANTRY	NUTRITIOUS FOOD FOR THE HUNGRY	\$ 60,000
279	FALLBROOK SENIOR CENTER	MOBILITY/EXERCISE PROGRAM	\$ 7,138
280	FALLBROOK SENIOR CENTER	NUTRITION-HOME DELIVERED MEAL	\$ 55,000
281	FALLBROOK SMILES PROJECT	CELEBRATE HEALTH	\$ 70,000
282	FALLBROOK UNION HIGH SCHOOL	ASPERGER'S AUTISM SUPPORT LEARNING CENTER	\$ 6,500
283	FOUNDATION FOR SENIOR CARE	ADULT DAY CARE CENTER	\$ 25,683
284	FOUNDATION FOR SENIOR CARE	CARE ADVOCACY PROGRAM	\$ 50,000
285	FOUNDATION FOR SENIOR CARE	CARE VAN & EXPANDED RIDES PROGRAM	\$ 54,406
286	HEALTHY ADVENTURES	FALLBROOK COMMUNITY CENTER WELLNESS PROJECT	\$ 9,000
287	JEREMIAH'S RANCH	JEREMIAH'S RANCH SUPPORT GROUP	\$ 12,000
288	MENTAL HEALTH SYSTEMS - NORTH INLAND COMMUNITY PREVENTION PROGRAM	FALLBROOK YOUTH ADVOCACY COALITION (FYAC)	\$ 9,620
289	MICHELLE'S PLACE	BREAST HEALTH ASSISTANCE PROGRAM	\$ 15,000
290	NORTH COUNTY FIRE PROTECTION DISTRICT	RAINBOW/BONSALL ADVANCED LIFE SUPPORT EXPANSION PROJECT	\$ 29,839
291	PALOMAR FAMILY COUNSELING	HEALTHY BODIES, HEALTHY MINDS	\$ 74,000
292	PALOMAR HEALTH FOUNDATION	THE SENIOR CARE GRANT PROGRAM (SCGP)	\$ 10,000
293	REINS	CONSULTING THERAPY PROGRAM	\$ 40,800
294	REINS	CPR, FIRST AID & EMERGENCY PREPAREDNESS PROGRAM	\$ 5,500
295	TRAUMA INTERVENTION PROGRAM OF SAN DIEGO (TIP)	TRAUMA INTERVENTION PROGRAM	\$ 8,000
296	UCSD EYE MOBILE FOR CHILDREN	UCSD EYE MOBILE FOR CHILDREN	\$ 8,500



HEALTH SERVICES

Estimated Total Clients Served: 75,694



YOUTH SERVICES

Eye Glasses: 17
Mentoring: 35
Counseling: 187
Asperger's Support: 23
Swim Safety: 3,360
Stress-Free Coping: 67,599
Vision Screenings: 159
Dental Screenings: 654

HEALTHY FOOD

Families: 500/ week
Households: 6,393
Pounds: 227,793

ADULT SCREENINGS

Blood Pressure: 133
Prostate Screenings: 75
Blood Glucose: 53

ADULT TREATMENTS

Vaccinations: 160
Counseling: 121
Medical & Dental: 1,185
Behavioral: 320

SENIOR SERVICES

Transportation Clients: 1,024
Total Rides: 6,222
Meals Delivered: 13,061
Fallbrook Community Center
Meals: 8,844

HEALTH CLASSES

Cooking: 40
Nutrition/ Gardening: 48
Healthy Living: 4
Family Night: 30 Attendees
REINS: 200 Lessons/ Week

Source: Fallbrook Regional Health District, Community Health Contracts 2016-2017

FIRST RESPONDERS

In early 2016, Fallbrook Healthcare District voted to co-fund a new ambulance for North County Fire Protection District. Executive Director Bobbi Palmer commented “The Fallbrook Healthcare District takes seriously its role in providing quality community health resources to our communities and we are very pleased to support our partners at the fire district in providing them the very best in medical transportation.” The closure of Fallbrook Hospital increased ambulatory transportation mileage, straining local transportation resources.

In September of 2016, the Fallbrook Healthcare District entered into a Joint Powers Agreement with North County Fire Protection District. With this agreement in place, both Districts hope to work together to continue to provide innovative health & wellness services in the communities we serve.



