

Fallbrook Regional HEALTH DISTRICT

MINUTES STRATEGIC PLANNING COMMITTEE

Wednesday, May 15, 2019 at 5:00 P.M.
Board Conference Room, 138 S. Brandon Rd., Fallbrook CA 92028

Committee Members: Howard Salmon, Chair and Jennifer Jeffries, Co-chair
Staff Members: Linda Bannerman, Pam Knox and Mireya Banuelos

1. Call to Order/Roll Call

Co-chair Jennifer Jeffries called the meeting to order at 5:08 p.m.

Committee members present: Director Jeffries and Director Salmon (by teleconference)

Staff present: Linda Bannerman and Mireya Banuelos

2. Public Comments

None

3. Discussion Items

a. Fit2beKids Proposal

Awaiting the proposal at this time.

b. Wellness Center Facility Features

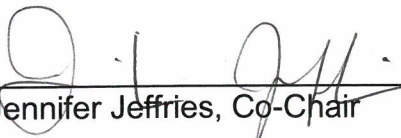
Director Jeffries reviewed her synopsis of suggestions from the community, including possible features. Next steps include additional meetings with the schools and health providers to add to the current input received from the community. Director Salmon discussed working with a consultant by conference call at the next meeting. There was discussion regarding the Strategic Planning Committee meeting routinely on the 3rd Wednesday of each month. Director Jeffries shared a *Form Follows Function* document.

c. Framework for Community Based Health and Wellness Effort (this is in lieu of Blue Zone framework)

Discussion ensued regarding programs similar to Blue Zones that are successful long-term in smaller communities. This will be discussed further at a future meeting.

4. Adjournment

There being no further business, the meeting was adjourned at 5:18 p.m.


Jennifer Jeffries, Co-Chair


Board Secretary/Clerk