

"Dancing Hearts, Healthy Minds"



Fallbrook Regional Health
District, Community Health
& Wellness Center

1636 East Mission Rd Fallbrook, CA 92028





:...community health & wellness center

BALLROOM CLASSES START THE WEEK OF JANUARY 30TH

TUESDAYS AND THURSDAYS 1PM-1:45PM

All levels welcome. Classes are designed to benefit participants who have been diagnosed with Parkinson's disease or a movement disorder. All classes are free for participants and their caregiver or loved one. To enroll visit:

www.rxballroomdance.com (310) 938-1620 infoerxballroomdance.com