FIRST RESPONDER DATA

FAST FACTS

EMERGENCY CALLS

Total Emergency Calls: 1.05 Million

Total Transported: 82%
North County Fire
Protection Calls: 1.3%



Neurological: 26%
Trauma: 25%
OB/ Birth: 0.7%

North County Fire Protection District Transportation

Altered LOC/ Lethargic: 295
General Weakness/ Malaise: 281
Blunt Trauma (Extremities): 273
Fall Victim: 253
Abdominal Pain/ Problems: 247
Blunt Trauma (Head or Neck): 230

Respiratory Distress/ SOB/ Cough: 223
Chest Pain/ Discomfort of Suspected
Cardiac Origin: 191
Blunt Trauma (Torso): 130
Pain (Neck/ Back): 92

Source: County of San Diego, Emergency Medical Systems Report, 2010-2015; North County Fire Protection District, 2016; *Palomar Hospital reports admitting 47% of patients from ER.

ADVISORY COMMITTEE

A new Advisory Committee was established to assist the Board of Directors and support community engagement efforts. Erica Holloway of Galvanized Strategies assists in facilitating the Advisory Committee meetings and provides ongoing health data to the District as it moves forward to meet its Mission of promoting health for the people of the District.



Advisory Committee and Community Health Contract recipients at a Advisory Committee meeting.



Advisory Committee members and representatives from North County Fire Protection District with new ambulance.

ACHD CERTIFICATION

The District achieved designation as a Certified Healthcare District by the Association of California Healthcare Districts (ACHD) on November 11, 2016. To be designated as a Certified Healthcare District, a District must demonstrate compliance with Best Practices in Governance as defined by ACHD. Compliance areas include transparency, ethics, reporting, purchasing, conflict of interest, requesting public funds, and executive compensation. These Best Practice criteria address the obligations that Healthcare Districts have with respect to conducting business in manner that is transparent to the public being served.

The Association of California Healthcare Districts (ACHD) represents Healthcare Districts throughout the state. The Association serves the diverse needs of California's Healthcare Districts by enhancing public awareness, training and educating its members and advocating for legislation and regulatory policies that allow Healthcare Districts to deliver the best possible health services to Californians.



FRONT & CENTER: Association of California Healthcare Districts' representative, Sheila Johnston.

BACK ROW: Directors Stephen Abbott, Barbara Mroz, Gordon Tinker, new board member Bill Leach, director Howard Salmon, Special Projects Coordinator Pam Knox, Administrative Assistant Linda Bannerman and Executive Director Bobbi Palmer MBA MSW.

OUTGOING BOARD MEMBER

Frank Winton MD

Dr. Frank Winton received a certificate of recognition from California Assemblywoman Marie Waldron for his time as a director for the District.



Fallbrook Regional HEALTH DISTRICT

FOR ADDITIONAL INFORMATION, CONTACT

FALLBROOK REGIONAL HEALTH DISTRICT

MAILING ADDRESS:
PO BOX 2587
FALLBROOK CA 92088

760.731.9187

FAX: 760.731.9131

Office Hours: Mon – Fri 10 a.m. – 6:00 p.m.

Email: lbannerman@fallbrookhealth.org Web: www.fallbrookhealth.org

BOARD MEETINGS:

**2ND WEDNESDAY OF EACH MONTH AT 6:00 P.M.
FALLBROOK PUBLIC UTILITY DISTRICT ▪ BOARD ROOM
990 EAST MISSION ROAD ▪ FALLBROOK CA 92028**

ALL REGULAR MEETINGS OF THE BOARD ARE OPEN TO THE PUBLIC.
AGENDAS ARE POSTED 72 HOURS IN ADVANCE OF REGULAR MEETINGS
(FHD Admin Office – FHD Website)

CONTACT THE ADMINISTRATIVE OFFICE FOR ADDITIONAL INFORMATION
OR SPECIAL NEEDS ASSISTANCE.

BOBBI PALMER MBA MSW, EXECUTIVE DIRECTOR
LINDA BANNERMAN, ADMIN. ASST./BOARD SECRETARY
PAM KNOX, SPECIAL PROJECTS COORDINATOR BOARD SECRETARY